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THAN worth of Beef " Pork

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Baking LLS CO. LIMITED

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ed Wire. ly 23.—Repairs which made to the Mole nd the locks there, destroyed by Allied ig to the Telegraaf ats have been sunk adds, the canal re-The German obser-Lissweghe was also

among the marines and among the ted. Lissweghe has ated, but thousands yst. Blackenburghs. nt have been forced eighborhood, and on

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\$11.95 \$8.95

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Until She Tried "Fruit-a-tives" Made From Fruit Juices

112 COBURG ST., ST. JOHN, N.B. "I feel I must tell you of the great enefit I have received from your wonderful medicine, 'Fruit-a-tives'. I have been a sufferer for many years from Violent Headaches, and could get no permanent relief.

A friend advised me to take 'Fruita-tives' and I did so with great success; and now I am entirely free of Headaches, thanks to your splendid medicine".

MRS. ALEXANDER SHAW. 50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent on receipt of price, postpaid, by Fruit-a-tives



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Wearing a pair of Harvey fitted glasses is soothing to the nerves and a relief for anyone troubled

There is a knack in fitting glasses that will be restful. You will find the judgment used in the Harvey shop valuable to your comfort and eyesight. We design the glasses to suit you individually. We render a service

OPTOMETRIST

8 South Market St., Open Tuesday and Saturday HIGH CLASS AUCTION

of Household Furniture

W. J. Bragg, Auctioneer, will offer for sale by Public Auction on
WEDNESDAY NEXT, JULY 24, at
34 Chatham street, near Market St.,
commencing at 1.30 p.m. sharp, commencing at 1.30 p.m. sharp the following goods: 4 piece Mahogany Parlor Suite, covered in silk; Mahogany Pedestal, Oak Rocker, pair Green Drapes, Mahogany Parlor Suite, covered in silk; Mahogany Pedestal, Oak Rocker, pair Green Drapes, Mahogany Parlor Suite, and carred; 4 pairs Lace Curtains, Brass Fire-stand, tongs, hovel and poker, brush; Brussels Rug, 10 x 12. Back Parlor—5 piece Walnut Parlor Suite, large Oak Extension Table, tiercue that perhaps the German people will perceive. The truth is fire to the free the dream people will perceive. The truth is side of the Central Powers has been familiar with in Beigium side of the Central Powers has been familiar with in Beigium side of the Central Powers has been familiar with in Beigium side of the Central Powers has been familiar with in Beigium side of the Central Powers has been familiar with in Beigium side of the Central Powers has been familiar with in Beigium side of the Central Powers has been familiar with in Beigium side of the Central Powers has been familiar with in Beigium side of the Central Powers has been familiar with in Beigium side of the Central Powers has been familiar with in Beigium side of the Central Powers has been familiar with in Beigium side of the Central Powers has been familiar with in Beigium side of the Central Powers has been familiar with in Beigium side of the Central Powers has been familiar with in Beigium simply appal the imaginatio. Those wince the contral Powers has been familiar with in Beigium simply appal the imaginatio. Those wince the military will be counted the color of the Central Powers has been familiar with in Beigium simply appal the imagination. Those will be simply appal the magination. The counter of the free nmencing at 1.30 p.m. sharp, pends this comment: Cabinet, Pots, Pans, all Kitchen Utensils, 1 Refrigerator, 3 way gas Plate, 2 Tubs, Lawn Mower, Garden Tools, etc. Hall—7 yds. Carpet, Grandfather's Walnut Clock, 150 years old and keeping good time yet yds. Wilton Stair Carpet, 1 Pair Arch Curtains, 9 yds. Brussels Carpet up-stairs on hall. 4 Bedrooms complete, Beds, Springs, Mattresses, Dressers, Commodes, Chairs, Rugs, terms of the fearth for participating in bodies of men and of horses, the complete, Beds, Springs, Mattresses, Dressers, Commodes, Chairs, Rugs, Linoleum, Lace Curtains, Blinds, 2
Walnut Chest Drawers, Arch Curtains, 2 Rockers and many more usedul articles. This is a real sale and

a choice lot of dandy goods on Wednesday next, July 24th, at 34 Chatam street, just west of Market St. at 1.30 sharp and continuing in the vening until everything is sold. No reserve as Mr. Smith is giving up house. Goods on view Tuesday from 3 until 5.0'clock. All must Terms cash.

fr. John Smith, W. J. Bragg, Proprietor.

Don't Suffer DR. BANTA'S DYSPEPSIA TABLETS

Prevent Acid Fermentation and Catarrh of the Stomach

They give sure, quick relief to sufferers of Indigestion or the more advanced state—Dys-

For Sale Only by Buller Bros. CUT RATE STORE

Brer Tater and garden sass will help fleed vous

Br'er Tater ain't skeerin' up a ghos' wen he say we alls mus' eat less wheat en less meat en save all de fat en sugar we kin. We has jist got ter feed dat big army er fighting sojer boys, en we kin do hit by eatin' right smart mo' taters en garden sass en eatin' mo' fish en game 'stid er pork and beef. Ef we alls don't gin ter feed dem sojers sight now we'll be feeding' somebody 'fo' long en it won't be us.

EXTENT OF ALLIED VICTORY ADMITTED

Pro-German Press in Sweden Does Not Attempt to Minimize Gains

By Courier Leased Wire London, July 22.—(Vir Reuter's Ottawa Agency) —A despatch from Stockholm says that for once the pro-German press does not attempt minimize the importance of the

Allied advance.
The Dagens Nylicter carefully re-

achieved its aim.

On the other hand the importance of the success of the Ftench countor-offensive cannot be estimated, according to these papers. Big territory was wen alone by the method of "clastic defence" which the Germans changed was their specialty and which was applied by the French

The Spinish opinion is that many

This is Better Than Laxatives

One NR Tablot Each Right For A Week Will Correct Your Constipation and Make Constant Bosing Unneces-sary. Try It.

Poor digestion and assimilation mean a poorly nourished body and low vitality. Poor elimination means clogged bowels, fermentation, putrifaction and the formation of poisonous gases which are absorbed by the blood and carried through the body.

The result is weakness, headaches, dizziness, coated tongue, inactive liver, bilious attacks, loss of energy, nervousness, poor appetite, impoverished blood, sallow complexion, pimples, skin disease, and often times scrious illness.

disease, and often times scrious illness.

Ordinary laxatives, purges and cathartics—salts, oils, calomel and the like—iney feleve for a few hours, but real, lasting benefit can only come through use of medicine that tones up and strengthens the digestive as well as the eliminative organs.

Get a 25c box of Nature's Remedy (NR Tablets) and take one tablet each night for a week, Relief will follow the very first dose, but a few days will elapse before you feel and realize the frilost benefit. When you get straightened out and feel just right again you need not take medicine every day—an occasional NR Tablet will then keep your system in good condition and you will always feel your best. Remember, keeping well is easier and cheaper than getting well.

Nature's Remedy (NR Tablets) are sold, guaranteed and recommended by

BULLER BROS., PATENT MEDI-

EXTRA DIVIDEND. By Courier Lensed Wire

New York, July 23 .- The American Hide and Leather Company to-day declared an extra dividend of 3 per cent. on its preferred stock, payable in liberty bonds.

FOOD IN GERMANY.

Have to Exist on Very Limited Rations. In an issue of La Presse Medical some time ago were given several items of daily existence in various

The Dagens Nylicter carefully reviewing the position, says that the German re-crossing of the Marna marks the complete relinquishment of the great offensive and admits the failure. All abortive explanations from Berlin cannot after the fact and nobody will credit that the German higher command has achieved its aim.

On the other hand, the importparts of Germany. Thus at latest ac-

the French
The Spanish opinion is that many are stalled at the terminals (Munich) because of a lack of dump carts, and the potatoes are too solled to be placed in cellars. The fruit crop was a Becisive Victory. A Decisive Victory.

Paris, July 22.—All the miti. placed in cellars. The fruit crop was abundant last year, but owing to tary critics of the newspapers after careful examination of the tactical position and the strategical situation have come to the conclusion that whatever happens now the Al. shoes will be low cut and without high heels. Those who gather

diers compelling them to walk with their hands up, or making them kneel, or run, or kicking them, or striking them with their fists or with the butts of heir guns, herding them the outs of heir guns, herding them through the streets, in the midst of the smoking ruins; while other soldiers, with wine bottles under their arms, went reeling past, crying out at the captives: 'Hund! Schwein! Schweinhund!'

"And so, for another day and another night the madness went on, the murder, the looting, the sacking, the riot and the burning and the lust; with soldiers pillaging the houses, with soldiers pillaging the houses, bearing the wine in great baskets out of the cellars, to be guzzled in the street, while men and women and children were shot down and their bodies left to lie in gutters, or on the smoking ruins, or thrown into foul cesspools."

FOR QUICK SALE

All these Cars are in No. One-Ton Truck, Dump Body, with block and tackles. 1918 Ford Car. 1916 Ford Car.

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Salmon, sea0 30 Mixed fish 0 10

Rarring, fresh . . . 0 19

Meats.

Dry salt pork, lb . . . 0 30

Fresh Pork carcass..0 21
Bacon, back trim.... 35
Bacon, back 45

was steady in all lines and prices were generally steady. Lambs were weaker. Receipts-429 cattle, 185 calves,

465 hogs and 274 sheep.
Export cattle, choice, \$13.50 to \$14; medium, \$12.25 to \$13.25; bulls, \$10 to \$10.75; butcher cattle, choice, \$10.75 to \$12; medium, \$10 to \$10.50; common, \$7.75 to \$8.50; butcher cows, choice, \$9 to \$9.75; medium, \$8 to \$8.50; canners, \$5.25 to \$5.75; bulls, \$7.75 to \$9.50; eeding steers, \$8.50 to \$9; stockers, choice, \$8.25 to \$8.50; stockers. light, \$8 to \$8.25; milkers, choice

to \$120; sheep, ewes, \$13 to \$15.50; bucks and culls, \$6 to \$11; lambs, \$19.25 to \$20; hogs, fed and watered, \$18.50 to \$19.10; hogs, fo.b., \$17.50 to \$17.75; calves, \$16 to

BUFFALO MARKETS By Courier Leased Wire

ceipts 1,000; easier, Calves—Receipts 400; easier, \$7

0 30 Distillers 55 3-8; Beth. Steel B 82
0 12 1-8; Corn Prod. 44; Centl. Leather
67 1-4; Amn. Can. 46 3-4; Mex.
Pet. 98 1-4; Baldwin 88 7-8; Westinghouse 41 3-4; Sumatra Tob. 133

LIMIT EXPENDITURE

0 25 By Courier Leased Wire in an honorary capacity.

Catarrh is a local disease greatly infuenced by constitutional conditions. It therefore requires constitutional treatment. HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous Surfaces of the System HALL'S CATARRH MEDICINE destroys the foundation of the disease, gives the patient strength by improving the general health and assists nature in doing its work. \$100.00 for any case of Catarrh that HALL'S CATARRH MEDICINE fails to cure.

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\$4,600-Red Brick, on Murray St., stone foundation, 2 storey, good cellar, side verandah, furnace, electric lights, city and soft water, 9 rooms, complete bath, nicely decorated, part hardwood floors, good garage and cide delay.

dation, full size verandah, full size cellar, furnace, electric light, 9 rooms, complete bath, large

\$4,500—Peel St., 2 storey red brick, stone foundation, 3 apertment, cellar, firrace, fine electrics, city and soft water, 7 rooms, complete bath, good lot. \$5:0. will handle this.

Phone Evenings 1014 Phones: Bell 1275, 1276 House, 561. Auto 19

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BALA (Muskoka Lakes).
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SMITH'S FALLS (Rideau Lakes)
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General Change of Time, July 141918

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