

LA GRIPPE

One of the worst of Bronchial Diseases, because it has the worst after-effects. The first symptoms, Chills and Fever, Cough, Sore, Inflamed Nose and Throat, Pains in the Limbs, should not be neglected.

DR. SLOCUM'S
PSYCHINE
(PRONOUNCED SI-KEEN)

Prevents and cures La Grippe, Pneumonia, Bronchitis, Consumption.

For sale at all drug stores. Dr. T. A. Slocum, Limited, 179 King St. W., Toronto. Sample free.

HYMNS CIRCLE THE WORLD.

Waikiki Honor to Be Paid to the Author of "Safe in the Arms of Jesus," and Other Hymns.

Fannie Crosby, the blind hymn writer, is soon to receive an honor that is unique in the annals of womanhood as well as in the history of Protestantism. It is nothing more or less than a "day" in the calendar of the Methodist Episcopal



FANNY J. CROSBY

Church. "Fanny Crosby's Day" is to be called, and the first observance thereof was set down for Sunday, July 10. On that day English speaking Methodists all over the world did honor to the venerable blind woman who wrote "Safe in the Arms of Jesus," "Blessed Assurance, Jesus is Mine," "Pass Me Not, O Gentle Saviour," and almost five hundred other gospel hymns.

She has written in all more than 6,000 hymns, for which she was paid \$5 each by her publishers, plus royalty. Stone blind since she was six weeks old, Miss Crosby's attainments would be remarkable even in a seeing woman. For sixty years she has been busy writing the hymns and gospel songs which have enjoyed a monopoly in the song services of several generations of churchgoers.

Miss Crosby has written other songs that have been quite as popular as her hymns. Fifty years ago her popular melodies were whistled all over the country. "Proud World, Goodbye, I'm Going Home," "Hazel Dell" and "Never Forget the Dear Ones" were tremendous favorites when our fathers and mothers were going to singing school. "The Hosieryman's Glove" followed and brought its author nearly \$2,000 in royalties, and then came that phenomenal success "Satan, the Prairie Flower."

Every possessor of light is debtor to those who sit in the dark.

When a woman marries a man to reform him it serves her right.

Attend the Urban Set or you will regret it when you see what began your neighbor got.

TOOK A SEVERE
COLD.

It Settled In The Kidneys.

Pain In The Back The Result.

Catching cold and having it settle in the back is often the cause of Backache—the primary cause of kidney trouble. When the back aches it is a warning that the kidneys are liable to become affected. Heed the warning; check the Backache, and dispose of any chance of further trouble.

If you don't, serious complications are very apt to arise. Mrs. B. Williams, Hamilton, Ont., caught cold, and it settled in her kidneys. She used

DOAN'S KIDNEY PILLS, and is thankful for the immediate relief they gave her. She writes us as follows:

"It is with pleasure that I add my testimony in favor of Doan's Kidney Pills. Some time ago I took a severe cold, which settled in my kidneys. The soreness and pain in the small of my back bothered me greatly. After suffering for some months, and finding numerous remedies fail, I procured a box of Doan's Kidney Pills, and received immediate relief from my sufferings.

Doan's Kidney Pills may be procured at all dealers, or will be sent direct by mail on receipt of price—

50 cents per box, or 8 for \$1.25.

THE DOAN KIDNEY PILLS CO., TORONTO, ONT.

MOUNTSTEPHEN'S CAREER.

From Herd Boy He Jumps to Much Wealth—Born in Banffshire 75 Years Ago—Public Benefactor.

Lord Mountstephen, who gave \$1,000,000 to the King's Hospital Fund, in London, Eng., which will net \$55,000 a year, has had a remarkable career. Born in Banffshire 75 years ago, educated at the parish school, first a herd boy, then a draper's apprentice in Aberdeen, then in 1850 an emigrant to Canada. In Montreal he became a successful woolen merchant.

In Canada George Stephen found his cousin, Donald Smith, now Lord Strathcona, with whom years before



LORD MOUNTSTEPHEN.

he had bathed in the Spey, and played among the heather. Donald Smith had been in the service of the Hudson Bay Company, and at the time when he began to be associated in business with his cousin, was a member of the Dominion House.

It was early in the seventies that the two Highland boys pooled their energies. Both were directors of the Bank of Montreal, Lord Mountstephen being at one time its president.

But the turning point of the millionaire philanthropist's career occurred when, in 1875, he joined a syndicate for the Dutch holders of the bonds of the St. Paul and Pacific Railway, a road which, when finished, controlled the Canadian Northwest. The taste for railway enterprise, begun in this way, soon had the opportunity of development. The entrance of British Columbia into the Dominion carried with it the obligation to build a transcontinental railway, and the work had been begun by the Government.

The Government fell down badly and in 1880, one year before the Canadian Pacific should have been completed, only 700 miles of rail had been constructed. Stephen and Smith offered to build the line.

In return for a subsidy of \$25,000,000, twenty-five million, acres about the total size of that of Ireland and Wales—and the part of the line already completed, an undertaking was given that the Pacific should be linked to the Atlantic in eleven years. The last spike, promised for 1891, was driven in 1885, 6,000 miles being finished by the concern.

Lord Mountstephen was the railway's first president. For his services he was made a baronet. He left Canada to settle again in the old country in 1888, and soon afterwards was raised to the peerage.

Lord Mountstephen's gifts have always been princely. In 1887 he gave Montreal \$500,000 for a hospital. When he was a boy he broke his arm, and it was set in the Aberdeen infirmary.

A Pointer for Parsons.

In the congregation of a clerical friend were two erring brothers, who troubled him greatly by the habit they acquired of snatching a little repose during worship. Finally the pastor spoke after this wise to one of the wandering sheep:

"Brother Park, did you ever notice that Brother Benjamin had fallen into the habit of sleeping during the service?"

Brother Park had not noticed it, but he was pained by the information.

"Well, might I ask you to sit beside him next Sabbath and nudge him in case he falls asleep?"

Brother Park would most certainly do so.

The clerical brother then sought his esteemed co-worker in the vineyard, Brother Benjamin.

"Brother Benjamin, have you noticed Brother Park's habit of sleeping during the sermon?"

Brother Benjamin had noticed it, and had been pained.

"Well, would you do me the favor of sitting beside Brother Park next Sunday and nudging him in the case of drowsiness?"

Most certainly Brother Benjamin would do so.

The spectacle of the two good men keeping watch on each other in the sanctuary next Sabbath nearly upset the dignity of our clerical friend during his ministrations.

Where China and Spain Parallel.

The Confucian cult in China seems likely to find a parallel in a "Cervantist" cult in Spain. The three hundredth anniversary of the publication of Don Quixote will be honored with ceremonies stretching over the whole year. Every schoolhouse which does not already possess a Cervantes memorial will be ornamented with a bust of the great author. Statues will also be erected to his memory in all the towns in which he dwelt, and a "national edition" of his masterpiece, Don Quixote, will be published. In Spain everyone who reads is a "Cervantist." Out of 278 different editions of Don Quixote published, 222 are in the Spanish language, and 87 of them were issued in Spain.

Denmark's Rural Landowners.

In Denmark there are 224,000 rural landowners. More than half have not more than one acre, 96,000 have less than four acres, and only 2,000 have more. The small landowners mainly occupy themselves with the egg and fowl industry.

An Electrical Tree Saw.

An electrical saw for cutting down trees is among recent inventions described in The Scientific American. The trees are felled by burning through the trunk close to the ground with a wire heated by the current. It can be operated at a long distance from the electrical plant.



A Cup of Good Health
After sleighing, snow-shoeing or tobogganing, enjoy a cup of hot beef tea, made of
Armour's Extract of Beef
It's bracing, invigorating, stimulating. Relieves fatigue. Keeps up the glow of health. Just one quarter teaspoonful of Armour's Extract of Beef to a cup of hot water. It's economical.
At all grocers and druggists.
ARMOUR LIMITED, TORONTO
Sole Packers & Shippers for Canada.

Liquorzone Free!
Any sick person who has never used Liquorzone should write the Liquorzone Co., 458-64 Wabash Ave., Chicago. They will send you an order on your druggist for a 50-cent bottle free, if you will state the disease to be treated.

The Charm of Victoria Falls.

How the Victoria falls impress a visitor is recorded in Miss C. W. Mackintosh's journal of a tour in South Africa. Miss Mackintosh says: "We perceived no hint of the falls, only seeing before us a screen of rocky based, bright green forest, apparently closing in the river, like a lake. Ten minutes' walk brought us to the camp, on a cliff which literally overhung the gorge, and we saw the cataract thundering down into the boiling pot at our feet. The walls of the chasm, 400 feet high, were spanned by a rainbow. The charm of these falls lies not in the one overwhelming crash as at Niagara, but in the cumulative effect of various glimpses, the matchless beauty of the surroundings and the strangeness of the whole setting, brought chiefly in the columns of spray, called the 'thundering smoke' and in the ever changing rainbows. The mile wide river suddenly drops into a yawning crack in the ground, stretching right across the stream at right angles to the banks, a foaming trough, quite narrow, of which the walls rose 400 feet above the surface of the water."

Three Well Placed Rubles.

The method of introducing forbidden documents into the czar's country is described by Carl Joubert, author of "Russia as It Really Is." The purveyor of undesirable literature, having arrived on the frontier, at a point some distance from the railway, approaches the rittmeister and arranges matters with him. The rittmeister sees him and his car load of books safely across the border and directs him to some small town near the frontier. Then the rittmeister raises the alarm and calls his men to horse, and they start off in pursuit of an imaginary smuggler. In another direction, bringing the air to show their zeal in the discharge of their duties, "A ruble on every eye and ruble across the mouth," says Mr. Joubert, "will effectually prevent the Russian official from seeking or speaking."

The girl who marries in haste is sometimes obliged to walk home.

TAKE MY CURE,
WHEN CURED YOU PAY ME

The fear that you could not be cured may have deterred you from taking honest treatment, or you may have been one of the unfortunate, who have been treated in vain by inexperienced physicians, free treatments, free trial samples, patent medicines, electric belts and other similar devices. Such treatments cannot and will never cure you, nor will these methods cure themselves. When I offer you a cure, and am willing to risk my professional reputation in curing you, and have such faith and confidence in my continued success in treating those whom I treat, a dollar need be paid until you are cured. A fair proposition cannot be offered to the sick and afflicted. This should convince the skeptical that I mean what I say, and do exactly as I advertise, as I am positive of curing you in the shortest possible time, without further after-effects. My charges will be as low as possible, and my guarantee is simple and true. Not a dollar need be paid until cured. I have 14 diplomas and certificates from the various colleges and state boards of medical examiners, which should guarantee of my standing and abilities. It makes no difference to me how long it takes to cure you, but I will endeavor to write to me for my opinion of your case, which I give you free of charge. I want to hear from patients who have been cured, as I guarantee a positive cure for all chronic, nervous, blood-poor, nervous, rheumatic, blood-poor, physical and nervous debility, lack of energy, indigestion, kidney and bladder troubles, for patients are prepared in my own laboratory to meet the requirements of each individual case. All medicines for Canadian patients sent from Windsor, Ont., only and transportation prepaid. I will send you 14 diplomas and certificates, entirely free. Address simply, Dr. J. G. Woodard, 20 Woodward Ave., Suite 311, Detroit, Mich.

THE DIFFERENCE.

Cleon hath a million acres,
Ne'er a one have I;
Cleon dwells in a palace,
In a cottage I;
Cleon hath a dozen fortunes,
Not a penny I;
Yet, the poorer of the twain is Cleon, and not I.

Cleon, true, possesses acres,
But the landscape I;
Half the charms to me it yieldeth
Cleon cannot buy;
Cleon harbors sloth and dullness,
Freshening vigor I;
He in velvet, I in fustian,
Richer man am I.

Cleon is a slave of grandeur,
Free as thought am I;
Cleon fees a score of doctors,
Need of none have I.
Wealth-surrounded, care - envied,
Cleon fears to die.
Death may come, he'll find me ready,
Happier man am I.

Cleon sees no charm in nature,
In a daisy I;
Cleon hears no anthems ringing
In the sea and sky;
Nature sings to me forever,
Earnest listener I;
State for state, with all attendants,
Who would change? Not I.
—Charles Mackay.

TO RESTORE SIMPLICITY.
Nature Study Promises to Offset Some Artificial Conditions.

A classroom in the Toronto University College Chemical building was filled with an attentive audience on a recent Saturday afternoon, when Dr. J. Fletcher, Dominion Entomologist, Ottawa, lectured on "Nature Study," or, more accurately, gave an exposition of the educational value of nature study, its relation to natural history, and the methods of enlisting the interest and sympathy of young people in "the common sense of common things." Dr. Fletcher, who was introduced by Prof. Ramsay Wright, throughout an hour and a half, held his audience closely, meeting several times with warm applause. He is, however, so quiet and so charming a speaker, and so able to communicate the ardor of his convictions, that the event could hardly have been otherwise.

Nature study, he said, was of particular interest to everybody. It was not the fact of the few. Its value had been recognized in the Public Schools during the last decade, where it would take place of the traditional history, from which it differed as the foundation from the superstructure, natural history developing out of the studious habits and careful personal observation resultant from nature study. Science was a bugbear to many people. But why? Was not science merely accurate knowledge? Nature study was its handmaid, and might be defined as a personal observation of some common natural objects, together with a conscious mental effort to find out all about it. It was possible thus to open up a new and interesting world, through which the major portion of humanity was passing without seeing it. We were to-day in an exceedingly artificial condition, and nature study promised to restore to us the simplicity we had lost.

Where was the place to study? Here. When was the time to begin? Now. The one handicap was the nomenclature, which, unfortunately, was in an unfamiliar language. In teaching this might be surmounted with children by attracting their interest with beautiful objects, or enlisting their help, as had been done in the schools of Manitoba, where they had been taught to recognize noxious weeds on sight and to destroy them, everywhere on the farm, and by the wayside, and so assist in a work of vital economic importance to the country.

The second part of Dr. Fletcher's address was the number of the beautiful stereoscopic views of plants and insects and their habitat. The ecology of such objects was a profoundly interesting part of nature study. Dr. Fletcher paused to explain, dealt with environment, with the relation and adaptation of plants and animals to their surroundings—everything having its own special locality. Passing rapidly over the several forms of the more common insect pests, he dwelt particularly on the ravages of the codling worm, which destroys half the apples in the world, and of the tussock moth, which is ruining our shade trees. In very emphatic terms he advised that steps be taken during the winter months to destroy the eggs of the codling worm, and that the trees be thoroughly sprayed in the early spring. "The effects of nature study," he concluded, "are far-reaching; they extend into every line of work, and leave fruit in quickened thought and accuracy of statement."

One on the C. P. R. Office.

At Montreal the advertising manager of the Canadian Pacific is George Ham, and the city ticket office is in charge of a man named Egg. The two are fast friends, and if both happen to be out of town at once enquiries for Ham and Eggs are frequent. By a coincidence, both report to an official named Bacon, whose chief clerk is named Brown. Recently Ham and Egg were both in Bacon's office. The telephone rang, and Brown answered. He caught an enquiry for the Canadian Pacific Office, and said:

"This is it."
"Who's this talking?" asked the voice.

"This is Brown. Do you want Bacon?"

"No, I don't want Bacon, Brown or any other way. I want one of the Canadian Pacific officials."

"Well, will Ham or Egg do? They're both here."

"I don't want any of them! Central, that cheap hash house off this wire!"

Worm Turns.

"Five years ago to-night, Henry," remarked Mrs. Peck, who happened to be in a reminiscent mood, "you asked me to say the one little word that would make you happy for life."

"Yes," rejoined Henry, with a sigh, long drawn out, "and, womanlike, you had to go and say the wrong word."

Consults A
PhysicianBut does NOT
Tell Him All.

Few women confide fully in a physician. They simply will not tell him all. That's why many doctors fail to cure female diseases.

Every woman dreads the ordeal of the physician's consulting room. A sensitive, refined woman shrinks from the searching questions and the physical examination!

It is not so in writing to Mrs. Pinkham. Thousands of women owe their present health and happiness (yes, and their good looks, too) to the fact that they have told all their physical troubles to Mrs. Pinkham and followed her advice and been cured of female diseases.

Lydia E. Pinkham's Vegetable Compound

Cures more women every year than any other medicine in the world. If you are in doubt about your case, write in perfect confidence to Mrs. Pinkham, Lynn, Mass. You will receive in reply a personal letter of advice free.

DEAR MRS. PINKHAM:—I suffered intensely with suppressed menstruation and pain every month for years, and could get no relief from physicians' prescriptions or other medicine. I was advised to try Lydia E. Pinkham's Vegetable Compound, and did so, and in a very short time the flow was regular, natural and without pain.

I am, indeed, a grateful, happy woman for what Lydia E. Pinkham's Vegetable Compound has done for me.

ELLEN WALBY, Wellington Hotel, Ottawa, Ont.

Mrs. Hayes also profited by Mrs. Pinkham's advice.

DEAR MRS. PINKHAM:—Sometime ago I wrote you describing my symptoms (fibroid tumor) and asked your advice. You replied and I followed all your directions carefully and to-day am a well woman.

Mrs. E. F. HAYES.

Lydia E. Pinkham's Vegetable Compound Cures Where Others Fail

ABUSE OF ATHLETICS.

Muscle Building Does Not Necessarily Improve the Health.

Athletics may be good or evil and in the same manner as a two edged sword. The prime object in athletics is improvement of the general health. No writer has said that health, like happiness, does not exist. He said the body consists of a number of mechanisms which have the closest and most exact relations, and as they approximate to harmony there is health, but when disordered there is ill health.

To obtain good health muscle building is not a necessity. One cannot judge of the person's health by the size and hardness of the muscles. The converse may be true.

To obtain health one must not be in a perfectly trained condition owing to the effects of severe training on the nervous system.

There is no evidence to prove that athletics and muscle building improve the constitution.

One should always keep in mind the fact that built up or hypertrophied muscles have a tendency to degenerate. The heart, being a muscular organ, shares in this tendency.

In regard to the moral side of the question, it remains to be proved that athletics per se corrupt the morals. Dr. F. R. Sturgis is confident that athletics improve the morals of a community.

Although the evidence for and against athletics is contradictory, the whole subject may be summed up by stating that athletics are beneficial when properly and judiciously applied and very injurious when the precautions above mentioned are ignored or carelessly regarded.

It will take more than gold-loving hearts to make a golden age.

When the little folks take colds and coughs, don't neglect them and let them strain the tender membranes of their lungs. Give them

Shiloh's
Consumption
Cure

It will cure them quickly and strengthen their lungs. It is pleasant to take. Price, 25c., 50c., and \$1.00. 303

Minard's Liniment—Lumberman's Friend.

She Simply Couldn't Help It. There was an old woman in Ghent Who could never tell just what she meant. When she wanted things straight It was always her fight To somehow be getting them bent. —Chicago Record-Herald.

Out of His Class. Tom—I don't think Jack will do in society. Harry—Why not? Tom—He can't talk and eat at the same time. —Philadelphia Caricature.

The Hero and His Valet. A hero once said to his valet: "It's awful how you dilet daret; You'd not make a chauffeur." "You're such a great laffeur." The hero then laughed at his valet. —Chicago Tribune.

His Proposal. Benjamin—My heart was in my mouth when I proposed to you. Mrs. Benjamin—That wasn't large enough to cause any impediment in your speech. —New York Tribune.

Playing the Races. Lose, and your wife jaws at you—Win, and she'll change her tone. She wants full measure of all your treasure. You can't bear your losses alone. —Louisville Courier-Journal.

Over the Telephone. "There's nothing so foolish in this world as one half of a telephonic conversation." "Except the other half." —St. Louis Republic.

A. A. JORDAN

Wishes to call the attention of his many customers that he intends to make 1905 one of the largest and most prosperous years in the business of the REPAIR DEPARTMENT. I've employed more workmen and my son has returned from the Horological School of Toronto, so I can now keep pace with my work and have all work done promptly.

CHRONOMETERS and HIGH-CLASS TIME-KEEPERS a specialty. Don't forget the place, at the SIGN of the BIG CLOCK.

THE T. H. TAYLOR CO'Y

ARE STILL

Selling 1 1/2 Yards Wide All Wool DRESS GOODS at 50c. Yard

CARDIGAN JACKETS at reduced prices.

SHAWLS

all wool, was \$3.00, to clear at \$2.50 each

HORSE BLANKETS

all wool, at \$2 and \$2.25 each. Call and inspect the bargains now going on

AT

The Woollen Mills.