Constipation

We hear a great deal about purifying the blood. The way to purify it is to enrich it. Blood is not a simple fluid like water It is made up of minute bodies and when these are deficient, the blood lacks the life-giving principle. Scott's Emulsion is not a mere blood purifier. It actually increases the number of the red corpuscles in the blood and changes unhealthy action into

If you want to learn more of it we have a book, which tells the story in simple words.

SCOTT & BOWNE, Chemists, New York.

Intercolonial Railway.

ON AND AFTER MONDAY, the 2ist June 1897, the Trains of this Railway will run

TRAINS WILL LEAVE ST. JOHN:

Express for Campfellton, Pugwash, Pic- y tou and Hailax. Express for Hailax. Accommodation for Moneton. Point du Chene and Springhill Junction. Express for Rothesay. Express for Rothesay Express for Quebec, Montreal, Hailfax and Sydney.	7.90 12.25 12.40 16.35 18.30 22.30
Buffet Sleeping Cars for Montreal, Levi	s, St.

leaving St. John at 22.30 o'clock and Halifax at

TRAINS WILL ARRIVE AT ST. JOHN:

Accommodation from Sydney, Halifax and Monoton (Monday excepted) Express from Montreal and Quebec (Mon- day excepted	6.05
Express from Sussex	8.30 12.40 16.00
Express from Halifax, Pictou and Campbellton	18.30 22.20
Committee of the Telegraph of the Telegraph	1

D. POTTINGER, General Manager.

Railway Office, Moncton, N. B.

Messenger and Visitor

A Baptist Family Journal, will be sent to any address in Canada or the United States for \$1.50, payable in advance.

The Date on the address libel shows the time to which the subscription is paid. When no month is stated, January is to be understood. Change of date on label is a receipt for remittance.

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All Correspondence intended for the paper should be addressed to the Editor; concerning advertising, business or subscriptions, the Business Manager.

Mews Summary.

President McKinley is having a vacation. He has gone to Lake Champlain.

A vig strike of petroleum was made on the 11st inst. in Galt township, Gaspe. The flow is at the rate of 5,760 barrels a day.

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At Tuesday's meeting of the Lambeth conference a resolution was passed recognizing the adoption of the title of archibishop in the provinces of Canada.

Fire at Yonkers, N. Y., Tuesday evening, destroyed two large factory buildings. The loss will probably reach half a million dollars, and eight hundred people are thrown out of employment.

The most important and largest gathering of the heads of labor organization of America ever held is now in session in Wheeling, W. Pa. The purpose of the conference is to aid in a speedy and successful termination of the great coal strike.

Noble C. Earle, a travelling, man for a New York Pharmaceutical house, took a train at Rockland, Me., Tuesday morning for Portland, Me. In his pocket was a wallet containing \$1,000 in unnegotiable bonds and \$50 in money. When he arrived in Portland it was missing.

Secretary Long has decided to send the battleship Indiana to Halifax to be docked and cleaned and scraped. The navy department believe that it would be decidedly risky in the present unsatisfactory condition of the approaches to the dock at Port Royal, S. C., to send the vessel there.

Some members of the Grand Army of the Republic in New York are actively engaged in promoting a movement for the change of the observance of Memorial day from May 30 to the last Sunday in May. Although an act of Congress will be necessary to effect the change, the Grand Army veterans believe it can be brought about.

veterans believe it can be brought about. In committee of supply Tuesday Hon. Mr. Goschen announced a supplementary naval estimate of \$500,000, which he said was necessitated by rapid additions to foreign navies. Four very fast armored cruisers of 11,850 tons each are to be built. In addition to these \$600,000 will be spent for new torpedo boat destroyers.

for new torpedo boat destroyers.

The armor producing companies having declined to furnish the Navy department the armor needed for the three battleships now building at the price of \$300 per ton fixed by Congress, Secretary Long has taken the second step in the line marked out by Congress and has called upon the shipbuilding companies themselves to submit propositions for procuring and fitting the armor. If the shipbuilders decline Secretary Long will proceed one step further and appoint a Board of officers to carry out the direction of Congress and frame a plan for the establishment of a government armor plant.

In an interview with the Associated

Irame a pian for the establishment of a government armor plant.

In an interview with the Associated Press correspondent, L. M. Turner, who spent eleven years in Alaska and the Arctic regions in the employ of the government, said: "It is about time to call a halt on this mad rush to the Klondyke gold fields. Hundreds of men are going as far as they can, relying on others to help them. That help will be meagre enough and scores will certainly endure hardships that death alone will relieve. The transportation companies cannot possibly accomodate the number going by way of St. Michaels. The small river steamers will not afford room for onethird of the number going by that route. The provisions will have to be furnished by the transportation companies and two-thirds of the passengers will board at St. Michaels or along the Yukon, and they will not see Dawson City until next spring. Many of those who go by way of Dyea will be compelled to winter at the head waters of the Yukon."

be compelled to winter at the head waters of the Yukon."

The government's policy respecting the Yukon district was announced Tuesday. Two officers from the Victoria, B. C., customs house will be despatched to a point near Lake Tagish, where all goods sent inland by the Tayea route can be intercepted at that point; also a stronger mounted police post will be erected. It is intended to bring the total strength of the Yukon police up to 100 officers and men, there being twenty now in the district. Plans for the mail service contemplate regular monthly trips between Tayea and Fort Selkirk on the Yukon river, a distance of 400 miles. Along this route it is proposed to establish small police posts fifty miles apart. It was also determined to test the feasibility of connecting Dawson City with Tayea by means of a telegraph line. The government has decided to charge a royalty of ten per cent. upon the output of all claims yielding \$500 and under monthly to each claim, and a royalty of twenty per cent. upon each claim yielding over that amount per month.

The editor of the American Monthly Review of Reviews, in his department entitled "The Progress of the World," discusses "The Progress of the World," discusses harvest and trade prospects, the new tarifi, the coal strike, American annexation policies, our diplomacy on the seal question, Japan and Hawaii, British interests in Canada, European politics, and many other timely topics. In connection with matter on the Kloudyke gold fields an excellent map of Alaska is published. In the same department appear interesting views of important British colonial capitals.

Last Thursday evening Magee Allen had a narrow escape while out for a run. While passing a team the handle bar of his While passing a team the handle bar of his wheel suddenly became loose, consequently the wheel was beyond the control of the rider and collided with the carriage. The frightened horse male still faster time. The bicycle was thrown over the beads of those in the carriage, while the bicyclist was caught in one of the wheels of the vehicle and went around several times before the horse could be stopped. The young man's nose was broken, as also was an artery in his head, from which the blood flowed freely. He was very weak from loss of blood when a medical man arrived on the scene. Young Allen is now doing well.—Sackville Post.

There is a good deal of interest in Nova Scotia over the new steamship service between Boston and Yarmouth. The Dobetween Boston and Yarmouth. The Dominion Atlantic Railway Company is going to be a strong competitor of the Yarmouth Steamship Company and a war of rates is looked for. The new boat Prince Fdward, belonging to the D. A. R., is expected to go on route about August 1st. She is 268 feet long, 33 feet beam and 18 feet deep and is guranteed a speed of over 18 knots an hour. Her engines are of the triple expansion type, driving twin screws and taking steam from two large double ended boilers with forced draught. She is handsomely, fitted throughout, with accommodations for a large number of both cabin and steerage passengers, is lighted throughout by electricity and has artificial ventilation. She is also provided with special gear for quick handling of cargo, and has all the latest appliances for the comfort of passengers.

Brander Matthews recently sent a copy of Rudyard Kipling's "Many Inventions" to its author with a request that he should write something on the flyleaf. There happened to be four flyleaves, and Kipling wrote a new poem on each of them.

* * * * A City Man's Wail.

There Are Thousands Like Him in Canada.

"To be candid and truthful, I am miserable, used up, nervous, and can't sleep these days; I feel as if life was not worth living. I have tried country air, and have strictly followed my doctor's advice, yet here I am, fast wearing away.'

This confession, made by a resident of one of our largest Canadian cities, truly represents the condition of thousands of en and woman, old and young, at this time of the year.

It is almost certain that such weakly and broken down men and women have not yet

he is almost certain that such wearly and broken down men and women have not yet heard the joyful news that Paine's Celery Dompound is the great life renewer and builder, the medicine that makes the weak strong, that gives vim and true activity to languid and despondent, that makes the blood pure and red, that gives digestive vigor and sweet refreshing sleep.

Are you dear reader, amongst the afflicted ones? Are you, pining in misery and suffering and full of dread and fears? If so, let us point you to the only medicine that can meet your case without a fear of failure. It is Paine's Celery Compound, nature's medicine for the tired and worm out body and unstrung nerves. The virtues of this medicine strike right at the seat of the trouble, quickly bringing health and happiness. It has a marvellous record of cures, a fast and enduring fame won by rescues and life saving. Will you test its efficacy? You must if you desire health and robustness as well as extended years.

Make No Mistake

DO NOT DESPAIR Until You Have Tried What SMITH'S...

Chamomile Pills

Can Do for You!

Do you have pains about the chest and sides, and sometimes in the beeks. Do you feel dull and sleepy? Does your mouth have a bad taste, especially in the morning? Is your appetite poor? Is there a reeling like a heavy lead upon the stomach? Sometimes a faint, ait-gone sensation at the pit of the stomach, which food does not satisfy? Are your eyes sank-en? Do your hands and feet become cold of whirling sensation in the head when rising up suddenly? Are the whites of whirling sensation in the head when rising up suddenly? Are the whites of your eyes tinged with yellow? Is your urine scanty and high colored? Does it deposit a sediment after standing? If you suffer from any of these symptoms Use

Smith's Chamomile Pills FOR SALE BY ALL DRUGGISTS.

FRANK SMITH, DRUGGIST, ST. STEPHEN, N.B. and CALAIS, Me. PRICE 25 CENTS. FIVE BOXES \$1.00. If your local dealer does not sell these Pills Mr. Smith will send a box by mail on receipt of price.

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That is, without money. 1 will put you in the way of earning your way through my college and any literary school or into a business or profession.

A young man with a thorough knowledge of business has a better chance than without it. 3 to 4 months of earnest work is enough. You can learn shorthand by mail during spare time, as many have. Ask for a lesson, free?

Snell's Business College, TRURO, N. S.

THAT'S HOW MRS. A. WILSON, TORONTO, DESIGNATES KOOTENAY CURE.

It's a good thing for people getting up in years to know of some remedy they can rely on that will be their "Standby in the hour of sickness, and when disease overtakes them.

Mrs. Wilson is a lady 68 years of age, residing at 125 John St. Like many another person, advanced in life, an attack of Grippe, which she had five years ago, left her in a bad condition. She tells, under oath, that she had the doctor attend her, but found her kidneys were badly affected, and the cords of her neck had grown stiff. While in this condition she began taking Ryckman's Kootenay Cure, and she declares that she never had any thing before that seemed to hit the right place. She says it has cured her, and is now her standby. It has toned up her constitution, given her a relish for food, and made her feel better in every way.

relish for food, and made her feel better in every way. Full particulars of this and hundreds of other cases sent free by addressing The S. S. Ryckman Medicine Co., Limited, Hamilton, Ont. Chart book free on ap-

Unlike falls, the supply rains are pel them voirs, tar quired or lemonstr ity of a r wind, and a depth, their cost usefulness long ago. It must tion of the

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The best time in out strawberries is then been properly ners which alway has fruited quickly be as quickly tr much better for pro the old plants, which to be procured for s strawberry plant the