



Intermediate Canada Quiz champs for the United Counties were these students from NDDHS. A recent final brought the trophy to, from left, Doug Graham, coach; Kevin Bell, Pam Carkner, Pamela Giles, Leslie Durant and Scott Helmer.

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Pam Giles, a Grade 10 student at North Dundas District High School is on her way to New York City for a 10-day all expenses paid trip. She won the trip by placing first in a public speaking contest sponsored by the South Mountain Oddfellows. Giles says she is looking forward to visiting the United Nations when she leaves for the Big Apple in July.

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Life on Parliament Hill fascinating fare for students



Kevin Bell and Pamela Giles

Anyone who thinks that a week spent around Parliament Hill would be boring or stuffy should speak with two students of North Dundas District High School.

Pamela Giles and Kevin Bell made friends from across the country, learned about the role of MPs, ambassadors and special interest groups and in general had a lot of fun during the time they spent on the Hill.

Giles and Bell were participating in a program called Forum For Young Canadians that is sponsored by a non-profit organization which aims to acquaint young Canadians with the workings of the federal government.

"I think I acquired a greater appreciation for the diversity of Canada," said Giles. "One of my roommates was from the boonies in B.C., one was from Inuvik and another was from Whitehorse. I think it was really the cultural aspects that stood out for me."

Every year, 500 students representing each province and territory take part in the week-long events. The students chosen must display good ability in their school work, have an interest in community and current affairs and show a

potential for leadership.

The scheduled events kept the students busy from 9am to 9pm, with presentations from deputy ministers, MPs, ambassadors, lobby groups, senators, parliamentary press and more. Attending question period, they prepared for a mock-session that they conducted.

They heard lectures on the role of our national leaders, the courts, the party system and they were given time to tour the city, attend a play at the National Arts Centre and peruse the national museums.

The two were excited when they were invited to apply for the forum, but when they heard there was a \$535 fee they hesitated. However, the Royal Canadian Legion sponsored Kevin and the Oddfellows supported Pamela, so they were both able to attend.

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MOUNTAIN — For 17 year-old North Dundas District High School student Pam Giles, winning a trip to Japan began as "a make-work" project to while away the summer days before she left on a tour of the United Nations in New York she won in a speaking competition.

In three days, Pam went to the library, read up on Japan and wrote a 500-word essay. The essay contest, advertised in the Citizen, offered a trip to Japan for the best short essay discussing unique facets of Canadian and Japanese life.

On Aug. 22, Pam will begin her whirlwind trip to the Far East, sponsored by the daily newspaper Yomiuri Shimbun. She will become a junior reporter for the paper, which has a circulation of 14 million and a staff of young reporters. As a junior reporter, she will be expected to navigate the subway system of Japan to get to the office on her own.

Pam will also get a chance to do more typically tourist-oriented activities. She plans to visit the Honda plant, and is looking forward to visiting the ruins of the ancient Japanese capital, Kyoto.

She will also have an opportunity to experience Japanese family life first hand when she stays with a Japanese family.

A lot of the agenda has not been worked out yet, and some of the itinerary is based on an agenda the Japanese embassy keeps for sending Canadian journalists to Tokyo. She visited the embassy recently, and was told that she can fill out part of the agenda herself, but she isn't sure of what she wants to do.

Fastest midget runner



Laura Zrymiak, this year's SD&G's Top Midget Girl award winner, struck silver in the 100m, finishing in 13.1 seconds. She also earned bronze in the 200m stopping the watch in 28 seconds. The stiff competition knocked her out of the top four in the sprint hurdles. Zrymiak finished first in her 100m and 200m heats but was second to the same runner from Frontenac in both finals.

Midget girl Laura Zrymiak matched her teammate, also claiming three wins. The Grade 9 runner also whipped the competition in the 100m, 200m and 80m hurdles. For her efforts the Shaw Road (Mountain) resident was named the event's Best Midget Girl award winner.

Zrymiak combined with Stephanie VanGilst, Marilyn Wade and Vicki Gryspeerdt to win the midget 4x100m.

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Wed., May 17, 1989

Laura Zrymiak swept SD&G gold medals in the 80m hurdles, 100m and 200m sprints and was a member of North Dundas' winning relay team. She was named SD&G's Best Midget Girl athlete for her outstanding effort.