

GRAND TRUNK

EAST BOUND—
Mail train, 8:37 a. m., daily except Sunday.
Mixed, 12:40 p. m., daily except Sunday.
Express, 2 p. m., daily.
International Limited, 5:18 p. m., daily.
Express, 9 p. m., daily except Sunday.
WEST BOUND—
Acco., 8:30 a. m., daily except Sunday.
Express, 12:52 p. m., daily.
Mail, 4:18 p. m., daily except Sunday.
International Limited, 9:24 p. m., daily.
Mixed, 2:30 p. m.

PERE MARQUETTE

Leaves Chatham for—
South and P. M. West, 8:25 a. m.
M. C. B. West, 9:00 a. m.
South and P. M. West, 4:10, and to Rouleau.
South and P. M. East, 6:15.
Arrive at Chatham from—
East, 9:40 a. m.
West, 10:30 a. m.
East, 6:30 p. m.
Waukegan, 7:30 p. m.
From the North—
Arrive from Sarnia 9:00 a. m.; 6:15 p. m.
For Sarnia, 9:40 a. m.; 6:30 p. m.

THE WABASH SYSTEM

Wabash trains leave Chatham: **WEST BOUND.**
No. 1-7.12 a. m. for Detroit, Chicago and St. Louis.
No. 2-1.04 p. m., solid train for St. Louis.
No. 18-1.20 p. m., for Detroit and Chicago.
No. 5-9.38 p. m., solid train for Detroit and Chicago.
No. 9-1.10 a. m., fast mail for St. Louis and Kansas City.
EAST BOUND.
No. 2-1.05 p. m., for St. Thomas, Tillamook, Simcoe, Buffalo, New York and Boston.
No. 4-1.15 p. m., fast train for St. Thomas, Buffalo, New York and Boston.
No. 6-2.02 a. m., for St. Thomas, Niagara Falls and Buffalo.
No. 8-3.07 p. m., fast mail for St. Thomas, Buffalo and New York.

WABASH

WESTERN EXCURSIONS

Sept. 19th, 20th and 21st
The Wabash System
will sell round trip tickets from Chatham to

Detroit.....\$1.50
Grand Rapids.....\$5.45
Saginaw.....\$4.10
Chicago.....\$7.75
Bay City.....\$4.20
Cleveland (via D. & C.).....\$4.00
St. Paul & Minneapolis \$28.40
or \$31.95 (according to route.)

Good going September 19th 20th and 21st, good to return until Oct. 7th, 1907.

See Wabash Ticket Agents for full particulars, or address:
J. A. RICHARDSON,
District Passenger Agent N. E. Cor. King and Yonge Streets, Toronto, or St. Thomas.

W. E. RISPIN, City Pass. Agt., J. C. PRICHARD, Depot Agent.

GRAND TRUNK RAILWAY SYSTEM

Western Excursions

SPECIAL LOW ROUND TRIP RATES FROM CHATHAM

September 19th, 20th and 21st

Detroit, Mich.....\$1.50
Bay City, Mich.....3.80
Grand Rapids, Mich.....5.45
Saginaw, Mich.....4.10
Chicago, Ill.....7.75
Cleveland, Ohio via Detroit & D.C. 4.00
St. Paul & Minneapolis.....\$28.40 & \$31.90
Valid for return on or before Monday, Oct. 7th, 1907.

FARMERS WANT MORE HELP IN THE NORTHWEST

An Additional Farm Laborer's Excursion will be run on Sept. 17th, 1907—

\$12.00 from all stations in Ontario.

For tickets and full information call on Mr. W. E. Rispin, City Agent, 115 King Street; Mr. J. C. Prichard, Depot Agent, or write J. A. McDonald, D. P. A., Union Station, Toronto, Ont.

L. Rate Western Excursions

RETURN FROM CHATHAM TO

Detroit \$1.50 Grand Rapids \$5.45

Saginaw \$4.10 Chicago \$7.75

Bay City \$4.20 Cleveland \$4.00

St. Paul and Minneapolis \$28.40 or \$31.90

According to route.

GOING SEPT. 19, 20 and 21

RETURN LIMIT OCT. 7, 1907

No Stop-Overs.

Tickets and full information at Chatham Office; E. Franklin, City Ticket Agent, corner King and Fifth Streets, or write C. B. Foster, D. P. A., C. P. R., Toronto.

A Mild Larative

Ask your doctor to name some of the results of constipation. His long list will begin with sick headache, biliousness, dyspepsia, thin blood, bad skin. Then ask him if he would recommend your using Ayer's Pills for constipation. Just one pill at bedtime, a few times, that's all.

J. C. Ayer & Co., Lowell, Mass.

LOOKING AT SPORTS.

Eminent Physician Says That People Should Join In Games.

"We have," said Dr. Davy in a remarkable presidential address to the British Medical Association at Exeter in discussing the effect of changed habits on the nation's health, "perhaps as great a love of games as ever, but much of the muscular work has been taken from them. Your rich man sits on his sofa, while his grouse or his pheasant are driven towards him, instead of walking the moors or woods to find them. The poorer man pays his entrance money to see a few experts playing cricket or football, instead of playing the game himself, while some of the most manly and best exercises, such as wrestling, boxing and fencing, have almost become extinct. By physical culture alone can we have a proper remedy for the muscular degeneration so prevalent. It ought to be considered by every educational authority. Every school in the country should be under a properly trained medical officer."

As to food, facts and fancies of various more or less eminent individuals have been allowed far too much prominence, sometimes bringing the subject into ridicule. The feeding of civilized man was not merely a question of "stoking the engine." No harm is done by cooking the food in a tempting and pleasant way, provided the scientific amounts be not greatly exceeded. "I expect," said the president, "that the exquisitely cooked food of a first-class chef is far more digestible and healthy than the same food unappetizingly cooked by an ignorant general servant."

A great part of the terrible infant mortality, was directly traceable to the absolute ignorance of the great majority of our nation on all questions of food, elementary hygiene and science.

The association and the press should urge on statesmen the need for making elementary physiology and hygiene a compulsory part of the education of all children. Referring to consumption, Dr. Davy said that Great Britain contains 600,000 poor patients with a preventable infectious disease, the large majority of whom are bound to die of a lingering illness. It was time something was done officially. He thought that the Government, having obtained the best expert and other opinion, and having considered the precautions in other countries, should bring forward legislation to deal with the disease. In conclusion, he showed what Japan had done by introducing physical exercises, gymnastics and games into all the schools, preserving the health and physique of the nation. England should do the same, or else must take a back seat in that course of nations in which only the fittest will be supreme.

Tooke COLLARS

fit the neck snugly and hold the tie up in the correct position. They always look neat. Natty dressers demand Tooke collars. 15c or 2 for 25c, and 20c or 3 for 50c.

TOOKE BROTHERS LIMITED MONTREAL-CANADA

CADADIAN PACIFIC.

WEST

No. 3-Daily 12:38 a. m. for Detroit, Chicago St. Paul and all points West and South.

No. 5-Daily 1:11 p. m. for Detroit, Chicago St. Louis and all points West and South.

EAST

No. 4-Daily 2:52 a. m. for London, Woodstock Galt, Toronto, Montreal and all points East and West.

No. 6-Daily 3:23 p. m. for London, Woodstock Galt, Toronto, Montreal and all points East and West.

No. 10-Daily (Except Sunday) 6:43 a. m. for London, Woodstock, Galt, Toronto and all points North and East.

For tickets and full information call on Mr. W. E. Rispin, City Agent, 115 King Street; Mr. J. C. Prichard, Depot Agent, or write J. A. McDonald, D. P. A., Union Station, Toronto, Ont.

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OLD-ESTABLISHED CUSTOM.

Origin of the Race for Doggett's Coat and Badge.

By the race for Doggett's Coat and Badge and the accompanying £10, which was won by A. T. Cook of Hamworth, very recently, a very old-established custom was honored, and an interesting personality brought to mind. The race was first rowed in 1715 by six young watermen from Old Swan, London Bridge, to the White Swan, at Chelsea, for a waterman's coat and silver badge, given by one Thomas Doggett, an Irishman, around whom time and tradition have woven many strange tales. Doggett, we learn, was an actor who enjoyed much popularity in the early part of the eighteenth century.

"In dressing a character to the greatest exactness," says Colley Cibber, "he was remarkably skillful." Without stepping into the least impropriety, he could be extremely ridiculous, an accomplishment which aided his popularity. It is in quite another direction, however, that he is most interesting to posterity. He was an ardent politician. The connection between his politics and rowing matches is, perhaps, not at first evident. There is such a connection, however, for the actor-politician was an enthusiastic advocate of the Hanoverian succession. It was in honor of the accession of the First George that the institution of the coat and badge was founded.

The Farmer's Wife

Is very careful about her churn. She adds it thoroughly after using, and gives it a sun bath to sweeten it. She knows that if her churn is not put into the butter that is made in it. The churn is a churn. In the stomach and digestive and nutritive tracts are performed processes which are almost exactly like the churning of butter. Is it not apparent then that if the stomach-churn is foul it makes foul all which is put into it?

The evil of a foul stomach is not alone the bad taste in the mouth and the foul breath caused by it, but the corruption of the pure current of blood and the dissemination of disease throughout the body. Dr. Pierce's Golden Medical Discovery makes the sour and foul stomach weak. It does for the stomach what the washing and sun bath do for the churn—absolutely removes every taint or corrupting element. In this way it cures blotches, pimples, eruptions, scurfulous swellings, sores, or open eating ulcers and all humors or diseases arising from bad blood.

If you have bitter, nasty, foul taste in your mouth, coated tongue, foul breath, are weak and easily tired, feel depressed and despondent, have frequent headaches, dizzy attacks, gnawing or distressing stomach, constipated or irregular bowels, sour or bitter risings after eating and poor appetite, these symptoms, or any considerable number of them, indicate that you are suffering from biliousness, torpid or lazy liver with the usual accompaniment of indigestion, or dyspepsia and their attendant derangements.

The best agents known to medical science for the cure of the above symptoms are Dr. Pierce's Golden Medical Discovery, and Dr. Pierce's Golden Medical Discovery. The best agents known to medical science for the cure of the above symptoms are Dr. Pierce's Golden Medical Discovery, and Dr. Pierce's Golden Medical Discovery. The best agents known to medical science for the cure of the above symptoms are Dr. Pierce's Golden Medical Discovery, and Dr. Pierce's Golden Medical Discovery.

London Gives Up Meat.

One of the features of the London season now closing has been the objection to long and elaborate meals among the swell set. This tendency has been particularly observable in the most fashionable restaurants, where it has often taken the form of form, peas and other summer vegetables being frequently ordered as separate dishes and consumed liberally, while the meat was sent away untouched.

The manager of a west end hotel, who has been busy by the prevailing simplicity in eating, instances among other things, the case of a millionaire who for several weeks was a guest at the hotel. He dined regularly on a plate of clear soup, a tiny piece of fish plainly cooked, two small cutlets, a cereal quantity of peas, and one or two glasses of white wine.

Another caterer says there has undoubtedly been a craze this year for simpler meals, but food fads, like others, he says, run in cycles, and fashionable people will soon tire of frugality and return to a more substantial mode of living.

PAIN

Pain in the head—pain anywhere, has its cause. Pain is congestion, pain is blood pressure—nothing else. At least it is in the head, and it is proved it is by a little pink tablet, that Dr. Shoop's Headache Tablets—the effect is charming, pleasingly delicate, gentle, though strong, it surely equalizes the blood circulation. If you have a headache, it's blood pressure. If it's painful periods with women, same cause. If you are sleepless, restless, nervous, it's blood pressure. If you are dizzy, it's blood pressure. If you are certain, for Dr. Shoop's Headache Tablets stop it in 20 minutes, and the tablets simply distribute the muscular blood pressure away from pain centers. Bruise your finger, and doesn't it get red, and swell, and pain you? Of course it does. It's congestion, blood pressure. You find it where pain is—always. It's simply Common Sense. We sell at 25 cents, and cheerfully recommend.

What the Public Approves.

"Think he will cross the Styx politically."

"Not if he uses the big sticks for oars."

Got His.

"That fellow was out for the coin."

"Then what?"

"Then he got in for ten years."

Dr. Shoop's Headache Tablets "ALL DEALERS"

Minard's Liniment cures Dandruff

Humor and Philosophy

By DUNCAN M. SMITH

PERT PARAGRAPHS.

It doesn't require a very fast person to run up bills.

The more you know about some things the less you know.

One way to be happy though married is to forget it.

A wife is necessary to teach a man how much he has lost.

The more a woman talks to her husband the less he listens.

Race suicide may be imminent, but the parents of twins have not noticed it.

It is necessary for some people to work hard in order that others may live soft.

With most men "soon" means "at my leisure."

You may not know when you are happy, but you sure know when you are miserable.

A wise husband invariably has a clever wife.

The man that really likes working in his garden does not have any time to sit around and talk about it.

If estates were half so industrious and self reliant as weeds are it would be a joy to the agriculturist.

People can't really be called selfish when they occasionally find a thing too good to keep.

Wasn't Cheap.

"There goes an alderman that I tried my best to bribe once upon a time, but could not make it."

"He must be an honest man."

"No, I didn't have money enough."

The Off Year.

Well, we take a rest this year.

From politics.

The campaign will only break out in spots.

Here and there they will pick a governor.

Or a judge.

But the supreme agony will not be in our midst.

True, some excitable gentlemen who are more anxious to run than the people are to push them along.

Will insist that we take a day off.

And pick our presidential candidates before they are ripe.

But the common people will feel constrained to put in a little "no."

To their invitation to have a brain storm.

Next year.

If a comet doesn't hit us.

Will be time enough.

And then some of the fellows now in the race may not be running.

Quite so hard.

Ever After.

"Hear about Jones? He was up before the judge yesterday."

"What did his honor do to him?"

"You gave him a life sentence."

"You don't say? What had Jones been doing to merit such severe punishment?"

"Only getting married."

He Took the Least.

THE WHIMPLE

There was a man in our town

And he was wondrous wise;

He jumped into a bramble bush

And why was that considered wise

Or even bright or pert?

He saw an auto coming down

And took the lesser hurt.

How Near He Got.

"Now, Johnny, when I call the roll don't shout 'Here!' Say 'Present' in a low tone of voice."

"Yes, ma'am."

"Think you can remember?"

"Yes, ma'am."

"Try it, then. 'Johnny Jones?'"

"Christmas gift."

"What the Public Approves."

"Think he will cross the Styx politically."

"Not if he uses the big sticks for oars."

Got His.

"That fellow was out for the coin."

"Then what?"

"Then he got in for ten years."

THE MARKETS.

Liverpool Wheat Futures Close Lower, Chicago Higher—Live Stock—Latest Quotations.

Saturday Evening, Sept. 14. Liverpool wheat futures closed 1-8d lower than yesterday; corn 1-8d lower. At Chicago, September wheat closed 1-4c higher than yesterday. September corn 1-3-4c lower and September oats 1-1-2c lower.

Following are the closing quotations on Winnipeg grain future to-day: Wheat—Sept. \$1.01 bid; Oct. \$1.01 7-8 asked, Dec. \$1.02 bid. Oats—Sept. 45c bid, Oct. 45 1-2c bid, Dec. 45c asked.

Toronto Grain Markets. Wheat, spring, bush.....\$1.02 1/2
Wheat, fall, bush.....\$1.02 1/2
Wheat, goose, bush.....\$1.02 1/2
Wheat, red, bush.....\$1.02 1/2
Peas, bush.....\$1.02 1/2
Barley, bush.....\$1.02 1/2
Oats, new, bush.....\$1.02 1/2
Oats, old, bush.....\$1.02 1/2

Toronto Dairy Market. Butter, dairy, lb. rolls.....\$0.23
Butter, tubs.....\$0.23
Butter, creamery, lb. rolls.....\$0.23
Eggs, new-laid, dozen.....\$0.23
Cheese, large, lb.....\$0.12 1/2
Cheese, twin, lb.....\$0.12
Honey, extracted, lb.....\$0.11

Liverpool Grain and Produce. Spot nominal; futures firm. Sept. 14. Dec. 14. March 14. Corn, spot firm; prime mixed American, 15 1/2d. Futures, steady; Sept. 14. Oct. 14. Nov. 14. Peas, Canadian, firm, 11 1/2d; flour, winter patents, steady, 23s. Hope in London for patents, steady, 23s. Hope in London for patents, steady, 23s.

Long clear middles, heavy, steady, 53s. Long clear middles, heavy, steady, 53s. Long clear middles, heavy, steady, 53s.

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