



Beautiful Nitinat Lake

sand beach fades into rocky headlands, one may stand fifty feet above the surf and watch the awful breakers pitch their tons of green and white water against the boulders, shooting salt spray almost into the watchers' faces. These beach rocks, where they occur, are mainly of a soft sandstone formation, and the erosion of the water, over aeons of time, has produced some remarkable effects. At one spot there is an interesting Profile Rock where the profile of a woman's face stands out distinctly against the background of restless water like an immense bowsprit.

The paths through the woods have a charm of their own. Natural bowers and Lovers' Lanes invite the stroller from the heat of the sun to