

Lifestyle

The future of Lifestyle

This term the Lifestyle section made its debut on the pages of *The Gateway*. The intent is to make this section a voice for

issues that fall between the cracks — issues that are neither News, Sports, nor Entertainment. Lifestyle is also meant to give you a break with humour and light reading. Certainly this section is not restricted to light reading. If

you have issues you would like to see discussed in print, put them on paper. You have the whole summer to get it together! We're looking forward to your contributions in September.

WHAT U WEAR

THE SKIN YOU'RE IN

by Jerome Ryckborst

This is the season when life is good. We've set the clocks forward and with school almost behind us we know what time it is: tan time!

Exposing your skin to the sun boosts your melanin production. Melanin is the pigment which gives you your brown color. Unfortunately it fades when you stop tanning.

Last year's tan has not disappeared completely though. There should still be some faded pigment left from last summer, or this past Christmas. When you are first outdoors enjoying the warmer weather, last year's leftovers will darken while your body builds more melanin.

Summer is the season to expose your skin. It also means exposing your flesh, or flab depending on what you were doing this winter besides studying.

So you're fat? That's okay. All you have to do is stop eating. Start exercising, and suck in your gut while you're waiting (de-weighting?).

For many a fatso the biggest hurdle to losing weight is being seen in public, in stretchy sweats or in some other specially-designed-to-make-your-rolls-show outfit.

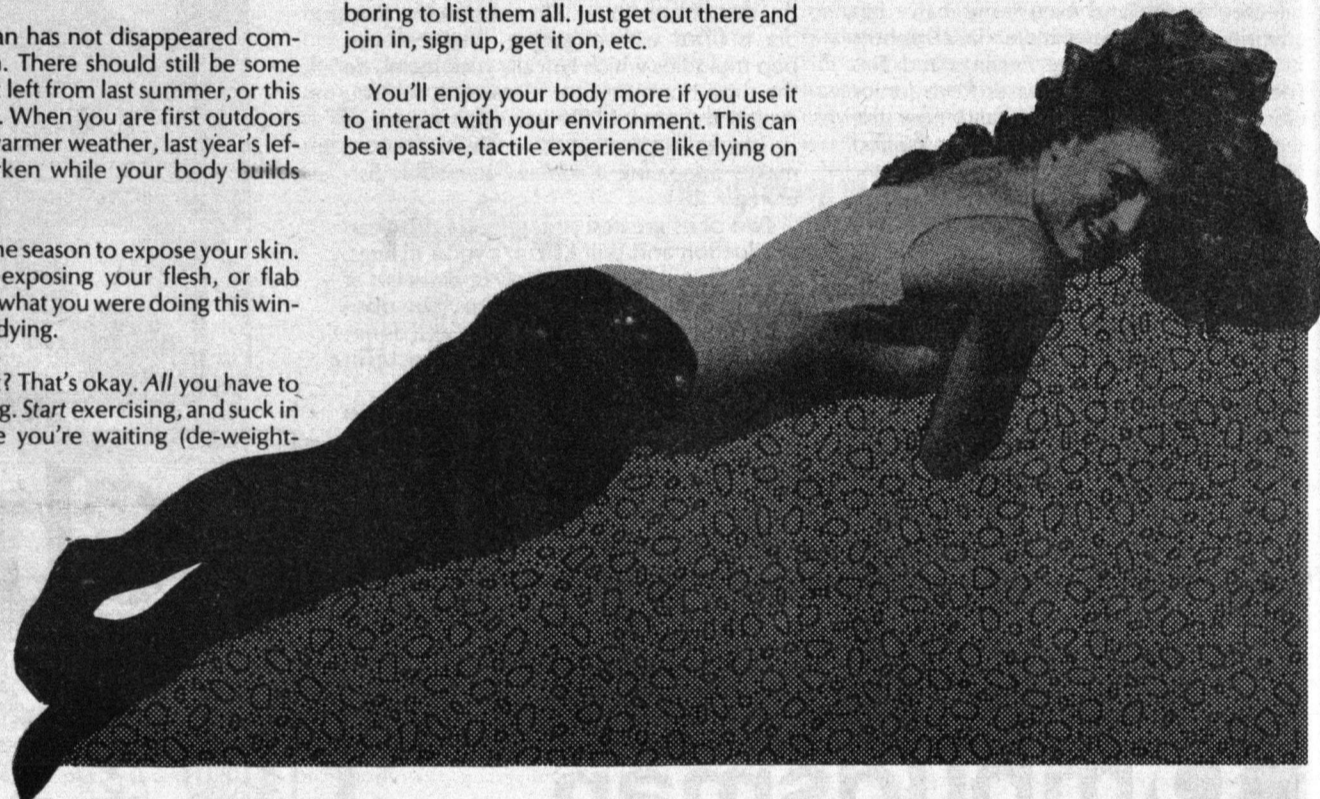
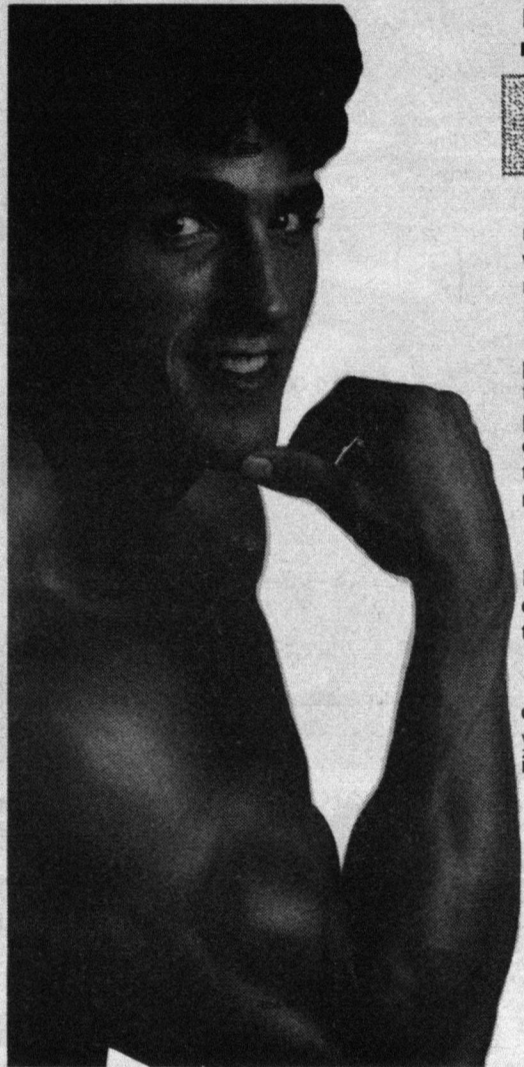
Step one in the roll reduction plan is tough but simple: get off your ass and get moving. Step two: keep it up.

There are so many recreational sports and leisure activities to choose from, it would be boring to list them all. Just get out there and join in, sign up, get it on, etc.

You'll enjoy your body more if you use it to interact with your environment. This can be a passive, tactile experience like lying on

the grass, soaking up rays. Personally, I hate the way grass tickles, and there's always some adventurous insect hiking across my back. But hey, I can take it.

Summer is great, and summer is right around the corner. I love it, 'cause summer is the season of the narcissist (look it up).



Those Wonderful Words

by Sandra Petersson

Apparently some students found the proposed revised multiple choice version of the writing competency exam still a little unfair. The major student complaint is how can one be expected to know the meaning of a word without given the context. Many members of the department agree with this student criticism. Although English has over 400 000 words unfortunately not all of them mean different things and even worse some of them have more than one meaning. One student was quoted as saying, "Sure I think the exam is unfair. In a pressure situation like that, without a context it's easy to confuse mort with mortling. I know I did." A mort is a three year old salmon while mortling is wool from a dead sheep. An example of correct word usage would eliminate such confusion between such near paronyms. The writing competency exam revision is currently under revision. A new sampling of some proposed questions follows.

The following words are used correctly in each sentence. Indicate the correct meaning of each word.

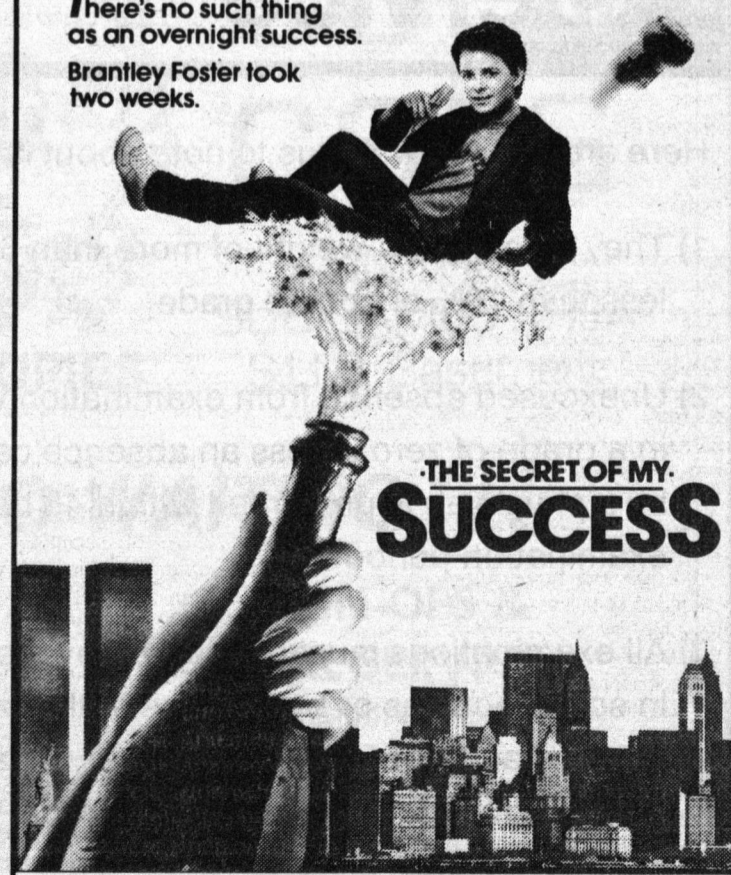
1. FARD
Although being a respectable lady, Edwina ritually farded every morning.
a. let out a loud bellow

- b. put on make-up
c. committed an impropriety
2. FIPPLE
As a child Eugene sustained an injury which permanently scarred his fipple.
a. ear lobe
b. inside of the elbow
c. lower lip
3. FLACKET
The gentlemen were most intrigued by the flacket of Elbertina's gown.
a. a large brooch worn to disguise a low neckline
b. a rustling noise such as that made by tafeta
c. a series of decorative holes cut round the waistline
4. FISSILINGUAL
Caucasian orates fissilingually.
a. multilingual
b. a spiralled pasta
c. possessing a forked tongue
5. FIZGIG
If handled incorrectly a fizgig could prove dangerous.
a. a flirtatious female
b. a harpoon
c. a firecracker
6. FRAISE
Eggbert enjoys nothing better than a good fraise first thing in the morning.
a. a pancake with bacon
b. an invigorating walk
c. a strawberry soufflé
7. FOOTLE
Englebert and Elastina footle more than is beneficial.

- a. waste time
b. play cat's cradle
c. flirt
 8. FUNAMBULIST
After dating Ewarth, Eglantine vowed she would never get involved with another funambulist.
a. a hobbyist who drives an emergency vehicle
b. a crooked stock broker
c. a tightrope walker
 9. FLUMEN
Flumen is an essential principle enshrined in our legal system.
a. the right to refuse jury duty due to illness
b. the right to divert the water from your roof into your neighbour's yard
c. the right to keep a flume of yearling pigs for your own use but not for profit
 10. FICKLEGRAF
Applicants for the position should possess the skills of a ficklegraf.
a. a lesser title of Prussian nobility
b. someone prone to changing what he writes
c. a hot air balloonist
- Score evaluation
10 right You need to get out more
7 - 9 Reasonably competent*
4 - 6 Average Joe
2 - 3 Don't tell mom
1 Feckless
- Answers: 1,b/ 2,c/ 3,b/ 4,c/ 5,a,b,c/ 6,a/ 7,a/ 8,c/ 9,b/ 10 once again those nasty examiners snuck in a nonexistent word. That way they can prove that no one is perfect.

MICHAEL J. FOX

There's no such thing as an overnight success. Brantley Foster took two weeks.



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