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Nothing else known to science performs the same marvellous healing and dispels disease from the tissues as Zam-Buk does. This pure herbal balm takes the fire out of a wound or sore, kills and repels germs and grows fine new skin. Zam-Buk is acknowledged

**THE WORLD'S
GREATEST HEALER**

MURINE
For Your Eyes
Refreshes Tired Eyes
Write Murine Co., Chicago, for Eye Care Book



Fletcher's CASTORIA

MOTHER! Fletcher's Castoria is a harmless Substitute for Castor Oil, Paregoric, Teething Drops and Soothing Syrups, prepared to relieve infants in arms and Children all ages of

Constipation Wind Colic
Flatulency To Sweeten Stomach
Diarrhea Regulate Bowels

Aids in the assimilation of Food, promoting Cheerfulness, Rest, and Natural Sleep without Opiates

To avoid imitations, always look for the signature of *Wm. D. Fletcher*. Proven directions on each package. Physicians everywhere recommend it.

Choice Western Beef

Ham, B. Bacon, Roll Bacon, Rose Brand Cooked Ham.

H. A. Cornbeef, Spare Ribs, Picnic Hams.

Pure Maple Syrup per bottle.....**45c**
4 lb Tins Jam at.....**75c**

Marven's Plain and Fancy Biscuits

Moncton Ideal Bread, Oranges, Apples, Bananas, Grape Fruit Lemons, Cabbage, Preserving Plums, Green Gages, Peaches, Grapes, Ripe Tomatoes.

Fresh Vegetables of all kinds

Swift's Bread and Cakes—Pickling material of all kinds.

H. A. TAYLOR

PHONE 48

THE RITCHIE STORE

Something to Consider

Who makes the RANGES sold here and did you ever try to find out the REPUTATION of the foundries back of the ranges on sale? Then did you ever consider the KNOWLEDGE the salesman has of a stove or range while he TALKS to you and you are looking over a range? There is nothing so VOID of SENSE as a person talking RANGE who has not grown up in the business.

When you want a RANGE call and let us REASON a bit with you.

We have the finest line of RANGES produced in CANADA. Our prices cannot be trimmed. We know the Business and have no substitute for QUALITY.

This is the REASON we have the RANGE business of the entire country.

FURNACES STOVES RANGES
Hot Water Heating and Plumbing a Specialty

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Phone 121

Newcastle, N. B.

QUAKE HORRORS REVEALED IN LETTER

Miss Anna McLeod of Newcastle Writes of Work Among Survivors of Earthquake.

(From Long Beach Press)
Arriving in Yokohama harbor two days after the disastrous earthquake and fire of Sept. 1, Miss Anna McLeod, daughter of Mrs. S. McLeod, 3045 East Fifth Street, who is with the Canadian Methodist mission in Japan, has written a graphic account of her experiences in helping care for wounded and famished victims of the catastrophe. Miss McLeod spent last year in Long Beach with her mother and her sister, Mrs. F.A. Mills. She sailed for Japan August 23rd on the Empress of Canada. There were 150 missionaries aboard the vessel bound for different posts in the

IMPOSSIBLE TO GET RELIEF

Until She Started To Take "Fruit-a-tives"

The Medicine Made From Fruit

R.R. No. 1, Everett, Ont.
"I had been troubled for years with Dyspepsia, Liver and Kidney Trouble, and could not get relief until I started taking 'Fruit-a-tives'. Thanks to their beneficial action, I am in normal health again."
Mrs. THOMAS EVANS
"Fruit-a-tives" alone can give such happy and successful results because "Fruit-a-tives" is the famous medicine made from fruit juices and tonics. "Fruit-a-tives" is pleasant to take and will always restore the health when taken regularly as directed. 50c a box, 6 for \$2.50, trial size 25c. At dealers or from Fruit-a-tives Limited, Ottawa, Ont.

Orient.

Her letter follows:

"On board Empress of Canada, Tuesday, Sept. 4, 1923

"Well Dear Folks, I do wonder what you are hearing and thinking these days. There is no way to send a message and we do not know when we can mail a letter but I'll have one written anyway when the time does come.

"We have been through an experience which to us personally is dreadful only because of the suffering and horror we have come in contact with, not because we, ourselves suffered in any way.

"I'll try to tell you a little about it, but it will really be very little."

HEAR OF DISASTER

"I mentioned in my letter written Sunday that we had received word of a great disaster in Japan. Its extent and horror we did not sense at all. Monday morning we steamed slowly into Yokohama harbor. They did not know how much the bottom of the harbor might have been changed so they took it very slowly. The fortifications were quite shattered. Next we saw great columns of smoke and were informed that it was the arsenal at Yokosuka, the great naval training station, on fire. And then we came nearer to Yokohama and could see that it was razed to the ground and mostly on fire. Finally, quite in the harbor, we anchored, where a messenger came aboard and told us of the extent of the disaster.

REFUGEES ABOARD

"They soon began bringing refugees to us." The Empress of Australia, a twin boat to this was in the harbor. It was to have sailed on Saturday at noon. The earthquake came ten minutes before 12. This meant that almost all of her passengers were aboard and many of their friends on the wharf. The wharf went down and then up again. There were about four severe shocks, one right after the other. The Empress stood the strain, but another boat broke loose and broke the propeller of the Empress.

"This ship, the Empress of Australia, was turned into a relief attention. They cared for so many foreigners, rescued from the ruins of Yokohama, as possible to this vessel for care, food and medical attention. They cared for so many that in thirty-six hours they had almost exhausted their supplies for a ten day's trip. So when we came in they were glad indeed to pass over as many as possible to us.

MANY LACK CLOTHES

"All day long they came in boat loads. Some with almost no clothing—a night gown or some equally inadequate garment—wet and dirty. Some fully dressed, who had sat or stood in mud and water of flooded parks or canals or some such place for hours.

"Very soon I found that my best place was in the dispensary where wounds of every description, from slight scratches to dreadful burns, fractures and so on, were being cared for by several passenger doctors who were assisting the ship's doctor and a few nurses and

volunteers. There I worked until nearly midnight. I was very glad to do this bit to help out. We fished out all the clothes we could and some dispensed these.

"Everybody was helpful generally and kind. The ship's hands worked tremendously. We were so safe on our beautiful ship, cannot send relief, and relief from other countries must be so slow because

People came aboard yesterday who had had nothing to eat since the disaster—two whole days. Last night the cabins were all full and the decks were full. The passengers made up a purse of \$6000 for those left so destitute by the disaster.

"Thursday—Well, after a day in the harbor doing all we could, we left on Tuesday morning for Kobe. I helped in the dispensary again all day Tuesday. It was fearfully hot and dry yet.

"We arrived at Kobe on Wednesday morning, and left for Shizuoka that evening, not knowing at all whether there was any Shizuoka. It seemed impossible to get any authentic information, but I found Shizuoka had escaped the earthquake.

I hear there is a chance to mail this, so will send it along. We are anxious to hear about our property in Tokio, and from Miss Robertson."

Every drop of
**SCOTT'S
EMULSION**
is pure, clean,
Life giving

KENDALL'S SPRAIN TREATMENT

Keep Kendall's always in the barn. A strained muscle, a sprung tendon, a jolt or a knock demands immediate attention. A few hours' delay will result in a long lameness—perhaps in the loss of the horse. Kendall's Spavin Treatment has saved more horses than all the other known remedies. Under the name of Kendall's Spavin Cure, it is the forty-year-old standby of horsemen, farmers and veterinarians.

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NO one starting out in life ever expects to fail. Youth is always hopeful, but hope alone cannot bring success.

If your hope is to see your boy a success in the world, securing independence and comfort—the vision of so many, yet the attainment of so few—adopt a regular savings plan for him now, and teach him in his tender years the value of saving something out of every dollar.

THAT WAY LIES HIS SUCCESS.

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Best Molasses per gal.....**\$1.00**
13 lbs. Beans.....**\$1.00**
13 lbs. Surprise Soap.....**\$1.00**
13 lbs. Pearl White Soap.....**\$1.00**
13 lbs. Comfort Soap.....**1.00**
13 lbs. Gold Soap.....**1.00**
Seeded Raisins 15 oz.....**20c**
Seedless Raisins 15 oz.....**20c**
Seeded Raisins 11 oz.....**15c**
6 cans Tomatoes.....**\$1.00**
6 cans Peas.....**\$1.00**
5 cans Blue Berries.....**\$1.00**

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Grapes, Apples, Pears, Plums, Peaches, Oranges, Bananas.

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Fresh Vegetables arriving daily.

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