

## WHY DOES YOUR DOCTOR ADVISE A SPRING TONIC AT THIS TIME OF YEAR

This is the season when your system is trying to adjust itself to warmer weather. Your liver becomes sluggish and your bowels clogged up with poisonous, sickening wastes. As a result, many suffer from such symptoms as sour stomach, coated tongue, bad taste, biliousness, irregular movements of the bowels, sick-headaches, pains in the back and sides.

Make this test! Cleanse and tone your liver and bowels with Dr. Thatcher's Liver and Blood Syrup. Put your stomach in condition—soothe

your tired and over-taxed nerves, brace up your system and send purer and healthier blood coursing through your veins.

Notice quick difference in way you look, eat, sleep and feel—improvement in less than 14 hours. You, too, will be satisfied, as others have, or no cost.

Dr. Thatcher's is sold and recommended by W. A. Warren, Bridgetown; Watson F. Porter, Pharmacy, Lawrencetown.

### AFTER 54 YEARS SERVICE.

St. John.—J. S. Flagler, who is retiring from the office of Post Master at St. John after service of 54 years in the department here, was honored with gifts from the postal clerks and one from the letter carriers. The post office clerks gave him a club bag and the letter carriers a walking stick.

### \$750,000 FOR N. B. ROADS.

Fredericton.—Premier Veniot introduced a bill in the legislature to provide for the expenditure of \$750,000 for the construction and re-construction of highways to link up the work already completed under Federal aid, which had been discontinued. It was proposed to spend \$250,000 a year.

### EASTER NOVELTIES

#### CHOCOLATE NOVELTIES

Fluffy Chickens and Bunnies. A Variety to Choose From. Candy Eggs 8 for 1c. and up

### MRS. S. C. TURNER.

Variety Store  
Lockett Block.

Best cure for longing for the old home town, is to go back there and try it again.

## CHEVROLET

—is easily within the reach of all

NEVER before in the history of the automobile industry has such car value been possible. And it is possible now, only because the Chevrolet Car and Chevrolet business principles have been so universally and so favorably received. Chevrolet production has, as a result, rapidly grown in volume until now Chevrolet is the world's largest manufacturer of quality automobiles.

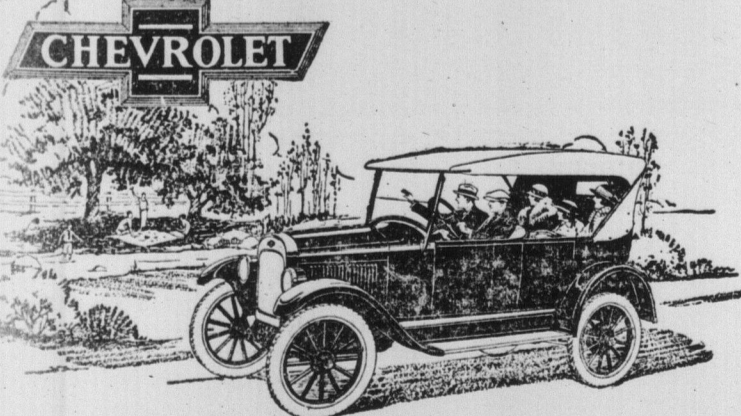
Chevrolet quality is more than apparent. For the more closely Chevrolet is examined and the more severe the tests demanded, the more convincingly is Chevrolet quality demonstrated and proved.

Moreover, day by day continuous service brings out another economy equal, if not greater in importance, than Chevrolet's remarkably low first cost. Chevrolet is more economical to operate than any other car built, and its maintenance cost is the lowest in the world.

Investigate Chevrolet yourself. Have us demonstrate the model that suits your needs. We can arrange terms that will surely fit your circumstances.

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KARL FREEMAN  
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### PROVINCIAL HEALTH DEPT.

Hon. D. A. Cameron Answers Questions by Dr. J. A. Macdonald.

It is not the policy of the Provincial Government to compel the Municipalities to employ public health nurses, according to a statement given to Dr. John A. Macdonald, Conservative member for Richmond, in the House of Assembly yesterday, when Hon. D. A. Cameron answered a series of questions which the Richmond member had asked regarding the Health Department of the Province.

Did the Provincial Health Department view with alarm the extraordinary amount of discharges, in the Province as revealed by the receipts from Vendors Commission? Was another question asked by Dr. Macdonald, and which was answered to the effect that the Department was not aware of any extraordinary amount of disease in the province. Also, in answer to the question if there were any connection between the Provincial Health Department and the Board of Vendors Commission, the answer was definitely "No."

Dr. Macdonald asked a series of questions covering the operations of the Health Department, as to the personnel of the Health Department, qualifications, the relationship of municipalities to the public health work, and some of the financial features of the administration of the department, which were all answered yesterday.

Dr. A. C. Jost, a graduate of McGill, was Provincial Health Officer, with a salary of \$4,000 annually. The Provincial Inspector of Health is Dr. H. A. Chisholm, a graduate of McGill, the Divisional Medical Health Officer is Dr. D. C. Campbell, a graduate of McGill; the Superintendent of the Nursing Service is Miss Margaret E. MacKenzie, a graduate of the Victoria General Hospital Training School.

The municipalities employing Public Health Nurses were Cape Breton, Inverness, Antigonish, St. Mary's, Municipality, Pictou, Colchester, Cumberland, Halifax, Hants East, West, Kings, Digby, Yarmouth, Shelburne, Lunenburg, Barrington, Argyle, Chester.

The municipalities that had refused to employ Public Health Nurses were Victoria, Richmond, Guysboro, Municipality, Annapolis, Clare, Queens.

The municipalities that had employed and discontinued the services were Inverness, Colchester, Cumberland, Halifax, Kings, Digby, Shelburne.

The municipalities that had neglected to reimburse the Provincial Treasury for services rendered by Public Health Nurses and the amounts owing by each were:

Annapolis, \$533.71; Cumberland, \$127.34; St. Mary's, \$1,069.15; West Hants, \$37.22; Shelburne, \$42.27.

The municipalities which had established County clinics were Cape Breton, Guysboro, Antigonish, Pictou, Colchester, Cumberland, Hants East, Hants West, Kings, Annapolis, Digby, Yarmouth, Argyle, Shelburne, Barrington, Lunenburg, Chester.

### DEBT INCREASES.

Events are about to justify the belief of Hon. Mr. Flaherty that debt increases could be ended without a resort to new sources of taxation. The yearly additions to the national debt since 1913 have been as follows:

1914	.....	\$ 21,000,000
1915	.....	13,000,000
1916	.....	155,000,500
1917	.....	264,000,000
1918	.....	312,000,000
1919	.....	382,000,000
1920	.....	674,000,000
1921	.....	92,000,000
1922	.....	81,000,000
1923	.....	49,000,000

The Montreal Gazette (Tory) says: "The increase of debt during the current year must still be a matter of conjecture, but there is every reason to hope that after the adjustment of the National Railway accounts the increase will be smaller than it has been in any year since 1913. Had the concerted move now made in the direction of economy in national expenditure been begun by the Meighen Government before it left office, or by the present Ministry immediately after it came to power, there would have been still better results to record. Action has come slowly following upon the development of a strong popular sentiment in favor of economy in all public expenditures."

### WOODSMAN SUCCUMBS TO DOUBLE INJURY.

Digby.—Thibideau, the Doucetteville woodsman who last week, while lying crippled on the ground as the result of having fallen on his axe and cut his leg, was crushed and rendered unconscious by a falling tree which he had just cut, died at his home on Friday without having regained consciousness. He was 30 years of age, and was employed by Ed. Alson, Dr. E. O. Hallett, of Weymouth, drove 16 miles to treat the injured man, but he was so badly crushed that nothing could be done to save his life.

The funeral took place yesterday. Rev. Father M. Doucette, of Plympton officiating.



### PUBLIC HEALTH NOTES NO. 6

Having in our last letter called to your notice the wastefulness of letting people get sick before we spend money on their health, and the better results to be obtained at less expense by investing in Preventive measures, let us get down to concrete, practical measures. What are the approved measures for disease prevention? And do they actually get results?

It is only within the past generation or two that scientific discovery, public spirit, and general education have made possible such a Health Crusade as the civilized world is now carrying on. Vital statistics show that the length of life is, on the whole, increasing and the death rates from most of our preventable diseases decreasing. Any observant person can see that old age and decrepitude are going out of fashion—that most individuals at 50 to 70 years of age today are not so old as their forebears were at 40 to 60. But to get down to definite figures, let us take tuberculosis as an example, as it is a disease which depends upon the state of the general health, both in the individual and in the community, its incidence and death rate falling and rising as general health conditions improve or deteriorate. We do not know of any place where so thoroughgoing a campaign against tuberculosis has been carried on the past twenty years as in Nova Scotia. There the death rate from tuberculosis has been reduced from 64 per cent, since the year 1900. The world's most notable demonstration of an adequate, comprehensive health campaign in a limited area has been carried out at Framingham, Massachusetts, the past five years. This experiment was instigated and largely financed by the Metropolitan Life Insurance Company, and executed by the National Tuberculosis Association with the co-operation of all the local organizations of Framingham. Its methods and results are accepted as a most valuable object lesson for all of us. Framingham's death rate from tuberculosis at the beginning of their demonstration was 121 per 100,000 of the population and in the fifth year it was 40, a reduction of sixty-seven per cent, in five years. In Nova Scotia, our tuberculosis death rate in 1912 was 183 per 100,000, and in 1922 it was 132, a reduction of twenty-seven per cent, in ten years. A further significant fact is that in Nova Scotia we made only a reduction of 7 per cent, up to the year 1919, and since then we have cut our rate 21 per cent. This comparatively deep cut is coincident with our increased facilities for treatment and discovery of this disease, and the awakened public interest in health measures caused by the war. Naturally, also, it is to be supposed that the increase in prosperity has something to do with it. But this applies to the rest of Canada and the United States, as well as to Nova Scotia. And, as we told you in a former letter, Nova Scotia lost 695 of her people from tuberculosis last year, and we have the highest death rate of any province in Canada. We have probably as little poverty and as much intelligence as any, but we are not using our money and our brains to good purpose in the matter of our health. Last year the tuberculosis death rate in Ontario, for example, was 74.

We have answered the question, "Do health measures get results?" Now, what are the most effective health measures? The Framingham reports tell us that one of the most valuable factors in their work was the expert examination service, and another the work of the public health nurse. Of all the many activities of their beautifully organized campaign, these were the most effective. And these are the two services we are trying to establish in Nova Scotia. Our primary needs are an adequate expert examination service, that is travelling examiners for our county clinics and county health nurses. To the clinic service we have referred in a former letter. The associated but broader and more far-reaching work of the public health nurse is of such importance that we shall reserve it for our next letter. Precisely what she is intended to do, and what, under right conditions she can do, is not well understood, probably because few of us have seen it demonstrated.

### WAGES INCREASED.

Five Per Cent. Raise Will Cost Western Roads \$5,000,000 a Year.

Chicago.—Wage increases of approximately five per cent, less certain concessions and compensations to the railroads, were reported to have been virtually agreed on by negotiators representing 31 western railroads and their subsidiaries and the order of railroad conductors and the Brotherhood of Railroad Trainmen. Approximately 80,000 men would be affected and the railroads' annual payrolls would be increased about \$5,000,000.

### MORE OPPOSITION TO SALE OF MOOSE MEAT IS PUT ON RECORD

Wolfville.—A special meeting of the Fish, Forest and Game Protective Association was held Monday evening at which the following resolution was passed:

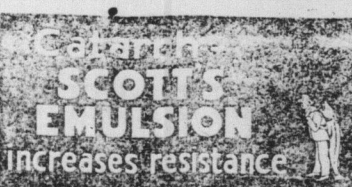
Whereas, it is the opinion of this Association that the moose in Nova Scotia are becoming depleted; and, whereas, we consider the Bill now before the House to prohibit the sale of moose-meat for three years is necessary to let them recover lost ground.

Be it resolved that this Association go on record as being strongly in favor of the above Bill being made law.

### THE STEADY SUBSCRIBER.

How dear to our heart is the steady subscriber. Who pays in advance at the birth of each year. Who lays down the money and does it quite gladly. And casts round the office a halo of cheer. He never says: "Stop it; I cannot afford it." I'm getting more papers than now I can read." But always says: "Send it; our people all like it." In fact, we all think it a help and a need."

Now welcome his check when it reaches our sanctum. How it makes our pulse throb; how it makes our heart dance. We outwardly thank him; we inwardly bless him— The steady subscriber who pays in advance.



## Truly Economical

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**"SALADA"**  
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The flavor is superb—Try it.

### MRS. JESSIE CARTER

Digby.—The death of Jessie, widow of B. T. Carter, late sheriff of Albert County, N. B., took place at the home of her daughter, Mrs. J. J. Wallis, Digby, after a lengthy illness of hardening of the arteries. Mrs. Carter was a daughter of the late John McLatchy and Ann Parkin, of New Brunswick, and was born in Weldon, a little more than 74 years ago. She was twice married, her first husband being William McNaughton, of Salisbury, N. P. A member of the Salisbury Methodist church, she had been actively identified with the work of that denomination up to the time

when she was taken sick two years ago while visiting her daughter in Kamloops, B. C. By her first husband she leaves a family of four daughters and three sons: Effie, wife of C. B. Darling, of Waban, Mass.; Mrs. L. H. Beamish, of Vancouver; Mrs. J. J. Wallis, Digby; Mrs. Andrew Noble, Kamloops, B. C.; J. Arthur MacNaughton, M. D. Moncton; William MacNaughton, of Winnipeg, and B. Frank MacNaughton, M. D., of Montreal; also two brothers John S. McLatchy, of Weldon and James McLatchy, of Weldon and James McLatchy, of Hopewell Cape, N. B.

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