PAGE OF INTEREST TO WOMEN

HOW WINTER BABY

SHOULD BE DRESSED

SOCIAL and PERSONAL

TELL IT TO THE SOCIETY EDITOR.

Toronto for a few days. Mr. and Mrs. George M. Reid and Miss Marjorie have returned from a week's viett in New York. week's visit in New York.

eck's visit in New York.

Mr. and Mrs. W. P. Goodburne of foronto, who have been visiting the former's purents, have gone to Wood-Mr. and Mrs. At E. Ing. 727 Adelaide for the former's purents, have gone to Wood-Mr. and Mrs. At E. Ing. 727 Adelaide for the former's purents, have gone to Wood-Mr. and Mrs. At E. Ing. 727 Adelaide for the former's purents, have gone to Wood-Mr. and Mrs. By A. Mayer, before a constant of the former's purents, have gone to Wood-Mr. and Mrs. By A. Mayer, before a constant of the former's purents, have gone to Wood-Mr. and Mrs. By A. Mayer, before a constant of the former's purents, have gone to Wood-Mr. and Mrs. By A. Mayer, before a constant of the former's purents, have gone to Wood-Mr. and Mrs. By A. Mayer, before a constant of the former's purents, have gone to wood-Mr. and Mrs. By A. Mayer, before a constant of the former's purents, have gone to wood-Mr. and Mrs. By A. Mayer, before a constant of the former's purents, have gone to the former's purent

in quantity.

TEA BISCUITS.

It is a very simple thing to make good biscuits, but before trying to master the art it is necessary to learn some foundation facts. It is confusing to try to learn several recipes, for similar flour mixtures, most of which the mixtures, most of which the mixtures of flour mixtures, most of which the mixtures of flour mixtures, most of which the mixtures of flour mixtures, most of which the mixture are mixtures of flour mixtures.



some kind, and a lightening agent. If these ingredients are mixed agent. If these ingredients are mixed in such proportion that the mixture can be beaten with a spoon, it is called a batter. If it is thick enough to be handled upon a board, it is called a dough. The difference lies in the amount of liquid used. If one cup of milk is used to one cup and a half of flour the mixture will pour, and is called a pour batter; if one measure of milk is used to two of flour, it is called a drop batter; one measure of milk to two and two-thirds measures of flour makes a soft dough, and one gess; regent, Mrs. M. M. Nesbitt; first vice-regent, Miss Isabel Whitelaw; second vice-regent, Miss Parker; secretary, Mrs. Frank Hyde; assistant secretary, Mrs. F. S. Ruttan; corresponding secretary, Mrs. A. B. Lee; educational secretary, Mrs. (Dr.) Welford; treasurer, Miss Sutherland; standard-bearer, Mrs. F. R. Warren; councillors, Mesdames Francis, Douglas, Macwhirter, Wallace milk to two and two-thirds measures of flour makes a soft dough, and one measure of milk to three or more measures of flour forms a stiff dough.

Fat shortens a mixture and eggs add to its food value and stiffen it. Tea biscuits may or may not contain eggs or sugar, and the fat used may be cream, butter or its substitute, beef fat, or a mixture of some of the source of the source of the substitute, beef fat, or a mixture of some of the source of

Welch's

Welch's

grape jam

S filling for pie—as flavor in pudding—as sauce for meats-or just make a sandwich of it. You'll like Grapelade any way. It

is jam of choicest grapes made with pure sugarseeds, skins and acid crystals

Full of fresh fruit flavor just tart-sweet enough-de-

lightfully smooth - and absolutely pure. In glass jars and enamel-lined tins at dealers'

everywhere. Write for

THE WELCH CO.,

are removed.

Recipe Folder.

Hecipe—Two cups of flour, two teaspoons fat, three level teaspoons of baking powder, a half teaspoon of salt, and about three-quarters of a cup of liquid, milk, or milk and water. The over must be very hot, the mixing must be done deftly, and the biscuits baked quickly.

CHAPTER ELECTS OFFICERS. At the annual meeting of the Havelock

have been outgrown they may be folded within the larger.

The winter baby will need four flannel petticoats, made of wool in the Gertrude style and fastening with a single small button on the shoulders.

Advertiser Patterns

Owing to the pattern manufac-turers increasing the price of pat-terns to us. all patterns advertised from this date will be 15 CENTS EACH.



Age (if child's or misses' pattern)...

Caution: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is bust measure, you need only mark 38, 34, or whatever it may be. When in waist measure, 22, 24, 25, or whatever it may be. If a skirt, give waist and length measure. When misses' or child's pattern write only the figure representing the age. It is not necessary to write "inches" or "vears." Patterns cannot reach you in less than ten days from the date of application.

ten days from the date of applicatio in Every Pound FOR table use, baking or cooking, order the oleomargarine of superior taste, high nutriment and natural color, guaranteed by the Armour Oval Label. Order Armours OLEOMARGARINE

Cynthia Grey's Mail-Box

TELL IT TO THE SOCIETY EDITOR.

Mr. and Mrs. T. W. Collister are in forente for a few days.

Mr. and Mrs. George M. Reid and may be earn born to them, Mrs. E. G. Coghlin of Atwood, Verna of London, James Carmon, who died overseas on military service, and Garnett and Carweek's visit in New York.

Mr. and Mrs. W. P. Goodburne of Coronto, who have been visiting the offeren's parents, have gone to Woodford to Woodf

I am seventeen years old. Am I too young to be in love?

I saw in the Mail-Box, where Bubbling Brook would like to correspond with girls of 20. As I am 20, would like a friendly correspondence. 2. Leave a card for each lady receiving with host-first.

I notice in your column that Tiny Toots would like some correspondents. If she will write first, I would be glad to correspond with her.

I saw in the Mail-Box, where Bubbling Brook would like to correspond with a tip would like a friendly correspondence. 2. Leave a card for each lady receiving with host-be too sure of the wisdom of your choice at this age.

Have been an interested reader of your column for a long time, refrained from writing because I seemed to have no suggestions to offer worth while.

I saw, also, where Musical Harry liked Zane Grey's books. I have read nearly all of them. Did you ever read any books by Bindloss? I think you will like them.

Should also like to correspond with you, Musical Harry, and Lonesome, too, if they both will write first. Am leaving my address with Miss Grey.

HAPPY SAL.

This is the first time I have ever taken the liberty of writing to you, although I have been an interested reader for some time. The Advertiser certainly has a fine Mail-Box. I don't know what



NODART OF THE NORTH.

Part Seven.

Fifo and Nodart wandered about the town for two days in search of a home. Speers, the cruel dog trainer, had left the place the morning after the fire. for he believed all his dogs had perish. ed in the flames. How lucky the little dogs were, he did believe that, too, for now they were left to find heres, and it if I ate it all I would surely strength to the seven the seven and the seven

want."

"I should be satisfied if I got a good (Rights reserved by the V perry Canadian Syndicate.)

Dr. Brady will answer all signed letters pertaining to health. Writers' names are never printed. Only inquiries of general interest are answered in this column, but all letters will be answered by mall if written in ink and a stamped self-addressed envelope is inclosed. Requests for diagnosis or treatment of Individual cases cannot be considered. Address Dr. William Brady, in care of this

Radium For Cancer. Cancer is not hereditary.

Cancer is not contagious or infec-

Cancer is not hereditary.
Cancer is not contagious or infectious.

Cancer occurs in every family, sooner or later, because it is as common as tuberculosis and more prevalent than typhoid fever, and there is no known immunity against the disease. No one has found the cause of cancer. No one has found the cause of cancer may occured in liniancy, childage, advanced also or senility. It is most frequent in the decade from forty to fifty.

There are three principal types of cancer, (1) Galloping cancer—sarco-ma—which occurs at any age, often in young persons, and in any part or tissue, develops rapidly (in a few weeks or a month or two) and is rapidly fatal unless promptly removed by surgery.

(2) Organ cancer—carcinoma—which occurs usually partner was promptly removed by surgery.

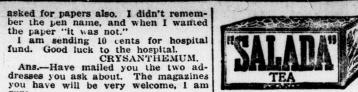
(2) Organ cancer—carcinoma—which occurs usually partner was promptly removed by surgery.

(2) Organ cancer—carcinoma—which occurs usually another proposed in the earliest stage, occurs most commonly in the neck of the womb in mothers of families, next in the stomach in the earliest stage, occurs most commonly in the neck of the womb in mothers of families, next in the stomach in the earliest stage, occurs most commonly in the neck of the womb in mothers of families, next in the stomach in the earliest stage, occurs most commonly in the neck of the womb in mothers of families, next in the stomach in the earliest stage, occurs most commonly in the neck of the womb in mothers of families, next in the stomach in the earliest stage, occurs most commonly in the neck of the womb in mothers of families, next in the stomach in the earliest stage, occurs most commonly in the neck of the womb in mothers of families, next in the stomach in the earliest stage, occurs most commonly in the neck of the womb in mothers of families, next in the stomach in the earliest stage, occurs most commonly in the neck of the womb in mothers of families, next in the stomach in the decade in the proposed of the body, is far less malignation and proved fact in the seat painful of all.

Cancer is not a tumor—a tumor being a new growth or swelling or large lump. Cancer is a degeneration, a breaking down of the normal tissue structure of the organ or part involved more like an ulceration than like a swelling. In the beast a persistent lump may be the ginning of cancer in a woman thirty or more years old, though, of course, a lump

felt in the breast does not necessarily mply cancer. Cancer has not

YOUR OLD CARPETS Made into new, beautiful, fluffy, reversible rugs. CANADA RUG COMPANY



I am coming to you for that much-wanted stocking-foot pattern. Inclosed you will find 10 cents for C. H. fund. I. like many others, come to the Mail-Box for the first time. We often have a good laugh at the letters about the farmers, but after all I guess we are

needed if they do class us as (the or farmer). But we like people to come from the city and stay with us in the summer, although we are busy, we en joy our work. FARMER'S WIFE.

Could you tell me what "snuff is made of. Not catarrh snuff, but the kind our great-grandfathers used as



This Brand is your Safeguard for Tea Satisfaction, "Refuse Substitutes"-

beat your varnish in boiling water instead of putting turps in it that you will have a nicer gloss.

HAPPY THOUGHT. "Used in Millions of Tea-Pots Daily"

I saw in an answer yesterday as to the making of Devonshire cream. to set the milk in a pan and put it on the stove. I make it by letting it stand in the pan at least twelve hours before putting it on the stove and be careful jam. and it's a meal fit for a king or not to disturb the cream when putting it on the stove, till the cream slightly crinkles, then carefully remove it to a hot bed. I want to get some early tygestables, and want to be able to do it. I want to get some early tygestables, and want to be able to do it. I want to get some early tygestables, and want to be able to do it. I want to get some early tygestables, and want to be able to do it. I want to get some early tygestables, and want to be able to do it. I want to get some early tygestables, and want to be able to do it. I want to get some early tygestables, and want to be able to do it. I want to get some early tygestables, and want to be able to do it. I want to get some early tygestables, and want to be able to do it. I want to get some early tygestables, and want to be able to do it. I want to get some early tygestables, and want to be able to do it. I want to get some early tygestables, and want to be able to do it. I want to get some early tygestables, and want to be able to do it. I want to get some early tygestables, and want to be able to do it. I want to get some early tygestables, and want to be able to do it. I want to get some early tygestables, and want to be able to do it. I want to get some early tygestables, and want to be able to do it. I want to get some early tygestables, and want to be able to do it. I want to get some early tygestables, and want to be able to do it. I want to get some early tygestables, and want to be able to do it. I want to get some early tygestables, and want to be able to do it. I want to get some early tygestables, and want to be able to do it. I want to get some early tygestables, and want to be able to do it. I want to get some early tygestables, and want to be able to do it. I want to get some ea



"Who said FRY'S?"

He just loves its delicious chocolaty flavor. Kiddies who get FRY'S regularly are vigorous, warm-blooded and healthy. They throw off colds quickly. They are more likely to escape epidemics. If you have some little pale faces at home, just try FRY'S. You'll be glad you did. But—remember

"Nothing will do but FRY'S"



No Trouble with Your Baking

when you use the right kind of flour. If you have had trouble with your baking, it is no doubt due to your not having used Diamond Flour.

The selection of flour has more to do with successful baking than some people imagine. The blend must be properly balanced.

Diamond Flour is a perfect blend of choice Ontario Soft Wheats and Manitoba Hard Wheats-screened and cleaned to pure white

Your grocer will readily supply it to you because he knows that

DIAMOND FLOUR Becomes a hal

in every household where it gets a trial. Hunt Cros., Limited, London, Ontario.

