The Evening Telegram, St. John's, Newfoundland, May 17; 1910...7


The.Siberian Here. Notes From Hr. Grace


## .

First Aid to the Injured The Municipal




Prices for this week only $65 \mathrm{cts}, 75 \mathrm{cts}, 85 \mathrm{cts}$.

Colored Moire Underskirts, at $85 c$ \& 51.30
A. \& S. RODGER.

| C. E. T. S. | A Hàrbour Gracian Who is Making Good. |  land. He is about 35 years of age |
| :---: | :---: | :---: |
| Bill, made a patheti |  | Brothers |
| deatur of the King |  |  |
|  |  |  |
| The serreary intorna |  |  |
| that be |  |  |
|  |  |  |
| ed the membership | agent of Union 17 for about 10 years. |  |
|  | Largely trough his efforts the or- ganizatoon has become estrong in mum- |  |
| Hol | bers |  |
| A Robingon, W. J. Elill bridge, Rev. J. Thacker | workthg conditions have been greatiy tumroved. The union is is now one of |  |
| $c$ meat |  |  |
|  |  |  |
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| "The Church of England Temper- | a prominent part in the |  |
|  | a m | Post Mortem Hel |
|  |  | Yesteriay atternoon or. Rendell |
| Queen, the Queen Dowager Alexan- |  |  |
| sion of its heartielt sympathy ant His late Majesty, King Edward the |  |  |
|  | bor Union tor tis representative on the |  |
|  |  |  |
|  | mad |  |
| Society prays that God, in His infinite mercy, will alleviate the poig |  |  |
| Queen Dowager, and grant to His Most Gracious Ma- |  |  |
|  | Mr. Eennedy lives in ward |  |
|  |  |  |
|  |  |  |
|  |  |  |

## Healthy?

If Not, Why Not? As truly as good seeds bring forth good fruit, right food brings forth good health.

## Grape-Nuts

 is a pure, partially pre-digestedup and keeping good health.

It has received the voluntary testimony of thousands who have used it and regained healh. You, too, can do this
Sick or well it is excellent food which
brings results.
Attached to every third package of Grape-
Nuts is a little booklet, "The Road to Well-
ville" - It is worth its weight in gold to
people who realize the value of good health
and how one must guard it.
Get acquainted with Grape-Nuts-It is an
acquaintance you will never reget.
66 There's a ReasOn."
Postum Cereal Company, Ltd.,
Battle Creek, Mich.

| DOCTOR ON FOOD <br> Experimented on Himself. |
| :---: |
| A physician over |
| e been |
| sufferer from indigestion and |
| and prepared foods with some |
| fit it was not until I tried Grape- |
| ( 1 was con |
| trit |
| and assimilated with very little effort |
| on the part of the |
| As a nerve food and |
| specially adap |
| ain-worke |
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| $\underset{\text { pair }}{\text { pirape-Nuts also enriches the }}$ |
| fiving an increased numbe |
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| flyid made more nearly perfect. |
| ee great |
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| beneft all who use if |

