



**THE POTATO.**

Some Doubts as to Its Introduction.

Thomas Carlyle once declared that "the biggest gold nugget ever found was never half so useful to the world as one good mealy potato." Yet the potato had a hard fight for recognition. It is probable that the potato was originally an American plant, but its use became universal through its adoption as an article of food in Europe.

There are many claimants for the honor of its introduction. Some say that it was the naturalist Clusius who planted the tuber in the Botanical Gardens at Vienna in 1588, but the Spaniards say that the plant was brought from South America about 1580. They assert it was taken from Spain into Italy and Belgium, and that it was from a Belgian that Clusius obtained his roots.

There are other stories, however. Sir John Hawkins on returning from Santa Fe in 1563 had with him some potatoes, but it is more than probable that they were yams or "sweet potatoes," the same that Columbus described as "not unlike chestnuts in flavor." Sir Walter Raleigh is said to have got the real potato from Virginia in 1586, but his claim is disputed, and it is asserted that the genuine "Irish" potato is a native of Chile.

Minard's Liniment Co., Limited.

Gents,—I cured a valuable hunting dog of mange with MINARD'S LINIMENT after several veterinarians had treated him without doing him any permanent good.

Yours, etc.,

WILFRID GAGNE.  
Prop. of Grand Central Hotel,  
Drummondville, Aug. 3, '04.

Tradition has it that Sir Francis Drake made a present of potato roots to Raleigh, who planted them in his garden in County Cork in 1594, but it is not until 1610 that we have any authentic record of potatoes in Ireland. In 1697 a book on herbal medicine was written by Gerard, the frontispiece to which was a portrait of the author holding a potato in his hand.

When potatoes were first used for food it was the "seed" or "apple" that was used, and it was some time before the tuber was found to be the most delicious food. Up to the end of the seventeenth century the potato was out of the reach of people of moderate incomes. It is recorded that in 1663 potatoes were sold at one shilling (25 cents) a pound in the London markets, but the sale was small because so many people believed that the potato caused leprosy and fever. Others declared that they were endangering their souls if they ate the potato, since the tuber was not mentioned in the Bible.

It appears that nothing or little was known of the potato in Scotland until long past the middle of the eighteenth century. The Duchess of Buccleuch in her "Household Book" for the year 1701, speaks of the potato as "an esculent of great rarity."

There is no doubt that the Irish were the first people to recognize the value of the potato as a staple article of food.

**Send Your Cream TO THE Best Market in Canada**

We supply cans and pay express. Cash weekly. Write for cans now. Don't let your biggest month go by without taking advantage of our prices. Representatives wanted in every locality; write us.

**H.N. CARR & CO., Ltd.**  
193 King St. East Hamilton, Ont

**THE MIDDLE TEMPLE.**

Holds Stage Where Queen Bess Saw Shakespeare.

The hall of the Middle temple, London, contains a table made from a tree presented by Queen Elizabeth.

The top is 30 feet long and 3 inches thick and forms "the high table" for the Benchers of the Inn. The dais on which it stands is at the western end of the hall, and on the actual floor boards of this platform Shakespeare performed "Twelfth Night" for the entertainment of "the Virgin Queen," who opened the hall in 1572.

The eastern end of the hall is occupied by a magnificent carved screen, finished in 1574, the upper part of which forms the Minstrels' gallery.

The walls of the hall are paneled to a great height, and both the panels and windows above are richly embellished with the coats of arms, dating from the sixteenth century, of legal luminaries, members of the Inn. Among them may be observed the arms of Sir Walter Raleigh, Peyps and of the present lord chancellor and the present lord chief justice of England. Portraits by Vanduyck, Lely, Kneller and Murray, together with suits of well-preserved armor, greatly add to the mural adornment of this historic edifice.

**SAVE THE CHILDREN**

Mothers who keep a box of Baby's Own Tablets in the house may feel that the lives of their little ones are reasonably safe during the hot weather. Stomach troubles, cholera infantum and diarrhoea carry off thousands of little ones every summer, in most cases because the mother does not have a safe medicine at hand to give promptly. Baby's Own Tablets relieve those troubles, or if given occasionally to the well child will prevent their coming on. The Tablets are guaranteed by government analyst to be absolutely harmless even to the newborn babe. They are especially good in summer because they regulate the bowels and keep the stomach sweet and pure. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

**"Shinplasters."**

One of the curious forms of money which the United States government has resorted to was the "shin-plaster currency." These bits of paper money were called "shinplasters" by reason of their size and not because of the use to which they were put. It was a strange condition of affairs which led to their issue. The Civil War had put a great strain on the finances of the United States. Metallic money grew scarce. In the first place it was exported and in the second place it was hoarded in vast sums. The government had issued "greenbacks" to take the place of silver dollars and five and ten dollar gold pieces, and as dimes, quarters and halves had also grown scarce it was decided to issue fractional paper currency. It was seriously needed, because there was great inconvenience throughout the country from a lack of small change. Merchants used postage stamps, tokens of various forms, their own "promises to pay" or script, and even buttons were employed as small change, to be later redeemed by the merchants in goods. It was to meet such conditions as these that the government issued small paper notes in denominations of 10, 25 and 50 cents.

Minard's Liniment Cures Garget in Cows.

**Buttons.**

The Elizabeth era gave vogue to the button and buttonhole, two inventions which may be regarded as important, since they did much to revolutionize dress. The original button was wholly a product of needlework, which was soon improved by use of a wooden mould. The brass button is said to have been introduced by a Birmingham merchant in 1689. It took 200 years to improve on the method of sewing the cloth upon the covered button. Then an ingenious Dane hit upon the idea of making the button in two parts and clamping them together with the cloth between.

The most important branch of the button industry in the United States is the making of pearl buttons, the material for which is obtained from shells gathered along the Mississippi River. The industry has grown up within the last twenty years.

Minard's Liniment Cures Diphtheria.

**End Your Catarrh To-day**

Catarrh sufferers, meaning those with colds, sore throat, bronchial trouble, etc., can all be cured right at home by inhaling "Catarrhose." In using Catarrhose you don't take medicine into the stomach—you just breathe a healing piney vapor direct to the lungs and air passages.

The purest balsams and the greatest antiseptics are thus sent to every spot where catarrhal trouble exists—germs are killed, foul secretions are destroyed, nature is given a chance and cure comes quickly.

Colds and throat troubles can't last if the pure healing vapor of Catarrhose is breathed—sneezing and coughing cease at once, because irritation is removed.

Use Catarrhose to prevent—use it to cure your winter ills—it's pleasant, safe and guaranteed in every case.

**Sootch Stew.**

The cheapest cut of lamb or mutton may be used in making this stew, but all skin and fat must be trimmed away. Three pounds of the meat cut into small pieces will make a meal for a large family. Put it in the kettle, after washing it, and cover with three pints of cold water, bring quickly to a boil, skim and add half a cup of barley that has been soaked in cold water over-night. After the stew has again reached the boiling point, draw the kettle to that part of the stove where its contents will simmer gently for an hour and a half. Fry in drippings or butter a quarter-cup each of chopped turnip, carrot, and onions. When these soften a little, which will require about five minutes, add them to the stew. Salt and pepper to taste, then continue simmering until the vegetables are done, then stir in two tablespoonfuls of flour rubbed to a cream in one tablespoonful of butter, and cook until slightly thick. This is the famous dish of Scotland, and for school children or hard-working people it cannot be beaten. Serve very hot.

Minard's Liniment Cures Colds, Etc.

**Interested in Strangers.**

Many of the native customs mentioned by "Merrigal" as Samoan or Melanesian seem to be observed all over the western Pacific, the Sydney (Australia) Bulletin says. The extreme deference to the chiefs was practiced by the Maoris and Fijians particularly. In Papua the Trobriand natives are the only tribe with any regard for the claims of high descent. They never stand in a chief's presence, much less walk past him. The custom of placing a stone in a leaf on a path as a "no thoroughfare" sign is common in Papua.

A favorite trick there is to knot a vine or long grass across the tracks as a warning to go back. The north-eastern Papuan welcomes a visitor by feeling over and pinching the caller's arms and trunk, remarking at the same time what splendid condition he's in. Coming from a people who have been and are, when they get a chance, unblushing cannibals, this is rather disconcerting, however complimentary.

**\$100—REWARD—\$100**

Catarrh is a local disease greatly influenced by constitutional conditions. It therefore requires constitutional treatment. HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous Surfaces of the System. HALL'S CATARRH MEDICINE destroys the foundation of the disease, gives the patient strength by improving the general health and assists nature in doing its work. \$100.00 for any case of Catarrh that HALL'S CATARRH MEDICINE fails to cure. Testimonials free. F. J. Cheney & Co., Toledo, Ohio.

**THREE GOOD RECIPES.**

**Vegetable Pie, Cold Savory, Snow Cream.**

Why not try vegetable pie with crust. For it take two onions, two carrots, one turnip, outer leaves of celery (best part reserved), half a pint of icon bone stock, one ounce of lentils.

Wash, clean and prepare the vegetables, cut them into small pieces and arrange them in a pie dish in layers, putting the lentils, which have previously been soaked for twenty-four hours, in the centre; pour over the the stock and half a pint of water, put into the oven with a dish over it, and bake for two hours (or it could be boiled in a sautepan and put into a pie dish afterward if more convenient). Mix a fairly stiff paste, roll out and place over the vegetables in the pie dish, trim the edge and mark it neatly, bake in a moderately hot oven for three-quarters of an hour.

**Cold Savory**—To make cold savory take six oysters, two hard-boiled eggs, a little bestroot cut in strips, two sticks of celery cut in strips, one tablespoonful of mayonnaise and fill six small paper cases with the mix-

ture. Put a slice of hard-boiled egg on the top and sprinkle with salt and cayenne and place a blanched and broiled oyster on the top of the egg. Garnish with parsley. Shrimps or flakes of cold cooked fish can be substituted for oyster. Any cooked vegetables, such as peas, small dice of carrots, and potatoes, or cooked finely shredded French or scarlet runner beans can be used for salad, and this can be made in one large dish if liked. **Snow Cream**—For snow cream take two ounces of confectioner's sugar, two ounces of jam, two whites of eggs, two spoonfuls of red jelly. Whip all together for half an hour, and then stir in about four tablespoonfuls of boiled rice. The jelly and sugar may be omitted, but in that case the sweet takes much longer to whip.

**Effigies Thought to Bring Luck.**

The scarab of the land of the Pyramids is the expression of the hope of resurrection and the desire to live long. As the beetle was supposed to be always born anew, so the carrying of the beetle or its image came into the customs of the ancients. The warriors of an elder day hung the images of gods about their necks, and many of the brooches and pins of the old fighters were the effigies of luck-bringing divinities.

**Candied Fruits.**

Candied fruits are delicious. Limes, apricots, pines, pineapple. And other tasty ones.

**CURED HIS RHEUMATISM!**

"I am eighty-three years old and I doctored for rheumatism ever since I came out of the army, over 50 years ago. Like many others, I spent money freely for so-called 'cures' and I have read about 'Uric Acid' until I could almost taste it. I could not sleep nights or walk without pain; my hands were so sore and stiff I could not hold a pen. But now I am again in active business and can walk with ease or write all day with comfort. Friends are surprised at the change. You might just as well attempt to put out a fire with oil as try to get rid of your rheumatism, neuritis and like complaints by taking treatment supposed to drive Uric Acid out of your blood and body. It took Mr. Ashelman fifty years to find out the truth. He learned how to get rid of the true cause of his rheumatism, other disorders and recover his strength from 'The Inner Mysteries' now being distributed free by an authority who devoted over twenty years to the scientific study of this trouble. If any reader of this paper wishes 'The Inner Mysteries of Rheumatism' overlooked by doctors and scientists for centuries past, simply send a post card or letter to H. P. Clearwater, 655-C Street, Hallowell, Maine. Send now, lest you forget! If not a sufferer yourself, cut out this notice and hand this good news and opportunity to some afflicted friend. All who send will receive it by return mail without any charge whatever."

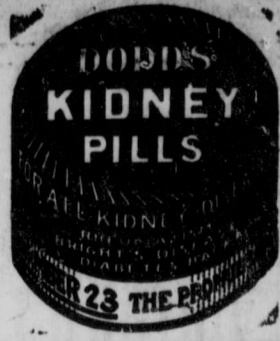
**SKATING ON SALT.**

Good as Ice Rink Except in Very Warm Weather.

Nature has been conquered once more. Men can skate not on ice, but on salt. A salt skating rink, constructed by a patented process, was recently exhibited and operated in Berlin.

All skaters will welcome the invention of a method of producing by purely chemical means and without the employment, or a costly refrigerating process of saline crystalline mass which exhibits all the characteristic properties of ice. The surface of the mass can scarcely be distinguished from a surface of natural or artificial ice, and the resemblance is increased by the fact that the shavings produced by the skates have all the appearance of snow. The mass is entirely odorless and contains no ingredient injurious to the health or the clothing of the skaters. It can be utilized for skating with ordinary ice skates in every season and climate, except when the temperature is higher than 86 degrees F.

The mass can be applied to any tight floor of wood, cement or asphalt, from which it can easily be removed by chipping or steaming. It is preferable to construct the skating floor in a building, but it may be installed



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**HELP WANTED—MALE.**

**SUPERINTENDENT FOR WOOLLEN Mill**, for night work. Must thoroughly understand Carding and Spinning, and be a good manager of help. Good position to right man. Apply, stating age and full details of experience, to Silingsby Mfg. Co., Brantford, Ont.

**WANTED—BOSS WEAVER**, FOR Crompton and Knowles Looms, on heavy work, first class opening to right man. Apply, stating age and full details of experience, to F. O. Box 5, Hamilton.

**MISCELLANEOUS**

**IT IS ALWAYS SAFE TO SEND A Dominion Express Money Order. Five Dollars costs three cents.**

**AUTO OWNERS AND MECHANICS.** Don't lose your tools. Stamp your name on every one and be insured against loss and theft. We will make for you a Stamp hand cut from tool steel. It will last a lifetime; send \$05 for each letter of your name and 10c postage. If only your initials are required send \$05. Crown Stamp & Die Works, Waterdown, Ontario.

**NURSING.**

**NURSING—NURSES EARN \$15 TO \$25 a week.** Learn without leaving home. Send for free booklet. Royal College of Science, Dept. 134, Toronto, Canada.

**FARMS FOR SALE**

**125 ACRES NEAR WATERFORD,** 100 under cultivation, 13 acres of hardwood brush, balance pasture land, good sand loam soil, 2 storey white frame house, stone basement, barns with other necessary outbuildings, 2 miles to electric cars, all health is reason for selling, price \$10,000, \$2,500 cash, balance \$5, Chas. E. Shaver & Co., 38 James street south, Hamilton.

**200 ACRES—PETERBORO COUNTY,** comfortable house, log barn, 18 acres cleared, balance pasture and timber; some crop now in; all for \$800. Write or phone C. P. Doherty, Kilmont, Ont.

**ONE TEN ACRE, AND ONE 25 ACRE** fruit farm, all varieties of fruit, soil, clay loam, with good buildings, farms on the Hamilton, Niagara Falls Stone Road, street car stops at farms, also they adjoin the town of Beamsville. Will sell or exchange. Apply, E. J. Griffiths, 1150 College street, Toronto, Ont.

**500 ACRES SANDY LOAM, 25 ACRES** in bush, 75 miles from Toronto. Good house and barn. Will sell in block or sections. Apply, Albert Brennen, 127 Barton street east, Hamilton.

**HOME BUILDERS.**

Write for Free Book of House Plans, and information telling how to save from two to four hundred dollars on your new home. Address, Haldiday Company, 11 Jackson Street East, Hamilton, Ontario

**BUSINESS CHANCES**

**FOR SALE—MOVING PICTURE MA-** CHINE, reels, slides, screen, electric attachment, gas tank and outfit; will exchange for medium size gasoline launch in good condition. Address Box 7, Kearney, Ont.

**FOR SALE OR EXCHANGE.**

**HOUSE WITH EVERY CONVEN-** lence in village of Grimsby. Steam heated, car stops at door. Would consider exchange for same or smaller place between Stoney Creek and Brantford. Apply, Box 36, Grimsby, Ont.

In the open air if it is protected from rain and drying winds.—Scientific American.

Minard's Liniment Cures Dietsemper.

Some men are born fools, some acquire foolishness and others have folly thrust upon them.

**Keeps Harness New and Axles Strong**

**Imperial Eureka Harness Oil**  
—gets into the leather. Keeps it supple—looking new and strong as new. Keeps insects and moisture out. Prevents drying and cracking. Keeps breakage and repair bills down. Sold in convenient sizes.

**Imperial Eureka Harness Grease**  
—prevents spindles wearing thin and hubs getting loose. The powdered mica and grease coats both spindle and hub lining with a covering of perfect lubrication that fills all pores and smooths all rough places. Makes loads easier to haul, reduces strain on harness and horses.

Sold in many sizes—1 lb. to barrels.

**IMPERIAL OIL LIMITED**  
**AT DEALERS EVERYWHERE**