

WOMAN WOULD NOT GIVE UP

Though Sick and Suffering; At Last Found Help in Lydia E. Pinkham's Vegetable Compound.

Richmond, Pa. — "When I started taking Lydia E. Pinkham's Vegetable Compound I was in a dreadfully run-down state of health. I had internal troubles, and was so extremely nervous and prostrated that if I had given in to my feelings I would have been in bed. As it was I had hardly strength at times to be on my feet and what I did do was by a great effort. I could not sleep at night and of course felt very bad in the morning, and had a steady headache.

"After taking the second bottle I noticed that the headache was not so bad, I rested better, and my nerves were stronger. I continued its use until it made a new woman of me, and now I can hardly realize that I am able to do so much as I do. Whenever I know any woman in need of a good medicine I highly praise Lydia E. Pinkham's Vegetable Compound." — Mrs. FRANK CLARK, 3146 N. Tulip St., Richmond, Pa.

Women Have Been Telling Women for forty years how Lydia E. Pinkham's Vegetable Compound has restored their health when suffering with female ills. This accounts for the enormous demand for it from coast to coast. If you are troubled with any ailment peculiar to women why don't you try Lydia E. Pinkham's Vegetable Compound? It will pay you to do so. Lydia E. Pinkham Medicine Co., Lynn, Mass.

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Guide-Advocate
HARRIS & CO. PROPRIETORS.
WATFORD, OCTOBER 30, 1914.

NOTE AND COMMENT

Each of the nations at war has more than a quarter of million of tons of powder on hand. No picnic is over while the refreshments last.

The Belgian capital has been moved so frequently within the past month or so, that it will have difficulty in settling down to the ordinary grind in one place after the war.

Loyalty to Canada and the Empire is shown in a practical way by purchasing only Canadian-made or British goods. Tell your dealer frankly that you will not buy goods of foreign manufacture.

War has driven every other consideration out of the ordinary man's mind. But the country has to go on doing business, and the government has to be carried on and the things on which we all depend for comfort and often for existence have to be provided, war or no war.—Toronto World.

Jack Canuck says: "The limit of patriotism seems to have been reached when a military officer said he joined for social purposes, not having the slightest idea there ever would be any fighting, and that he was the loudest patriotic singer between here and Halifax. He also rises to remark that that spirit seems to pervade many of our 'parade' volunteers officers." The above may be true in some sections but the young officers who went overseas with the 27th were not only willing but anxious to go to the front to help Britain in her emergency.

The Work of the British Navy

Why does not the British navy do something? That is heard in Watford every day. Press dispatches indicate that there are like murmurings in the Old Land.

Think it over for a minute. Reverse the conditions. Suppose every war craft belonging to the Empire was bottled up in harbors and retreats. Suppose Great Britain was not able to send out a pound of freight or receive a pound by sea. Suppose the colonies because of the hostile fleet were not able to send a man to help in the war.

If those suppositions were actualities to-day, the men who are complaining "Why does not the British navy do something," would be proclaiming, and very rightly, the greatness of the German fleet. "Germany has the navy," we would say.

But the truth is that the whole German outfit is under the barn, her merchant marine, the second largest in the world, is lying useless in the harbors. She can get neither men nor food from overseas. Her factories stand idle for lack of raw material. The British fleet has done, and done admirably, the very work for which it was designed. Canadian products by the boatload are leaving this country for British ports, and a short time ago over thirty thousand of our best men landed on her shores to give their aid in the gigantic European struggle—and they went as safely as you might go from Sarnia to Courtright on a freight boat.

Not so, however, with our enemies. According to figures compiled at the Austro-Hungarian and German consulates in New York, 550,000 Austrian and German reservists are held in the United States, after having enrolled for military service since the outbreak of hostilities. Practically none of the vast army of men have been able to obtain transportation to join their respective colors in the European war, because of Britain's control of the seas.

All praise to the British navy. Instead of criticism this arm of the Empire's defence is deserving of the greatest appreciation.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure. F. J. CHENEY & CO., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by his firm.

NATIONAL BANK OF COMMERCE, Toledo, O. Hall's Catarrh Cure is taken internally acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists. Take Hall's Family Pills for constipation.

Peace

Nothing is more untrue than the statement that in the light of this European war the peace movement has broken down. "The peace sentiment was never so strong as at this hour. This very outrage upon civilization has made men feel the need of peace and the brutality and savagery of war as never before. No one could have been quite sure that every war lord in the world and every nation had been converted to the idea of peace among men, but we did know that among the peoples of the various governments, with scarcely an exception, the desire for peace had mightily grown during recent years. The people have not changed. They have brought on no war. If they have become involved in a conflict which threatens the very life of their nation they must fight in self-preservation, but all this is consistent with a keener realization than ever that peace is as preferable to war as heaven to hell.

A Good Creed For a Canadian

I believe in Canada. I love her as my home. I honor her institutions. I rejoice in the abundance of her resources. I have unbounded confidence in the ability and enterprise of her people, and I cherish exalted ideas of her destiny among the nations of the world. Anything that is produced in Canada, from Canadian materials, by the application of Canadian brain and labor, will always have first call with me.

Some Basic Principles of Agricultural Chemistry

A pamphlet has been issued by the Central Experimental Farm entitled "The Farmer as a Manufacturer." It has been prepared by Mr. A. T. Stuart, B.A., Assistant Chemist, who has presented a number of simple illustrations of the chemical processes that take place in vegetable and animal life.

The processes are indicated by which the farmer, whose raw materials are but air, water and soil, is able to manufacture therefrom an apparently endless variety of products—both plant and animal. It is shown, however, that their composition is to be easily understood, consisting as they do of but four principal constituents. The nature of the raw materials, the process of manufacture and the products are discussed.

Under the heading "Maintaining Fertility" it is pointed out that "the farmer must exercise extreme care if he would keep his soil in the highest condition of productiveness. Soil is the real guardian of the farmer's capital, and the security is absolute. Try as he may he cannot 'Break the bank.' He may bring about temporary derangement and dividends may for awhile be suspended, but invariably under better management prosperity can be restored and perhaps even larger profits than ever secured."

The pamphlet, which is Bulletin No. 20, of the Second Series, is available to those to whom the information is of interest on application to the Publications Branch of the Department of Agriculture at Ottawa.

Men Well Satisfied

Dominion Department of Agriculture, Dairy Division.

Speaking of his experience with cow testing for three years, one farmer near St. Hyacinth, Quebec, recently expressed himself as very well satisfied. He had good reason to be, for in June this year his 9 cows averaged 1,203 pounds of milk each, a total of 10,830 pounds. Three years ago the average was only 823 pounds, the total over 7,411 pounds.

In other words, his income from the nine cows was thirty-four dollars greater in one month this year. Instances very similar to this may be found in every county where cow testing has been taken up intelligently. Near Listowel, Ontario, is a herd of 16 cows that gave on the average of 2,700 pounds of milk per cow more than three years ago. The addition of four hundred and thirty-two dollars per year to one's income, without increasing the number of cows, is a substantial and tangible result of intelligent weighing and sampling.

Got Three Days' Holiday

London, Oct. 22.—These are the days when the Canadian contingent is becoming acquainted with the men who are to have them in charge during the coming months. Yesterday they were given an opportunity of seeing their commander, General Alderson; to-morrow they are to be reviewed by Lord Roberts and later on there will probably be inspections by Kitchener and King George.

Leave started to-day, and large numbers of the men are thus being given an opportunity of visiting relatives and friends in other parts of Great Britain and even in Ireland. As many as 20 per cent of some battalions are away for a three days' leave, those going to Ireland or Scotland being allowed an extra day.

General Alderson made a good impression among the men. He is a big bluff type of soldier, genial in manner and careful to return the salute of even the humblest private whom he meets. Today he was about the camp and after an inspection mounted an ammunition wagon to address a few words to the men.

Utilizes every heat unit. Flues arranged so heat is forced to travel over top of oven in

McClary's Pandora

Range down behind it and twice under the bottom before escaping to chimney. See the McClary dealer.

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HERE IS A BARGAIN

A guaranteed 6 hole Range with 18 inch over extra large copper reservoir and high shelf. Beautiful nickel-plated trimmings, and of the McClary quality for

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Don't fail to see the ROB ROY Range at this low price

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Children C

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The Kind You Have Always Used in Use for over 30 years. All Counterfeits, Imitations, Experiments that trifles with Infants and Children.

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Castoria is a harmless, gentle, and safe. It contains neither Opium, Morphine, nor any other dangerous substance. Its age is old and allays Feverishness, Colic, and Flatulency. It is a Stomach and Bowels, The Children's Panacea.

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The Kind You Should Use

FALL YOU WILL

Washing Machine \$3.00 to \$4.50; Chopping Bowls; Paints, Varnishes to \$3.00; Halter to 1.15; Cow Ch 10c.; Stable Bro Rifles, 3.00 to 15.00 to 5.00; Pocket all sizes at old price.

THE N. B.

Population of Lam. Municipal Bulletin, No. Bureau of Industries, just out, population of the different cities in the county as follows:

- Bosquet.....
Brooke.....
Dawson.....
Euniskillen.....
Euphemia.....
Moore.....
Plympton.....
Sarnia Township.....
Oil Springs.....
Point Edward.....
Theford.....
Watford.....
Wyoming.....
Forest.....
Petrolia.....
Sarnia.....

Corns cannot exist when Corn Cure is applied to their roots and kills the

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A woman's org gets out of order requires more than

There are many signs of this great work. Today land. Women every

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