simply an outward thing, this following Christ. It involves self-denial. the struggle Jesus himself passed through before his human nature gave up completely. Three times did he retire alone into the recesses of the mountain and praved, saying: "O, my Father, if it be possible, 'et this cu, pass from me." But in this the crisis the Spirit prevailed over the flesh, the Christ over the man, as witnessed in the "nevertheless not as I will, but as thou wilt." He would rather sacrifice life than sacrifice one principle he had set forth. There in the garden of Gethsemane he had completed his work, in the overcoming of self-the overcoming whereunto he calls us in his message to John. says: "I have glorified thee on the earth: I have finished the work which thou gavest me to do" He had set before men a fficient high and full example that it followed spiritually would save every soul. There is no mystery in it, but to me it must be spiritually felt. I am not there, it must be here, in very contact with my soul whatsoever shall purge it and make it clean. Paul says: "Prove your own selves, know ye not your own selves, how that Jesus Christ is in you." It is not the human that is meant, but the spirit, and in the name of this spiritual Christ I commend you also with myself.

HOME AND ITS INFLUENCE.

"To Adam Paradise was a home; to the good among his descendants home is a paradise.' A perfect home on earth is the antetype of a heavenly home in the hereafter. To found such a home here is worthy the best efforts of every young man and woman. Not only that, but 't is the duty of the great masses to do so. That myriads fail is a lamentable fact. Why so many fail is worthy our deepest thought. Two "ssentials in a perfect home are the fit ness for each other of husband and

wife, and a disposition on the part of each to make the best of their circumstances. It is not essential to happiness that riches abound, for loving hearts are more than riches. often a lack of riches is made an excuse for keeping loving hearts apart. Young people often think they must start in life with all the comforts, and very much more of its style, than their prirents are enjoying after years of toil and hardship and deprivation. Joseph Cook says: "They cannot afford to drive a coach and four, they could drive a coach and two, but they wish to drive a coach and six, ' and because they cannot they ignore life's duties and responsibilities, forgetting that life would be much sweeter to them if they, with manly and womanly hearts, were but willing to begin a little lower, and within their circumstances, and by their own energy and by improving the talents placed in their care for improvement would hew out homes for themselves. The duties and responsibilities which such a life involves is the very best school in which to round out and develop their every faculty, which alone can make home perfect and the parents proper trustees of all that the word parent implies.

This lack of a willingness on the part of young people to enter upon the responsibilities of life is too often induced by a false and unprofitable home influence - a disposition of the part of parents to allow their children to shirk the many little duties and the many and varied ways by which the little hands may be of help to relieve the tired ones. Such help, I believe, may be always made a pleasure to the child, while at the same time it is developing a healthy, strengthening, enduring disposition in the growing child that will make it a blessing to the parents and a useful member in society in its mature vears. S. P. Z.

O what a tangled web we weave, When first we practice to deceive.