

Carnival Spirit at Banff



Banff is to have an elaborate winter carnival this year, and will be an fête from February 2nd to the fourteenth inclusive. Situated as it is in the Canadian Pacific Rockies and surrounded by the grandeur of Tunnel Mountain, Round Mountain, and Sulphur Mountain, Banff, the centre of winter sport in Canada, is fast becoming the centre of winter sport in Norway. It is a perfect winter playground with its natural mountain slides and ideal skiing. The preparations for the carnival this year are on a larger and broader scale than previous years; the aim being to make Banff attractive in winter as it is in the summer. In one aspect the visitor will find combined summer and winter amusement in the hot sulphur springs, which give one the privilege of swimming out in the open with the thermometer above or even below zero, in not tepid but warm water.

The spirit of the carnival will again have full sway throughout the town, and those who arrive at night will find themselves in a veritable fairyland. Colored lights are to be strung across the streets, down the famous toboggan slide, and on the gales in thousands giving a great gala effect. The list of amusements is a long one. There are hockey and curling matches, toboggan races, snowshoes and ski races. The ski jumping this year promises to be one of the big events, for a new jump has been built costing several hundred dollars, and some of the best skiers in Canada will take part in the competitions. The Pony ski races are in the programme, and will doubtless create much excitement. Snow shoe tramps have been planned and lunch will be served at the game warden's cabin. Those exhilarating tramps are conducted by men who



know every inch of the country. The carnival will be just one continued round of gaiety and anyone who imagines the world in the mountains to be dead in the winter will have a pleasant surprise. Rivers, brooks, cataracts and falls are all pursuing their merry course, as in the summer except in a few occasional spots. The animals are not huddled up inside their burrows or seeking shelter away from the world, but roam around as in summer.

The carnival will be opened by the Superintendent of the National Park, and a special programme has been arranged for each day and will conclude with a farewell ball and distribution of prizes. There are three comfortable hotels which remain open throughout the winter. The carnival and bonspiel at Banff are becoming amongst the most important and widely known events of the Canadian Winter, and will attract thousands to see "Top of the World" in the winter. Nature in all the beauty of her winter garb is at her best at this time of the year. Instead of being dead Banff will be very much alive.



TAKE SALTS TO FLUSH KIDNEYS

Meat forms uric acid which excites and overworks the kidneys in their effort to filter it from the system. Regular excess of meat must flush the kidneys occasionally. You must relieve them like you relieve your bowels; removing all the acids, waste and poison, else you feel a dull misery in the kidney region, sharp pains in the back or sick headache, dizziness, your stomach sour, tongue is coated and when the weather is bad you have rheumatic twinges. The urine is cloudy, full of sediment; the channels often get irritated, obliging you to get up two or three times during the night.

To neutralize these irritating acids and flush off the body's urinous waste get about four ounces of Jad Salts from any pharmacy; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act like a well-oiled machine. This famous salt is made from the acid of grapes and lemon juice, combined with lithium, and has been used for generations to clean and stimulate sluggish kidneys and stop bladder irritation. Jad Salts is inexpensive, harmless and makes a delightful effervescent lithia-water drink which millions of men and women take now and then, thus avoiding serious kidney and bladder diseases.

TIP TO IMPERIAL VETERANS

On Passage Refunds—British Govt. Makes New Regulations.

There are a host of enquiries being made about the refund of passage money to Imperial soldiers and their dependents. The latest and most accurate information to hand states that the British Government has decided to refund all such passage money to Imperial soldiers and their dependents who sailed for Canada prior to April 1st, 1919. The Commission emphasizes that no applications will be considered if the soldier or his dependents returned subsequent to April 1st, 1919. The amount allowed will be approximately the cost to army funds if repatriation had been made through the usual channels. Applications should be addressed to Office I.C., Repatriation Records, 24th Hill Camp, Winchester, England, accompanied by a statement, showing the circumstances in which the application proceeded, instead of waiting for a passage in the usual way; name of ship; date of embarkation; date of disembarkation; proof of payment of passage; and whether or not application for passage was made to the repatriation record office, Winchester, or to any other army authority, and if so with what result. Local and Dominion Secretaries of the G. W. V. A. are also handling these claims.

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BRITISH DYE TRADE

DRAWS ON HUNS.
Huddersfield, Yorkshire, Jan. 23.—A committee of dye-users has gone to Germany to select and purchase two million pounds worth of dyestuffs, owing to the shortage of available dyes for trade use here. It is reported that the Government is financing the scheme. Recently, the Board of Trade Journal announced the formation of an expert committee in connection with the distribution of dyestuffs from Germany under the repatriation clause of the peace treaty. The visit to Germany, however, is for the purchase of dyes additional to this amount.

Hungarian food stocks are at the lowest point yet recorded. Persons are succumbing to starvation in the streets of Budapest.

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After three years overseas has resumed practice in diseases of the eye, ear, nose and throat, and prescribing of glasses. Office hours 9 to 11 a.m., 1:30 to 4 p.m. and 7 to 8 p.m. Tuesdays 7 to 8 p.m. Sundays



Coming Events Cast Their Shadows Before

Not since the pre-Confederation days has the political life of Canada been surcharged with so much uncertainty.

Great events in Canadian politics are about to take place. The reorganizing and rehabilitating of great political parties is in progress. New leaders are appearing.

The order is changing. All things are becoming new.

THE next two years will be a momentous period in the political life of the country. Reconstruction is a greater task than Confederation.

How will you take your place in the affairs of the nation? What opinions will you form? How will you cast your ballot intelligently if you do not keep in touch and inform yourself on the great questions of the day by reading a daily newspaper national in viewpoint and international in scope?

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public opinion and an advocate of reform. It is the servant of the people from whose needs it draws its inspiration.

To be informed of the progress of events, you should avail yourself of The Globe's great news-gathering organization. For an analysis of these developments, and clear, sober thought upon them, read its editorial discussions from day to day. They are written by close students of economics, politics, industry, commerce, social reform and religion.

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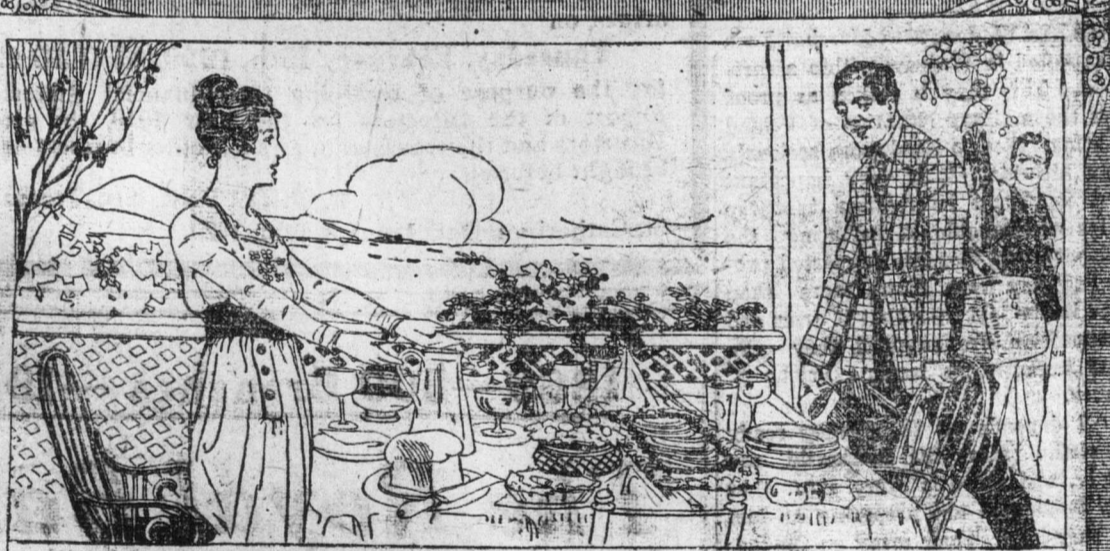
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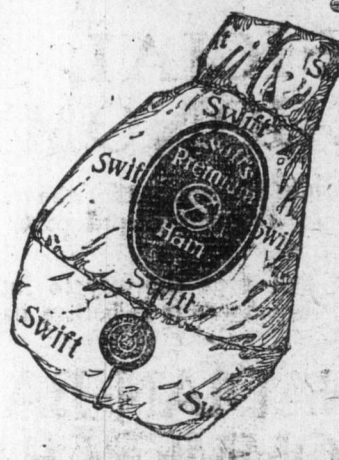


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