

Church **BELLS** Memorial  
Chime a Specialty  
Peal McSHANE BELL FOUNDRY CO., BALTIMORE, Md., U.S.A.

**STAMMERERS**

The ARNOTT METHOD is the only logical method for the cure of Stammering. It treats the CAUSE, not merely the HABIT, and insures natural speech. Pamphlet, particulars and references sent on request.

THE ARNOTT INSTITUTE  
BERLIN, ONT., CAN.

love, with effort—all misapplied—is a day of barren victories.

'How have I ruled my home this week—with what profit, with what loss?'—is the intimate question which every wise home-maker repeatedly asks herself, not as a proposition to worry over, but a simple business statement.

The query should reach out far beyond the dollars and cents area. Every moment robbed from activity, spent in educative musing on the deeper side of her work, must pay doubly in a higher final product—a finer wine of life from her vintage. In the final summing, the home-maker's sovereign questions must be these: 'Could I to-day have been engaged to better advantage? Have I spent an hour bottling new wine in old bottles, when folded hands and ten minutes' reflection would have taught me a wiser activity? How has my time, that valuable asset to me and to others, been to-day applied? I have been constantly occupied, but has being occupied satisfied me?' —'Good Housekeeping.'

**Ignorance of Self.**

Horace Mann said of himself: 'I was taught all about the motions of the planets as carefully as if they would have been in danger of getting off the track if I had not known how to contract their orbits, but about my own organization I was left in profound ignorance.'

The ignorance of a tremendously large proportion of men, even those of superior general intelligence, which affords no well-rounded conception of a subject so vital to life's deepest welfare as the import, obligations and responsibilities of his virile nature, is a fact of which every conscientious parent becomes sadly cognizant. It is an ignorance, if blameless, so dense as to be supremely ridiculous, were it not so deeply pathetic in view of its far-reaching and most sorrowful consequences.

**Her Unanswered Prayers.**

At twenty-five Martha Bates found herself, after many heart-sickening delays, the teacher in charge of the little Pine Islands School.

It was not such a position as she had dreamed of in her earlier, more girlish days. Then it was with a college professorship, or, later, with a medical diploma that her dreams had had to do. Because, however, of delicate health these dreams had been only dreams, and advanced scholarship a thing to be thought of with useless regret. She really was thankful for the little school. It meant bread and butter to her; but more than that, it would give her a chance to try to help other girls and boys to acquire what she had failed to have.

She was stronger now than she had been, yet she realized that her strength must be

husbanded and improved upon. Accordingly, she began a course of study by mail with a noted instructor of physical culture, passing the instruction along to her own pupils. Much of her time must be spent in outdoor life, and she induced many of the boys and girls to follow her example in taking long walks, during which she led them in observing plant and bird life, and awakened in some a strong desire to study.

The young people of the village welcomed her advent, for new faces were not of everyday occurrence, and the strangers who sometimes came were not often as companionable as the tall, slender teacher. Gradually the young fellows of the little town also began to accept the hospitality which Miss Bates's boarding-mistress was glad to extend to the young people. The gatherings were simple in character, but there was good-fellowship and fun and music, with now and then modest refreshments, and the young men enjoyed the companionship which their parents had been slow to provide.

And then one day, after three years of faithful work with her boys and girls, there came into her life, as comes into the lives of most women, a new interest. A 'supply' at the village church, seeing her, had been attracted, and had come again and again to the town, that he might see and know more of the bright-faced teacher. It was the old, old story which is unfailingly new.

She told him that she was not fitted for the position of a pastor's wife in the city church to which he had recently been called. But the young clergyman felt no hesitation in transplanting his 'flower of the world,' and, half-reluctantly, she prepared to leave her school, with all that the life there meant to her.

On the evening preceding her departure her friends prepared an impromptu reception for her. There was no pretense of formality, for no one had thought of coming save as an individual to tell her what she had done for Pine Islands.

'My girls would have left home long ago,' one mother said, grasping the teacher's softer hands in hers. 'They were so discontented with life.'

'My boy is keen to go away,' smiled the physician of the town. 'I never thought he'd care for study, but Miss Bates has inspired him with a thirst after knowledge. We've much to be grateful to you for.'

A little apart from the rest sat a woman whose sad face was a contrast to the others. To her Miss Bates hastened.

'I don't know what'll become of my boys,' she said, her voice breaking. 'They were all heading straight toward the drink that killed their father until you—'

As if in answer to the cry of their mother, the four boys, young fellows from seventeen to twenty-two, entered the room, walking

rapidly to the corner where the two women sat.

The oldest boy spoke:

'We didn't mean to make this a scene, Miss Bates, mother, but—we wanted to show how much we appreciate what you've done for us, Miss Bates—and so—we decided to let you carry our temperance pledge with you. We make the promise to you and mother.'

When the teacher knelt, an hour later, in her little room, she thanked God for what He had permitted her to do. 'Because Thou didst not grant my petition years ago, when I prayed for health and education, I thank Thee, else "leanness of soul" might be mine to-night. Thou hast led me in a plain path.' —'Youth's Companion.'

**THE NORTHERN MESSENGER.**

**ANNUAL SUBSCRIPTION RATES.**

(Strictly in Advance).

Single Copies	\$.40 a year
Three Copies, separately addressed if desired, for	1.00 "
Four Copies, separately addressed if desired, per copy	.30
Ten Copies or more, to one address, per copy	.20

Four copies, separately addressed, one year for one dollar, if three are new.

Six months trial at 1/2 the above rate.

Postage included for Canada (Montreal and Suburbs excepted), Newfoundland and the British Isles; also for Bahamas, Barbados, Bermuda, British Guiana, British Honduras, British North Borneo, Ceylon, Cyprus, Falkland Islands, Fiji, Gambia, Gibraltar, Hongkong, Jamaica, Leeward Islands, Malta, Mauritius, New Zealand, Northern Nigeria, Sarawak, Seychelles, Sierra Leone, Southern Nigeria, Transvaal, Trinidad, Tobago, Turk's Island and Zanzibar.

U. S. Postage 10c extra to the United States, Alaska, Hawaiian and Philippine Islands except in clubs, to one address, when each copy will be fifteen cents extra postage per annum.

Foreign Postage to all countries not named in the above list, fifty cents extra.

Samples and Subscription Blanks freely and promptly sent on request.

**A SPLENDID GROUP—TRY IT!**

The 'Witness' For over sixty years unrivalled in the confidence of the Canadian public. Latest news, market reports, etc., financial and literary reviews, good stories, home and boys pages, queries, etc., etc. Valuable departments devoted to farming interests. A clean commercial, agricultural and home newspaper. (Send for a sample.) \$1.00 a year.

With the 'Messenger' \$1.20.

'World Wide' A weekly reprint of the best things in the world's great journals. Reflects the thought of the times. Best cartoons of the week. The busy man's paper. Nothing like it anywhere for the money. Send for a sample. \$1.50 a year.

With the 'Messenger' \$1.75.

'Canadian Pictorial' Canada's popular illustrated monthly. High grade paper, high grade pictures. Interesting to young and old alike. Many of its full page pictures suitable for framing. \$1.00 a year.

With the 'Messenger' \$1.00.

The 'Northern Messenger' speaks for itself. A favorite for over forty years, and increasingly popular. A potent influence for good.

'Weekly Witness,' 'Canadian Pictorial' and 'Northern Messenger,' one year each, \$1.70

**SPECIAL FAMILY CLUB.**

'Weekly Witness and Canadian Homestead'	\$ 1.00
'World Wide'	1.50
'Canadian Pictorial'	1.00
'Northern Messenger'	.40

Worth... \$ 3.90

**All for one year, \$2.70**

or the FOUR papers for FOUR months for \$1.00 anywhere in the "Postage Included" group. (See above). For U. S. or abroad, special terms quoted on clubs.

Any one of the group may be sent to a friend AS A GIFT subscription, if so marked.

THE 'NORTHERN MESSENGER' is printed and published every week at the 'Witness' Building, at the corner of Craig and St. Peter streets, in the city of Montreal, by John Redpath Dougall and Frederick Eugene Dougall, both of Montreal.

All business communications should be addressed John Dougall & Son, and all letters to the editor should be addressed Editor of the 'Northern Messenger.'



**Synopsis of Canadian Northwest Land Regulations.**

ANY person who is the sole head of a family, or any male over 18 years old, may homestead a quarter-section of available Dominion land in Manitoba, Saskatchewan or Alberta. The applicant must appear in person at the Dominion Lands Agency or Sub-Agency for the district. Entry by proxy may be made at any agency, on certain conditions, by father, mother, son, daughter, brother or sister of intending homesteader.

Duties. — Six months' residence upon and cultivation of the land in each of three years. A homesteader may live within nine miles of his homestead on a farm of at least 80 acres solely owned and occupied by him or by his father, mother, son, daughter, brother or sister.

In certain districts a homesteader in good standing may pre-empt a quarter section alongside his homestead. Price \$3.00 per acre. Duties—Must reside six months in each of six years from date of homestead entry (including the time required to earn homestead patent), and cultivate fifty acres extra.

A homesteader who has exhausted his homestead right and cannot obtain a pre-emption may take a purchased homestead in certain districts. Price, \$3.00 per acre. Duties—Must reside six months in each of three years, cultivate fifty acres and erect a house worth \$300.00.

W. W. CORY,

Deputy of the Minister of the Interior.

N.B.—Unauthorized publication of this advertisement will not be paid for.

When writing to advertisers please mention the "Northern Messenger."

You cannot possibly have a better Cocoa than

**EPPS'S**

A delicious drink and a sustaining food. Fragrant, nutritious and economical. This excellent Cocoa maintains the system in robust health, and enables it to resist winter's extreme cold.

**COCOA**

Sold by Grocers and Storekeepers in 1/2-lb. and 1-lb Tins.