

may cause a disagreeable skin eruption, not easily cured.

Hundreds of women fail to realize that the constant use of a fine toilet soap—not a cheap variety—but a really good face soap which cannot be very inexpensive, will preserve the delicate beauty of the skin to the last day of life. The face should be thoroughly cleansed before going to bed at night with warm water and a lather of soap; this should be well rinsed off, first with tepid and then with cold water, and wiped dry with a soft towel. If one is obliged to be more or less over a gridiron, a frying-pan or an oven, she should take extra pains to keep grease and heat from injuring her skin, and this is the best way to take them known to me.

Do not shun housework. To a moderate degree, it is woman's best security against an early physical break-down.—'The Christian Intelligencer.'

**The House and the Home.**

'Lucy has a mother,' said a little girl, explaining why she thought her young companion's home so much happier than her own.

'But,' observed an older friend who did not consider the mother in question a model in housekeeping or management, 'but, my dear, your house is much nicer than hers; things are never tossed about as they are at Lucy's. Mrs. A. always keeps you prettily dressed, and everything in nice order, and she takes such good care of you when you are sick.'

'Yes, I know,' assented the hungry little heart. 'Our rooms and our clothes look nicer, and we have better dinners. Mrs. A. always takes care about my not getting my feet wet, and having a flannel round my throat when it's sore. She never speaks so quickly as Lucy's mother does sometimes, and she's always trying to do just what's right. But Lucy's mother loves her—she loves her!'

And that made all the difference between a real home, whatever its defects, and only a well-kept house. No mere effort to do one's duty can fill the measure of love, and nothing else in human relationship can take its place.—Exchange.

**Selected Recipes.**

**Plain Raised Buns.**—From raised dough take as much as would make one good-sized loaf. Put it in a mixing pan and with the hands gradually work in two tablespoonfuls of soft butter, three well-beaten eggs, three tablespoonfuls of sugar and one-half of a teaspoonful of salt. Add as much more flour as may be needed to make a soft dough, knead well for five minutes, cover and set aside until light. Make up by hand into small round buns, put close together in well-greased pans, brush the tops with milk and let stand until very light. Brush again with milk, sprinkle with a little granulated sugar and bake in a quick oven. They will take from twenty-five to forty minutes, according to thickness.

**Prince Henry Pudding.**—Soak a pint of crumbed bread (stale) in a quart of milk for an hour, then drain as dry as possible and beat well; now blend to a cream half a cup of warmed butter with the yolks of five eggs and add the carefully-grated yellow rind of a lemon. At the last, stir in the stiffened whites of the eggs. Put a thick layer of this mixture in the bottom of a buttered mould, then a layer of orange marmalade, and continue until full. The top layer should be bread mixture. Cover, tie with a cloth and boil an hour. Decorate with marmalade after turning out on a hot dish. This top dressing is greatly improved by mixing it with the juice of an orange or lemon. The marmalade is supposed to give sufficient sweetness, but a little sugar may be added if wished. Eat with hard or soft sauce, as fancied.

**Chicken Pudding.**—Divide two chickens into joints and boil until the meat drops from the bones. While cooking, make noodle batter, by beating five eggs until light, adding a teaspoonful of salt and flour to make paste too stiff to be stirred. Knead this into a hard mass, cut into thin slices, roll into wafer-like sheets and spread on cloth to dry (about half an hour.) Lightly flour each sheet, roll and shred with a sharp knife. When the chicken is cooked, shred meat fine. In an earthen pudding dish alternate layers of chicken and noodles until all the chicken is used, letting noodles form top layer. Cover with a gravy made by boiling down the water in which the chicken has boiled, and adding an equal quantity of milk, an egg, butter the size of a walnut, sage flavor-

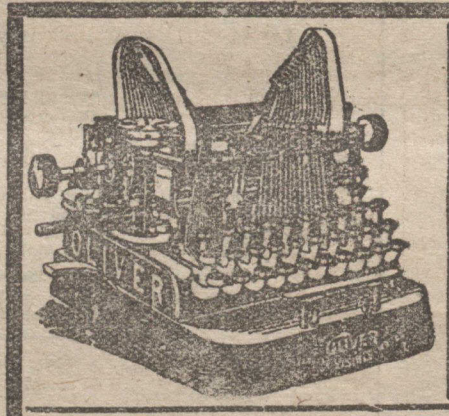
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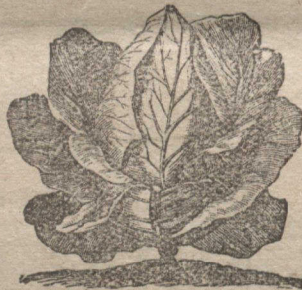
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ing to taste, and enough flour to make thin batter. Bake in oven until a delicate brown (about thirty minutes) and serve with mashed potatoes.

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