

## BY EDNA KENT FORBES

### Shapely Feet.

A curious number of foot troubles develop, about this season of the year, due to the general poor treatment feet get during the winter. High shoes which hinder the proper circulation of the blood thru the foot; thick shoes that prevent the foot from bending easily in walking; thick stockings; lack of proper airing — even, with some people, of proper bathing—all combine to make the foot unhealthy.

Sathing. Have corns treated by a good chiropodist, in preference to using "corn removers." Protect any tritated wpot by pasting over it a bit of chamois with the tiniest air hole cut from the centre. And powder the feet before putting on shoes.

Questions and Answers.

Almond Milk—To make the simple almond milk, take thirty fairly large almonds; blanche them and pound them to a paste. Add half a pint of

ot a good one for the feet French eels are hard on the feet because hey do not provide the kind of support the feet require. Pointed toes—could write a chapter on their evils—could write a chapter of the feet because the one pair of oxfords with military heels; these are ideal. Wear as low

## AN INTERESTING CORNER.

Valuable and interesting pictures, Henry Pellatt Chapter, one of the most inviting spots of the big exhibit. Those in charge yesterday were the American Red Cross. Mrs. Ambrose Small, Mrs. W. A. Kavanagh, Mrs. C. M. Doheny, Mrs. Gadsby, Mrs. Chas. McKenna.

### Quick, Harmless Way to Remove Wrinkles

winds and changing temperatures. To make an effective wrinkle remover, mix make an effective wrinkle remover, mix an ounce of powdered saxolite and a half-pint witch hazel. Bathe the face in the solution—immediately every wrinkle is affected. It acts wonderfully on sagging facial muscles, also, the lotion possessing remarkable astringent and tonic properties. Use it once a day for a while and see how it will improve your facial contour.

PROGRESS AT HALIFAX.

Miss Rathbun, a trained worker sent by the Social Service Commission of Toronto, to help in the Halifax disaster, has returned, and reports much progress in the way of reconstruction. The government is meet-

a while and see now it will improve your facial contour.

This simple lotion cannot harm the most delicate skin. The treatment itself leaves no trace—no one guesses the secret of your increasing youthful appearance. But be sure to ask the druggist for the powdered saxolite.

are anaemic and in poor health-Since it is dry, feed it with cold heels; these are ideal. Wear as low a heel on your pumps as you can, and avoid pointed toes as far as possible. Wear the finest stockings you can buy; your feet will benefit.

Scrub the feet daily, with soap water amd a flesh brush—preferably with salt water, which tones up the feet. Massage each foot after its bath; this makes the foot shapelier, and does away with the tendency toward corns. Keep the nails trimmed straight across. Scrape away callous skin while it is soft from a re anaemic and in poor health. Since it is dry, feed it with cold creams—good ones. I wish you'd send for my formula for flesh building cream, because I know it would help your skin. The massage and cream will certainly stimulate the skin and overcome the dryness. Follow this with an ice rub—and if you persist, at the same time building up your health, those wrinkles will go away. You're young yet, and the skin will "come back." If you were old, it would improve, but not so fast.

## TO HEAR NOTED ACTRESS

Red Cross workers will have an together with artistic furniture and opportunity today of hearing an ada handsome display of Oriental rugs dress from Mrs ,August Belmont, and drapes, make the art booth at formerly the noted actress, Eleanor the Arena, which is in charge of Sir Robson. Mrs. Belmont has just re-Henry Pellatt Chapter, one of the turned from the trenches, where she

## HOME FROM OVERSEAS.

Lieut. Joan Arnoldi, daughter of Frank Arnoldi, K.C., of Toronto, who has been with Lieut. Mary Plummer in charge of the Canadian Field Comforts Commission in England, has returned from overseas.

## PROGRESS AT HALIFAX.

struction. The government is meeting all claims for losses up to \$500. A specialist to look after nervous cases has been brought from Rhode Island. The blind, all told, are less than

CONDUCTED BY RS. EDMUND PHILLIPS

House to convey to their homes memers of the party of returned Ottawa

in the tea-room at the home exhibition yesterday serving afternoon tea and high tea to a great many people, the women of the committee making yesterday a fish day instead of today. The numerous visitors were delighted with the beautiful decorations in the Arena, the Favorite Orchestra playing during the evening. The lovely flowers for sale in the tea-room were given from Sir John Eaton's greenhouses at Ardwold. A few of the well-known people patronizing it yesterday were: Mrs. Stuart Strathy, Mrs. Sproatt, Mrs. Horace Eaton, Mrs. A. D. Langmuir, Mrs. W. A. Johnston, Mrs. Watkin, Mrs. Young, Miss Young, Miss Mrs. Babayan, Mrs. Furse, Mrs. Marks, Mrs. Thompson, Miss Davidson, Mrs. Alan Marks, Mrs. Hilton Tudhope, Mrs. Morrice, Mrs. Rathbun, Miss A. Brean, Mrs. Baldwin, Mrs. Ritchie, Miss T. Rymal, Miss Taylor, Mr. and Mrs. Scott, Mr. Pepler, Captain Lang-

their guests were: Gen. and Mrs. Mewburn, Col. and Mrs. Labatt and Mr. Robert Gill.

Brean, Mrs. Baldwin, Mrs. Ritchie, Miss T. Rymal, Miss Taylor, Mr. and Mrs. Scott, Mr. Pepler, Captain Langmuir, Mrs. Ambrose Small.

Mr. Robert Morgan Deane, R. C. H. A., formerly of the Royal Flying Corps, who was wounded and in hospital since October, has arrived in town and is with his mother.

Mrs. Richardson and her daughter have returned to their house in Walmer road after a visit to Atlantic City.

Miss Evelyn Hearst is visiting Mrs.

Victor Sinclair in Tilisonburg.

Lady Kemp and Mrs. Scott Waldie have returned to Castle Frank from Atlantic City.

Mrs. W. E. Mewburn is in Ottawa from Hamilton, for a few days, and is staying at the Roxboro with General Mewburn.

Miss Mary Jarvis has arrived in Wilnipeg to go on duty at the Military Hospital at Tuxedo.

Lady Williams-Taylor returned to Montreal on Saturday night from Cuba where she has spent several months at her bungalow.

Admiral Kingsford and Lady Kingsford entertained a small party at dinner at the Country Club, Ottawa, when

## **ASK TEN MILLIONS** FOR MISSION WORK

Provide That Amount in Next Five Years.

the Methodists of Canada within the yesterday by Rev. Dr. Chown, general

great proposition says that the Metho-dists of the United States aim at raising eighty million dellars in the north for missions and thirty-five million dollars in the south in five years. "Are the Methodists of Canada," Dr. Chown asks, "not in a position to iaunch a movement to raise at least ten million dollars for missions during the netx five years? If they gave ten cents a week each we would have more than an annual income of two millions. I would suggest in all seri-ousness to the approaching general conference that arrangements be made so as to reach the objective I have

At five cups for a cent. Salada is one of the most economical articles in daily use in thousands of homes.

Farmerettes from Toronto are in demand. Yesterday Miss Margaret MacCrimmon and Miss Elva Lilleu left for Clarksburg to take over a large orchard and later to assist in the seeding of three farms. These candidates for patriotic service have made a good beginning, having taken the course in general form work. the course in general farm work which was begun fast February and attended the weekly classes since-

### To Quickly Remove Ugly Hairs From Face

(Beauty Notes.)

Beauty-destroying hairs are soon banished from the skin with the aid of a delatone paste made by mixing some water with a little plain powdered delatone. This is spread upon the hairy surface for 2 or 3 minutes, then rubbed off and the skin washed to remove the remaining delatone. This simple treatment banishes every trace simple treatment banishes every trace of hair and leaves the skin without a biemish. Caution should be used to be certain that it is delatone you buy.

BOUDOIR PRETTINESS.

Is shown here in a cap of baby blue crepe de Chine gathered in at the ears which is covered with a large rosette of ruffles of lace and chiffon rosebuds.

## **COMPLETING PLANS** FOR TRIBUTE DAY

Methodists of Canada to Miss Church Explains About Amount to Be Spent Thereon.

Miss Church and her assistants are Day, when the soldiers and their relatives will receive tribute for the Rev. Dr. Chown in launching this things they have done, from the

"A mistake has gone abroad in some quarters," said Miss Church. "that forty thousand is to be spent on giving a treat to the men on the day of he gathering at the Exhibition Park. Of course it is a stupid mistake, and if true it would not be a surprise that people are thinking it extravagant. But that is not the idea at all. We hope to get forty thou-



# Dineen's Bargain Features in Exclusive Waists and Dresses



These attractions are timed for today and a special display will be provided. Our styles are in an exclusive class. so the bargains offered are genuine values.

Regular \$4 Voile Waists, in new designs, embroidery, lace, tucks, stripes and all-over embroidery---

Reduced \$1.39

An assortment of Dresses in taffetas, satins, serges, trimmed with georgette, braids and striped taffeta. Uniformly priced and offering a wide range of choice . . . . \$25

Also an assortment of separate skirts in materials satins, taffetas, serges and plaids---designs in novelty stripes, checks and plain colors. Variously priced, but all attractive bargains.

# W.DINEEN Company 140 Yonge St.

sand or more on St. Julien Day, but committee working on it are the city it is likely that not more than five council, the women's societies and thousand will be required to give the Great War Veterans' Association. is to establish the collections as a

candies. Bands will give a continuous performance at the grand stand and there will be features to suit all tastes. Best of all will be the feeling of appreciation which will go out from all citizens, and the opportunite for them and the veterans and their relatives to be together as one family

is to establish the collections as a civic fund which may be used at any time during the year for the men as they return.

Assisting Miss Church were her sister, Mrs. Byfield, and Mrs. Croskery, and all were "busy about many things" in connection with the bix day. The city will be divided into tifty districts, every one headed by a captan who, with a team of fifty, will give an opportunity to every passerby and to every citizen to give an offering to the "boys."

In Memory of Heroes.

"Isn't this pretty?" said Miss Church, showing the small purple pennant with the words "St. Julien" in white letters across the top, and the motto "Lest We Forget," placed lengthwise on the small emblem. This will be of the same color in memory of the heroes of that historic day.

On the occasion of the gathering at Exhibition Park, which will come later, "service certificates" will be five an opart of the same later, "service certificates" will be fired and the motto "Lest We Forget," placed lengthwise on the small emblem. This will be used as the "tag," and the boxes will be of the same color in memory of the heroes of that historic day.

On the occasion of the gathering at Exhibition Park, which will come later, "service certificates" will be rived.

Mrs. Cyril Rudge, 184 Beech avenue; Mrs. S. W. Barker, 28 Balsam avenue; Mrs. S. W. Barker, 28 Balsam avenue; Mrs. Fetherstonhaugh, The Selby, Arthur VanKoughnet, 122 College street; Mrs. Fetherstonhaugh, The Selby, Shrbourne street; Mrs. Petherstonhaugh, The Selby, Shrbourne street; Mrs. Fetherstonhaugh, The Selby, Shrbourne stree

On the occasion of the gathering at Exhibition Park, which will come later, "service certificates" will be presented by the mayor to the sixty or so, men who are home on furlough, and later this will be given on different occasions to the men or relatives of all the men who have taken part in the war.

Other events in connection with the day at the Exhibition, Saturday, May 4, will be sports of all kinds for the men and special races for the women and children. There will be special prizes, and every woman and child entering will receive a box of candies. Bands will give a continucation of the gathering at the grand stand

## LUNCHEON AND TEAS.

serving luncheon, afternoon tea and high tea in the refreshment rooms of for the day.

The fund will be in charge of the city treasurer, Mr. Bradshaw, and the of their overseas hospital work. Announcements



securing a preserved appearance abled thousands to retain their SOLD EVERYWHER!
Lockyer's gives health to the restores the natural color. I the scalp and makes the modiair Dressing.

Polly and Her Pals

IT'S A HAND TO A HEAD THAT PA'LL FIND OUT!

By Sterrett







