Table of Contents

The Land	5
Shaping the Map	8
Natural Resources	12
Transportation and Communications	15
The Regions	17
The West Coast	18
The Prairies	22
Central Canada	28
Atlantic Canada	34
The North	38
The National Capital	43
The People	49
Bilingualism	51
Multiculturalism	52
Religion	53
Immigration	54
Urban Canada	55
Education	56
Health and Social Security	57
The Government	59
Executive Power	61
Legislative Power	62
The Provincial Governments	63
The Territories	64
Municipal Administration	64
The Law and the Courts	65