

AND THANK YOUR LUCKY STARS THAT CHRISTMAS GIVES YOU THE CHANCE

Here is a Page With Lists of the Many Things Our Boys at the Front Would Like For Christmas. If You Have a Friend Over There, Send Something, You'll Live to Be Glad If You Do. Don't Put It Off. Do It Now.

What to Send to Soldier Boys

for Christmas

AS GIFTS OF A USEFUL AND PRACTICAL NATURE, WE SUGGEST THE FOLLOWING FROM OUR COMPREHENSIVE DISPLAY:

Money Belts, Drinking Cups,
Tobacco Pouches,
Cigarette Cases, Match Boxes,
Sanitary Sponges,
Military Brushes, Portfolios,
Fountain Pen Ink in Tablet Form to
be dissolved in water.
Safety Razors,
Gillette and Autostrop.

Call and Inspect Them Any Time, at our King Street Store.

W. H. THORNE & CO., LTD.

Gifts for Soldiers

In making up your Christmas parcels do not fail to include from our stock:

Pocket Novels, Playing Cards, Note Paper, Tablets, Envelopes, Pencils, Toilet Paper, Christmas Cards and Calendars. Fountain Pen with Ink Tablets.

E. G. NELSON & CO. - - 56 King St.

SUITABLE GIFTS FOR THE "SOLDIER BOY"

Will Be Found in Plenty Among Our Ample Stock. Some of Which Include:

A Wrist Watch **Gold Signet Ring** Cigarette Case **Pocket Collapsing Cup**

Safety Razor

Pocket Flask Fountain Pen **Pocket Compass Match Box**

Silver or Gold Pencil Case

Also Many Other Appropriate Articles.

FERGUSON & PAGE 41 KING STREET

How To Send Them and What It Costs

It is absolutely necessary that all parcels should be very carefully and securely packed. The following forms are recommended by the post office department: (1) Strong double cardboard boxes, preferably those made of corrugated cardboard having lids which completely enclose the sides of the boxes. (2) Strong wooden or tin boxes. (3) Several folds of stout packing paper. Additional security may be had by the use of strong linen, calico, canvas or other textile securely sewn up. Address should be clearly written in ink on cover preferably in two places, also name and address of sender should be clearly written in ink on parcel. Parcels which do not comply with this condition will be refused—the contents of the parcel should be stated on the cover. Additional information could be secured from the post office.

The cost by parcel post is as follows:-For troops known to be in the United Kingdom, 12c. per pound or fraction thereof. Limit of weight is 11 pounds. Parcels for troops in France or Flanders: Parcels weighing up to 3 pounds, 24c.; parecls weighing more than 3 pounds and not more than 7, 32c. Limit of weight is 7 pounds.

Parcels for the Mediterranean and Salonika Expeditionary Forces are subject to the following rates: 1 lb., 32c.; 2 lbs., 40c.; 3 lbs., 48c.; 4 lbs., 74c.; 5 lbs., 82c.; 6 lbs., 90c.; 7 lbs., 98c. The limit of weight in this case is 7 pounds.

ness, Feels
Fine! How
Others May
Do It!

"I am eighty-three years old and I doctored for rheumatism ever since I came out of the army, over fifty years ago. Like many others, i spent money freely for so-called cures, and thave read about 'Urio Acid' until I could almost taste it, I could not sleep nights or walk without pain; my hands were so sore and stift I could not hold a pen. But now I am again in active business and can wark with ease or writes all day with comfort. Friends are surprised at the change."

HOW IT HAPPENED.

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Mr. Ashiman is only one of thousands who suffered for years, owing to the gentral suffered for years, owing to the gentral suffer in the old false thoory, that "Uric Acid" causes rheumatism. This erronefus belief induced him and iegions of unfortunates men and women to take wrong treatments. You might just as the properties of the pro

HOW OTHERS MAY BENEFIT

HOW OTHERS MAY BENEFIT
FROM A GENEROUS GIFT.

These statements may seem strange to some folks, because nearly all sufferers have all along been led to believe in the old "Uric Acid" humbug. It took Mr. Ashelman fifty years to find out this truth. He learned how to get rid of the true cause of his rheumatism, other disorders and recover his strength from "The Inner Mysteries," a remarkable book that is now being distributed free by an authority who devoted over twenty years to the scientific study of this trouble. If any reader of The St. John Standard wishes a copy of this book that reveals startling facts overlooked by doctors and scientists for centuries past, simply send a postcard or letter to H. P. Clearwater. 304 B Street. Halloweil, Maine, and it will be sent by return mail without any charge whatever. Send now! You may nover get this opportunity again. If not a sufferer your self, hand this good news to some afficient artend.

nam and Daniel MoMonagie, both of this city. The funeral will take piacs on Sunday.

Mrs. Freeman Colpitts.

Penobaguis, Nov. 1.—The death occurred on Sunday. October 27, of Mrs. Freeman Colpitts of pneumonia following influenza. She is survived by herhusband, one child, her parents, Mr. and Mrs. Philip Mitton, also one sister and five brothers. Rev. C. D. Mc. Kenzie officiated at the grave on Sunday afternoon at the Cardwell burrying ground.

Rev. John J. Vautour.

Bathurst, N. B., Nov. 1.—Word has been received of the death of Rev. John J. Vautour.

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Bathurst, N. B., Nov. 1.—Word has been received of the death of finite stream of the Lunenburg Machine of this siters. The brothers are Loonard B., manager of the Lunenburg Machine of this city, and by her mother, five brothers and three brothers are thought and the content of the state of the content of the start of the standard.

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Bath. The late Mrs. Giberson.

Mrs. G. W. Colwell.

Lower Jemsey, Oct. 31.—The death of the standard.

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BEECHAM'S

How often has an attack of indigestion interfered

with your work or spoiled your pleasure? Good health

is mostly a matter of sound digestion. Whenever you are troubled by dyspepsia, flatulence, sour eructations, sick headache, biliousness or constipation, take Beecham's Pills. They quickly and effectively correct digestive

disturbances, stimulate the supply of gastric juice and Tone the Stomach

Directions of Special Value to Women are with Every Box. Sold by druggists throughout the world. In boxes, 25c.

Mrs. Charles Murphy, 69 St. James street, West Side, has reseived word from Ottawa that her brother in-law, Pte. James Murphy, infantry, had been admitted to hospital, France, on Aug. 28th, wounded. He enlisted with the Kiltte Battalion in Boston, and is a native of Scotland.

FUNERALS.

The funeral of Hugh F. Murphy took place yesterday afternoon at 2.30 o'clock from his residence, Brussels Street, to the Cathedral. Rev. R. B. Fraser conducted the service. Interment in the old Catholic cemetery.

The funeral of George Walker, Mecklenburg Street, took place yesterday morning. Rev. F. S. Dowling conducted the service; interment in Fernhill cemetery.

till cemetery.

The funeral of John Bain took place

Get Your Christmas Box Ready Now For the Soldier Over There.

Here are a few suggestions in Furnishings. Khaki Wool Gloves 85c. to \$2.00 Khaki Sox 60c. to \$1.50 Khaki Mufflers in Silk and Wool \$1.00 to \$5.00 Khaki Handkerchiefs 15c. and up. Underwear, Sweaters, Braces, etc.

W.E. WARD

- - Semi-Ready Store 53 King Street

When Sending That Christmas Package

DO NOT FORGET TO INCLUDE:

Note Paper Indelible Pencils Fountain Pens Eversharp Pencils

Writing Pads Envelopes Canadian Pocket Diaries

for 1919.

BARNES & CO., LTD., 84 Prince William St.

AS USUAL . . . MULHOLLAND



Unusual Responsibility

CONDITIONS brought about by the war have placed many women in positions of unusual responsibility, involving mental strain and anxiety.

many people are living under such unusual nervous strain.

A dead nerve cell can never be replaced, but an exhausted nerve cell can be restor-

Think, for example, of the girls who have been placed in tellers' wickets in the banks, and whose duty it is to handle each day tens of thousands of dollars.

It is not as though such positions had been reached after years of training and development, for in many instances the new teller has had little experience, and the strain thrown on the nervous system

But similar conditions apply in many lines of work, and whether the overstrain is mental or physical the result is the same, for vitality is exhausted and sooner or later health gives way.

The rapid spread of influenza and pneumonia is largely due to the low vitality of many thousands of people who have been living under a constant, unusual strain of mind or body.

In a state of continual fatigue you have practically no reserve force left to fight disease, and are, therefore, easy prey.

There is only one way to restore feeble, wasted nerve cells, and that is by supplying to them the vital substances which nourish them back to health and vigor.

This is exactly what Dr. Chase's Nerve Food does, and that is why it is in such enormous demand at this time when so

but an exhausted nerve cell can be restored, and just here is where Dr. Chase's Nerve Food comes in to cure by means of the building-up process.

One of the first indications of trouble is headache, and then sleeplessness—you fail to regain at night the nerve force expended in the day's work and worry. You get up tired in the mornings, and your work seems a burden to you. You get discouraged and lose confidence in

yourself, and as the nervous system weakens the worry increases

There is no light ahead for the person suffering from nervous exhaustion, but, fortunately, there is help in the use of this well-known restorative — Dr. Chase's Nerve Food.

Take all the rest you can—get out into the fresh air and use Dr. Chase's Nerve Food regularly, and you will soon find yourself on the way to health.

This is the message we have brought to many thousands who are now enthusiastic in telling their friends about this great food cure. We can only tell you of the experience of others. It remains for you to act if you are to obtain similar benefit. You can get six boxes of Dr. Chaec's Nerve Food for \$2.75 from any dealer, or Edmanson, Bates & Co., Ltd., Teresto.



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KINGCOLE

LIKE THE FLAVOR"

Keirstead to C. E. Belyea, y in Springfield.

RAY HAIR
remain's Natural Hair Restorated as directed, is guaranteed to
gray hair to its natural color
tey refunded. Positively not a
id non-injurious. Price \$1.00,
in St. John by the Ross Drug.

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