NEWS OF SPECIAL INTEREST TO WOMEN

NEW SERUM TO KILL OUT DIPHTHERIA

German Doctor Hopes to Reduce Number of Cases by His Latest Discovery.

In a special article in one of the Vienna papers Prof. Behring, the discoverer of the diphtheria specific, describes what he hopes to accomplish with his latest serum. "T.A." He expects to greatly reduce the number of cases of diphtheria, now about 100,000 annually in Germany alone and estimated at about 3,000,000 a year altogether.

In twenty years, he says, with this preventive system enforced, there will be only sporadic cases of genuine diphtheria.

The Only Line Reaching All Summer Resorts in Highlands of Ontario.

The Grand Trunk Railway offers unexcelled train service to the various summer resorts, leaving Toronto as follows:

For Muskoka Lakes, leave 2.05 a.m. daily and 12.01 noon daily except Sunday.

For Lake of Bays, leave 2.05 a.m., 10.15 a.m. and 12.01 noon daily except Sunday.

For Algonquin Park, leave 2.05 a.m. and 12.01 noon daily except Sunday.

For Georgian Bay, leave 10.15 a.m. daily except Sunday.

For Kawartha Lakes, leave 9 a.m. and 1.50 p.m. daily except Sunday.

For Timigami Lake, leave 2.05 a.m. and 8.30 p.m. daily.

Direct connections are made with steamers for points on the above lakes.

Write for free copy of the "Playgrounds of Canada" folder to C. E. Horning, district passenger agent, Toronto, Ont., giving full information.

GOOPS

By GELETT BURGESS

Goliah Gray

Goliah Gray
keeps on his hat
When he is in the house—
and that,
You know, is rude
and impolite
For boys—for *girls*
it is all right.
Goliah is a Goop,
however,
Can he be gentlemanly?
Never!

Don't Be A Goop!

Constipation

If the little baby should become very constipated, omit the lime water from his food and use bicarbonate of soda in its place, using about a quarter of a teaspoonful to the day's supply of food. This gives the tiniest pinch to each bottle in case you have to prepare each meal separately during the warm weather. Sometimes it is advisable to substitute malt sugar for the milk sugar or cane sugar used in the food. You will understand how wrong it is to give medicine day after day without remedying the cause of the trouble. For the very thing that is wrong with the diet to cause constipation is pretty sure to affect the child's nutrition and growth.

For temporary relief, however, until the food can be properly regulated, milk of magnesia may be used. One or two teaspoonfuls may be added to the food formula when the meals are prepared for the day. After the baby is six months old the daily use of orange juice should prove useful. Sickly babies are constipated because of general weakness and lack of muscular tone.

With older children constipation is largely a matter of habit and proper mastication of food. If children are taught regularity in their habits they are not likely to be troubled this way. Children who do not eat enough vegetables, brown bread and cereals are generally constipated. They should eat plenty of the right kind of fruit. Fruits, except bananas, are valuable additions to the diet; and this is about the only article of food that can be eaten between meals.

Massage of the abdomen is always helpful if the diet is being looked after, too. It consists in very gently stroking the abdomen with the tips of the fingers, first upward on the right side, then across and down the left. The movements should be repeated for about ten minutes night and morning. The fingers must stroke firmly enough to be effective without causing pain to the child.

PROVINCIAL NORMAL SCHOOLS EXAMINATION RESULTS

The final examinations of the Normal schools at Hamilton, London, North Bay, Ottawa, Peterboro, Stratford, and Toronto, were held on June 11th to 18th. The names of the successful students with the certificates obtained appear below:

Permanent Second-Class Certificates.

Zetta L. Caskey, Georgina M. Elder, Eva L. Fusee, Maud E. Gallinger, Mrs. Wm. Graves, Sarah A. Hunter, Mayme J. Keys, Estella M. McLachlin, Millie McCorkill, Gertrude Mastin, Samuel J. G. Nichols, Anna O'Reilly (Sr. St. Thomas Aquinas), Marguerite Perdue, Mrs. Mary Rutherford, Mrs. Pearl L. Schmidt, Norman R. Stansell, Edith G. White, Alice M. Whiteman.

Interim Second Class Certificates.

Helen M. Acheson, John F. Adamson, Beatrice Allan, Harry W. Andrews, Annie M. Anderson, Hazel I. Anguish, Letitia M. Askin, Hazel M. Atmore, Sylvia G. Arnold, Edith A. Aiken, Jessie M. Aikenhead, Helen I. Allison, Alex. W. Aiken, Irene L. Allen, Ethel M. Armstrong, Neva B. Allin, Evelyn B. Asling, Agnes M. Anderson, Mary G. Anderson, Helen D. Armstrong, Hazel Atkinson, Jean L. Armour, Olla B. Armstrong, Gertrude H. Armstrong, Katherine S. Anderson, Luella M. Agar, Edna Angiers, Elsie Austin, Laura Armstrong.

Tessie Baessler, Helen G. Baldwin, Mary A. Bate, Olive O. Beauchamp, Alvin R. Benner, Bessie Binnie, Vera H. Blandford, Susan K. Boyle, Louise J. Bravin, Harold Bricker, Addie M. Buck, Annie M. Briggs, John D. Battin, Evelyn Bankes, Naomi Blanch, Eva M. Bloomfield, Hilda A. Bott, May K. Breen, Eva D. Brown, Francis L. Brown, Leila Burgess, Marcella C. Bailey, Marie L. Beauchamp, Hattie Bondy, Rhoda J. Beckett, Libby M. Bondy, Kathleen M. Bulger, Clara I. Burke, Marjorie E. Burt, Mary E. Barnes, Mamie E. Barton, Annie S. Baxter, Velma J. Beaman, Vera Bell, Mary Beseau, Elizabeth Byce, Mary E. Brown, Clara I. Brown, Gertrude G. Brownrigg, Lenna Bryan, Clara O. Ball, Gladys L. Bunner, Ketha Black, Beatrice A. Borland, Elva S. Bradley, M. Vida Brinkman, Ruth A. Bristol, Jennie B. Brown, Margaret A. Burgess, Peter P. Butler, Mabelle W. Ballagh, Mary E. Barnett, Gladys Baxendale, Phoebe A. Blackwell, Clara E. Blair, Florence H. Blowes, Effie M. Bower, Hilda Bowman, Clara Bricker, Annie Broadfoot, Homer Brubacher, Laura Bierworth, Catherine J. Brock, Annie I. Banks, Anna M. Benniger, Marion Bissell, Lena M. Blackhall, Edna B. Bogart, Frances G. Bricknell, Lyla Brooke, Sarah A. Brown, Thelma N. Bruce, Nettie Bryant, Edna Burkholder, Roma A. Burnham, Floretta L. R. Busswell.

Harriet E. Carr, Willa Carrick, Clementina Comfort, Emma L. Couch, Edson A. Cable, Mildred A. Church, Elizabeth J. Clark, Bella M. Campbell, Ruth M. Campbell, Effie Cameron, Mary M. Cameron, Florence Carroll, Ethel M. Curruthers, Ethel C. Case, Annie E. Clark, Maud M. Collins, Reta Collins, Lillian A. Cooper, Myrtle A. Corbin, Blanche Coulthard, Edwin R. Crawford, Hazel Crone, Mary Crosbie, James B. Carr, Eva M. Christie, George T. Cornell, Myrtle A. Coulthard, Una M. Cameron, Mabel I. Cass, Elmo E. Champagne, Orne V. Carruthers, Pauline Charlebois, Lenore W. Chapman, Juanita A. Christie, Kathleen M. Cleary, Gertrude L. Cliffe, Katie M. Cornett, Annie Cosgrove, Ella M. Cowell, Eva R. Currie, Florence A. Campbell, Marion J. Campbell, Annie Coopprie, Hazel S. Campbell, Florence H. Capling, Christina Carr, Florence J. Clark, Jeanette Clarke, Mamie Clarke, Grace A. Chalmers, Florence A. Chapman, Ethyl G. Cole, Sarah E. Collinson, Mary A. Coughlin, Christina P. Cowan, Bridget H. Cummins, Nellie Craig, Viola O. Currie, Ella Chesney, Pearl Clarke, Ida M. Campbell, Hattie G. Campbell, Katie W. Campbell, John Capel, Olive I. Carver, Mabel E. Cassie, Susie W. Cornell, Wallace M. Coutts, Mary L. Craig, Bessie Crozier, Rita A. Culbertson, Lulu M. Curtis, Millicent J. Curtis, Lizzie M. Connors.

Anastasia Doherty, Florence W. Dohn, Clara E. Donovan, Margaret Durward, Hazel M. Dolbear, Felicitas A. Duggan, Cyrus F. Day, Mary J. Dalton, Nora Daniels, Jean Dewar, Agnes B. Dillon, Winnifred K. Donoho, Huella Douglass, Hazel A. Douglas, Josephine G. Doyle, Anna Dunlop, Annie J. Dunston, Frank V. Deamude, Elizabeth K. Dolmage, Annie M. Dunlop, Catherine A. Dwyer, Nora K. De Rochie, Verna W. Devlin, Florence M. Dillon, Margaret A. Driscoll, Beatrice M. Dunlop, Isabel C. Dunlop, Mildred N. Dunlop, Lenora Dunn, Marguerite E. Durocher, Clara M. Doughty, Theresa M. Duff, Clara K. Davidson, Christina F. Dickson, Florence M. Diehl, Mabel A. Dowling, Mary O. Dunnington, Emma J. Davison, Marguerite Dearle, Agnes Delany, Elsie C. Dodds, Grace A. Duncan, Teresa Davey.

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Ruth S. Cale, Carrie Carleton, Bessie M. Cook, Ottie B. Campbell, Marion I. Close, Edna Clapp, Zella M. Casselman, Wm. H. Cockrill, Nora D. Cook, Henrietta Cassidy, Winnifred Clysdale, Alma V. Curtis, Hazel M. Caverley, Kathleen C. Cassidy, Mary A. Coleman, Isabel Crawford.

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Kathleen V Eggert, Gertrude L. Elliott, Vera M. Eidt, Ida M. Elgie, Gladys P. Everts, Bessie Evans.

Mae Falkins, Margaret A. Franklin, Robert I. Ferguson.

Stella K. Gahagan, Nettie M. Gove, Gertrude M. Garry, Verni M. Galvin, Everett K. Godfrey, Mary A. Gollan.

Carrie M. Hartleib, May M. Hastings, Elsie E. Hodd, Edythe L. Hornick, Mabel Hynd, Mildred Hickey, Robert H. Hoover, Jessie D. Hamilton, Anastasia Hayes, Wm. L. Hunter, Simon F. Hunter, Mae L. Jamieson, Jennie F. Johnston, Nellie Johnston, Margaret M. Johnston, Velma P. Laidman, Muriel B. Lounsbury, Gertrude C. Lane, Rheta E. Lee, Helen Long, Mary E. Long.

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John Northgraves.

Mary C. O'Boyle, Rose M. O'Connor.

Myrtle A. Petheram, Amy E. Putnam, Bessie H. Paull, Alma G. W. Poast, Fred D. Peake, Elmer J. W. Parson.

Mary Quinn.

Martha L. Richards, Miriam L. Richardson, Eva Robinson, Birdie M. O. Russell, Stella P. Robinson.

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Florence Urquhart.

Mary T. Vanderburgh.

Annie J. Walsh, Grace I. Walker, Norman Wardell, Lillian G. Westcott, Harvey S. Wight, Florence A. Williamson, Hugh C. Wilson, Kathleen Wilton.

THE NEW HOUSEKEEPING

BY MRS CHRISTINE FREDERICK

Choosing China From "Open Stock"

The Advantages of the Small Set, From Easily Replaced Patterns.

I RECALL buying my very first "set" of dishes. I had made up my mind that I wanted a green and gold set, but I hunted and hunted in vain for just the right pattern. Finally after searches in many stores I found exactly the green with the touch of gold that I had in my mind's eye all the time. But when I priced it I found that it consisted of about 125 pieces and cost nearly $90.

I was keenly disappointed to think that after all my searching I had found my ideal dishes only to find also that they were beyond the reach of my pocketbook. Just as I was turning mournfully away the clerk said: "This is an open stock pattern and of course you can buy only those pieces you want."

That was my first knowledge of "open stock" pattern and since then I have become more and more convinced of the advantages of this scheme as opposed to the large and inseparable "complete sets."

First, the "complete" set is seldom a possible possession to many of us who live in small quarters and to those of us who live in a home of average suburban size and must consider the space. Every extra dish takes room, hooks, shelves and shelving.

Next, in the small family, and particularly the family of the young married woman, the "complete" set has more dishes and more kinds of dishes than she would use ordinarily. For instance, there are from three to five platters, three vegetable dishes and a complete dozen of each size plate, etc. Now there are really only two or three occasions in the whole year when the "turkey" platter would be used. Separate vegetable dishes with handles which offer a good chance to become broken every time they are washed are passing. And even with elaborate service it is preferable to use different kinds of patterns for each course than to use the same design for both service plate, salad, dessert and finger bowl.

Next, and most important, the "complete" set is the height of extravagance because the replacement is so difficult. If the vegetable dish of a "set" is broken it may take some weeks or even months to send to the factory in this country, or to France or England to replace the broken dish. On the other hand, with "open stock" one could secure a duplicate within a couple of days, unless special conditions prevailed—and that at a much lower price. Sometimes a set cannot be duplicated, which is a serious situation indeed.

And one last point, the "set" precludes individual or decorative effects. That is, there are so many odd pitchers, odd chop plates, or odd casseroles which are decorative and very artistic, and which combine well. Such a one was a Seji bowl and pitcher, and a "porringer" from a specialty shop seen recently.

Now in the household of one who is using a "set" these additions and table charms are impossible, because they are too different from the regular "set." Similarly, too, the "set" necessitates certain silver and glass styles which we may not care to use. For this reason, then, the "set" offers disadvantages because of its unvarying appearance and its lack of possibilities when combined with interesting but different table novelties.

Surprisingly fewer dishes are needed than one would suppose, or than we have been accustomed to use by mere tradition. Instead of twelve of everything, eight has been found a more convenient number for the family of four. Instead of similar platters differing only in size, a chop-plate and one large platter, perhaps of silver, are sufficient. By careful planning just enough dishes may be chosen to overlap at both tea and breakfast, leaving out any large pieces which are unattractive. On considering it carefully, the "set" always has egg dishes, cereal dishes or some one or more dishes which are unattractive and which we wish to replace with other dishes. If we already have decorative special salad and dessert plates and additional coffee and tea cups, glass salad bowls or a silver cream-and-sugar set, the whole "complete" set is certainly a white elephant in the pantry.

The "open stock" has all the advantages and none of the disadvantages of the "complete set." Housekeepers who are thinking of restocking their china shelves, or the young bride, would do well to consider the "open stock" as the most efficient method of buying chinaware.

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What to Use and Avoid on Faces That Perspire

Skin, to be healthy, must breathe. It also must perspire—must expel, through the pores, its share of the body's waste material. Creams and powders clog the pores, interfering both with elimination and breathing, especially during the heated period. If more women understood this, there would be fewer self-ruined complexions. If they would use ordinary mercolized wax instead of cosmetics, they would have natural, healthy complexions. This remarkable substance actually absorbs a bad skin, also unclogging the pores. Result: The fresher, younger under-skin is permitted to breathe and to show itself. An exquisite new complexion gradually peeps out, one free from any appearance of artificiality. Get an ounce of mercolized wax at your druggist's and try it. Apply nightly like cold cream, for a week or so, washing it off mornings.

To eradicate wrinkles, here's a marvelously effective treatment which also acts naturally and harmlessly: Dissolve one ounce powdered saxolite in ½ pint witch hazel and use as a wash lotion.

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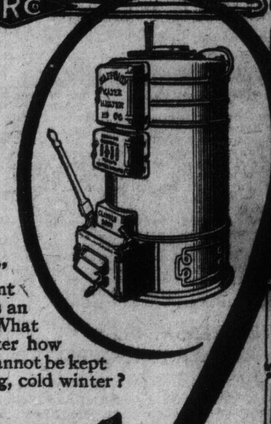
BABIES' DAILY CRUISE PROVES BENEFICIAL

The reports from the public health department in connection with the outing trips being enjoyed by the sickly babies are most encouraging and each day as the Island Queen enters the dock laden with her precious cargoes, new proof of the good work that is being accomplished greets the authorities who have the babies' welfare so much at heart. Dr. Hastings has stated to the press that in many instances the good results of the outings began to show as early as the return of the first trip, and the medical officer of health feels that this means of affording unhealthy children fresh air and pure milk will be more than an ordinary success.

An average of 150 babies enjoy the trips on outing days, and it is expected that with the return of the hot weather the numbers will again be increased. It is expected that the schedule will include four trips a week.

DRC

Ask to see the basement first



If you are about to look through a house that is "For Sale" or "To Let" ask to see the basement first. Be sure it contains an efficient heating system. What good is a house, no matter how artistically planned, if it cannot be kept comfortable during the long, cold winter?

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