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THE ROMANCE OF AN IRISH TOWN.

Aside from the Historic Interest, Waterford is One of the Quaintest Old Cities in Ireland.—"I'll take it by Hook or Crook" is the Expression Attributed to Oliver Cromwell as he Sailed into the Harbor of Waterford in the Year 1649 and Laid Siege to the Old City.

John O'Callaghan, in the Boston Globe.) "I'll take it by hook or by crook" the expression attributed to Oliver Cromwell, as he sailed into the harbor of Waterford in the year 1649, and laid siege to the old city. Centuries earlier it had resisted the attacks of Perkin Warbeck, while on going so earned the title of "Urbs Infaeta munit," the proud motto of the old city even to-day. At the mouth of Waterford Harbor stands the circular donjon tower of Hook, one hundred and thirty-nine feet above the sea. The structure is of Danish or Anglo-Norman origin, with a winding stone staircase from base to summit through its wall. It is now used for the purpose of a lighthouse, its venerable exterior checked in divisions of white and black. CROMWELL HAD HIS LABOR FOR HIS PAINS.

On the opposite side of Waterford Harbor is a place called Crook and this explains why, when the question was put to Cromwell how he would take the country, he replied that he would take it either by "Hook or by Crook" meaning that he would attempt to land at one or other of the two points. Cromwell had his labor for his pains, however, for although he besieged the city for a considerable time, he was finally forced to retire from before it, and in repulsing him the only city in Ireland which he attacked that made a successful resistance to his onslaughts. The following year, however, the city capitulated to Ireton, one of his generals.

Waterford to-day is one of the quaintest old cities in Ireland, aside from its historic interest. It is recorded that Waterford was founded as early as the year 155, although its early importance is said to date from the year 853, when the Danes defeated a colony there under their leader, a kinsman of Sitric, who was founded with his army by King Brian Boru at the battle of Clontarf on Good Friday, 1014. The present name of Waterford is said to be a corruption of the Danish words "Vader Fiord," the "Ford of the Father." Its early Celtic name had been "Cuan-na-Grioth," or "Haven of the Sun," and it was later still called "Ghoann-na-Gleodh," or "Valley of Lamentation," so named from the tremendous conflict between the Irish and the Danes. Old Irish authors, too, frequently spoke of it as the "Port of the Thigh," from the peculiarity of its shape.

THE SCENE OF THE LANDING OF HENRY II. OF ENGLAND. The Danes enclosed the city by a wall and built three round towers for its defence. They sallied forth from time to time and devastated different parts of the country around. They held their position there until the invasion by Strongbow in 1170, when it was captured by the forces of Strongbow, under Harvay de Montmorency and Raymond Le Gros. There it was that Henry II. first landed when he went to Ireland. There, too, it was that the treacherous Diarmuid MacMurrough, king of Leinster, gave his daughter Eva in marriage to Strongbow as part of the contract by which he could secure the assistance of the British against his Irish antagonists. His conduct in carrying off the wife of O'Ruarc, Prince of Breffny, was the prime cause of all the troubles which Ireland in the centuries since has endured from foreign domination.

Strongbow was then a widower between fifty and sixty years of age, while Eva was not half his age. Strongbow himself landed in Waterford on August 22, 1171, and, joined by the forces of Raymond Le Gros, who had been cooped up in their fort on the rock of Dundonoll laid siege to the city. The Danes were commanded by one of their princes, Reginald, and the neighbor-



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in Waterford. In late years it was used for hotel purposes, being known as Comyn's Hotel.

REPRESENTED IN THE BRITISH PARLIAMENT BY THE IRISH LEADER.

Waterford at present enjoys the distinction of being represented in the British House of Commons by the leader of the Irish Party, John Redmond. Some years since I had the experience of passing an evening with Mr. Redmond and his colleague, the late Edmund Leamy, also a native of Waterford, and at that time Parliamentary representative of the Eastern Division of the County, in the room in which Meagher was born, which then existed just as it had in the time of the youth of the eloquent Young Ireland orator.

Leaving Waterford and traveling by any one of three different routes, the tourist may either take the route along the valley of the River Suir by way of Portlaw, Carrick-on-Suir, Clonmel, Cahir and Tipperary to Limerick; may take the railway through Kilmacthomas, Dungarvan, Cappoquin, Lismore, Fermoy and Mallow to Cork; or branching off that route at Cappoquin a few miles east of the border line between Cork and Waterford, may enjoy a sail down the River Blackwater, named the "Irish Rhine," to Youghal, and thence by rail to Cork City by way of Keagh, Mogeely and Midleton.

A MAGNIFICENT PANORAMA. Leaving Waterford by the first of these routes and travelling along the Valley of the Suir, a magnificent panorama presents itself. In the distance the mountains seem to creep one upon another, each from time to time seeming to strive for prominence above its fellows. The Comeragh mountains, Knockmealdown away in the distance to the westward, and to the northwest the many peaked Galtees, with Sweet Sleivnamon, the darling and pride, with soft flowing bosom and brow like a bride.

It gets its name, which is literally "The Hill of Women," from a Finn legend which tells that Finn M'Cool promised to make his wife of whichever of the fair women of Ireland could reach the summit of the mountain first, all starting together from the foot. Grainne Oge, the Gaelic Helen, proved the heroine of the day, and Finn's taking her was the origin of one of the most entrancing of the Celtic romances.

Passing through Portlaw and approaching Carrick-on-Suir, the old castle comes first into view. The present building was erected by a former Earl of Ormonde, "Black Tom," as he was known in Irish history. The castle was originally built in 1809. The railway line for some miles at this point, runs parallel to the River Suir, and as it approaches Clonmel the valley becomes exceedingly picturesque, its southern slope being composed of the

(Continued on Page 3.)

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New Postal Regulations BETWEEN CANADA & UNITED STATES

At a conference recently held at Washington between postal representatives of the United States and Canada, the postage on newspapers passing from Canada to the States was not only increased to sixteen times the former rate, but it was decided to make Canadian publishers affix stamps to the papers instead of paying on bulk weight as formerly. This necessitates an increase in the subscription price of THE TRUE WITNESS to subscribers in the United States to \$1.50 instead of \$1.00 per year, as formerly.

Our friends in the United States will kindly take notice when sending subscriptions and renewals.

Truly a Struggling Mission In the Diocese of Northampton, Fakenham, Norfolk.

HELP! HELP! HELP! of the Love of the Sacred Heart and in Honor of St. Anthony of Padua, DO PLEASE send a mite for the erection of a more worthy Home for the Blessed Sacrament. True, the out-post at Fakenham is only a GARRET. But it is an out-post; it is the SOLE SIGN of the vitality of the Catholic Church in 35 x 20 miles of the County of Norfolk. Large donations are not sought (though they are not objected to). What is sought is the willing CO-OPERATION of all devout Clients of the Sacred Heart and St. Anthony in England, Ireland, Scotland, Wales, and the Colonies. Each Client is asked to send a small offering—to put a few bricks in the new Church. May I not hope for some little measure of your kind co-operation?

The Church is sadly needed, for at present I am obliged to SAY MA'S and give Benediction in a Garret. My average weekly collection is only 3s 6d, and I have no endowment except HOPE.

What can I do alone? Very little. But with your co-operation and that of the other well-disposed readers of this paper, I can do all that needs to be done.

In these days, when the faith of many is becoming weak, it is of the utmost importance to the extent of its development, and is about to treat Our Divine Lord Himself as it treated His Holy Church, the Catholic Faith is renewing its youth in England and bidding fair to obtain possession of the hearts of the English people again. I have a very uphill struggle here on behalf of that Faith. I must succeed or else this vast district must be abandoned.

IT RESTS WITH YOU

to say whether I am to succeed or fail. All my hopes of success are in your co-operation. Will you not then extend a co-operating hand? Surely you will not refuse? You may not be able to help much, indeed. But you can help a little, and a multitude of "littles" means a great deal.

Don't Turn a Deaf Ear to My Urgent Appeal

"May God bless and prosper your endeavours in establishing a Mission at Fakenham."

ARTHUR, Bishop of Northampton.

FATHER H. W. GRAY, Catholic Mission, Fakenham, Norfolk.

P.S.—I will gratefully and promptly acknowledge the smallest donation, and send with my acknowledgments a beautiful picture of the Sacred Heart and St. Anthony.

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Constant prayers and every assistance for Benefactors.

Synopsis of Canadian North-West HOMESTEAD REGULATIONS

ANY even number section of Dominion Land in Manitoba, Saskatchewan and Alberta, excepting 8 and 26, not reserved, may be homesteaded by any person who is the sole head of a family, or any male over 18 years of age, to the extent of one-quarter section of 160 acres, more or less.

Entry must be made personally at the local land office for the district in which the land is situated.

Entry by proxy may, however, be made on certain conditions by the father, mother, son, daughter, brother or sister of an intending homesteader.

The homesteader is required to perform the conditions connected therewith under one of the following plans:

- (1) At least six months' residence upon and cultivation of the land in each year for three years.
 - (2) If the father (or mother, if the father is deceased) of the homesteader resides upon a farm in the vicinity of the land entered for, the requirements as to residence may be satisfied by such person residing with the father or mother.
 - (3) If the settler has his permanent residence upon farming land owned by him in the vicinity of his homestead, the requirements as to residence may be satisfied by residence upon said land.
- Six months' notice in writing should be given the Commissioner of Dominion Lands at Ottawa of intention to apply for patent.
- W. W. COHY, Deputy Minister of the Interior.
- N.B.—Unauthorized publication of this advertisement will not be paid for.

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A Marriage

CHAPTER XI. A woman answered, "Katharine read that she had felt that she would were it not for the the careworn look of a peculiar light brown and grayish red at the back of was such a wealth in a hundred women. This was seen at the carriage had seen it before but where? "Oh, I am Mrs. Mavrick's sister," heartily, as she led little chery room. Beyond Katharine ohen. There was a gl through yellow skin and silver. The did not so bright; it w in semi-gloom, but make out an engra Immaculate Concep lounge, and see the of a soft and tast covered by a red cl the window, on the geranium upheld against a dainty w against a crimson curtain dining-room from which was doubtless

LIVER COM

The liver is the largest office is to take from the which form bile. When it inflamed it cannot furnish causing them to become bot symptoms are a feeling of the right side, and about the region, pains between the of the skin and eyes, bow tongue, bad taste in the

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