

SPORT SHORTS

WOMEN'S ATHLETICS



basketball

The Yeowomen defeated the Guelph Gryphons 43-41.

field hockey

In exciting field hockey action, the Yeowomen defeated Carleton 4-0, McGill 8-0, and Trent 9-0. Sherri Field played in only two of the three games and scored six goals bringing her total to 19 goals this season.

Yeowomen in action • photo by Michelle Boesener.

soccer

The Yeowomen convincingly defeated the Lady Excalibur's 9-0. Samantha Hellens scored 3 goals, Erica Madinn scored 2, Tabya Williams, Heidi Stannish, Wendy Vile and Claire Rolston scored one apiece.

tennis

On Saturday in a big upset, the Yeowomen outplayed the Golden Gaels to win five matches to 4. In the final match versus Western, York played very well but were defeated 4 matches to 5.

MEN'S ATHLETICS

cross country

The Yeomen finished 2nd of 4 teams with Steve Bell as the top York finisher in 5th place in a time of 28:25.

basketball

The Yeomen placed third in an exhibition tournament at Brandon University in Manitoba over the weekend. York lost to McMaster, 49-75, but defeated Victoria, 81-75. The Yeomen also lost to Brandon University. Marc Bellai was named a tournament all-star.



Mike Gardiner • photo by Michelle Boesener

fencing

The York fencing club had a very successful weekend at the Oktoberfest Classic Tournament in Waterloo, Ontario. The women fared well as Beth Boyce was 3rd, Tami Tesseymann was 7th, and Rose Finter placed 11th. On the men's side David Donovan was 8th and Stanley H. Yee was 10th. The Oktoberfest Classic was the fourth tournament attended by the York fencers this year. York plays at the RMC tournament this weekend. If you are interested in joining the fencing club, either to become competitive or simply for recreation, please contact Stanley Yee at 882-0912.

football

In their last game of the season, the Yeomen were downed by the Laurier Golden Hawks 36-6. The Yeomen finish the season winless for the third consecutive season.



rugby

The undefeated Yeomen continued their winning ways by defeating the Laurier Golden Hawks 6-0.

soccer

The York team triumphed over the Ryerson Rams 1-0. Rob Andriulo scored the lone York goal. The Yeomen and the UofT Varsity Blues played to a 0-0 tie.

Undefeated rugby squad • photo by Michelle Boesener

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Yeomen kick off 92-93 season with a win and a loss despite scoring 19 goals

by Josh Rubin

You'd expect a hockey team which scored 19 goals in two games would come up with a pair of victories.

But that wasn't the case for the York Yeomen this past



weekend as they kicked off their 1992-93 campaign with a loss to Laurentian and a victory over the hapless RMC Redmen.

Friday, York fans got a taste of things to come this season when Graham Wise's squad found the net with surprising ease, but were at times confused in their own end, as the 11-8 final for Laurentian would indicate.

The Yeomen's power-killing unit also had some problems with the Laurier man-advantage, giving up a devastating seven power play goals.

Saturday, the Yeomen defenders tightened up consider-

ably and held the Redmen to just 16 shots en route to an 11-0 victory.

The shutout also provided a measure of redemption for fifth year York netminder Willie Popp, who had been pulled for the second period of Friday's matchup after giving up four goals in the opening frame, something he wasn't exactly overjoyed with.

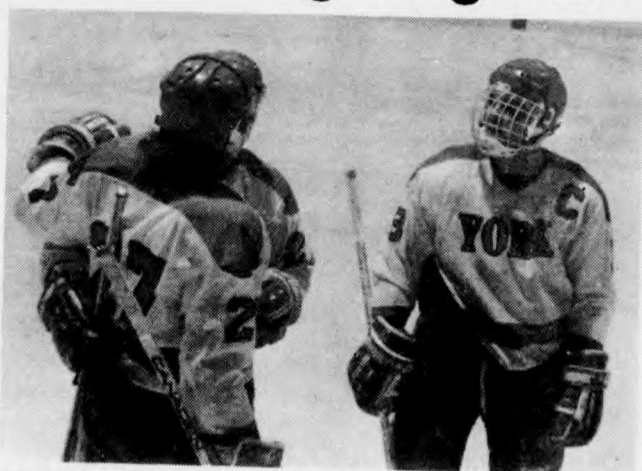
"There were at least two of those goals I really should have had," Popp said.

After Saturday's win, Wise said he was happy with his squad's offensive output, but would have preferred two wins instead.

"I'd rather have four points than all those goals," said Wise.

In a good sign for Wise, though, much of the offence was provided by players who will have to play key roles if York is to have dreams of being contenders this year.

Newcomer Bill Wright, who last year notched 26 goals for the OHL's North Bay Centennials, provided the Yeomen with a pair of goals and an assist in Saturday's blowout while veteran forwards Jimmy Dean and Pino Chiapetta also



Captain Jim Hulton looks on as Matt Stone congratulates a York player after scoring a goal in Saturday's game against RMC. photo by Nicky Davis

carried big loads.

The York defensive squad, however, remains a bit of a question mark, despite their solid effort against RMC.

One reason for the uncertainty is the fact the Yeomen have just one defenceman who has more than two years OUAA experience, third year man Rob Radobenko.

The veteran Radobenko, however, spent much of the weekend in the penalty box, something which Wise acknowledged is a concern.

"Rob's a leader and for him

to be effective, he's got to be on the ice," Wise said.

One defender who was impressive in both matchups, though, was rookie Shane Dungey, who provided the Yeomen with some much-needed toughness on the blueline.

This weekend, the Yeomen head to an exhibition tournament in Duluth, Minnesota. Their next OUAA league game comes Thursday, November 5 when they host last year's national runner-ups from Laurier in a 7:30 start at the Ice Palace.

Top sports medicine facility on campus

by Dale Barrett

The vast majority of students involved in some kind of athletic activity are at risk of some sports-related injury. If you are an armchair athlete, an afternoon walker, or a low impact aerobicist fear not. The more serious injuries usually occur during more strenuous activities such as full-contact hockey and football, as well as in snowmobiling accidents.

York is home to the Alan Eagleson Clinic, one of the top sports medicine facilities in the country. The clinic houses seven therapists who treat over seven hundred people every week.

The clinic is not just a treatment facility for elite and varsity athletes. Most of the patients treated are just average athletes off the street, explained Kelly Parr, a sports therapist in the clinic.



The Eagleson clinic is home to many world class athletes • photo by Dale Barrett.

"We treat all athletes, from the person who lawn bowls once a week to national athletes. We are non-discrimina-

tory," she said.

The most common injuries attended to at the clinic are knee problems and torn liga-

ments. If you are an athlete who participates in tennis, football, track and field, volleyball, or any other sport which involves twisting and/or pivoting, you are at risk of these injuries.

The more serious, and luckily the least common injuries are from the rougher sports such as football and hockey. The major injuries stemming from these areas are serious torn ligaments and "blown knees". A blown knee is where the athlete tears two ligaments, and cartilage. Over 95% of the time, the patient will require corrective surgery, and a healing time of nine to twelve months. The fastest recovery time of a patient in the Alan Eagleson Clinic from a blown knee was six and a half months. The patient was an athlete who was going to the Olympics.

Although some problems require ongoing treatment for long periods of time, most of the patients in the Alan Eagleson Clinic are only one-time patients, who have a problem and are cured in minimal time. The patients who do return, however, have more chronic injuries such as tendonitis (tennis elbow) and other recurring problems. Many of the patients who do have such problems have them for one (or more) of three reasons; Poor biomechanics, equipment, or training.

Like most other sports medicine clinics, it is equipped with free weights, exercise and ultrasound machines. Some more recent additions to the



Like many other sports injury clinics, they are equipped with free weights, exercise and ultrasound machines. Also added is an advanced machine for the strengthening of the knees and calves called the shuttle. • photo by Dale Barrett

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