Entertainment



They say not to anthropomor- Fredericton's own Holly Cole, renowned jazz pianist Oliver ings, so it should be easy.

phise, so I won't. After all, they're who appeared in the first festival, Jones will be here. Jones Whom wild jazz demons not human be- will be bringing her trio back to the Los Angeles Times referred town to appear at the Playhouse. to as "Canada's greatest gift to As part of the third annual Har- Having just released their new jazz since Oscar Peterson himvest Jazz and Blues Festival, and album (Don't Smoke in Bed) with self. Morgan Davis, who has in conjunction with the UNB Stu- its chart-climbing cover of "I Can jammed with legends like Howlent Union the Shuffle Demons See Clearly Now" this promises ing Wolf, James Cotton and

## A Beautiful Thing!

The Food

Corner

with Allan Carter

There has been in North America, ditches along New Brunswick highfor the past few decades, a tremendous fascination with fast food joints. From McDonald's to surprising then to understand the Wendy's, North Americans have mentality behind Beaver's decision probably spent as much time waiting in line for greasy fries as they have looking for work. Doctors, nurses, nutritionist and anyone with a speck of interest in health matters seldom a disappointment in the have been telling us for years that fast food is a big no-no. So in response, fast food joints slowly began to offer alternatives. Instead of buying a burger, a

consumer could buy a "light" burger. And instead of consuming fries, a person could gorge on salad, and so on. But this really did not offer a solution to the increasingly bad eating habits of North Americans. Instead, the few who actually do watch

their eating habits

now may stop at McDonald's to try out a light burger or jog into a Wendy's and dive into the salad bar. But the rest of us simply feel better when we walk by the salad bar carrying two bacon double cheese burgers, fries, and a large chocolate milkshake. Most of us have reasoned that if we at least think of eating healthy we are making a definite start in actually cleaning out our clogged arteries and getting rid of our pot-bellies. Deep down, however, we know we are only fooling ourselves.

ways. Further, many consumers of fast food are young people. It is not to replace the Sizzler in the Student Union Building with a Harvey's. I had the opportunity to "dine" there the other day. As usual, Harvey's is realm of fast food. However, as I munched on a \$2.70 cheeseburger, I could not help but wonder what students will do when they get tired of ordering (and

> eating) hamburgers and hotdogs. Harvey's is a nice change from the Sizzler, but any student who wanted that change in the past could dine at the many fast food joints around Fredericton. While The Deli,

> > Roasters and the

Full Range will offer alternative meals, they will do so only during certain hours. Like the Sizzler, Harvey's will be the "main spot" to eat and, frankly, it offers very little compared to what a student was able to get at the Sizzler. Granted, some of the Sizzler's food was not great, but there was at least a choice.

So while I enjoyed my meal the other day, I don't think I will return to the Harvey's on campus very soon. Unlike the Sizzler, it offers no cold plates or sandwiches. And like most fast food junkies I like a vari-

ria on the first night of the festi- loaded with gems. val. They will be easy to spot, ing hand painted demon duds. hosting an amazing amount of talent, much of which is local, most of which is Atlantic, and all of which promises to be

fantastic.

will be performing in the cafete- to be one of the gems of a festival Muddy Waters.

parable Newfoundland bluesman ton. The festival, which is running Roger Howse will be here, as will So if I don't see you at the cafete-Murphy.

> Newcomers to the festival include Calgary blues guitarist Amos Garrett; Delta style bluesman Poor Charlie; the internationally

This veritable cornucopia of tal-Some of last year's festival fa- ent is going to be just the thing to they're the ones with horns, wear- vourites will be back. The incom- welcome the harvest to Frederic-

from Sept. 15-19 this year, is Theresa Malenfant, and Joe ria, the playhouse or the tent, don't blame me, you were warned ...



Volunteers for Student Union Events Staff 93/94 (Concert crew, security, special events) Applicants must be able to lift 25kg See shows free and receive other benefits Application forms may be obtained from: UNB Student Union, Room 126, SUB September 7–10, 1993, normal business hours Applicants may be called for interview sessions Sept. 13-14 (7:00-9:00P.M.) Only applicants who are willing to make a full year commitment need apply Competition open to all students

Nevertheless, fast food joints ety - my next stop is Wendy's! are now as common as dangerous

## We can do it!



## The Terry Fox Run for Cancer Research Sunday, Sept. 19, 1993

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