HER NERVES

Received Much Benefit by Taking Lydia E. Pinkham's Vegetable Compound



Chatham, Ontario.—"I started to get weak after my second child was born, and kept on getting worse until I could not on my own housework and was so bad with my nerves that I was afraid to stay alone at any time. I had a girl working for me a.whole year before I was able to domy washing again. Through a friend I learned of Lydia E. Pinkham's Vegetable Compound and took four bottles of it. I gave birth to a baby boy the 4th day of September, 1922. I am still doing my own work and washing. Of course, I don't feel well every day because I don't get my rest as the baby is so cross. But when I get my rest, I feel fine. I am still taking the Vegetable Compound and am going to keep on with it until cured. My nerves are a lot better since taking it. I can stay alone day or night and not be the least frightened. You can use this letter as a testimorial and I will answer letters from women asking about the Vegetable Compound."—Mrs. CHARLES CARSON, 27 Forsythe Street, Chatham, Ontario.

Mrs. Carson is willing to write to any girl or woman suffering from female

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NOMINATIONS

(Continued from Page 6) the Council than when it touched the

high spots at 62 mills last year. In 1913 the total tax was 25 7-10 while in 1924 with a rate of 52 mills, 22 8-10 mills were for schools alone-practically as much as the total rate of ten years ago. The next year (1914) the War came on and salaries and expenses grew skyhigh The present age demands modern ideas and what we have we must pay for. The money had been spent, the debentures were there and had to be paid and there was no possible of reducing the taxes until the debts

He outlined the work in his Division, fixing sidewalks, gravelling, etc. on which he spent \$212.85. He touched on the deplorable condition of Wall street, said he had been promised cinders for this job but up until now had been unable to secure them Referred to the sidewalks on Wall street and reminded the citizens of that division of the nine years yet to run on that debenture, so that if the town proceeded to erect new walks it would have to be on a frontage basis, which would mean each property-where paying for two walks and only graceful condition of Wall street er paying for two walks and only getting one. At this juncture, he was questioned by Mr. Joshua Saunders regarding certain Commissioner's fees on Ontario street waterworks installation, which he explained away in a few words.

The members of the Board of Education were then called.
DR. G.N. HOWDEN remarked that

the chairman of the Board, Mr. W. E. Fitzgerald, would no doubt be able to give a thorough accounting for the Board. Both schools were now in excellent condition and Watford retained its exceptionally high standard in educational facilities.

DR. J. McGILLICUDDY had nothing to add at the present time; he would probably have more to say later on in the evening, if given an opportunity.

GEO. O. STEPHENSON also procrastinated, reserving his speech until another opportunity.

FRANK LOVELL explained that he had been appointed to fill the vacancy caused by the resignation of Dr. W. G. Siddall on his removal from Watford a month or so ago; and as he had not yet attended a meeting

he had really nothing to say.

Before calling upon the retiring members of the Public Utilities Commembers of the Public Utilities Commembers. mission, Chairman Fuller wished to take this opportunity to laud the pubic-spirited work of his good neigh-bor, W. L. Millar, who has devoted so much of his time and energy to the most difficult office of the town, the Hydro-Electric and Waterworks Commission. He has labored in and out of season to place these public utilities on a proper basis and the hearty approval voiced by his hearers attested to the recognition that the town extends to Mr. Millar for his faithful efforts.

W. L. MILLAR thanked Neighbor Fuller for his kind words and admitted that any work he had done had en in the endeavor to make our public services of light and water a greater asset to the town and a ater benefit to every consumer. The Hydro-Electric had a substantial lower rate in the near future. The illicit drinking, bootlegging, etc., and

Waterworks had been run without a the town but, as over cent from the town but as over \$1,000 had recently been spent for more new meters, this branch was in debt about \$150, so that it would not be long before they would be barking at the Council's door for a little money. He felt that he had done his of public service and no persuasion would change his decisions; he was not a candidate for next

P. J. DODDS, the other retiring ember, was not present.

The list of retiring officers being then completed, the chairman at once proceeded to call upon the newly nominated candidates:-

W. G. CONNOLLY announced that he was a candidate for the Reeveship for another year and appealed to the electors for their vote providing they thought he was still capable of filling that office.

W. E. FITZGERALD, as Chairman of the Board of Education, commented that the other members of the Board had left all the explaining for him to do. He admitted that Schools had apparently taken the major portion of the tax rate; but there had been many repairs, this year which seemed unavoidable. The Public School had taken extra expenditures and good concrete side walks had been laid in front. He had endeavored to reduce the teaching staff by one teacher but the majority of the Board and the Inspector had given him no support. He was still convinced however, that the staff should be reduced. Even if we cannot have the highest possible de-gree of efficiency, the ratepayers' pocketbooks must be considered, and he believed many of the ratepayers would favor a little lowering of our educational standard if the excessive tax rate could thereby be reduced.

Touching on the High School, he explained an extra expenditure of \$400 in installing waterworks in the Science room to replace the old water tank which had been in a very bad state of repair. Teachers' salaries were thus :- Principal Cameron \$2600; W. O. Erb \$2250, Miss Mitchell \$1850, Miss McCaw \$1850, and Miss Minore \$1700. He was not a candidate for Reeve

but he would like to lay a few suggestions before the new Reeve that should be acted upon during the coming year. He then touched on the formation of a oBard of Trade to extol the advantages of Watford and thus help to secure more new industries; critized the O.T.A. enforcement and in regard to fines said we should leave our money in our own town instead of sending it down to Toronto. He again urged the formation of a advocated persistent petitions to the Dominion Government for our new postoffice and cusroadway and sidewalks and hoped next year's Council would see that it was put in proper shape like the rest of the town

HARRY HOLLINGSWORTH was

not a candidate for Reeve. SANFORD STAPLEFORD was not present.

J. D. BROWN explained that he had withdrawn last year to save the town the expense of an election and would probably do so this year if an election was not necessary. If he did run it would be as an independent candidate with no strings attached to

any party.

For Councillors HARRY HOLLINGSWORTH an nounced that he was again a candidate for Councillor and if elected would work for the interests of the town just as he had in the past.

JOHN W. DOAR said he would seek re-election also on the same BASEL SAUNDERS was undecid-

ed and would rather defer his deeision until the eleventh hour.
RICHARD WELLIAMSON felt it might not be good policy for him to be a candidate as, if elected, he might distrub some of that tranquility and harmony which had pervaded

the council room throughout the year.
NELSON HAWN—Not present. FRANK A. PRITCHETT-Not a andidate.

A. RUMFORD was undecided.

J. R. McCORMICK—Not present. W. G. CONNOLLY asked for a few moments in which to reply to Mr. Fitzgerald's comments and criticisms. Regarding the O.T.A he was glad that Mr. Fitzgerald had agreed with him in that Watford did have the necessary machinery for the enforcement o fthe O.T.A. and he was convinced that if complaints were laid to the local constable instead of to county or provincial officers that action would immediately follow and resulting fines would be paid to Watford. He stated the very nominal salary paid our local guardian of the law which certainly did not pay him surplus and it was possible the On-tario Commission would permit a still highways and byways to intercept

asked the ratepayers would they a prove of the Council increasing pol ce salaries to the 24-hour basis. He thought not ..

At this juncture Fred C. Eastman, Reeve of Arkona, was discovered in the audience, and on being welcomed by the chairman, proceeded to thank the citizens of Watford for the splendid assistance extended to Arkona a few nights previous, when threatened a major portion of the business section. Commenting on Reeve Connolly in County Council he wanted to assure the town of the high respect and admiration he commanded from every member of the County Council; he had done great work for the County in the past two years and the majority of the members had been pleased to continue the good roads grant to Watford on account of its progressiveness and ser-

vice to the surrounding country. Public Utilities
JOHN T. KERSEY—Not present. W. L. MILLAR, was not a candidate and could not be persuaded to

RAY MORNINGSTAR, was not candidate, and J. R. McCORMICK and HARRY WILLIAMS were not

present. Board of Education GEO. O. STEPHENSON said the Chairman, W. E. Fitzgerald, had made a very full report. He reminded the ratepayers that the H.S. rate had not increased in three years, although the P.S. rate was raised on account of necessary repairs. He was sure there had been no money ex-pended lavishly. He was again a candidate for next year.

DR. G. N. HOWDEN, commenting

on the impracticability of Mr. Fitzgerald's agitation to reduce the teaching staff of the P.S., said there was no room with an attendance lower than 25 at the present time, with a total enrolment of 140. He was undecided as a candidate. J. W. McLAREN-Not present.

H. W.NIXON was not a candidate for the Board but he believed Watford has the highest efficiency standard in the High and Public Schools of Western Ontario. He would like to see the present Board re-elected. DR. J. McGILLICUDDY remarked that his predecessors had made such great speeches that there was nothing left for him to say. Thought the Chairman had made a good report of the schools, which can not be

pense. The H.S. was in need of various repairs. He was undecided until to-morrow night REV. T. D. RAYNER, T. B. TAY-LOR and F.A. PRITCHETT were not present and RICH. WILLIAM-

run nowadays without excessive ex-

SON was not a candidate.

DR. HICKS had no intention of accepting a nomination on the Educational Board as he had served sevtoms house which have been help up eral years and thought he had done his share, and believed these responsed around. He would favor no elec-

tion. FRANK LOVELL was undecided

until tomorrow night.
This completed the meeting and the crowd dispersed. The names of those who qualified the following evening at Clerk W. S. Fuller's office and made it an acclamation are given on Page One.

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Sold in Watford by J. W. McLaren

KERWOOD

The Christmas Tree and concert inder the auspices of St. Paul's Sunday School will be held in the new hall on Friday evening, Dec. 19.

The Ladies' Aid of the Methodist church will meet on Wednesday after noon of next week in the Sunday school rooms. A good attendance is Miss Irene Eastabrooke spent the

weekend with friends in Strathroy. Mr. Keith Hall of Petrolia is visiting Mr. Russell Johnston.

Mrs. A. E. Edgar has bilities and privileges should be pass home after a pleasant visit with her

sister in London. Mrs. H. Eastabrooke has spent the past week with her brother Mr. Jno.

Searson of Watford. Miss Josie Callaghan is visiting her

sister in Plympton.

The Ladies' Aid of the Methodist church held a very successful bazaar last week. The numerous articles for sale were tastefully arranged by the conveners of the different booths. Mrs. Wm. Johnson having charge of the fancy work, Mrs. Fuller of the childrens corner and Mrs. Thompson of the candy. All were well patronized and Mrs. J. Johnson who presided over the tea room was kept busy The proceeds amounted to \$80.

The first meeting of the St. Paul's Young Peoples Club was held at the home of Mr. David Wilson on Tuesday evening, Nov. 18th, there was a good attendance and the following officers were elected for the ensuing year, president, Geo. Wilson: 1st vice president, Rex. Winters; sec.-treas., Clarence Matthews, pianist, Mrs. B. Bourne. The next meeting is to be held at the home of Mr. Geo. Freer on Friday evening, Nov. 28th. good program is being prepared.

The Young Peoples Club of St. Paul's church met last evening at the home of Mr. and Mrs. J. L. Thompson prior to their departure to their new home near Barrie, and presented Mrs. Thompson with a lovely purse and Mr. Thompson with a handsome addresses were read umbrella. The by Mr. Geo. Wilson and the presentations were made by Miss Nona Wilson and Miss Ruby Woods. Mr. Thompson replying on behalf of Mrs. Thompson and himself. The evening was spent in progressive euchre and other games. Lunch was served by the young ladies. Mr. Thompson has been manager of the Bank of Toronto here for a year and has made many friends who will be sorry to lose Mr. and Mrs. Thompson from the village.

The Women's Institute met last Wednesday afternoon at the home of Mrs. eGorge Freer with the president in charge. Roll call was answered by helpful ideas for Mondays and Sat-

"Cascarets" if Bilious, Constipated-10c a Box

If Dizzy, Headachy or Stomach is Sour, Clean the Bowels



urdays. Mrs. John Johnson gave a splendid paper on the "Mother on the Farm". Mrs. Thompson favored with an instrumental and Miss Irene Eastabrooke delighted all with a solo. Mrs. Gimlett then gave a splendid report of the convention. Lunch was served by the committee in charge.

The day of prayer in the Women's Missionary Society of the Methodist church will be observed by the Kerwood auxiliary on Friday, Nov. 28, in the Sunday school rooms at two o'clock. A full program has been arranged and all the lady members of the church, also the circle members, are requested to attend.

ARKONA

Special meetings are being con-ducted by Rev. Mc McCamus of London, in the Methodist church, every night this week and next, excepting Saturdays. Everybody welcome.

Mr. and Mrs. George McCormick of Warwick, visited Dr. and Mrs. Ladies' black cashmere hose at

79c. —Fuller Bros. Mr. and Mrs. E. L. George have returned to their home here, after several months in London

Mr. Larry Muma has left for Philadelphia, where he purposes spending the winter months

Mr. McKellar of Montreal spent a few days in town recently. Mr. and Mrs. Newall have returned from a visit with their son in To-

Miss L. Davidson announces that Saturday will be the closing day of the fall millinery season. In January she purposes attending the Spring opening in Toronto, in preparation

for her spring work. Personal gretting cards are missives of good cheer. An excellent range at Fuller Bros.

PRINTED MATTER of all linds when you want it.-Guide-Advocate