

THE SAFEGUARD OF OUR SOUL
Lord, come down before that my son
(p. 19)

frances grew more and more. The Holy Communion must not become a habit. If it becomes a habit, and habit, and there is here a great danger, especially for the young and thoughtless. But they must be so prepared for and longed for each day, that this love of receiving our divine Lord may be intensified each time. We are humbled, when we think of the devotion of the saints that we read of. How St. Gerard, a mere little boy, longed so for his Lord that St. Michael the Archangel brought him his first communion. How St. Francis longed for his dear and dear Lord, that he let his hair and make himself to St. Catherine of Siena at the end of the church. Each time at Holy Communion let us try to learn to be more devout. And thus we shall come to be prepared for that last and final visit.

Nowadays St. Christopher is the patron saint of automobilists, who are fond of attaching a large medal with his image on their cars. It may be of interest in this connection to recall that Christopher deuces to mean "double," as in the sixteenth and seventeenth centuries. The great popularity of the saint in former times is evidenced also by the fact that he became associated with at least one adage that was in common use. Thus one seeking to find a great task with inadequate means was said to be "to the saint." A peasant who tried to draw a picture of the giant saint on a small sheet of paper.—Catholic Universe.

times. To Catholics "the duty of reading good books appeals with a force that is well understood," and the principles of Christianity are the crucible, when vital issues arise up for solution, and when the passions, prejudices, and misconceptions that have rested like a cloud on men's minds for three centuries are blown away by the clearing wind of truth. Catholics have confidence in the certainty that they have this truth should feel a moral obligation to so instruct themselves that they may be able to spread their knowledge to others.

It is not, however, well informed and well educated laity this is impossible, Cardinal Newman

"In the matter of education today we have to consider propo-

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No good reason for doing a thing is one good reason for leaving it undone.

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