

WHEN TO SAY "NO."

"No" is a very little word;
 In one short breath we say it—
 Sometimes 'tis wrong, but often right;
 So let me justly weigh it.
 "No" I must say when asked to swear,
 And "No" when asked to gamble;
 "No" when strong drink I'm urged to
 share;
 "No" to a Sunday's ramble!
 "No," though I'm tempted sore to lie,
 Or steal, and then conceal it;
 And "No" to sin when darkness hides,
 And I alone should feel it.
 Whenever sinners would entice
 My feet from paths of duty,
 "No," I'll unhesitating cry—
 "No, not for price or booty."

God watches how this little word
 By everyone is spoken,
 And knows those children as his own,
 By this one simple token.
 Who promptly utters "No" to wrong,
 Says "Yes" to right, as surely—
 That child has entered wisdom's ways,
 And treads her path securely.

LESSON NOTES.

THIRD QUARTER.

STUDIES IN THE OLD TESTAMENT FROM
 ISAIAH TO MALACHI.

LESSON IX.—AUGUST 27.

JEREMIAH IN THE DUNGEON.
 Jer. 38. 1-13. Memorize verses 8-10

GOLDEN TEXT.

Blessed are they which are persecuted
 for righteousness' sake; for theirs is the
 kingdom of heaven.—Matt. 5. 10.

DAILY STEPS.

Mon. Read the lesson verses. Jer. 38. 1-13.

Tues. Read Zedekiah's talk with Jeremiah. Jer. 38. 14-24.

Wed. Find where Jeremiah was when Jerusalem was taken. Jer. 38. 28

Thur. Read what was done with him. Jer. 39. 11-14.

Fri. Also what was done for the Ethiopian. Jer. 39. 15-18.

Sat. Learn the Golden Text.

Sun. Read a lament of the captivity. Lam. 5.

QUESTIONS ON THE LESSON.

What is Jeremiah sometimes called?
 Why? Who followed Jehoiakim as king
 of Judah? What kind of a man was he?
 Proud and wicked. Who was besieging
 Jerusalem? How long was he besieging it?
 Two years. What did Jeremiah tell the
 people? Who were angry with Jeremiah?
 What did they do? What was the king's
 answer? What did they then do with
 Jeremiah? Who was with Jeremiah in
 that awful place? The angels of the
 Lord. What kind man thought about

him? What did he do? What did the king
 say? How did they make it easy for
 Jeremiah? Where did he stay after this?
 What was done for Jeremiah when the
 siege ended? And what for the Ethiopian?

THREE LITTLE LESSONS.

We have learned that—
 1. God's children often pass through
 deep troubles.
 2. He is very near to them then.
 3. And brings them out with a great
 deliverance.

LESSON X.—SEPTEMBER 3.

THE CAPTIVITY OF JUDAH.

2 Chron. 36. 11-21. Mem. verses 19-21.

GOLDEN TEXT.

Be sure your sin will find you out.
 Num. 32. 23.

DAILY STEPS.

Mon. Read the lesson verses. 2 Chron. 36. 11-21.

Tue. Read the warning of Jeremiah. Jer. 25. 8-11.

Wed. See how the foolish king treated him. Jer. 32. 2-5.

Thur. Learn what Judah ought to have done. Hosea 6. 1.

Fri. Read some true words about God. Psa. 99. 1-5.

Sat. Learn the Golden Text.

Sun. Read a song of the captivity. Psa. 137.

QUESTIONS ON THE LESSON.

What sad story have we to tell? Of
 what is it a picture? Who was Nebuchad-
 nezzar? How did he rule the captive
 nations? What change did he make in
 Judah? How old was Zedekiah when he
 became king? Whose grandson was he?
 Was he like his grandfather? What did
 he do? Who followed him? How did
 the Lord try to bring them back? What
 did he have to do at last? What was the
 fate of Solomon's temple? Can you tell
 what they took away to Babylon? What
 about the people? What does Jeremiah
 tell us about it? Can you tell the story of
 the escape? Where was the king taken?
 Why did all this trouble have to come?

THREE LITTLE LESSONS.

We have learned that—
 1. If we sow weeds we must also reap
 them.
 2. If a king will not rule well he must
 learn to serve.
 3. The field and the kingdom belong to
 God.

NELLIE'S TEMPTATION.

"What little girl is this?" the teacher
 asked, and she looked kindly at the child
 who wore a faded dress too small for her
 and a queer hat trimmed with faded rib-
 bons.

"Nellie Potter knows her," said one of
 the scholars.

"I don't either!" said Nellie, and she
 drew her pretty dress away and looked
 ashamed and cross.

"Why, Nellie Potter! I saw you play-
 ing with her last Saturday."

"What of that?" said Nellie, her cheeks
 very red. "I tell you I don't know any-
 thing about her."

"Never mind," said the teacher, "she
 is a little new scholar, and we are glad to
 see her; we will all be very kind to her
 and make her want to come again."

So the children gathered about her and
 were very kind, all but Nellie Potter, who
 kept to one side and looked unhappy. No
 wonder! Poor, foolish, naughty Nellie
 had told what was not true.

The new little girl was the daughter of
 their washerwoman, who lived down on
 Lane Street; only the Saturday before she
 had been at Nellie's home with her mother
 and had played with Nellie for an hour.
 But because she came to Sunday school in
 a faded dress and a queer bonnet, Nellie
 was ashamed to say that she knew her.

It was not strange that, as the lesson
 went on, she began to cry so hard that she
 could not hear what the teacher said, for
 the lesson was about Peter, how he said
 that he did not know Jesus.

"I was just like that, naughty Peter,"
 she told her mother, sobbing bitterly.
 Then mother turned the leaves of the
 Bible and found where it told how sorry
 Peter was, and how Jesus forgave him,
 and Nellie promised that she would never,
 never be so mean again.

A GRASS POULTICE.

When Willie kicked his little sister his
 mother told him she would punish him.
 He forgot or did not care. So he kicked
 her again. His mother called him in the
 house.

"Didn't mother say that she would
 punish you if you kicked your sister
 again?"

"Yes, mother," Willie answered.
 "Well, go into the dining-room and
 wait till mother comes."

Then his mother went out into the yard.
 There she pulled an apronful of grass.
 She came into the house with the big
 bundle. She found her little boy crying.
 He was very much scared. She told him
 what a naughty foot he had. She said
 she must put a poultice on it. So she put
 the grass on Willie's foot and tied it up in
 an apron. She made him lie down on the
 lounge. Poor Willie! He cried and he
 sobbed and he moaned. A gentleman
 came in just then.

"Why, what's the matter with Willie?"
 he asked.

"Oh, he has a naughty foot," his
 mother said. "It will kick his sister. I
 have put on it a grass poultice."

"Oh," the gentleman said, and he un-
 derstood it all, and Willie was so ashamed
 that he didn't look up.