

HOME INTERESTS.

Conducted by HELENE.

Many of us know from experience what a comfortable thing it is to be around a capable woman. She may not be beautiful or clever or witty, but she can trim a hat or bind up a wound with equal facility, and she is worth her weight in gold. Like a good cook, she is born, not made. Women may acquire many useful arts and accomplishments, but this is not exactly what we mean by being capable. The capable woman is full of surprises and resources; nine cases out of ten she will do something she has never attempted or even heard of before, and do it well. She delights in situations that would be awkward, if not painful, to other women. Nor is she necessarily selfish or conceited; her emotions are those of a musician trying the intricacies of a new piece, or of an artist as he sees with rapture a difficult subject grow upon his canvas.

If among the girls there is one who promises to be "capable," her genius should be as much encouraged and appreciated as that of her sister who dives into Greek and higher mathematics. She is just as talented in her way, and it is generally a much more useful way. Should misfortune overtake the family, the capable girl is the one who will pull herself and the others through, and never think she is making a sacrifice. If in addition to her capability, she is sweet tempered and obliging, we may truly call her:

"A perfect woman, nobly planned, To warm, to comfort and command."

USELESS KNICKKNACKS.

One so often finds oneself the unwilling or possibly the ignorant possessor of a collection of knickknacks acquired by degrees, generally through thoughtful thoughtlessness of friends—a few pieces with some slight claim to beauty, others valued because of their association, others, alas, because of their cost, all with little in common to each other or with the room—a collection of trivial "pretty things" of a former day retained simply because they are there and no one has had the moral courage or possibly recognized the need of weeding out the good from the bad, giving the good their true worth by that means. Just as the vulgar may be relied upon to overshadow the refined and artistic, so may the mass of heterogeneous knickknacks be trusted to conceal any possible beauty in any one piece. Few collections would remain intact if their owners would bring each piece before the bar for a searching examination as to its merits and excuse for being. A few questions would settle its fate—"Are you useful?" "Are you beautiful?" "Do you harmonize with the character of the room?" "Have you a character of your own?" In fact, are you in every way preferable to the space you occupy?" If not, the judgment should be banishment without mercy.—Harper's Bazar.

BRASS BOWLS.

It is unwise to use too much brass or copper about the room or hall. It has a tendency to look shabby. But just the right amount—a bowl or two here and there for plants—in hallway or room give an excellent effect which no other receptacle quite attains.

TOASTS TO FRIENDSHIP.

(Compiled by the Baltimore Sun.) In the days of philosophers Pythagoras said: "To Friendship; 'One soul in two bodies.' And with slight paraphrasing we may make Sôphocles say: 'Here's to virtuous

friends; To cast them away is as bad as to cast away one's own life, which one loves best."

Here's to friendship—the wine of life—better than any juice of the grape, for its effect is not only exhilarating but enduring, and it leaves no bad taste in the mouth.

Here's to true friendship—a sheltering tree beneath whose branches the storm-tired thanks God for shelter.

Here's to true friendship, that prevents itself by its wise considerations as much as by its loving helpfulness.

Here's to old friends, for none other is so dear. On old friends we know that we may depend, while on new ones we can only hope to do so.

"Here's to you; there's no one like you, and no one likes you better than I."

"Here's to the heart of friendship, Sincere, twice tried and true. That laughs in the hour of triumph, And laughs at its joy with you.

"Yet stands in the night of sorrow Close by when the shadows fall, And never turns the picture Of an old friend to the wall."

"A health to you, And wealth to you, And the best that life can give to you, May fortune still be kind to you, And happiness be true to you, And life be long and good to you, Is the toast of all your friends to you."

"While we together jovial sit, Careless and crowned with mirth and wit, We'll think of all the friends we know And drink to all worth drinking to."

"Here's to the tears of friendship! May they crystallize as they fall And be worn as jewels In memory of those we love."

"The joys we have but make us think the more On those we have not, while the griefs we bear In lonely silence force us to deplore The absent friends whose sympathies we share."

There seems to be little reason for doubt that the short waist line will survive the summer, for it has caught the fancy of the most fashionable women and has not yet become common, though a few short waisted coats found acceptance here in the spring. The general tendency is, as has been said, to run the waist line down very sharply enough to give length and slenderness to the figure, while in the back the line is much shorter, sometimes running up to the shoulder blades.

HOT WEATHER DRINKS.

Tea with fruit and without the addition of any liquor whatsoever can be made into a most delectable and wholesome beverage that is at the same time refreshing. Make two quarts of rather weak tea by pouring that quantity of freshly boiled water over two heaping teaspoonsful of tea and let it draw for five minutes. Strain and dissolve in it a pound of lump sugar. When cool, add the juice of eight lemons, three oranges peeled and cut into slices, one small pineapple shredded, three or four bananas thinly sliced, and strawberries if in season. Let stand in a cool place until well blended, chill with ice and serve.

A simple wholesome drink that can be given children ad libitum is always in demand during the summer months. An excellent one can be made with good currant jelly that is home-made, as the main flavoring. For the foundation boil two pounds of sugar and a quart of water together for five minutes; skim thoroughly; then add the juice of two lemons and a large orange; strain carefully, and finally stir in a full

pint of the best currant jelly, continue stirring until the jelly is entirely dissolved; then place on ice until very cold. At the moment of serving, add a bountiful supply of chipped ice and a quart bottle of apollinaris water.

The French are noted for their delicate and delicious drinks. The advantages of such a one that is non-alcoholic is apparent to every one. A favorite Parisian recipe calls for five pounds of raisins, five pounds of dried apples and five gallons of water.

Put all together in a small cask or large earthen jar and let stand uncovered for three days, stirring occasionally from the bottom. At the end of that time bottle, with half a teaspoonful of sugar and a stick of cinnamon in each bottle. Cork tightly and store in a cool place. The fruits having fermented, the drink will keep for a considerable length of time and is really delicious when served ice cold.

TIMELY HINTS.

All who have attempted to clean coat collars and cuffs with benzine know that this requires much tedious rubbing with cloth in order to prevent the ring that otherwise would form in place of the obliterated spot. To avoid this labor, dip a tooth-brush into the benzine until it is well soaked, then brush the collar briskly.

In a few moments all stains will have entirely disappeared. The most costly velvet can be cleaned in this way without much rubbing. Never use a tooth-brush on satin or soft silk.

A rug sometimes becomes badly creased. To remedy this turn it upside down and wet the crease with a moistened broom until the rug is quite wet. Stretch the rug tight and let it remain overnight after tacking it with tinned tacks, which do not rust.

If a drop of olive oil is rubbed on dinner knives before putting them away, they will keep their brightness.

For the rusty nail wound, scrape a fresh red beet and bind the pulp on the wound; when this dries, bind on another. It will stop the pain and cure the hurt.

RECIPES.

A good substitute for cream for coffee or fruits may be prepared in this way: Beat the whites of two eggs very stiff, add a teaspoonful of sugar and one of corn starch, beating well. Then add gradually a cupful of cold milk beating steadily until the milk is all used. Heat another cupful of milk with a piece of butter the size of a hickory nut in it, and when at the boiling point, set on the back of the stove and pour in the egg mixture, beating very smooth, or until the milk thickens to the consistency of cream. Strain through a fine sieve and let cool.

Raspberry Punch.—To one quart of ice cold water add five teaspoonsful of raspberry vinegar or raspberry royal. Turn it into a large pitcher or punch bowl and stir well. Put into each glass a generous supply of ice and fill from the bowl. If raspberries are in season a cupful of them may be added, or, if not, use in their place a cup of shredded pineapple or a banana sliced.

Spiced Cherries.—Boil a pint and a half of cider vinegar with an ounce of stick cinnamon and an ounce of cloves, each tied in a bag. Then add four and a half pounds of sugar and boil ten minutes more, skimming well. Put in seven pounds of stoned cherries and cook gently for half an hour; lift out the fruit with a skimmer and boil the syrup down until it is thick. Put the cherries into jars and keep hot, add the syrup, then close and seal. These are very nice with cold meats.

Apple Omelet.—Mix one tablespoonful of flour to a smooth paste with one-third of a cupful of milk, add one-quarter of a teaspoonful of salt, one teaspoonful of sugar, one tablespoonful of melted butter and four well-beaten eggs. Pare, core and chop fine four large apples, melt one tablespoonful of butter in a frying pan, and when very hot turn in the apples, stirring them until steaming hot and slightly soft. Pour over them the mixture in the bowl and shake well, lifting the edges to prevent sticking. When set dust with sugar, roll and turn out on a hot dish.

Pleasant as syrup; nothing equals it as a worm medicine; the name is Mother Graves' Worm Exterminator. The greatest worm destroyer of the age.

The Fatality Of Indigestion Which almost invariably arises from Liver and Kidney disorders. DR. CHASE'S KIDNEY-LIVER PILLS

From insurance records it has been found that about 85 per cent. of the deaths of policy holders was attributed to diseases of the digestive system.

To persons who have been accustomed to think lightly of indigestion, biliousness and liver derangements this statement will be rather startling, but it can not be refuted.

To a large extent the liver controls the digestive system by supplying the bile to insure the prompt passage of the food along the intestines, where the difficult part of digestion takes place.

Because of their immediate and direct influence on the liver, Dr. Chase's Kidney-Liver Pills insure a good flow of bile, and by doing so positively overcome constipation and intestinal indigestion.

Wind on the stomach, rising of sour taste in the mouth, smothering sensations in the chest, pains about the heart, headaches and dizziness, drowsiness and discomfort after meals, and sluggish action of the liver, kidneys and bowels are symptoms of this serious and dangerous form of indigestion.

Mrs. H. Husband, Moore street, St. Catharines, Ont., states: "I was seriously afflicted with indigestion and stomach trouble for sixteen years. Finally I became so bad that I could scarcely eat anything without suffering terrible distress. Gradually I grew weaker and more emaciated, and though treated by three doctors and a specialist I received no benefit.

"After a time a pain began in my right side which medical men said was liver trouble. I never got relief until I began the use of Dr. Chase's Kidney-Liver Pills and they helped me at once. By using about a dozen boxes I was entirely cured. I owe my cure entirely to this treatment, and make this statement with the hope that some poor sufferer may benefit by my experience.

Dr. Chase's Kidney-Liver Pills will promptly overcome these symptoms. One pill a dose, 25 cents a box, at all dealers, or Edmanson, Bates & Co., Toronto.

FUNNY SAYINGS

THE QUICK OR THE DEAD.

A schoolmaster asked a small urchin the other day the meaning of "The Quick or the Dead."

"Please sir," he said, "the man as gets out of the way of the motor car is quick, and 'im as doesn't is dead."

TIT FOR TAT.

I have just received the following quaint story from a reader who is apparently unperturbed by the recent earthquake:

A lady in San Francisco engaged a Chinese cook. When the Celestial came, among other things she asked him his name.

"My name," said the Chinaman, smiling, "is Wang Hang Ho."

"Oh, I can't remember all that," said the lady. "I will call you John."

John smiled all over and asked: "What your name?"

"My name is Mrs. Melville Langdon."

"Me no memble all that," said John. "Chinaman he no savey Mrs. Membl London. I call you Tommy."—Tatler.

AWAITING HIS REFORMATION.

The ladies of a certain parish were busily engaged decorating the village church, when they were informed that a goat was making a meal of a "Peace on earth, good will to men" design in yew leaves which was standing in the churchyard ready for removal into the building.

The beadle, who was assisting, immediately rushed to the rescue; but the goat, resenting the interruption, repelled his attack vigorously.

"Make haste, John, and get up," said the minister's wife from a place of safety; "it's starting to eat again."

THE POET'S CORNER

THE ASSUMPTION.

The gates of heaven stand open wide, And hosts of angels wait around To greet our Blessed Lady's soul, Which even now is heavenward bound.

Lift high your heads ye golden gates; She comes—the Father's chosen one; The Holy Spirit's sinless spouse, The mother of the Eternal Son!

She comes, all fair and full of grace, By many sorrows beautified; For at the cross she stood and wept At her Son's cross, whereon He died.

And lo! He comes to welcome her; And cherubim and seraphim With glorious voices sing songs of joy, And all in heaven join in the hymn

But she sees only Him, her Lord, Her joy, her very own, her Son; With tenderest love He crowns her brow And seats her near His own white throne.

Below, on earth, a flower-filled tomb Tells of her body glorified; And that she lives for evermore, In infinite joy, by His dear side.

GRANDMOTHER.

(By Arthur Wallace Peach.) Nearer to heaven as the years go by, Led by the guiding Hand; Silver the locks that once were gold Watching the dropping sand; But dearer and fairer than ever before

To the heart of her stalwart son, Who sees in her eyes of faded blue— His boyhood's love,—the eyes he knew.

Slower the hands in the knitting work, Stiff with the clasp of Time; Fading the home scenes meet her now Under the old home-vine: But dearer and fairer than ever before

To the gray head bent at her side, Who sees but the hands he pressed so tight, One far, far eye, on his wedding night.

Clearer the Sabbath church bells sound, Down through the hush of yore, Bidding her come in the early morn: Where loved ones meet once more: But dearer and fairer than ever before

To husband and wife as one, The face of the Christ and His promise true: "Some day, beloved, I come for you."

MONG THE HILLS OF ERIN.

(Suggested by reading a letter in which an American lady expressed a wish that she might find a last resting place "among the hills of Erin," which she had visited and had learned to love.)

Advertisement for Dr. Fowler's Wild Strawberry Extract, treating Diarrhoea, Dysentery, Colic, Stomach Cramps, Cholera, Morbus, Cholera Infantum, Seasickness, Summer Complaint, and all Looseness of the Bowels in Children or Adults. Includes testimonials from Mrs. George N. Harvey, Rosemeath, Ont., and others.

OUR B...

Dear Girls and Boys: What a nice long letter sends this week. I am to learn of her father's am sure all the cousins representing kind sympathy. May will call at my office comes to Montreal. Actually says she will when school commences. —and little boys, two— vacation too short. I O.N. will enjoy the visit making with her cousin though Joseph is not a about like other little boys to be a very happy little jolly fun they must have haying and coming rick on a great big load. I uncle intends killing his kindness. What do y Agnes McO. has just h ride on the train and w with it. What a glorio is having in the country has returned from Quebe happy she is to be home true, little girls, home all. I guess Tippy was for his little mistress a for him. Where are the who used to write so re miss them. Your loving AUNT

Dear Aunt Becky: I would have liked to go you long before now, by vacation is such a joyou sometimes even without take a little too much l are you this summer, de For my part I am feelin as there is no pleasure row, I am left fatherles 18th May; my dear paping mamma and five m mourn his loss. We al house very big since he is One of my little frien Asselin, who is our pe niece, spent part of last me; we had a great time I go out picking raspb often; there has been a this year. I expect to at Montreal very soon. to see my uncle, Rev. and several of my other intend to have a good thing happens. We are k rain just now. The far glad to see it come on a soil being so destitute We will soon be eating my favorite dishes. I guess you will find ter is rather long, but you, I am going to a bo in Montreal when vacat and I don't think I w to write, unless on the would not do at all. I would come and spend in the country before I certain you would have time. With love to you, dear all the dear little cousin Your loving little n Sherrington, Aug. 7th

Dear Aunt Becky: It is so long since I to you I thought I wou has been raining all day is fine now. We had this morning in Hull; th were burned. I suppose enjoying herself very m bec. I think it is a lo School will soon begin be sorry, as there is Well, dear Aunt, as my getting long I think I w night. Love to all my remain Your loving nie

Dear Aunt Becky: It has been beautiful ther here this last week are covered with gra shocked up. As my sis this last week visitin, body to play with. The of my cousins visitin last Sunday and Mond lots of fun while they place playing. We wen Sunday evening. I am their place next week