HIS LIFE RUINED

Until He Tried "FRUIT-A TIVES," The Wonderful Fruit Medicine.



MR. FRANK HALL

Wyevale, Ontario. "For some two years. I was a sufferer rom Chronic Constipation and Dyspep-

"I tried every remedy I heard of with. out any success, until the wife of a local nerchant recommended 'Fruit-a-tives'

"I procured a box of 'Fruit-a-tives'

and began the treatment, and my condi-



Dutch Cleanser

makes sinks clean and

Use it for ALL cleaning and scrubbing throughout the House.

Economical and Thorough



HELP YOUR DIGESTION

When acid-distressed. relieve the indigestion

KI-MOIDS

Dissolve easily on tongue-as pleasant to take as candy. Keep your stomach sweet, try Ki-moids. MADE BY SCOTT & BOWNE MAKERS OF SCOTT'S EMULSION



Electro Body Bat-tery is the greatest invention for debility the world has ever known. No druss, no medicines, no dieting, no unusual demands of any demands of an sort; just cease a dissipation, and thi invention will define work. It send a stream of vita

life into your nerves, organs and blood during the time you are asleep.
For the treatment of rheumatism, weak back, nervousness, stomach, liver and kidney disorders, it is incomparable.
Dr. Lorenz's Dry Cell Storage Battery is a high-grade battery, requires no charging with vinegar or acids, is 300 per cent easier applied, gives 400 per cent greater service, and is sold at a lower price without added cost for fancy books.
Write today for free illustrated fortory price list. y price list
O. LORENZ ELECTRIC WORKS
O Lincoln Avenue. Chicago, III.
July 10 24

United States Yacht Throws Handicap Overboard and Wins in Fastest Time of Series - Resolute Enters Today's Race Favorite in Betting.

SANDY HOOK, July 23.—Defender Resolute tossed his 6 minutes and 40 seconds handicap overboard today and defeated the challenger, Shamrock IV, boat for boat in the fourth race of the 1920 regatta for the America's Cup.

The series now stands a tie, and the deciding race will be run tomorrow. Shamrock won the first race last Thursday, when an accident to Resolute's rigging forced her out while far in the lead. The second attempt, last Saturday, ended in no race, the yachts being unable to get sufficient breeze to take them around the course in the specified six hours.

Shamrock IV scored the second victory last Tuesday. Resolute came back on Wednesday, running a dead heat with the challenger and winning by her handicap of 7 minutes and 1 second.

Resolute will enter tomorrow's race a favorite in the wagering, her two wins having been more convincing than Shamrock's. Today's race was the fastest of the series so far, Resolute completing the 30-mile triangular course in three hours, 37 minutes tion commenced to improve immediately. and 52 seconds. Shamrock followed in 3 minutes and 41 seconds

"The Dyspepsia ceased to be the bur- later, but the actual difference in sailing time was only 3 minutes

"If feel that I owe a great debt to 'Fruit-a-tives' for the benefit I derived from them.

"FRANK HALL."

Fifty cents a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-tives, Limited, Ottawa, Ont.

There was a brisk blow for a few minutes and a short torrent of rain, which Resolute weathered without taking in any sail save her jib topsail. When it was over Shamrock was unable to reset her club topsail and was forced to ret a smaller topsail, while Resolute had her original rig intact. A brief calm intervened and then the wind picked up again. Shamrock caught it first and crawled slowly up until she were coming out from their haven behind Sandy Hook. The hoarse foghor of the lightship was groaning out its melancholy warning a few hundred feet away, but invisible.

Suddenly the breeze freshened and the fog began sweeping out to sea. As the pall lifted, Shamrock IV, with hor superior rig, breaking out a balloon jib topsail to aid her progress.

Piled On Canvas.

the breeze she forged quickly ahead with her superior rig, breaking out a balloon jib topsail to aid her progress. Staddenly the breeze freshened and the fog began sweeping out to sea. As the pall lifted, Shamrock IV, with her tremendous sails set, loomed through and bore down on the marklike a huge grey gnost. Resolute followed hard on her stern, and after a bit of jockeying about the lightship they were off, down the Jersey coast. Resolute was at her old tricks on this the windward leg. She pointed high into the breeze, while Shamrock set off on a reach that took her rapidly shoreward. When they swung about for the first mark Resolute's work into the weather had gained her of a mile.

Again Captain Adams held Resolute well up against the wind, with the result that he was able to make the mark without a tack. Shamrock headed off more and was compelled to tack, which brought her around the mark nearly two minutes behind Resolute.

The challenger gained on the second leg, but was still far behind when Skipper Adams straightened out on the home stretch.

Was Closing Up.

Shamrock piled on Canvas.

Shamrock piled on canvas on then, breaking out both ballooner and spin-daker, but the finish was close at hand and she was unable to close the gap. The same yable to close th

whatever chance she had of taking the lead and winning.

The sloops were running fast in a 15-knot breeze when signs of a terrific squall became apparent. Shamrock hastily took down her club topsail and her large jib topsail and prepared for rough weather. Resolute plowed ahead under full sail for a time, apparently bent on getting in all the fast sailing frow is as follows: bent on getting in all the fast sailing row is as follows:
she could before the squall struck. And
the squall did not strike—at least not southeast, with unsettled weather, and
with the intensity Shamrock's skipper probably thundersqualls in the afterony lower had expected.

Energy—Failures Are

Weak and Bloodless.

THERAPION No. 1
THERAPION No. 2
THERAPION No. 3
No. 1 for Bladder Catarrh. No. 2 for Blood &

Skin Diseases, No. 3 for Chronic Weaknes

Skin Troubles - Soothed ---

With Cuticura

RESOLUTE LED FROM START: LITTLE DOUBT AS TO FINISH SANDY HOOK, N. J., July 23.— an hour, this time to wait for a fog Resolute led from the start. To be sure there were times on the third leg when her lead seemed very narrow, ignals for a hour time to wait for a fog bank to clear away. The mist lifted at 12:30, and the committee at once set leg when her lead seemed very narrow, and her chance to tie the series appeared to be seriously threatened, but on all other occasions there was never a question as to the outcome of the race, provided the defender's rigging

There was not much more than a four-knot breeze when the two pre-

Again the start had to be postponed four-knot breeze when the two preliminary signals were sounded, and the yachts started for the line. For the rst time in the series, Captain Burton held back and allowed Resolute to lead the way. But Captain Adams was in no hurry, and he sailed Resolute down the line for a minute and a half after the starting signal had been sounded Is Always Full of Life and and then crossed.

Shamrock Worked Across.

Shamrock worked across four seconds before the two-minute handicap expired with Resolute to leeward, but back-winding her. Both yachts started on the starboard tack, but Shamrock swung round to port and headed in shore. Resolute followed as usual, and had the fine breeze with Shamrock and the started the started on the started of the breeze with Shamrock and the started on the starte Some men seem to have all the luck. If there are any good things going these men seem to get them. They make other people do their will—they are leaders. If they are businessmen they are successful; if they are workmen they get the foreman's job. They have the power of influencing people.

The same thing is true of women. Some have the charm that makes men seek them—out; others are always neglected. But this is not luck. It is due to a personal gift—vitality. Men and women of this sort are never weak, to go the solute had worked out more than a quarter of a mile in the lead.

A mile from the start both swung around again to port and carried off this tack down the coast until Shamrock nearly ran into the fishpond off Seabright. All the way down on this port tack Resolute constantly worked to windward, so when Shamrock finally headed off-shore on the starboard tack the defender was well to weather. Resolute did not tack to port until women of this sort are never weak, puny invalids. They may not be big, but they are full of life and energy. The whole thing is a matter of good blood, good nerves and good health. Everyone would wish to be like this and the qualities taat make for vitality and energy are purely a matter of health. By building up the blood and nerves, sleeplessness, want of energy, weakness

sieeplessness, want of energy, weakness of the back, stooping shoulders, headaches and the ineffectual sort of presence which really comes from weakness ence which really comes from weakness the same conditions of wind the same conditions of the same conditions of wind the same con can all be got rid of. Dr. Williams' Fink and sea, was disappointing to her

ean all be got rid of. Dr. Williams Fills and sea, was disappointing to help pills have made many weak, tired men vigorous and healthy, and many pale, dejected girls and women, plump, rosy and attractive, by improving their blood and toning up their nerves. If you are and toning up their nerves. If you are an important or unhealthy. Men, When in Chicago Come weak, ailing, low-spirited or unhealthy, try Dr. Williams' Pink Pills and note their speedy, beneficial effect.

The Dr. Lorenz Electro Body Bat
You can get these Pills through any Squall did nothing except kill the south-You can get these Pills through any medicine dealer or by mail at 50 cents a box or six boxes for \$2.50 from The Lr. Williams' Medicine Company, Brockville, Ont.

THE NEW FRENCH REMEDY.

a club topsail and finally set a working topsail, which filled much less than half the upper triangle.

Dumping Several Buckets.

After dumping several buckets of rain on the fleet the squall passed off to sea and the southwester resumed business, but not at its old pace. Shampock picked it up first and overhauled



Foods Kept Fresh Indefinitely!

YOU CAN BUY-Thermokept Coffee from these and other stores.

The THERMOKEPT Process accomplishes wonders in food-packing!

Scandrett Bros., 175 Dundas St. A. McCormick & Sons, \$46 Richmon' St. French & Co., 202 Dundas St. Thomas Shaw, 670 Dundas St. E. E. Hunniford, 466 Dufferin. J. A. Stanley, 285 Wortley Rd. Bert Summers, 471 Dundas St. W. H. & C. O. Shoebottom, 402 Princess Ave. G. Hambleton, 251 Waterloo St. C. W. Summers & Sons, 414 Hamilton Rd. Fred Jones, 100 Adelaide St.

John Ritter, 160 Wortley Rd. C. J. Farr, 134 Wortley Rd. W. R. Leigh, 153 Wharncliffe.

John Ritter, 160 Wortley Rd.
C. J. Farr, 134 Wortley Rd.
W. R. Leigh, 153 Wharncliffe.
Charles M. Smith, 730 William St.
George Harvey, 704 Dundas St.
Dick Chapple, 1034 Dundas St.
Dick Chapple, 1034 Dundas St.
Dan Carter, 621 Richmond St.
E. C. Davies, 610 Dundas St.
H. Geach, 471 Simcoe St.
Roulston & White, 572 Adelaide St.
McFarlane & McDonald, 406 Hamilton Rd.
G. D. McFarlane, 111 Wellington,
A. C. Mills, 122 Wharncliffe Rd.
T. A. Parker, 778 Dundas St.
James Egan, 474 Dundas St.
James Egan, 474 Dundas St.
James Egan, 474 Dundas St.
J. C. Willis, 200 Hamilton Rd.
T. S. Holland, 124 William St.
H. E. Fowler, 1004 Dundas St.
G. H. Kercher, 60 Byron Ave.
Fitzgibbon Bros., corner York and Ridout Sts.
A. J. Clark & Co., 719 Richmond St.
C. H. Coughtry, 578 William St.
Westby & Westby, 228 Hamilton Rd.
W. Hudd, 111 Inkerman St.
W. H. May, 346 Ridout St.
J. T. May, 346 Ridout St.
A. J. Glark & Co., 719 Richmond St.
Onn's Market, 143 King St.
Wrs. G. H. Blackwell, 170 Clarence St.
W. L. Joiliffe, 126 Hamilton Rd.
A. C. Joseph, 152 Wharncliffe,
M. Pole, co-mer King and Rectory.
C. R. Ead, 302½ Ridout south.
W. Braund & Son, corner Mamelon and Nelson Sts.
W. M. Jones, 1 Rathgar St.
F. E. Steven, 1080 Richmond St.
Mrs. T. Wolfe, 759-Dundas St.
W. J. Brown, 191 Wortley Rd.
Janes & Tripp, corner Craig St. and Wortley Rd.
J. H. Humphrey, 108 Adelaide St.
J. J. Bere, corner Oxford and Waterloo Sts.
James Jupp, Tambling's Corners
Joe Marr, corner Grey and Wellington Sts.
Miss M. Hedley, 12 Wharncliffe,
W. T. Marsh, 760 Dundas St.
H. S. Hensel, 409 Ridout St.
W. J. Mustard, corner Waterloo and Oxford Sts.
Alex. Hassan & Co., 56 Dundas St.
H. S. Hensel, 409 Ridout St.
W. J. Mustard, corner Waterloo and Oxford Sts.
Alex. Hassan & Co., 56 Dundas St.
H. S. Hensel, 409 Ridout St.
W. J. J. Schure, 218 Horton St.
W. J. Mustard, corner Waterloo and Oxford Sts.
Alex. Hassan & Go. 56 Dundas St.
H. S. Hensel, 409 Ridout St.
W. J. Janes, 46 Blackfriars,
Boug Book, 51 Quebec St.
W. H. Reeve, 404 Pall Mall St.
D. D. York, 414 Piccadilly

E. Wilson, 131 Waterloo St.
J. D. Morrice, 1086 Trafalgar St.
F. Westhead, 601 Hamilton Rd.
W. Newman, 42 Hamilton Rd.
O. W. Cambridge, 150 Rectory St.
J. A. Tucker, 502 Egerton St.
Kidner & Co., 604 York St.
Harry Coates, 105 Stanley St.
Legg & Gartshore, corner Richmon
A. E. North, 212 Richmond St.
A. R. Thrower, Wellington St.
J. Calder, 400 Horton St.
S. J. Walter, 215 William St.
E. W. Harrison, corner Simcoe an

J. Walter, 215 William St.
W. Harrison, corner Simcoe and William Sts.
H. Wilson, 144 Hamilton Rd.
B. Drake, Store No. 1, Hamilton Rd.
B. Drake, No. 2 Store, Adelaide and Grey Sts.
undas & Williams, 872 Dundas St.
Bardwill, 706 Dundas St.
E. Bodkin, 516 Adelaide St.
C. Rivers, 536 Adelaide St. Mr. G. Rivers, 536 Adelaide St.

Wm. Knapp, 885 Adelaide St.

A. & O. Ollison, 202 Egerton St.

M. Gilligan, 134 Chesley Ave.

Allen Barr, 540 Dundas St.

B. J. Adams, 1007 Richmond St.

F. Harley & Son, 487 Richmond St.

Mr. George Armstrong, 495 Richmond St.

7HAT makes butter turn rancid, condensed milk develop V mold, coffee lose its fine aroma and flavor?

The action of the germ-life in the air causes these changes.

The marvelous Thermokept process prevents all change in food products by taking the air away from them.

It is revolutionizing food-packing methods; because it keeps food always fresh—defying both Father Time and climatic conditions.

Thermokept Coffee—the first of the Thermokept Products to be offered the people of - is a new drink!

It comes to you just as it comes from the roaster. You never smelled or tasted coffee like it! You could not-for that delicious coffee aroma, is the flavor losing itself into the air.

No paper bag or loose-cover tin will do-after you try coffee packed Thermokept. You'll never be content with any other.

THERMOKEPT COFFEE IS ALWAYS FRESH

Look for this Trade Mark and guarantee on every container.

THERMOKEPT COFFEE

is sealed under vacuum and is guaranteed to indefinitely retain all flavor and strength while in the original sealed container. It is a selection from the world's finest coffee, blended and roasted so as to produce a drink combining strength with fine flavor. It is steel cut by the most modern methods whereby the chaff and other objectionable parts are removed

WHOLESALE DEALERS. The following London wholesale houses stock Thermokept Coffee:
A. M. Smith & Co. Elliott, Marr & Co. A. M. Smith & Co. Elliott, Marr & Co. Edward Adams & Co. M. Masuret & Co. T. B. Escott & Co. ST. THOMAS, ONT.—The Harding Company.

The F. F. DALLEY CORPORATIONS, LIMITED HAMILTON & CANADA

Elarsed time:

BELFAST RIOTS CONTINUING, BUT LESS FREQUENT

BELFAST, July 23.—Although comparative quiet has prevailed in Belfast today looting was resumed on Newtonard road shortly after 8 o'clock this evening, and riotous scenes were witnessed in the vicinity of Dee street, where a large spirits and grocery store were ransocked. The polygonial street. were ransacked. The police made five

were ransacked. The police made five arrests.

The St. Matthew's Catholic Church in Ballymacaret, a suburb, was occupied by the military. At the request of the vicar of Ballymacaret 200 former service men presented themselves tonight as special police. Altogether it is estimated that fourteen persons have been killed since the rioting began.

Order was restored in the disturbed area early this morning, but there was renewed shooting in the Kashmir street area later. It was in this district and in Croman street and the Newtonards road that the heaviest casualties occurred.

DEMANDS PROTECTION.
BELFAST, July 23.—The Most Rev.
Joseph Macrory, bishop of the diocese
of Down and Connor, today sent a telebusiness, but not at its old pace. Shamrock picked it up first and overhauled Resolute. It looked at one time as if she would go by, but Resolute's sails began to fill and after that there was never a question as to the result.

In the last half mile Resolute tacked to leeward under the ballooner, while Shamrock crossed the finish line with spinnaker to starboard.

The yachts will sail their final race tomorrow over a windward and leeward course, which is said to favor the defender.

Summary:
Yacht.

Start.

Start.

Finished.

Resolute

1:01:33

Shamrock IV.

Sire Edward Connor, today sent a telegram to the chief secretary for Ireland, saying: "The condition in Belfast is appalling this morning; our Catholic people are being brutally driven from their homes. Unless the men expelled from Queen's Island be reinstated and adequately protected there is no hope of peace, and the ruffians who expelled them will only be encouraged to adopt similar tactics in the future."

Sir Edward Carson, the Unionist leader, today telegraphed Belfast Unionists as follows:
"I earnestly hope that all unionists in Belfast will assist the authorities in .putting down the disturbance and restoring arden.

DEPUTY-REEVE OF FATAL ACCIDENT. OSPREY TOWNSHIP INQUEST, VERDICT **COMMITTED FOR TRIAL LESS THAN 5 HOURS**

ing Money On False Pretences Heard.

Catholic Bishop Demands Protection in Telegram To
Chief Secretary.

Mob Attacks Church.

Belfast, July 23.—Late tonight amob attacked St. Matthew's Catholic Church. It ignored warning to disperse, and the troops fired repeatedly in volleys. There were several casualties. The rioting continues.

OWEN SOUND, July 23.—Hugh McLean of Osprey, deputy reeve of that township, faced his preliminary hearing today in Meaford before Magistrate Creasor of Owen Sound, on the charge of burning his dwelling house. He was committed for trial at the coming assizes on a charge of arson. For obtaining \$325 from the Dominion Fire Insurance Company, insurance on the chattels in the house, he was committed for trial on charge of obtaining money under false pretenses.

This afternoon a similar charge was heard based on the fact that his automobile was burned between Flesherton and Eugenia. The house was burned in October, 1916, and the auto in November, 1917. Crown Attorney Dyer prosecuted.

DWEN SOUND, July 23.—Hugh McLean of Osprey, deputy reeve of that township, faced his preliminary hearing today in Meaford before Magistrate Creasor of Owen Sound, on the charge of burning his dwelling house. He was committed for trial at the coming assizes on a charge of arson. For obtaining \$325 from the Dominion Fire Insurance Company, insurance on the chattels in the house, he was committed for trial on charge of obtaining money under false pretenses.

This afternoon a similar charge was heard based on the fact that his automobile was burned in October, 1916, and the auto in November, 1917. Crown Attorney Dyer prosecuted.

BELFAST, July 23.—Although com-OWEN SOUND, July 23 .- Hugh Mc-

Charges of Arson and Obtain- Aged Man Killed Instantly by C. P. R. Freight Near

Ingersoll.

Addition 4,000,000 PEOPLE Annually use these tablets of organic iron-Nuxated Iron-to build upredblood, strength and endurance. upred blood, strength and endurance.

Dr.H.. B. Vail, formerly Physician in the Baltimore Hospital and a Medical Examiner says:

"There are thousands whose bodies are ageing and breaking down at a time when they should be enjoying that perfect health which carries defiance to discase simply because they are not awake to the condition of their blood. By allowing it to remain thin, pale and watery, they are not giving the natural life forces of the body a chance to do their work. Iron is red blood food and in my experience I have found no better means for building the red blood corpuscles and helping to give increased power to the blood than organic iron—Nuxated Iron." Nuxated Iron comes in tablet form only and does not contain any ordinary metallic iron but only the finest quality of predigested organic fron which is easily assimilated by the blood. MAKE RICH, RED **BLOOD**





applied, but the train could not be LICENSE NECESSARY stopped in time to avert the fatality. ceived were sufficient to cause death, the worst being to his skull. The remains were removed to the McIntyre undertaking rooms on instructions from Coroner Dr. Cornish, and an integral of the management of the The unfortunate man was carried

Among those who gave evidence were Engineer Conway and Conductor McBride of the train crew. They told of seeing Robinson on the track as they rounded the curve, and while the usual warning was given they could not prevent the fatality. The coroner's jury with Charles George as foreman, returned a verdict exonerating the train crew from blame. Robinson had resided here for about 40 years and was formerly in the employ of the Ingersoil Packing Company. He is survived by two sons and two denotions.

FOR EXPORT OF GOLD