moving farther apart; that we can grow closer together without growing more alike; that peaceful competition can produce winners without producing losers; that success for some need not mean setbacks for the rest; that a rising tide will lift all of our boats; that to go forward at all is to go forward together; that the enemy of peace is not independence but isolation; that the way to peace is an open world.

And let us remember too, these truths that we have found together, that variety can mean vitality; that diversity can be a force for progress; and that our ultimate destiny is indivisible.

When I spoke at the St. Lawrence seaway ceremonies in 1969, I borrowed some words from the monument there which I had joined Queen Elizabeth in dedicating just ten years before. That monument, as its inscription puts it:

"bears witness to the common purpose of two nations whose frontiers are the frontiers of friendship, whose ways are the ways of freedom, whose works are the works of peace."

The truth to which the inscription testifies is of profound importance to people everywhere in this world.

For the ability of our two nations, Canada and the United States, to preserve the frontiers of friendship, to walk in the ways of freedom, and to pursue the works of peace provides example and encouragement to all who seek these same objectives, wherever they may live.

There is nothing more exciting than a time of new beginnings. A member of this body caught that spirit when he spoke in Parliament about the beginnings of Canadian nationhood 100 years ago. Listen to him:

"Blood pulsed in our veins, new hopes fired our hearts, new horizons lifted and widened, new visions came to us in the night watches."

May that same sense of excitement inspire our two nations as we help lead the world to new beginnings today.