

Baylis, 1 dozen cans mixed vegetables; Miss McFarlane, 1 cake, candy; Mrs. Wiley, 2 boxes candy, 1 lb. tea; Chas. Alexander, 1 box tea; Miss Thornton, 1 pkg. cornstarch; Mrs. Thomas, 3 lbs. bacon, 1 cake; Mrs. Booth, 1 parcel rice; Mrs. Kansom, 1 parcel linseed, 1 parcel barley; Mrs. Ferguson, 1 parcel; Mrs. Kay, 1 parcel; Mrs. Beasley, 1 pkg. biscuits; 1 pkg. chocolate; Miss Beasley, 1 pkg. cocoa, 1 pkg. wine rennet, 1 pkg. peaches; Mrs. Benallack, cakes; Mrs. Innes, 2 cakes; Mrs. Rodden, oranges; Mrs. Gwilt, candy; Mrs. Fred Howard, 1 pkg. tea; Mrs. Freese, 1 pkg. tea; Mrs. Rutherford, 2 jars preserves, 1 bottle of raspberry vinegar; Miss Gill, 2 pkgs. cocoa, 1 jar marmalade, 1 jar honey, 1 pkg. sugar, 1 box wafers; Miss Barr, candy; Mrs. O'Connor, eggs and cocoa; Miss Robertson, cornstarch; Mrs. Francis, 1 lb. coffee; Mrs. Wardley; 1 pkg. prunes; Mrs. John Thornton, 1 pkg. loaf sugar, 3 pkgs. sugar, 1 bag flour; Mrs. Arthy, 1 parcel; Mrs. Walker, 2 boxes breakfast food, 1 pkg. tea; Mrs. G. P. Allan, 1 box biscuits; Mrs. Deacon, 1 parcel; Mrs. Barr, eggs and wheatshred; Mrs. Coates, candy; Mrs. Tower, 7 lbs. sugar; Mrs. Cains, 1 pkg. coffee; R. D. Hall, 1 pkg. tea; A Friend, 1 pkg. cocoa; A Friend, biscuits; Mrs. Chapman, 1 pkg. sugar; Mrs. McKergow, 1 pkg. rice; Miss Winnie Murphy, 1 pkg. biscuits; Miss Murphy, chocolate; Miss Moodie, 8 bottles grape juice, 4 jars fruit; Mrs. M. H. Gault, 28 lbs. sugar, jelly, buckwheat flour; Mrs. F. S. Foster, 14 lbs. sugar; Mrs. and Miss Ames, oranges and soap. Mr. J. E. Hayden, 5 lbs. of butter; no name, 2 packages breakfast food; Mrs. G. Caverhill, 1 box Marie biscuits, 1 box Graham wafers.

The estimated value of the donations in kind aggregate in the neighbourhood of \$100, and the sum total would thus be:—

Donations in cash.....	\$ 36 75
Proceeds candy table.....	12 81
“ cake table	9 70
	\$59 26
Donations in kind estimated.....	100 00
	\$159 26

FLOWERS IN THE SICK-ROOM.

A London hospital physician has sent a circular to all the London hospitals protesting against permitting cut flowers to be kept in hospital wards or in sick-rooms. A pot of growing plants he believes to be free from germ-collecting possibilities. A small bunch of violets,

or a few pinks, which the patient can handle, would be permissible, but not large bunches of flowers kept in water. These he would bar from all sick-rooms.

A NEW WOMAN EPITAPH.

Here lies a poor woman
Who always was busy,
She lived under pressure
That rendered her dizzy.
She belonged to ten clubs
And read Browning by sight,
Shone at luncheons and teas
And would vote if she might.
She served on a school-board
With courage and zeal;
She golfed and kodaked
And rode on a wheel;
She read Tolstoi and Ibsen,
Knew microbes by name,
Approved of Delsarte;
Was a " Daughter " and " Dame."
Her children went in
For the top education;
Her husband went sea-ward
For nervous prostration.
One day on her tablets
She found an hour free,
The shock was too great,
She died instantly!"

TWO IMPORTANT POINTS.

We earnestly desire it to be understood that the Montreal Homœopathic Hospital is not an endowed institution, but is supported entirely by voluntary contribution, and that it is always suffering for funds to maintain its highest purpose.

Also, that it is both a medical and surgical hospital. While there is constantly wonderful success in the line of surgery, the practice of medicine is honored with as much attention and meets with equal success.

AN EASY WAY TO KEEP WARM.

A physician calls attention to this fact—that deep and forced respirations through the nose, being careful to hold the air as long as possible before expelling it, will keep the entire body in a glow in the coldest weather. He was himself half-frozen one night, and began taking deep draughts and keeping the air in his lungs as long as possible. The result was that he was thoroughly comfortable in a few minutes. The deep respirations, he says, stimulate the blood-currents by direct muscular exertion, and cause the entire system to become pervaded with the rapidly-generated heat.—*Family Doctor.*