FIVE-MINUTE SERMONS FOR EARLY MASSES

By the Paulist Fathers.

Preached in their Church of St. Paul the Apostle, Fifty-ninth street and Ninth avenue, New York City.

NEWS YEAR'S DAY.

Between remembering the old year and looking forward to the new year, this day should be a busy one for the Christian. It ought to be a day of examination of conscience. Good Christians examine their consciences in some manner or other daily, and some are so vividly in God's presence that they scrutinize every act of their lives; and this is what it is to be thoroughly conscientious. Conscientiousness when cultivated is nothing less than habitual consciousness of the Divine presence. We know, to be sure, that some persons are over particular in examination of conscience, and these are called scrupulous. But most of us are not scrupulous enough. The cultivation of the conscience tends to a constant realizing of the Divine presence, and when this becomes habitual the soul becomes perfect.

There are two kinds of examination of conscience, both of which are good. One is done at fixed times by some arrangement with one's self honestly adhered to. The other kind of examination is spontaneous. In this latter case the conscience won't let you pass an hour, or even a minute, without undergoing scrutiny. In the former case you examine your conscience, and in the latter your conscience examines you. I have met numbers of persons who need never examine their consciences when preparing for confession: they live habitually in the Divine presence are ready at all moments to perform the highest spiritual duties. I think it was one of the St. Catherine's who was kneading dough to make bread for the community when the bell rang for Communion; she went up and received our Lord with the dough sticking to her hands and then went back to her batch of bread; and she was excellently well disposed for Communion. St. Francis of Sales, from the evenness of character which he attained, must have had this gift of consciousness of the Divine presence in a high degree.

Brethren, I wish all of you had something of this high gift. But for most of us I may truly say that the examination of conscience which will benefit us, will be that made at set times; of course, at confession. But no practice will produce better results for persons of good sense than having fixed times at which we shall go over the actions of the day. And on New Year's Day, of all days in the year, we should take account of our conduct towards God and our neighbor and ourselves, and make good resolutions for the future. The fact is that on a day like this the old year rises up and demands examination. Sometimes we say, "The past is gone" But in truth there is no such good luck as that. It would be a very good thing for some of us if the past could be politely bowed out with the old year. But there it is, fixed forever. Eighteen hundred and eighty-six is an account book turned over to God's court to witness for or against us: let us try and get a favorable balance out of it. At any rate, let us know the truth about it.

Let us face about, therefore, brethren, and look back over the past twelve months, and question the seasons of the old year. How did I begin the old year and how did I behave myself last winter? Did I make my Easter Duty last spring? Did I attend Mass regularly and worship God through the summer, or did I make the Lord's Day one of carousing and picnicking and drinking? Have I used my tongue for blaspheming, my body for lust, my soul for slavery to the evil one? Have I unjustly gotten any of my neighbor's property? Have I been brutal to my family? These sound like ugly questions. But there's no happy New Year for you or me till we have answered them and many others besides, repented of our sins and made good resolutions for confession and Communion and for a good life for the future.

LEAGUE OF THE CROSS.

Rev. Father Plante, Director of the Arch-Confraternity of the League of the Cross, Guelph, is in the city to-day. He was presented at the regular meeting of St. Mary's Branch last night, and delivered a most interesting and profitable address, for which the members returned him due thanks.

At the regular weekly meeting of St. Mary's Branch deep sorrow was expressed at the death of His Lordship Bishop Carbery, and the following preamble and resolutions were adopted unanimously:

Whereas, it has pleased Almighty God to remove from this earthly vale His Lordship Bishop Carbery, the founder of this branch of the League of the Cross, and,

Whereas, in the death of our beloved Bishop, the Holy Church has lost one of her most distinguished and talented prelates, our diocese a pastor who watched with untiring vigilance and extraordinary zeal over the spiritual welfare of his flock, and our league a kind director and benefactor; Be it therefore

Resolved, That this branch of the league, while humbly submitting to the will of an all-wise Providence, deeply deplores the demise of our late Bishop, feeling that in his death the cause of temperance has lost an earnest advocate, and we desire to testify our esteem for his many noble qualities of mind and heart and our deep sorrow at his loss; Be it farther

Resolved, That these resolutions be entered in the minutes of this meeting, and that a copy be sent to the city press and to the CATHOLIC RECORD, of London, for publication.—*Hamilton Times, Jan. 4.*

Canadian Climate.

The Canadian climate is particularly productive of Cold in the Head and Catarrh. In fact Catarrh to-day is more prevalent than any other disease. The discovery of Nasal Balm places within the reach of all a certain means of cure.

Of Great Utility.

There is no other medicine of such general usefulness in the household as Hagyard's Yellow Oil for the cure of rheumatism, neuralgia, sore throat and all internal and external pains and injuries.

FOR THE COMPLEXION,—For Pimples Blotches, Tan, and all itching tumors of the skin, use Prof. Low's Magic Sulphur Soap.

Donohoes Magazine.
Four Characteristic Poems.

The four poems we present to our readers in this short paper are characteristic ones—full of much beauty, felicitous metre and great individuality. In an age when obscurity and philosophical doubt count as elements of poetry, it is pleasant to entertain the heart with such pure and unaffected poetic guests, as the little quartette we here introduce to the notice of the reader. Denis Florence MacCarthy, the author of the first selection, entitled "Waiting for the May," is well known to readers of Irish literature. He was once a contributor to the *Nation*, and wrote national ballads in the political vein of Davis, Duffy and McGee. He has a fondness for intricate and what may be termed assonante metres, which are sometimes remarkably successful, as in "Waiting for the May."

Ah! my heart is weary waiting,
Waiting for the May,—
Waiting for the pleasant rambles,
Where the fragrant hawthorn brambles,
With the woodbine alternating,
Scent the dewy way.
Ah! my heart is weary waiting,
Waiting for the May.

Ah! my heart is sick with longing,
Longing for the May,—
Longing to escape from study
To the fair young face and ruddy,
And the thousand charms belonging
To the summer's day.
Ah! my heart is sick with longing,
Longing for the May.

Ah! my heart is sore with sighing,
Sighing for the May.—
Sighing for their sure returning,
When the summer beams are burning,
Hopes and flowers that dead or dying
All the winter lay.
Ah! my heart is sore with sighing,
Sighing for the May.

Ah! my heart is pained with throbbing
Throbbing for the May,—
Throbbing for the seaside billows,
Or the water-wooing willows,
Where in laughter and in sobbing
Glide the streams away.
Ah! my heart is pained with throbbing,
Throbbing for the May,

Waiting sad, dejected, weary,
Waiting for the May.
Spring goes by with wasted warnings,
Moonlit evenings, sun-bright mornings,
Summer comes, yet dark and dreary
Life still ebbs away.
Man is ever weary, weary,
Waiting for the May.

The author of this second selection, "Annabel Lee," lies in the quiet burial ground of Westminster Church, Baltimore, Md. Edgar Allan Poe was an ill starred genius. Did he, however, leave posterity nothing but "The Raven," his fame would merit immortality. In this strange and weird-like poem is bound up much of the inner life and character of its author. Poe treated with merciless criticism the poets of his time. Mere versification and correct technique wanting in true inspiration found little favor in his sight. The poem we produce here has scarcely an equal in happy metre and sweet rhythmic flow.

ANNABEL LEE.

It was many and many a year ago,
In a kingdom by the sea,
That a maiden there lived, whom you may know,
By the name of *Annabel Lee*;
And this maiden she lived with no other thought
Than to love and be loved by me.

I was a child and *she* was a child,
In this kingdom by the sea;
But we loved with a love which was more than love—
I and my *Annabel Lee*;
With a love that the winged seraphs of heaven
Coveted her and me.

And this was the reason that long ago,
In this kingdom by the sea,
A wind blew out of a cloud chilling
My beautiful *Annabel Lee*;
So that her highborn kinsman came
And bore her away from me,
To shut her up in a sepulchre
In this kingdom by the sea.

The angels not half so happy in heaven,
Went envying her and me—
Yes!—that was the reason (as all men now
In this kingdom by the sea),
That the wind came out of the cloud by night
Chilling and killing my *Annabel Lee*.

But our love, it was stronger by far than the love
Of those who were older than we—
Of many far wiser than we—
And neither the angels in heaven above
Nor the demons down under the sea,
Can ever dissever my soul from the soul
Of the beautiful *Annabel Lee*.

For the moon never beams without bringing me dreams
Of the beautiful *Annabel Lee*
And the stars never rise but I feel the bright eyes
Of the beautiful *Annabel Lee*;
And so all the night-tide I lie down by the side
Of my darling—my darling—my life and my bride
In the sepulchre here by the sea,
In her tomb by the sounding sea.

My third poetic guest, whose heart is warm with Irish love and genius, is Samuel Lover. No collection of Irish songs and ballads is complete without *a Lover*. For truly, using the author's own quotation from Shakespeare, "Lovers give to poetry." A beautiful idea prevails in Ireland that when a child smiles in its sleep it is "talking with the angels," "The Angel's Whisper," a popular Irish song, is full of affectionate tenderness and simplicity of faith.

A baby was sleeping,
Its mother was weeping,
For her husband was far on the wild raging sea,
And the tempest was swelling
Round the fisherman's dwelling,
And she cried, "Dermot, darling, oh, come back to me!"

Her beads while she numbered,
Her baby still slumbered,
And smiled on her face as she bended her knee;
"Oh, blessed be that warning,
My child, thy sleep adorning,
For I know that the angels are whispering with thee."

"And while they are keeping
Bright watch o'er thy sleeping,
Oh, pray to them softly, my baby, with me,
And say thou would'st rather
They'd watch o'er thy father;
For I know that the angels are whispering with thee."

The dawn of the morning
Saw Dermot returning,
And the wife wept with joy her babe's father to see,
And closely caressing
Her child, with a blessing,
Said, "I knew that the angels were whispering with thee."

Col. McAlpine (Miles O'Reilly) is the author of the last selection we present to the reader. If the name of Theodore O'Hara will live forever in connection with that unique poem, "The Bivouac of the Dead," the fame of Col. McAlpine is surely embalmed in immortality through that sweetest and most finished of lyrics, "Jeanette." This beautiful gem has been going the rounds of the press during the past few years, and, like true coinage, it has become brighter under the fingers of time.

Oh! loosen the snood that you wear, Jeanette,
Let me tangle a hand in your hair, my pet,
For the world to me had no daintier sight
Than your brown hair veiling your shoulders white.

It was brown with a golden gloss, Jeanette,
It was finer than silk of the floss, my pet,
'Twas a beautiful mesh falling down to your wrist,
'Twas a thing to be braided and jeweled and kissed—
'Twas the loveliest hair in the world, my pet.

My arm was the arm of a clown, Jeanette,
It was sinewy, bristled and brown, my pet;
But warmly and softly it loved to caress,
Your round, white neck, and your wealth of tress,
Your beautiful plenty of hair, my pet.

Your eyes had a swimming glory, Jeanette
Revealing the old, dear story, my pet;
They are grey with that chastened tinge of the sky,
When the trout leaps quickest to snap the fly,
And they matched with your golden hair, my pet.

Oh! you tangled my life in your hair, Jeanette
'Twas a silken and golden snare, my pet;
But so gentle the bondage, my soul did implore
The right to continue your slave evermore,
With my fingers enmeshed in your hair, my pet.

Thus so'er I dream what you were, Jeanette,
With your lips and your eyes and your hair, my pet;
In the darkness of desolate years I moan,
And my tears fall bitterly over the stone,
That covers your golden hair, my pet.

Life is a reality—a pocketbook of hard facts, the most valuable of which to many is the *almighty dollar*—so they travel the *via dollarosa* never lifting their eyes to the beautiful rainbow of ideality that spans their life beyond. Poetry is the supernatural vision of the soul out of harmony with hard cash and the creeping horizon of prose.

THOMAS O'HAGAN.

OUR CONFESSION OF FAITH.

BY WHICH IT IS HOPED ANY INJUSTICE MAY BE CORRECTED.

To the Readers of the Catholic Record:

In common with many publishers and editors, we have been accustomed to look upon certain statements which we have seen in our columns as merely adroit advertising.

Consequently we feel justified in taking the liberty of printing a few points from a private letter recently received from one of our largest patrons, as a sort of confession of faith to our readers. We quote:

"We have convinced ourselves that by telling what we know to be true, we have produced at last a *permanent conviction* in the public mind. Nine years ago we stated what the national disease of this country was, and that it was rapidly *increasing*. Five years ago we stated that a *marked check* had been given it.

"The statistics of one of the largest life insurance companies of this country shows that in 1883 and 1884, the mortality from kidney disorders *did not increase* over the previous years: other companies stated the same thing. It is not presumptious for us to claim *credit for checking* these ravages.

"Seven years ago we stated that the condition of the kidneys was the key to the condition of health; within the past five years *all careful life insurance* companies have conceded the truth of this statement, for, whereas, ten years ago, chemical analysis to determine the condition of the kidneys was not required, to-day *millions of dollars in risks are refused*, because chemical examination discovers *unsuspected* diseases of the kidneys.

"Nine years ago we stated that the ravages of Bright's Disease were insignificant compared with other unsuspected disorders of the kidneys of many misleading names; that ninety-three per cent. of human ailments are attributable to deranged kidneys, which fills the blood with uric acid, or kidney poison, which causes these many fatal diseases.

"The uric acid, or kidney poison, is the real cause of the majority of cases of paralysis, apoplexy, heart disease, convulsions, pneumonia, consumption, and insanity; over *half* the victims of consumption are first the victims of diseased kidneys.

"When the recent death of an honored ex-official of the United States was announced, his physician said that although he was suffering from Bright's Disease, that was *not the cause* of death. He was not frank enough to admit that the apoplexy which overtook him in his bed, was the fatal effect of the kidney poison in the blood, which had eaten away the substance of the arteries and brain; nor was Logan's physician honest enough to state that his fatal rheumatism was caused by kidney acid in the blood.

"If the doctors would state in official reports the *original* cause of death, the people of this country would be alarmed, yes, nearly *panic stricken*, at the fearful mortality from kidney disorders.

The writers of the above letter give these facts to the public simply to *justify the claims that they have made*, that "if the kidneys and liver are kept in a healthy condition by the use of Warner's safe cure, which hundreds of thousands have proved to be a specific, when all others failed, and that has received the endorsement of the highest medical talent in Europe, Australia and America, many a life would be prolonged and the happiness of the people preserved. It is successful with so many *different* cases because it, and it *alone*, can remove the uric acid from the blood through the kidneys."

Our readers are familiar with the preparation named.

Commendation thereof has often appeared in our columns.

We believe it to be one of the best, if not the best ever manufactured. We know the proprietors are men of character and influence.

We are certain they have awakened a widespread interest in the public mind concerning the importance of the kidneys. We believe with them that they are the key to health, and that for their restoration from disease and maintenance in health, there is nothing equal to this great remedy.

The proprietors say they "do not glory in this universal prevalence of disease, but having started out with the purpose of spreading the merits of Warner's safe cure before the public world, because it *cured our senior proprietor, who was given up by doctors as incurable*, we feel it our duty to state the facts and leave the public to its own inferences. We point to our *claims*, and to their *public and universal verification* with pride, and if the public does not believe what we say, we tell them to ask their friends and neighbors what they think about our preparations."

As stated above, we most cordially commend the perusal of this correspondence by our readers, believing that in so doing, we are fulfilling a simple public obligation.

Catarrh, Catarrhal Deafness, and Hay Fever.

A NEW TREATMENT.

Sufferers are not generally aware that these diseases are contagious, or that they are due to the presence of living parasites in the lining membrane of the nose and eustachian tubes. Microscopic research, however, has proved this to be a fact, and the result is that a simple remedy has been formulated whereby catarrh, catarrhal deafness, and hay fever, are cured in from one to three simple applications made at home. Out of two thousand patients treated during the past six months fully ninety per cent. were cured. This is none the less startling when it is remembered that not five per cent. of patients presenting themselves to the regular practitioner are benefited, while the patent medicines and other advertised cures never record a cure at all. In fact this is the only treatment which can possibly effect a permanent cure, and sufferers from catarrh, catarrhal deafness, and hay fever should at once correspond with Messrs. A. H. Dixon & Son, 303 West King street, Toronto, Canada, who have the sole control of this new remedy, and who send a pamphlet explaining this new treatment, free on receipt of stamp.—Scientific American.

Unlimited.

The old or the young may at all times and all seasons of the year take Burdock Blood Bitters with benefit when requiring a blood purifying tonic, or a regulator of the stomach, bowels, liver or kidneys.

A letter from P. O. Sharpless, Druggist, Marion, Ohio, in writing of Dr. Thomas' Eclectric Oil, says: one man was cured of sore throat of 8 years' standing with one bottle. We have a number of cases of rheumatism that have been cured when other remedies have failed. We consider it the best medicine sold.

Mr. J. Leist, warehouseman for Lautz Bros., Buffalo, N. Y., says he had a swelling on the foot which he attributed to chilblains. He used Dr. Thomas' Eclectric Oil, and is troubled no longer.

Much distress and sickness in children is caused by worms. Mother Graves' Worm Exterminator gives relief by removing the cause. Give it a trial and be convinced.

Holloway's Corn Cure destroys all kinds of corns and warts, root and branch. Who then would endure them with such a cheap and effectual remedy within reach?

THE SIGNS OF WORMS are well-known, but the remedy is not always so well determined. Worm Powders will destroy them.

WORMS often cause serious illness. The cure is Dr. Low's Worm Syrup. It destroys and expels Worms effectually.

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GET THE GENUINE ARTICLE.—The great popularity of "*Wilbor's Compound of Cod-Liver Oil and Lime*" has induced some unprincipled persons to attempt to palm off a simple article of their own manufacture; but any person who is suffering from Coughs, Colds, or Consumption, should be careful where they purchase this article. The results of its use are its best recommendations; and the proprietor has ample evidence on file of its great success in pulmonary complaints. The Phosphates possess a most marvelous healing power, as combined with the pure Cod-Liver Oil by Dr. Wilbor. It is regularly prescribed by the medical faculty. Sold by A. B. WILBOR, Chemist, Boston, and all druggists.

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Persons wishing to borrow money will consult their own interests by applying personally or by letter to

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3rd. Should a patron want several different articles, embracing as many separate trades or lines of goods, the writing of only one letter to this Agency will insure the prompt and correct filling of such orders. Besides, there will be only one express or freight charge.

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ASSUMPTION COLLEGE, SANDWICH, Ont.—The Studies embrace the Classical and Commercial Courses. Terms (including all ordinary expenses), Canada money, $150 per annum. For full particulars apply to REV. DENIS O'CONNOR, President. 46-1y

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Meetings.

CATHOLIC MUTUAL BENEFIT ASSOCIATION—the regular meetings of London Branch No. 4 of the Catholic Mutual Benefit Association, will be held on the first and third Thursday of every month, at the hour of 8 o'clock, in our rooms, Castle Hall, Albion Block, Richmond St. Members are requested to attend punctually. MARTIN O'MEARA, Pres., JAS. CORCOREN, Sec.

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Cures Cholera, Cholera Morbus, Dysentery, Cramps, Colic, Sea Sickness and Summer Complaint; also Cholera Infantum, and all Complaints peculiar to children teething, and will be found equally beneficial for adults or children.

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President.

NOTICE.
COAL & WOOD
We would respectfully announce that we have bought the coal and wood yard lately occupied by James Sloan, as agent for G. H. Howard & Co., and are prepared to furnish coal of all kinds and hard and soft wood, cut, split, and delivered. We have purchased a supply of coal from the best mines and can fill all orders promptly. Give us a call. Telephone.
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AT OLD PRICES.
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FOR BROKEN KNEES, BRUISES, CAPPED HOCKS
FOR SORE SHOULDERS, SORE BACKS.
FOR FOOT ROT, AND SORE MOUTHS IN SHEEP AND LAMBS.
FOR SPRAINS, CUTS, BRUISES IN DOGS.
SPECIMEN TESTIMONIALS.
From His Grace The Duke of Rutland.
Belvoir, Grantham, Dec. 1, 1879.
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