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# Making Light Bread.

By Mrs. J. R. Burt,

Put one yeast cake in a teacup, pour tepid water on to soften it. Do this half an hour before time to set the bread: take one quart of water, sweet milk or buttermilk, either will make good bread. If water is used, let it be as hot as the hand can bear, stir in sifted flour until sail bance is made; stir in the dissolved yeast cake and beat thoroughly. This sponge should be set at night, and kept in a warm place until morning; then add one small tablespoonful of salt, one-half a teacup of butter or half lard, and if the weather is warm a lump of soda as large as a pea; add flour enough to make it stiff; put on the pastry board and knead until it no longer sticks to the board; set away to rise, which it ought to do in one and a half hours; then make into four loaves, working each well, and when light set in oven to bake. The proper temperature for the oven is such as will allow the hand to be held in it while you can count thirty. Allow one hour for baking; when taken from the oven rub over the crust with butter and wrap in several thicknesses of cloth to soften.

# TOMATO CATSUP.

To make tomato catsup take one peck of good, ripe tomatoes, boil well and mash through a sieve as long as a bit of pulp will come through; add two tablespoonfuls each of allspice and salt, one tablespoonful of black pepper, one of mustard, one teaspoonful of Cayenne pepper, one teaspoon ful of cloves, place on fire and add one pint and a half of vinegar, boil until thick and bottle for use. The salt, red pepper and mustard put in so; the spices tie up in small thin bags; press occasionally while cooking.

# How to Pick out a Good Cat.

A good cat-the kind you want to have in the house, if any-will have a round, stubby, pug nose, full, fat cheeks and under lip: a well developed bump on top of the head between the ears, betokening good nature, says Woman's Life. A sleepy cat that purrs a good deal is apt to be playful and good natured.

By all means to be avoided is a cat with thin, sharp nose, and twitching ears. It must be remembered also that a good mouser is not necessarily a gentle or desirable pet. Although any good cat will catch mice if she is not overfed, quick, full, expressive eyes generally betoken a mousing cat.

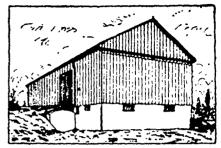
The greatest mistake—and probably the most common one—in the care of domestic cats, is overfeeding, particularly too much meat.

> Sing a song of shortcake,
> Dough three inches through;
> Four and twenty strawberries For a hungry crew. When the cake is opened And is passed around t about one berry in Each dry piece is found.

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