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Words of Wisdom.

If you hit the mark you must aim a little above it.

Affliction, like the iron-smith, shapes as it smites.

We count words as nothing: yet eternally depend upon them.

One knows the value of pleasure only after he has suffered pain.

When we are most ready to perish then is God most ready to help us.

Sunday is the golden clasp that binds together the volume of the week.

Moderation may be considered as a tree; of which the root is contentment and the fruit repose.

There is a power to make each hour as sweet, as heaven designed it.

Though few there be that find it: We seek too high for things close by.

And lose what nature found us: For life hath here no charm so dear.

As home and friends around us.

A holy act strengthens the inward holiness. It is a seed of life growing into more life.

Some one asked Coleridge if he could prove the truth of Christianity. "Yes," said he, "try it."

The passions are the winds which urge our vessel forward and reason is the pilot which steers it; the vessel could not advance without the winds and without the pilot it would be lost.

Whoever would be Christ like should be willing to wear Christ's crown: and the crown in which he was revealed to us was not silver nor gold, studded with gems. The crown which Christ wore was worthy of Him. He came by suffering to redeem this world from suffering. Shall the servant be greater than the master? Shall Christ suffer and you not?

The sin of fretting.—There is one sin which is everywhere and by everybody underestimated, tolerated with undue tolerance, and quite too much overlooked in our valuation of character. It is the sin of fretting. He who frets is never the one who mends. Most men call fretting a minor fault—a foible and not a vice. There is hardly any vice except drunkenness, which can so utterly destroy the happiness of a home.

A few Words to Wives.

Encourage strict confidence with your husband; withhold nothing from him, and be patient in hearing all he would confide to you, that he may always fly to you as his counsellor and best friend.

Be punctual to a second in all engagements with your husband, and he will be the same with you, and in thus doing you will avoid much that is unpleasant.

Practice economy in taking care of what you have, keeping a strict account of what you spend, buying nothing but what you need, buying nothing but what you pay for immediately, and making your account of each month's expenses show you have more than you are spent. This is a great way to win a man's respect, to make him think he has a little savings bank upon which he can rely in time of sickness and financial difficulty.

Rule only to love. Strive to call out the best feelings of your husband's nature with continual loving attentions, which, though they may be small in themselves, make such a strong chain around his heart in time that he cannot turn carelessly aside from you.

Go out always with your husband, but manage to make home so attractive that he finds no place so dear.

Dress better for your husband than for any one else. Take a pride in his appearance, that he may judge your heart by his own. Never allow him to see you slatternly attired. Even be tasty in a kitchen dress or looking pretty over a kitchen board.

Be strong in your determination never to gossip, to harshly criticize. Nothing men so much despise as gossip; nothing makes a woman rise so much in a good man's estimation as her charitable, particularly with her own sex. "For large charity does never soil, but only whitens soft white hands."

More Remarkable Still.

Found at last what the true public has been looking for these many years and that is a medicine which although but lately introduced, has made for itself a reputation second to none, the medicine is Johnson's Tonic Bitters which in conjunction with Johnson's Tonic Liver Pills has performed some of the most wonderful cures of impure or impoverished blood soon becomes purified and enriched. Biliouness, indigestion, sick headache, liver complaint, languor, weakness, etc., soon disappear when treated by these excellent tonic medicines. For sale by Good, drugist, Alhion block, Goderich, sole agent. [a]

Whiskers Are Half the Battle.

Don't you know that if I could raise a beard my practice would be twice, and possibly three times, as large as it is? I have tried everything to bring the hair out on my face, but it will not come, and I have about given up all hopes of ever adding whiskers to my numerous attractions. Although I am 29 years of age, and have been practicing several years, I find the greatest difficulty in making people believe I am not a minor just starting out in business. I tell you, in our profession whiskers are half the battle. Everybody pictures the physician as an old, sage-looking individual with long, full beard. "Physician" in Globe-Democrat.

The Sign Painter's Bogbear.—The term "Bog," and its Latin equivalent "etc." are great stumbling blocks to the illiterate sign painter. A Swan-street sign reads, "Groceries, provisions and &c." Another east side sign has it "etc." Still other forms noted are "and etc." and "et &c." and "and et cetera." A Black Rock man who believes in giving his customers their choice from a large stock, hangs out the sign, "Dry goods, at cetera, etc. &c."—American paper. [The misuse of this term is on a par with the combination, "New Nov-elities."]

VISITING DAY.

A Scene from the Rural Districts of Merry New England.

A visiting-day in some rural districts is a day of perfect pleasure to people whose amusements are limited, and whose lives run in narrow channels. To "go visitin'" takes the place of opera, concert, lectures, social gatherings and all the other enjoyments open to residents of cities and towns. A teacher in a backwoods region thus describes the arrival of visitors one Sunday morning at his boarding house:

They came about nine o'clock in the morning, in a large wagon, father, mother and eight children all seated on straight-backed wooden chairs, painted green, with sheep skin or rope seats.

The wagon was a rickety, unpainted vehicle, and the horses were real "bags-of-bones."

"Well, good land o' massy! Is this really yow?" cried my landlady, rushing out to meet the visitors.

"Looks like us, don't it?" gurgled the mother of the visitors. "Hain't our speerits nohow."

"How do yow do? Git out, and come right in. All well?"

"Well's common; how's all the folks?"

"Oh, as'to be 'round' but pap ain't feelin' right peert. I'm tickled to death to see you! Here's Looindy."

"Looindy" grinned.

"And here's Alciny."

"Alciny" grinned.

"And Mary Emmeline."

"And all the rest of you."

"All the rest" put their fingers in their mouths, and giggled.

"How do you come on, Mister Jinkins?"

"Oh, middlin', middlin'."

"Ain't seen any of you fer a coon's age. Didn't know but y'd all dried up and blowed away."

Everybody giggled or roared over this.

"Well, all of you walk right in, and set down and take off your things and make yourself right to home. I must fly round and get dinner. Here you, Jack, go out and kill four chickens; and you bring a ham and tatters up from the cellar, Harriett Jane; and bring a jar of plums, and one of gooseberries, too. You ain't goin' to git much dinner here folks."

"La, Mis' Simmons, an' ye the best cook in the country."

"Now, Mrs. Jinkins."

"Deed you air."

"Land o' massy, an' cegn't make a thing fer a pig to eat!"

Loud protest from Mis' Jinkins. "Pap" Simmons puts in an appearance.

"Well, I do vum! How air ye, Jinkins, an' Mis' Jinkins, an' the hull caboodle of ye! Glad to see ye. All look natchrell as an old shoe."

"The 'compny' stays all day, and an incessant chatter is kept up. The trifling affairs and incidents of the neighborhood are discussed in every possible light.—Youth's Companion.

Be Careful of Your Company.

And above all, be careful into what society you go, and what kind of company you keep. You can not draw too carefully the line of distinction between those with whom you are acquainted. Many a young girl ruined bright prospects for future comfort or happiness by mingling with wrong-minded company. Remember that you are gauged by the company you keep. Your manner of life, your conversational power, the purity of your imaginations, your feelings, your aspirations, your desires, your general demeanor, depend very much upon your associations in life.

Your character is very much moulded by your daily companions; and a girl sinks or rises in the scale of society according to the company she daily keeps. Brush away the glittering externals, and discover, if possible, the undertone of the social circles into which you are gaily invited. Seek pure-minded company. If you can not find such, do a thousand times rather without; live a reclusal life among good books rather than mingle with those whose morals are not of the best. But look around you, and depend upon it you will find the right sort of company.—Brooklyn Magazine

How Many Hours for Sleep?

There is an old saying that has frightened a great many people from taking the rest that nature demands for them. "Nine hours are enough for a fool." They may be, and not too many for a wise man who feels that he needs nine hours. What is better he took them. We presume it is conceded by all thoughtful persons that the brain of very young children, say 3 or 4 years of age, requires all of twelve hours in rest or sleep. This period is shortened gradually until at 14 years of age the boy is found to need only ten hours. When full grown and in a healthy condition the man may find a night of eight hours sufficient to repair the exhaustion of the day and new-create him for the morrow. But if he discover that he needs more sleep he should take it. There is surely something wrong about him; perhaps a forgotten waste must be repaired. His sleep, evidently, has not been made up, and until it has and he can spring to his work with an exhilaration for it he should sensibly conclude to let his instinct control him and stay in bed.

"What can I use to clean carpets?" Use your husband.

Table Linen.

There is a sort of fascination among most women for fine table linen, and its satiny lustre and graceful pattern are like pinpoints to the housewife's eyes. If it is beyond the housekeeper's means to possess fine, heavy damask, she can console herself by thickening of the have the laundryman would make in it with his chemicals, soda and lime? If nice table linen can be carefully laundered at home the possession of it is an enjoyment, and it may even pass through several stages of usefulness, before being put away for bandages, lint, etc.

Small patterned table linen wears best and shows staining less than that having showy designs, therefore it is more economical for every day use. When well worn such linen may be cut up for children's napkins, and portions too much worn for napkins may be made into cloths for wrapping round bread and cake; but be sure to hem them nicely or they will soon be spirited away among the rags, especially if within reach of "help."

Do not buy cheap thin table linen; it will wrinkle and soil easily and it would be wiser to economize in something else.

An under cover for the dining table of cotton flannel or an old blanket will make table cloths last longer and appear of a better quality. Hand made hems should finish all table linen because they look more neat and iron better. Select pure white damask and seven eights napkins for dinner use; color is admissible in breakfast and tea cloths with five eights napkins. Lunch cloths and napkins are fringed.

In repairing linen use ravelings of the same or a linen thread and, here is an opportunity to display your skill as a needlewoman, for it is considered quite a fashionable accomplishment to be able to do such work well.

When rearranging the linen closet wash the shelves and drawers with soap and water, then with alum water and lastly blow a little insect powder into all the crevices. Among the reserve stock of linen place little bags of dried rose leaves or sweet geranium leaves as your grandmothers used to place bunches of lavender and sweet clover among the home made linens and away in the great chests with ponderous lids which served them in place of the modern linen closet.

Rest for the Tired House-keeper.

With many women it seems to be a matter of pride to see how much work can be compressed within twelve hours of the day. They will sew, bake and brew, do no end of work for charitable purposes, make calls, and then wonder why it is that they are worn out, old and forlorn and unable to keep up with their children, who are approaching the age when the mother's companionship would be their greatest pleasure. In resting it is not necessary always to sleep. An hour in a comfortable easy chair with a good book will often be a greater service to the tired housekeeper than sleep for the same length of time. It is a rest sometimes to sit at one's writing table and commune by letter with one's absent friends.

A Sensible Wife and Mother.

The writer has in his acquaintance a beautiful, bright woman whose husband has for years been a political factor in his state. They began life, these two, with small financial resources, and up to the last year have had an increasing family, which now numbers five children. The wife looks, possibly, a shade more mature than when she last smiled her orange blossoms, but has not yet deteriorated into a mere nurse-maid. As years came prosperity came also, and the woman, unwilling that the energetic man should go ahead of her, kept even pace with him. "My children will need me more when they are larger, than they do just now," she once said, when she relinquished some maternal duty to other hands.

Always a devoted mother she did not spend her days floundering and tucking, but so improved her mind that the children always found her just a little ahead of them, even when they began to untangle the mysteries of the sciences and struggle with the languages at school. Writers, fond of flowing rhetoric, are given to dilating on the fashionable mother who neglects her children for the ball room and opera house, but is not the stupid, ignorant mother who makes a boast of washing her children's faces and tying up their bruises just as bad? Certainly it is of infinitely more value that a woman should strengthen her boy's intellectual and moral nature than that she should embroider his baby frock.—Kansas City Journal.

Performance and Pretension.

An English writer pertinently puts the question. "Would not the world be much wiser and happier if we were to lay it down as a general rule that performance is inversely proportioned to pretension?" Certainly to be convinced of this, and to know that others also are convinced of it, would be a most salutary lesson to those who now waste so much of their energy and life in trying to appear what they are not. Insincerity of this kind is not only wrong, it is also so foolish, so impotent, so short-sighted a policy that we wonder how any reasonable and intelligent man or woman can adopt it. It prejudices persons against the one who practices it, so that they are unwilling to admit his actual merit.

Never Tried It.

What? Never tried Johnson's Tonic Bitters? Then do so at once, it's positively the best general tonic on the market.

I've often heard of it but thought that it was to be placed on the list of the many trashy preparations that flood our market, but since you recommend it so highly I'll give it a trial. Do so, it's good for any complaint in which a tonic is of benefit, and can be taken by man, woman, or child. 50c. and \$1 per bottle at Goode's Drug store, Alhion block, Goderich, sole agent.

CAMPBELL'S TONIC ELIXIR

This agreeable yet potent preparation is especially adapted for the relief and cure of that class of disorders attendant upon a low or reduced state of the system, and usually accompanied by Pallor, Weakness and Flaccidity of the Heart. Prompt results will follow its use in cases of Sudden Exhaustion arising from Loss of Blood, Acute or Chronic Dyspepsia, and in the weakness that invariably accompanies the recovery from Wasting Fevers. No remedy will give more speedy relief in Dyspepsia or Indigestion, its action on the stomach being that of a gentle and harmless tonic, exciting the organs of digestion to action, and thus affording immediate and permanent relief. The curative properties of the different aromatics which the Elixir contains render it useful in Flatulent Dyspepsia. It is a valuable remedy for Anemic Dyspepsia, which is apt to occur in persons of a gouty character.

For Impoverished Blood, Loss of Appetite, Despondency, and in all cases where an effective and certain stimulant is required, the Elixir will be found invaluable.

In Fevers of a Malarial Type, and the various evil results following exposure to the cold or wet weather, it will prove a valuable restorative, as the combination of Cinchona Calisaya and Serpentina are universally recognized as specific for the above-named disorders.

Sold by all Dealers in Family Medicines.

Price, \$1 per Bottle, or Six Bottles for \$5.

Davis & Lawrence Co. (Limited)

SOLE AGENTS,

MONTREAL, P.Q.

PERRY DAVIS' PAIN-KILLER

IS RECOMMENDED BY

Physicians, Ministers, Missionaries, Managers of Factories, Work-shops, Plantations, Nurses in Hospitals, and short, everybody everywhere who has ever given it a trial.

TAKEN INTERNALLY MIXED WITH A WINE GLASS OF HOT MILK AND SUGAR, IT WILL BE FOUND A NEVER FAILING CURE FOR

SUDDEN COLDS, CHILLS, CONGESTION OR STOPPAGE OF CIRCULATION, CRAMPS, PAINS IN THE STOMACH, SUMMER AND BOWEL COMPLAINTS, SORE THROAT, &c.

APPLIED EXTERNALLY, EXPERIENCE HAS PROVEN IT THE MOST EFFECTIVE AND BEST LINTMENT ON EARTH IN REMOVING THE PAIN ARISING FROM

SPRAINS, BRUISES, RHEUMATISM, NEURALGIA, SWELLED FACE, TOOTHACHE, BURNS, FROST BITES, &c., &c.

25cts. per Bottle.

Beware of Imitations.

CAMPBELL'S CATHARTIC COMPOUND

is effective in small doses, acts without griping, does not occasion nausea, and will not create irritation and congestion as do many of the usual cathartics administered in the form of Pills, &c.

Ladies and Children having the most sensitive stomachs take this medicine without trouble or complaint.

CAMPBELL'S CATHARTIC COMPOUND is especially adapted for the cure of LIVER COMPLAINTS AND BILIOUS DISORDERS.

FOR ACID STOMACH AND LOSS OF APETITE.

FOR SICK HEADACHE AND DYSPEPSIA.

FOR CONSTIPATION OR COSTIVENESS.

FOR ALL COMPLAINTS ARISING FROM A DISORDERED STATE OF THE STOMACH.

This medicine being in liquid form, the dose can be easily regulated to meet the requirements of different persons, thus making it equally well adapted to the use of the little child as to the adult. Put up in three ounce bottles, and sold by all dealers in family medicines.

Price Retail, 25 Cents.

CAMPBELL'S TONIC ELIXIR

This agreeable yet potent preparation is especially adapted for the relief and cure of that class of disorders attendant upon a low or reduced state of the system, and usually accompanied by Pallor, Weakness and Flaccidity of the Heart. Prompt results will follow its use in cases of Sudden Exhaustion arising from Loss of Blood, Acute or Chronic Dyspepsia, and in the weakness that invariably accompanies the recovery from Wasting Fevers. No remedy will give more speedy relief in Dyspepsia or Indigestion, its action on the stomach being that of a gentle and harmless tonic, exciting the organs of digestion to action, and thus affording immediate and permanent relief. The curative properties of the different aromatics which the Elixir contains render it useful in Flatulent Dyspepsia. It is a valuable remedy for Anemic Dyspepsia, which is apt to occur in persons of a gouty character.

Sold by all Dealers in Medicine.

Davis & Lawrence Co. (Limited)

SOLE AGENTS,

MONTREAL, P.Q.

DUNN'S BAKING POWDER

THE COOK'S BEST FRIEND

DRIVE IN TEAS!

Basket Fired Japan New Teas Warranted Pure, 5 lbs for \$1. This Tea is equal to any sold at 40c. lb. by pedlars.

Other Japan from 30c. to 50c. per lb. Extra Good Young Hyson, from 25c. lb. up. A specialty in Young Hyson, tea in 5 lb. lots only for \$1.50.

Try my 50c. Young Hyson, and find it the Cheapest in the market. Eggs taken in exchange.

At C. CRABB'S, Goderich.

SPRING GOODS!

Just opened out a full assortment of my own importations, and selling at wholesale prices.

Wool Cashmeres, Wool Delaines, Hosiery and Prints. Tweeds and Cottonades at Prices to Astonish.

Call and see. Always pleased to show stock. Do not forget the old stand on the Square.

April 7th, 1887. 2093-11 C. C. F. A. E., Goderich.

NEW SPRING GOODS

ABRAHAM SMITH, TAILOR & CLOTHIER,

Has just received, and is now opening a large assortment of

READY-MADE MEN'S AND BOYS' SPRING SUITS.

Also on hand a large stock of the

LATEST PATTERNS OF TWEEDS AND CLOTHS

For the make-up of SPRING SUITS.

ORDERED WORK A SPECIALTY!

ABRAHAM SMITH'S.

East Side Square, Goderich, March 24th, 1887.

IF YOU WANT BARGAINS

CALL AT THE

Toronto Cash Store

THE SPRING STOCK

IS NOW COMPLETE.

All are invited to come and examine the quality and price.

Remember the stand—THE TORONTO CASH STORE.

P. O'DEA, Manager.

Goderich, April 20th, 1887. 2021-2m