never-relaxed vigilance in the teacher; docility, patience, and self-command in the learner. Our survey tends to the conclusion that at no time have manners been so left to form themselves as now. We hear of people forgetting their manners, but som of our youth stand in danger of never learn ing them. While so great a point is made mere A B C grounding of manners threatmere A B C grounding of manners threat-
ens to be left untaught. It seems supposed ens to be left untaught. It seems supposed
that, given so much intellectual culture, boys and girls, by the mere process of growing old, turn into polite, considerate men and women. We do not believe it. Many arts and sciences are more easily acquired late in life than a good manner. If people are to behave well, they must be early taught to behave - a practice that demands unceasing sacrifices of minute personal liking to the general pleasure and conveni-ence.-'Christian Globe.

## Religious Notes.

MISSIONS IN PALESTINE AND SYRIA.
There are in Palestine and Syria 327 missionaries (exclusive of, wives) working in the American, English, and German societies in these lands. The native agents would swell the list to many times its size. A very large proportion of the whole are engaged in educational and medical work. The American staff of the great Syrian Protestant College in Beirut contributes 31 names to the total.
Of thẻ 33 societies with which these mission agents are connected, the United States is represented by the Syrian Protestant Codlege, the Presbyterian Board, the largest and jest organized mission in Syria; the Reformed Presbyterian; the Friends of New England, and the Christian Missionary Alliance. Great Britain supports three Ohurch of England Societies, eight Presbytorian and six non-sectarian missions, not to mention several independent workers; eight German missionary committees, mostly Lutheran, and one Danish, make up the total. The Church Missionary Society, with a staff of about 60 English workers, is the largest agency working in Padestine. Their wonk is educational, medicinal, and evangelistic.- 'Missionary Review.

## THE AWAKENING IN SHANTUNG.

Reports continue to come in telling of the spread of the spinitual awakening in the Chinese empire. Mr. Delavan L. Pierson, in the 'Record of Christian Work;' says:

A letter received from Dr. Hunter Corbett from a native pastor in China, tells of revivals in several churches in the interior of Shantung. He speaks of the Holy Spirit coming upon one church resembling the day of Pentecost. Church members wore awakened, some openly confessed that they had grown cold, but now resolved by God's help to live new lives. Enemies acknowledged their wrongs and became reconciled.
In one place the children under ten years of age organized a prayer meeting and daily met for prayer. In another district fiftyfour new members have been added to the chureh. And at still another church men fell upon the floor and called upon God to forgive their sins and give them new life Their prayers were heard, and joy so filled their hearts that they subscribed money to support their own pastor and sent money to help needy Cbristians wherever found. In the Union College and Academy at Weihsien word has come that all but four of the two hundred students are now enrolled on the Lord's side.

Even in the barest and most out-of-theway places in the world God's spirit is moving in mighty power. For years Borneo was a spot where the Rhenish missionaries saw the least results from their labors. Now a missionary, writing to an American friend from Kwala Kuron, with a heart full of joy, cays
In really seems as if a change is at hand

SICK HEADACHE CARTER'S
 They also rellove Dis tress from Dyepepetit. Indigestlon and Too Hoarty Eating $A$ perteot rema ecy tor-Deraness, Neuseen, Drowstnees, Bas Tasta in the Mouth, Conted Tongus, Pain in the Stioe
TORPID LIVER. Thes regulate the Bowers Puroly Vegetable. SMALLPLLL SMAL DOSE, SMALL PRIEE CARIERS

## Gensing Must Boser

 MTERPIES.

received forty-one heathen into the church on March 21. The glorious and blessed meeting was held in the home of the Great Chief. All the candidates for baptism had received their instruction from the native evangelists, Hiskias and David. Among them were four chiefs of the Minis, whose them were four chieffs of the Miris, whose
subjects are ready to follow them. The subjects are ready to follow them. The
aged chief, Tamangon Pandong, joins me in the firm hope that all Miris will believe in Christ within a few years. God grant it. The congregation at Musang, now numbering fifty-one, has sprung into existence almost in a moment. In three months I expect to baptise a nunrber of Miris.
He declares also that the awakening is visible in all the villages of the Miris. The chief, Nicodemus, who is a recent convert, is pleading for a Christian school in his village.

## Selected Recipes

COOKING POTATOES.-What a difference in the way potatoes are served under the same name. Take milk or creamed potatoes; they are often hard lumps in a thin, milky gravy, instead of being the rich, creamy morsels that are more nourishing than when prepared otherwise, unless the tubers are baked. Boiled potatoes are best, but baked ones can
be used to advantage, and both be used to advantage, and both must be prepared carefully. They can be cooked on the stove, or in the form of an escallop in the oven. If to be cooked on the stove, cut after paring in irregular dise; heat the milk, adding butter when it boils, and when dissolved stir in the potato. For six medium-sized potatoes there should be at least two cupfuls of milk; cover and set on the back of the stove for a slow simmer. The gradual absorption of the milk in the potato is needed to make them good for food. Stir occasionally to prevent burning, and when the milk seems to be thoroughly incorporated with the potato, salt, stir again, cover for two or three minutes and serve in a hot dish. These will never be refused.
The same result is obtained in an escallop, only the potatoes should be cut in thin slices. Take equal quantities of butter and flour and melt them together, stirring in milk to make

You canmot possibly have
a better Cocoa thas


A delicions driak and a sustaindes food. Fragrant, nutritions and ecosomical. This excellent Cocos maintaias the system in robust health, and cuables it to resist winter's extreme cold.


Sold by Grocers and Storekeepers in $\frac{1}{4}-1 \mathrm{~b}$. and $\frac{1}{2}-1 \mathrm{~b}$ Tins.
a thin cream. When it comes to a boil, salt well. If to be served in another dish, drop the potatoes into the pan in which the cream dressing is made; see that it covers them nicely, and bake for half an hour in a moderate oven. When baked in an earthen dish, which will go on the table, put the sliced potatoes in layers, with a little of the cream between each, and pour a good amount over the whole. Lay fine cracker crumbs over the top, cover and bake half an hour in a hot oven, removing the cover in time to let them brown delicately. If the dish is a large one, more time must be allowed. Any of these ways can be used in preparing a quick breakfast, for the potatoes can be made ready by the time the oven is hot, and while they are cooking the rest of the food can be prepared.
Graham or whole-wheat gems can be made, baked, and ready to serve at the same time with the potatoes. Beat one egg, two tablespoonfuls of sugar and a little salt together, adding one heaping cupful of flour in which a teaspoonful of baking powder is mixed, and one cupful of sweet milk; or, the same amount of flour without the baking powder, and one cupful of sour milk, in which one half teaspoonful of soda has been dissolved. Mix quickly and pour into greased gem pans Bake twenty minutes in a quick oven. This recipe makes eight gems.

## Cancer Cured by Anoie iag wita Oit. Cancerol, a compound of essential olls, has been discovered which readily cures all forms of canner and tumor. It is safe and sure and mav be used at home without pain or disfove ment. Read used at home without pa in or disfgur ment. Readtors. Dr. L. T. Leach, Drawer 88, Indianapolis,

## EVERY BOY and GIRL

Can get a REAL silver watch or a Handsome cold bithe

## FREE FOR XMAS

We will send von 28 Picture Stories, comprising over 250 highly colored Cumic Pictures, for 1 , cents. They will kive you bours of FUN, and we will s ow you how you can ge the above HANBEOLE PBE GENTS for a Xma* Gift
Write it on
THE MAIL-EIT CLOTHANG CO.,
MOUNT ROYAL, AVENEE, monnt royal, hyeveg, ciontreal, éan.

WCAMAM'S SUITs, $\$ 4.50$ to $\$ 12.50$. Send for southcott suit Ca, Dept, 1, London, Ont
BABYS OWH

## THie NORTHRR MESSENGER.

## ANNUAL SUESORIPTIO: RATES.

Sincle Copies . . . . . 8.40 a yen
Three Copies, separately addressed if
desired, for
Four Copies, soparavoly addressad if
dosired, per copy
Ton Copios or more to one address,
per copy

per copy
.20

Poslaze inolated fir Canade (Montreal and suburbs ox
cepted) Newtound

 Alaska, Hiawavian istandes and Fhitipine loiands. Samplezand Sutascripition Bianks freely the abore lis Is sent on request.

## SPECLAL OFRER TO Syivar SOHOOLS.

Any school that des $n$ in tike "Th Messenger," may bave it supplied frea on trial Secretary or Pastor, stating the numier of copie: required.

 Rodipach Do
Nontreal
All buninose communinations abouid bo addreswed. Jeve Doniail of Som, and all lativers to the editor,

