

A TALK WITH GIRLS. HOW TO OBTAIN BRIGHT EYES AND ROBY OBEYS.

Pale, Anemic and Easily Tired Girls Often Fall a Prey to Consumption.

In young girls we look for abundant health and strength, for rosy cheeks, bright eyes, firm, plump flesh and constant cheerfulness. How often, however, we meet young girls who seem prematurely old, feeble, pale, listless, thin, and irritable. These abnormal and dangerous conditions are due to a general weakness of the blood system. She has cured just as promptly as possible or the whole life of the patient will be ruined, if indeed, decline and consumption do not speedily follow. Dr. Williams' Pink Pills for Pale People are the natural, logical and sure cure for such ailments. These pills make rich, red blood with every dose. They strengthen the nerves, act upon the whole system and bring health, strength and happiness to those who use them.

Mrs. Hiram Rinkler, South Pelham township, Welland County, Ont., says: "It is with grateful hearts that I give this tribute to the health-reviving virtues of Dr. Williams' Pink Pills. When my daughter Lena began the use of your medicine she was in a most wretched condition. In fact we were advised that she would never recover. The symptoms were a feeling of languor and weakness, gradual loss of flesh, had little or no appetite and was apparently going into a decline. Her condition was complicated with a persistent sore throat, which gave her great difficulty in swallowing. She was placed under the care of a doctor who said her blood was poor and watery and her whole system was badly run down. The doctor's treatment did not help her much, and when seeing on the advice of a neighbor, I began to give her Dr. Williams' Pink Pills. The confidence with which this medicine was used upon us was not misplaced. Very soon noticed a distinct improvement in my daughter's condition. The use of the pills for some weeks completely restored her, and from that time she has been a healthy, happy girl, the very picture of health."

These pills never fail to restore health and strength in cases like the above. Through their action on the blood and nerves they also cure such diseases as rheumatism, neuralgia, St. Vitus' dance, indigestion, kidney trouble, partial paralysis, etc. There are many so-called pills, but few are so good as this. Be sure that you get the genuine with the full name, "Dr. Williams' Pink Pills for Pale People" on every box. If your dealer does not keep them they will be sent postpaid at 50 cents a box of six pills, or \$2.50 by addressing the Dr. Williams' Medicine Co., Brockville, Ont.

JAWSON WAS WRONG. Jawson, who is an inveterate rascal and a bore of the first magnitude, had been retelling to his friend some humorous story of a woman whose hair had turned grey in a single night.

"Fact, I assure you, I knew the party."

"If you say you knew the lady in question, I think you are telling a story to be true," commented the friend, in a tone which made the story-teller feel rather uncomfortable.

"Of course I knew her," was the testy answer; "and it's such an uncommon occurrence as you seem to imagine. I knew a man once—"

"And his hair turned grey, too?" interrupted the victim. "Well, I don't wonder at it."

"This made Jawson a little sulky, but he specially became interested when his friend remarked:—

"Your stories are full of a lady I used to know, but she became grey in a single hour—less than an hour, in fact, she turned grey."

"Some terrible shock, I suppose," remarked Jawson.

"I dare say it would be," continued the friend; "at any rate, it happened while she was getting married."

"Oh, I understand," said Jawson sagely; "the man would have another wife alive; it would all be covered at the eleventh hour; a terrible scene would ensue, and all that sort of thing."

"You're not within a mile of it, Jawson," was the unfeeling answer. "This lady I married, she was a well-known Gray, and she, of course, became Gray as soon as the knot was tied."

TEETHING TIME. Is the Critical Age in the Life of All Little Ones.

During the teething period great care should be taken of baby's health. The little one suffers greatly. His gums are hard and inflamed and any disorder of the stomach or bowels increases the pervasiveness of the child and often fatal results follow. Mother's greatest aid at this period is Baby's Own Tablets—the surest, most effective remedies in curing the minor ailments of children. Among the many mothers who testify to the value of these Tablets is Mrs. R. B. Bickford, Glen Sutton, Que., who says:—"My little baby suffered much from teething and indigestion. I procured a box of Baby's Own Tablets and it worked wonders in baby's condition. In fact I believe it saved my little one's life. I sincerely believe that where new babies a home is added through death of a little one, joy would be supreme if these tablets had been used. I consider them baby's best doctor and would not be without them."

Baby's Own Tablets when given in accordance with the directions prevent restlessness and nervousness, cure simple fever, diarrhoea, constipation, colic and all stomach troubles. Guaranteed to contain no opiates or other harmful drugs. By dissolving a tablet in water it can be given with absolute safety to the very youngest baby. Sold by druggists, or direct by mail, post paid, at 25 cents a box, by addressing the Dr. Williams' Medicine Co., Brockville, Ont.

VENOGEANE WAS HIS. An Irishman used another for killing his dog.

"Did you kill that dog, Murphy?" asked the judge.

"I did, yer honor, but I'll make him prove it."

The judge then turned to the plaintiff.

A Scourge of Doubt. THE ERROR OF LADY BLUNDEN.

CHAPTER IV. "Well, what do you think of him, Gretchen?" asks Kitty.

"I thought him handsome, particularly handsome, but sad," says Gretchen, a little absently. She has been somewhat silent since her return home, and apparently full of thought.

"Quite depressing," remarks Mrs. Tremaine; "one hardly knows what to say to her, but I think she is really but for Gretchen I don't know how I should have sustained conversation."

"You are going to propose something, Harry," says Mrs. Tremaine, with a smile.

"And you guess what it is?" asks an answering smile.

"I think we ought to invite him here, poor Mr. Spencer's son is that it? You see I always knew your thoughts."

"Ah! that is just what was in my head," Gretchen breaks in eagerly.

"But his bedroom," ponders Mrs. Tremaine, thoughtfully. "I could see it on the map, but I don't think he would submit to be taken down stairs at night in a strange house."

"He may have his morning room," says Gretchen, "willingly; it is of the library, and he can be easily brought from one room to the other."

"But you will miss your room, dearest," says her mother.

"For the time being I shall inflict myself upon Kitty. You don't mind, do you?"

"I think, pappy, it would be almost better if mamma went," puts in Gretchen, very gently, giving her father's hand a soft little squeeze.

"You are the kindest old pappy in the world, but perhaps mamma could explain better, you know—"

"I have had a very good idea of the matter," says Gretchen, "and I will be glad to tell you."

"Seven long days have dawned and waned; August is a week older. Portions of yellow September, of various shades and good red letters, have branched the brain. The last faint remembrance of summer has indeed departed, but mid-summer asserts itself in all its glory: 'Le roi est mort, vive le roi!'"

"In the library at the Towers both the clocks have carefully chimed four strokes each."

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The judge then turned to the plaintiff.

"What was your dog worth, Denise?"

"Never a halfpenny was he worth, yer honor, but he jabsers, I'm going to make him pay the full value of the basto."

"What brought you here, my poor man?" inquired the prison visitor of a convicted burglar. "Well, lady," replied the prisoner, "I think my trouble started from attending too many weddings."

SUNLIGHT SOAP REDUCES LEVER BROTHERS LIMITED, TORONTO

A copy of illustrated booklet "Weekly Expenses Reduced" sent free to you, addressed by writing to LEVER BROTHERS LIMITED, TORONTO.

Scarlatt, with a view to preventing further discussion.

"That will be quite too charming," says Gretchen with a quick smile, and then they say the same in different language.

To be Continued.

A RAILWAY MAN. EXTRAORDINARY UNPLEASANT SYMPTOMS OF KIDNEY TROUBLE IN THIS CASE.

Tortured by All Kinds of Pains and Wonders of Improvement. Friend Advises Him to Use Dr. Williams' Pink Pills. Made a Well Man of Him and He is Grateful.

Ottawa, Ont., Mar. 31. (Special.)—The wonderful improvement of a man whose home is at 130 Little Chaudreuil Street, has acknowledged that he has been cured of a disease which has afflicted him for many years.

"I had frequent severe headaches, and more times very sharp pains in the top of my head, which gave me much annoyance in my work."

"My fingers would cramp and I would have an unpleasantness in my legs and feet."

"I was dizzy in spells and short of breath. If I ate a hearty meal I would have a pain in my left side. My appetite would sometimes be very good and sometimes I couldn't eat anything."

"I had a constant soreness and tenderness over the spine and tired myself out very easily."

"I suffered quite a little with a dragging heavy feeling across the back of my head."

"Dodd's Kidney Pills were recommended to me by a friend of mine who had been cured, and I began to use them."

"Almost from the start I began to feel a gradual improvement, which continued as the treatment proceeded, till the unpleasant symptoms had one by one entirely disappeared."

"Dodd's Kidney Pills have worked a constant gradual improvement. I cannot speak too highly of this great and good remedy."

"There are many railway men in Ottawa who are suffering from kidney trouble, and they should use Dodd's Kidney Pills."

"The constant vibration on trains and engines is very hard on the kidneys, and it is a good idea for those who are in the railway business to use Dodd's Kidney Pills."

"I am glad to state," replies she simply, sinking into a little cozy wicker chair beside him. "I have never been so well since I began to use Dodd's Kidney Pills."

"What shall I read to you for a little?" she says, brightly, drawing near to him. "The others have all gone for a walk, so I have nothing to do."

"I have a book of French words for you," said Dugdale, flushing. "But you must not, indeed, see how lovely the evening is. You must not make yourself a prisoner for my sake."

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FARM-FIELD SEEDING RAPE WITH OATS.

Whitewash any place that needs it, on days when it doesn't freeze, and by harvest time, may be plowing time, if you don't hurry too much, the barn will be a clean and homely as any house in the land.

PREPARATION OF THE SOIL. The testimony of successful farmers on the subject confirms the statement that thorough preparation of the soil not only increases the yield, but it is the best known method of defence against adverse seasons.

It will surprise you to see how it looks, how it grows, how easy it works, how economical it is when you plant with it.

MAPLE SYRUP. We are handling large quantities. We can handle yours to advantage. The Dawson Commission Co., Limited, Toronto.

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ADVICE TO A BRIDE. Don't take any chances at the outset of your married life, give him

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Ceylon Tea is the finest Tea the world produces, and is sold only in lead packets. Black, Mixed and Green.

Several men were holding an argument as to how many sides a round haystack contained, when one man offered to lay a wager that a round haystack contained four sides—north, east, south, and west; and it was decided to abide by the decision of a schoolmaster, who was to act as referee.

The opposite party contended that a round haystack contained five sides, and agreed that if the man could prove four sides he was to be the winner.

So satisfied were they of their contention that they deputized the man to seek the referee and bring back the result.

The man laid down his case, and said: "I stand in front of a round haystack, there will be four sides, the east side, the south side, and the west side."

"To his astonishment the schoolmaster replied:—

"You may add to that the right side, the left side, the nearest side, and the furthest side."

When about to rush off the man was called back and asked what the result of his case was.

"I have never thought of that," he replied. "I never thought of the inside and the outside."

Without waiting for any further discovery the man hurried away to claim his bet.

PULP AND PAPER. Canada is Pre-eminently the Greatest Pulp Wood Producing Country in the World.

The prospectus of the Atlantic Pulp and Paper Company, Limited, issued by the brokers, Messrs. Sutherland & Cameron, Ottawa, contains some interesting reading matter.

"The pulp and paper industry in Canada is one of the most important and profitable of the country."

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THE WONDERFUL X-RAYS IN CANCER CASES.

Recent articles have appeared in the press announcing the wonderful discovery by a celebrated European surgeon, of the cure of cancer by the X-Ray treatment, and while it appears as if this method might be mentioned, one Mr. John Langton, who had cancer and had tried all kinds of treatments without avail.

The physician recommended her to Dr. Cummings and she was cured.

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