never-relaxed vigilance in the teacher; docility, patience, and self-command in the learner. Our survey tends to the conclusion learner. Our survey tends to the conclusion that at no time have manners been so left to form themselves as now. We hear of people forgetting their manners, but some of our youth stand in danger of never learning them. While so great a point is made of thoroughness in all other learning, the mere A B C grounding of manners threatens to be left untaught. It seems supposed that, given so much intellectual culture, boys and girls, by the mere process of growing old, turn into polite, considerate men and women. We do not believe it. Many arts and sciences are more easily acquired late in life than a good manner. If people are to behave well, they must be early taught to behave—a practice that demands unceasing sacrifices of minute personal liking to the general pleasure and convenience.—'Christian Globe.'

#### Religious Notes.

MISSIONS IN PALESTINE AND SYRIA.

There are in Palestine and Syria 327 misstonaries (exclusive of wives) working in the American, English, and German socie-ties in these lands. The native agents would swell the list to many times its size. A very large proportion of the whole are en gaged in educational and medical work. The American staff of the great Syrian Protestant College in Beirut contributes 31 names to the total.

names to the total.

Of the 33 societies with which these mission agents are connected, the United States is represented by the Syrian Protestant College, the Presbyterian Board, the largest and best organized mission in Syria; the Reformed Presbyterian; the Friends of New England, and the Christian Missionary Alliance. Great Britain supports three Church of England Societies, eight Presbyterian and eix non-secties. supports three Church of England Societies, eight Presbyterian and six non-sectarian missions, not to mention several independent workers; eight German missionary committees, mostly Lutheran, and one Danish, make up the total. The Church Missionary Society, with a staff of about 60 English workers, is the largest agency working in Palestine. Their work is educational, medicinal, and evangekistic.— 'Missionary Review.'

#### THE AWAKENING IN SHANTUNG.

Reports continue to come in telling of the spread of the spiritual awakening in the Chinese empire. Mr. Delavan L. Pier-son, in the 'Record of Christian Work,'

A letter received from Dr. Hunter Cor-'A letter received from Dr. Hunter Corbett from a native pastor in China, tells of revivals in several churches in the interior of Shantung. He speaks of the Holy Spirit coming upon one church resembling the day of Pentecost. Church members were awakened, some openly confessed that they had grown cold, but now resolved by God's help to live new lives. Enemies acknowledged their wrongs and became reconstance. knowledged their wrongs and became reconcided.

'In one place the children under ten years of age organized a prayer meeting and daily of age organized a prayer meeting and daily met for prayer. In another district fifty-four new members have been added to the church. And at still another church men fell upon the floor and called upon God to forgive their sins and give them new life. Their prayers were heard, and joy so filled their hearts that they subscribed money to support their own pastor and sent money to help needy Christians wherever found. In the Union College and Academy at Waihthe Union College and Academy at Weihsien word has come that all but four of the two hundred students are now enrolled on the Lord's side.

Even in the barest and most out-of-theway places in the world God's spirit is moving in mighty power. For years Borneo was a spot where the Rhenish missionaries saw the least results from their labors. Now a missionary, writing to an answer of the same of the bors. Now a missionary, writing to an American friend from Kwala Kuron, with

a heart full of joy, says:
'It really seems as if a change is at hand.
In Tumbang Musang, on the Miri River, I

# SICK HEADACHE



Positively cured by these Little Pills. They also relieve Dia-tress from Dyspepsia, In-digestion and Too Hearty digestion and Too Hearly Eating. A perfect rem-edy for Dizzhiess, Nausea, Drowsiness, Bad Taste in the Mouth, Conted in the Side, regulate the Bowels. Purely Vegetable.

SMALL PILL. SMALL DOSE. SMALL PRICE.

CARTERS

Genuina Must Bear Fao-Simile Signature Breut Good

REFUSE SUBSTITUTES.

received forty-one heathen into the church on March 21. The glorious and blessed meeting was held in the home of the Great Chief. All the candidates for baptism had received their instruction from the native received their instruction from the native evangelists, Hiskias and David. Among them were four chiefs of the Miris, whose subjects are ready to follow them. The aged chief, Tamangon Pandong, joins me in the firm hope that all Miris will believe in Christ within a few years. God grant it. The congregation at Musang, now numbering fifty-one, has sprung into existence almost in a moment. In three months I expect to baptise a number of Miris. He declares also that the awakening is visible in all the villages of the Miris. The chief, Nicodemus, who is a recent convert, is pleading for a Christian school in his village.

#### Selected Recipes.

COOKING POTATOES.—What a difference in the way potatoes are served under the same name. Take milk or creamed potatoes; same name. Take milk or creamed potatoes; they are often hard lumps in a thin, milky gravy, instead of being the rich, creamy morsels that are more nourishing than when prepared otherwise, unless the tubers are baked. Boiled potatoes are best, but baked ones can be used to advantage, and both must be prepared carefully. They can be cooked on the stove, or in the form of an escallop in the oven. If to be cooked on the stove, cut after paring in irregular diæ; heat the milk, adding butter when it boils, and when dissolved paring in irregular dice; heat the milk, adding butter when it boils, and when dissolved stir in the potato. For six medium-sized potatoes there should be at least two cupfuls of milk; cover and set on the back of the stove for a slow simmer. The gradual absorption of the milk in the potato is needed to make them good for food. Stir occasionally to prevent burning, and when the milk seems to be thoroughly incorporated with the potato, salt, stir again, cover for two or three minutes and serve in a hot dish. These will never be re-

The same result is obtained in an escallop, only the potatoes should be cut in thin slices. Take equal quantities of butter and flour and melt them together, stirring in milk to make

You cannot possibly have a better Cocoa than



A delicious drink and a sustaining Fragrant, nutritions and economical. This excellent Cocoa maintains the system in robust health, and enables it to resist wimer's extreme cold.

Sold by Grocers and Storekeepers in 1-lb. and 1-lb Tins.

a thin cream. When it comes to a boil, salt well. If to be served in another dish, drop the potatoes into the pan in which the cream dressing is made; see that it covers them nicely, and bake for half an hour in a moderate oven. When baked in an earthen dish, which will go on the table, put the sliced potatoes in layers, with a little of the cream between each, and pour a good amount over the whole. Lay fine cracker crumbs over the top, cover and bake half an hour in a hot oven, removing the cover in time to let them top, cover and bake half an hour in a hot oven, removing the cover in time to let them brown delicately. If the dish is a large one, more time must be allowed. Any of these ways can be used in preparing a quick breakfast, for the potatoes can be made ready by the time the oven is hot, and while they are cooking the rest of the food can be prepared.

Graham or whole-wheat gems can be made, baked, and ready to serve at the same time with the potatoes. Beat one egg, two table-spoonfuls of sugar and a little salt together, adding one heaping cupful of flour in which a teaspoonful of baking powder is mixed, and one cupful of sweet milk; or, the same amount of flour without the baking powder, and one cupful of sour milk, in which one-half teaspoonful of soda has been dissolved. Mix quickly and pour into greased gem pans. Bake twenty minutes in a quick oven. This recipe makes eight gems.

Cancer Cured by Anoles ing with Oil.

Cancerol, a compound of essential Oils, has been discovered which readily cures all forms of cancer and tumor. It is safe and sure and may be used at home without pain or disfigur mont. Readers should write for free book to the originators. Dr. L. T. Leach, Drawer 88, Indianapolis,

## EVERY BOY and GIRL

Can get a REAL SILVER WATCH or a Randsome COLD RING

## FREE FOR XMAS

We will send you 18 Picture Stories, comprising over 200 highly colored Comic Pictures, for 10 cents. They will give you hours of FUN, and we will show you how you can ges the above HANDSCRE PRE-SENTS for a Xmas Gift.

Write at once or you will be too late, Address

THE MAIL-FIT CLOTHING CO., MOUNT ROYAL AVENUE, Mourreal, Can.

WOMAN'S SUITS, \$4.50 to \$12.50. Send for Fashions and Free Samples.

# BABY'S OWN

# THE NORTHERN MESSENGER.

ANNUAL SUBSORIPTION RATES.

Single Copies \$ .40 a year. Three Copies, separately addressed if desired, for 1.00 ,, Four Copies, scharately addressed if desired, per copy

.30

desired, per copy

Ten Copies or more to one address,
per copy
Six months trial at half the above rate.

Postage included for Canada (Montreal and suburbs excepted): Newfoundland, Great Britain, Gibraltar, Mata, New Zealand, Transvasl, Janaica, Frindad, Bahama Islanda Barbades, Bernude, Eritish Finaduras, Ceylon, Gambia, Sarawak Zaczibar, Hong Koog, Cyras, also to the United States, Alaska, Hawacian Islanda and Philipine Islanda.

Postage extra to all countries not named in the above list.

Fosings extra to all countries not named in the above list. Samples and Subscription Blanks freely and promptly sent on request.

### SPECIAL OFFER TO SUNDAY SCHOOLS.

Any school that does not take 'The Messesger," may have it supplied free on trial for three weeks on request of Sup rintendent, Secretary or Pastor, stating the number of copies required.

THE 'NORTHERN MESSERGER' is printed and publisher work at the 'Witness' Building, at the corner of Quand Et. Peter streets, in the city of Mentresi, by Ja-Redpath Dougall and Frederick Etg. one Dougall, both Montreal.

All business communications should be added Dongail & Son, and all leavers to the editor endranced Editor of the "Markings Massages."