And thanking the love that has dowered

With all that is dearest and best.
ive freely, that from your abundar
Some bare little life may be blest. Oh, go where the stockings hang empty, here Christmas is naught but a name, give—for the love of the Christ-child was to seek such as these that he cam

## Whistling Rastus.

"I say, Rastus, what you gwine to 'stal lish tow'ds de Chris'mus dinner ?" Abe asked his brother one morning, a week befor Abe was sitting at the breakfast table Rastus had risen and was shoving his chair

under the table. "Nothin' 's I knows on, 'cept my own 'spectable presunce," Rastus answered, walk-ing toward the door. You's a downright lazy rascal; on if I had de management o' you I'd make you wuk fo' a libin', 'stead o' whistlia' 'cound all summer in de woods, en when de col' wedder

comes, a esttin' 'hind de stove whistlin'-" "G' 'long, you," Rastus said, rolling his "Hol' on dar! Don't you go out o' dis house till you say what you git fo' de din-nah," Abe said, starting out of his chair. Rastus had his hand on the knob of the

door. Abe took him by the shoulders and turned him round. Abe was head an shoulders taller than Rastne. "Say, Rus, what you gwine to do?" his brother said; towering over him like a shang-"I's got nothin' to purchase wid," Rastu

aid, looking down at the hole in his shoe where his foot shone through. "No foolin', boy. You ketch a couple of rabbits what you bin whistlin' to all sum-

mer-heah?" Abe said, giving him a vigorous "Let 'lone dat l' Rastus said, pulling away from him.

Abe caught him by the shoulder again and ean out o' yo' thees." Rastus hesitated, till Abe began to execute his threat, then he promised to get two rabbits for the Christmas dinner.

cadenza of thrills and arpeggios. Abe went bits already," Abe said to himself.

In a few minutes his mother entered from a rear door. She had been in the yard hang

ing out clothes. she asked, holding her benumbed hands over the cook-stove. Gone off whistlin'," Abe answered, with-

out looking up from his plate.
"Did he had 'nough breakus?" his mother inquired, looking at Rastus's well-cleaned

"Ps dun know. But what I know is, he's got to git two rabbite fo' de Chris'mus din-nah, en dat's what I do know," Abe said,

tendah-hearted to kill 'um. "Honey, or no honey, I say he'll git 'um him to it." Abe said, shaking his head at his

"Ma, If you don't help me dis time with dat rascal, I won't fetch one thing in dis house fo' de Chris'mas dinnah-heah?" Abe

"We's got 'nough fo' de dinnah. De shoat what you's gwine to kill is sufficien

rascal, sheat or no shoat," Abe called back, That evening, when the family met at the supper table, Abe said to Rassus:

"dot den rabbits yet?"

"Not yet," Rastus said. "I's waitin' fo'

"Non' o' yo' untrufs 'bout dis yere affair

De moon's nuthin' to do wid rabbits," Abe said, bringing his fist down on the table with a bang. "Deed, en dat's so," the mother said. trying to shield Rastus.

De rabbies hab great 'miration fo' de moen, so if de moon don't shine I can't ketch 'um." Rastus insisted.

" Let Rastus 'lone, Abe. Hain't a week time 'nough to ketch two rabbits in?" After supper Abe went out to the pig-pen to see if the shoat was safe for the night.

Sam and Mose, the younger prothers, went to bed. Rastue sat behind the stove whittling

too great fer his endurance. He heard Are had a thrilling tale about the apples which they furnished for the dumplings. The cultivated mind, but where we find it flourwith the uproar, so she laughed long and loud, hoping to drown the whistle, but Abeis more severely condemned by moralists.

to leok cot.

(H's de win', Ano," his mother explained. which bays at it. The moon wisely keeps Abs opened the door. It was showing on its journey, and the cloud vanishes, and hard, but there was no wind satis.

O.M. sha, a das boy? You know. You've Wilcox in New Evening World. Also opened the door, It was showing hard, but there was no wind dolle.

yone crazy, Abc," his mother
You go 'long to bed. I'll sit
Wise people keep their blood pure with
Hood's Sarsaparilla and make sure of health.

## "I seed de fire board a jigglin' a minute ago," Mose said, pointing behind the stove.

Abe made a dash for the chimney and pulled down the fireboard. His mother screamed, and caught him by the tail of his coat, but she was too late; the fire-board was down, and there sat Rastus cross-legged manner as follows: in the soot and ashes. He gave a long shrill

whistle, like the vent from a safety-valve, and then grinned at Abe. "You tormented villain, you!" Abe yelled, snaking him out of the chimney.
"Let him 'ione, Abe. I did it. I dun But Abe walked Rastus turkey fashion pross the room and put him out of the door. the average dairyman's wife usually receive? "Don't you darst come back till you fetch

the door and bolted it. "De honey'll freeze! De honey'll freeze!" "He won't freeze. He's too lazy," Abe given them sufficient protection from the issed at his mother.

"Rastus picked himself up and looked at "I's do believe Abe's in mad earnest dis re time," he said, brushing off the snow. 'il hab to stay in de hen coop till arter Chris'mus, en, lose my dinnah. But ma'll lide me out a dun plin', I guess." He went to the hen coop and lay down on

Mebbe he's in dar.'

some clean straw.

His mother listened, and for an hour she heard him whistling. But Abe was sound About midnight Rastus was awakened by

ealthy voices. He preped through a knot hole into the pig pen, and saw his neighbors, the Tompkins boys, taking down the shoat from the ceiling, where Abe had bung it to "We'll play de same joke on Abe what

ne played on us las' year," Lee Tompkins huckled. "Dat we will," Jake echoed.

"Dis'll go fine wid de rabbits," Jake said, atting the shoat into a basket. While the boys were there, Rastus buried is face in the straw to keep from whistling. thought had come to him. He saw the y to his Christmas dinner. Just after daybreak Rastus rapped on the compkins door, and inquired for Jake and

"If you don't min', I'll take a couple of abbits to pay fo' de shoat you stole off Abe as' night," he said to the boys. Who stole a shoat?" Jake demanded. "You and Lee did," Rastus said. "Yaw-haw-haw!" laughed dake. "Dat

in't stealin'. Dat's a Chris'mas joke. Abe I'll neber tell. Abe en me has had a triflin' isapprehension."

The family was at the breakfast

'um?" he asked. "I's don't tell all I knows," Rastus said, in the mangers is thrown out for bedding and sitting down to the table.

"My! honey, dey am strordinary fine fo' ... When it is possible to cut or shred fodder,

miring Rastus and his game. He came hurrying back, screaming:

oat? some one dun stole de shoat!" - . Rassus turned on him.

ple and apple dumplings, but Abe, Sam and Mose missed the reast sheat.

Dut it is a dusty job which one does not fully appreciate until winter, when snow is on the ground and all Jose missed the reast sheat.
"Desc rabbits is powerful good," Abe the feeding is done on the inside of the barn. said; "but my jaws do watah fo' de shoat

## per's Weekly.

Take a Trip. "You long year'd rascal, you fetch dem lt seems to me, said a practical man, to rabbits or I'll-" Abe said, but his mother be a mistake to fall into the habit of always interpreted his threet.

Standard Theory and the said and the said and the said are said a practical man, to of running your own private creamery. In this way you will get 4 or 5 cents more per It seems to me, said a practical man, to staying at home. We are apt to grow nar-row and set in our ideas and to view changes or innovations, even it they would benefit to s, with suspicion. There are times during the year when we can leave our farms with the state of the s out much sacrifice to our work. Let us go; we need not spend money extravagantly, but let us use enough to make our trip pleasant and comfortable, then our minds a stick and whisting.

"Me," he whispered, "So you think Abe in dead earnest 'bout de zabet?"

"Naw, honey; you jee' keep out o' sight on hearin' till Carts' mens connes, en he'll dun forgit elean 'bout you and de zabbits," his matter teld him.

"It is a stock argument that leaving the cornstalks on the fields keeps the ground loose," says a Farm, Field and Fireside with advantage to our work. Our outing will make us hapier, more content, wider-minded and better citizens.

"It is a stock argument that leaving the cornstalks on the fields keeps the ground loose," says a Farm, Field and Fireside with the cattle had left. This pile contained as much as would have made a good margon load. These have been turned over

forgit clean 'bout you'and de 'xabbits," his mether told him.

"But, ma, it's kinder coi' as tin' on fences whistlin' dese nights," Rast as said.

"Neber you min', hone's. I'll fix you a place 'hind de fire board in de chimbly. You come home 'fore Abe, en git yo'u supper, en hide till he goes to bed," his mother said.

After that Rastus k 'pt out of his brother's way. Every time Abe came home in quired for Rastus.

"Law, de hom'sy's somewhar whistlin'," his mother woul's ay.

It was very 'pain[al for Rastus to keep from whistling behind the fire-board. He kept his hazhad over his mouth for fear he would forget. Residued to great fee bis candidates the heart Abe to great fee bis endurance. He heart Abe to great fee bis endurance he he heart Abe to great fee bis endurance. He heart Abe to great fee bis endurance he he heart fee fee of the minded and better two or three times as would have made a good wagon load. These have been turned over two or three times to heated as much as would have made a good wagon load. These have been turned over two or three times to heated as much as would have made a good day they could all be loaded on a big wheel-barrow. Scattered over a cornfield on the save refilling feet in summers, because they green on the still have on the time day they could all be l

- Revenge is one of the lowest human attook place that afternoon. Sam and Mose cributes and an indication of crudity and they furnished for the dumplings. The brothers were having a noisy confab, but their mother heard a low whistle mingisted advantages of education and experience it is heard it he had been listening for it all the It is as ridiculous for a human soul to stop and revenge some petty wrong it has Phac's dat lazy rascal Rastus! I heard received as it would be for the moon to stop his whistle," Abe said, going to the window ite course and wreak vengeance upon the

his hid. Accessed.

Thus, Area Lond accordant To hide.

A newly married couple in Portland,
the way are both deal and are trying
thousekeeping without a servant, have dewisco an ingunious substitute for a doorbell.

When a caller present he electric button, the substitute of a doorbell.

When a caller present he electric button, all the plant in the house flash up and his.

Drophy on which to but to break the substitute of the su

### Agricultural.

Some Good Thoughts for the Dairymen Geo. E. Newell, in the American Culture, puts several things together in a clear, terse

A good dairy region exists where there are good dairymen.

Well fed cows do not have to show up a pedigree to establish a milk record. There is more money for the average dairyman in keeping his pasture fences in repair than in looking after political fences. Talking about farm wages, how much does

A "practical dairyman" is one who make em two rabbits," Abe said, and slammed a profit out of his cows. If your cows shrink in milk yield during stormy weather it shows that you have no

A cow, like a man, is known by the com pany she keeps. Don't let her get poor by allowing sheep to eat the grass from und You cannot perpetuate good meadows and let cows graze on the rowen. The maker who uses his or her finger for

a thermometer, was never yet known to produce regular supplies of good butter or There are other and better ways of encour aging a cow to give down her milk besides

kicking her in the ribs. The most nutritious grass grows on the best prepared soil. The man with a well defined silo usually takes precedence when it comes to a profit-

able farm and neat, substantial buildings. The hardest cow to milk is usually left to the hired man. Carelessness and sour milk go hand in Greasy, soiled clothing marks a poor but-

ter-maker. Every year is a good dairy season for some. Why is it not so for all? The dairyman with the longest head is apt to carry the longest pocket book. I never yet saw a profitable cow that was not docile and gentle, and in order to be such she had to have a docile and gentle

A man does not necessarily have to be come gray in acquiring the right sort of dairy experience. Some of the best dairymen have ever seen were vigorous, alert, progressive young men.

-My experience in winter feeding ha played one on us las' year, en I jes' played it shown that the most economical production on his dis year—see?"

of flesh when fodder was used was by feeding "All right," said Rastus. "I'll lay low crushed corn with clover hay in the morning on the subject if you'll give me two rabbits. and crushed corn with cut fodder at night So says Ernest J. Riggs in the Nation Rastus obtained the rabbits, and went he says, nor shredded, in November and put Tilson's Rolled Oats, whistling down the road. Abe heard him right into the barn at a cost of 41 cents per a total cost of about 14 cents per shock, since "Thar's yo' rabbits, Mr. Abe. I could the fodder could have been sold in the field jes' as well had fou', but yo' didn't ask but at 10 cents. When fodder is stored in this to' two, so I jes' get two," Rastus said, way, it is so much more convenient to Cracked Corn and Oats, handle, both in feeding and hauling it out in

Abe grinned when he saw the plump little

manure, that much is gained by it, even mimals. "Them's fine. Whar' you ketch | though no more of it is eaten than when fed without cutting. The refuse which is left

pie. Yon's a brave man," his mother said, it does not pay to feed it whole either in the stable or in the racks outside. I do not feed After breakfast Abe went out to bring in any fodder whatever in the feed lot, as there is no need for it, for the cattle are fed in the He came hurrying back, screaming:
"Help? help! Some one dun stole de forenoen and then turned out to water and JOSEPH I. FOSTER. allowed the use of the straw stack for Rastus turned on him.
"Yo' long.yeared rascal, I don't b'lieve for the purpose of eating, but to give them you had a shoat. Yo' dun fool us all de water and a little exercise, and then when they are stabled they are eager for their feed "Pon my hongr, I had one, en he's gone," of cut fodder. When the fodder is to be Abe pleaded.

"Nemmine bout de shoat," Raatus consolingly said; "de rabbits is good 'nough' fo' ma en me. Yo' en Sam en Mose can go Rastus and his mother enjoyed the rabbit but it is a dusty job and a hard day's work,

-Now about the advantage of having a what I fattened fo' dis yere dinnah." - Now about the advantage of having a After the Christmas feast Abe put on his cream separator of your own. First, you oat and hat, saying:

"I's gwine to spen' the rest o' dis day in it. In the old way of setting milk in lookin' fo' de one what stole de shoat. I crocks or pans and having the cream to rise guess I'll call on Jake and Lee Tompkins, to at leisure, if the temperature is just right, see how dey is spendin' de day."

you will get nearly all the cream from the He went up the road toward the Tompkins milk, but if the weather is too hot the milk house. Rastus sat on the door yard fence, while get sour too soon, and you don't get all the cream. If the weather is too cold, you lossoming. His mother, watching him from | don't get all the cream. Second, the skimthe window, wondered if it were Christmas | milk from the separator is entirely sweet, or spring-time, so merry and dulcet were the and is worth a great deal more for feeding tones that vibrated in the frosty air. -Har- calves and pigs than the sour milk. Well, how about hauling your milk to the creamery? That is all right if you want to save work for the women, but it will make a dif-ference of from 5 to 8 cents a pound in favor pound for your butter by selling and deliver-

The Cornstalks.

To save potatoes for seed one should store them where they will be kept as col as possible without freezing, says The American Culticator. One who has only a cellar in which they will grow soft and flabby and sprout ling before planting will do better to store them in a pit out of doors, if he needs many, and, if he plants but few, buy them of someone who can keep them in better of someone who can keep them in better condition. We have thought that a part of condition. We have thought that a part of the advantages of sending north for seed every year was due to the potatoes being kept cooler there until shipped in the spring they are kept in the ordinary house cellar rather than to the necessity for a change of soil or any running out of the patato when planted many years on the same soil.

Minard's Liniment for sale everywhere.

Hood's Pills Are prepared from Nature's mild laxatives, and while gentle are reliable and efficient. They

Rouse the Liver Cure Sick Headache, Bil-

Is the best of **EMULSION** all the

preparations of Cod Liver Oil. It is pure, palatable and effectual. Readily taken by children.

Always get Puttner's, it is the Original and Best.

# BOOTS

SHOES

I HAVE SEVERAL PAIRS OF

Brogans, Men's B. T. Boots, Men's and Boys' Buff Bals. and a few other lines of Boots and Shoes to close

AT COST FLOUR,

Meal & Feed Just arrived, a large stock of Ogilvie's Hungarian,

Hornet, Pilgrim, Delight, S. S. "Evangeline" makes daily trips be-tween Kingsport and Parraboro. Buffet Parlor Cars run each way daily on Express trains, between Halifax and Yar and Whitecoat Flour. ALSO

Feed Flour, Middlings, Bran, THE Whole Corn and

-ALL AT-LOWEST CASH PRICES

Cho ie Home-made Bread,

J. M. KENDALL.

GO TO THE

BARGAIN' BOOT AND SHOE STORE

(Opposite the Post Office.)

full line of Boots, Shoes and Rubbers, Women's, Misses' and Children's Fine

and Coarse Boots.

Boots and Shoes made and

Special attention given to Repairing

D. R. CUMMINGS, Agent.

FALL TRADE

Just arrived: A large line of ROBES, LIGHT, EXPRESS and WORK HAR-NESSE will be sold at lowest figures,

ORGANS REPAIRED

Cotton Seed Meal.

Clean Washed Wool and Eggs taken at market price. BRIDGETOWN. NEW BAKERY

COURT STREET. PORT WILLIAMS, Kings Co., June 9th, 1899 Biscuits, Pastry, &c. Also Milk and Cream.

KENTVILLE, N. S., June 14th, 1899. The Newport Nursery Co., Newport, N. S.: Gentlemen,—Last winter I ordered of you Mr. Salter six hundred Apple Trees, which TAREMEMBER THE PLACE: Two doors J. M. K.

WILLIAM MCKITTRICK. GRAND PRE, June 23rd, 1899.

Although we have done well by our cus omers this year we will be in a position to o still better next year, and have to delive OVER 50,000 TREES

of our own growing, which will be as fin stock as was ever grown on this continent and of the choicest varieties. Warranted True to Name.

BRIDGETOWN MARBLE WORKS

N. H. PHINNEY. - Manager. Lawrencetown, Sept. 20th, 1899.

JOHN FOX & CO. Auctioneers and Fruit Brokers, Spitalfield and Stratford Market,

LONDON, G. B. Me are in a position to guarantee highes narket return for all consignments entrust us. Cash draft forwarded immediate oods are sold. Current prices and market orts forwarded with pleasure.

EXECUTOR'S NOTICE.

Bridgetown, Jany, 30th, 1899.

PROPERTY FOR SALE Agent Wanted!

RDGAR BENT. NORMAN LONGLEY. Exe dise, Aug. 1st, 1898.



RAILWAY

"Land of Evangeline" Route On and after WEDNESDAY, Nov. 15th, 1899, the Steamship and Train Service of this Railway will be as follows (Sunday ex-Trains will Arrive at Bridgetown: 

Wednesday and Friday.... com. from Yarmouth (Tuesday, Thursday and Saturday.... Trains will Leave Bridgetown: Express for Yarmouth.... Express for Halifax ..... 

BOSTON SERVICE: 8. S. "Prince George," 2,400 Gross Tonnago; 7,600 Horse Power, by far the finest and fastest steamer plying out of Boston, leaves Yarmouth, N. S., Wed-nesday and Saturday, immediately on arrival of the Express Trains, arriving in Boston early next morning. Returning, leaves Long Wharf, Boston, Tuesday and Friday, at 4,00 p. m. Un-coualled cuisine on Dominion Atlantic Railway

S. S. "Prince Arthur,"

ST. JOHN and BOSTON, Direct Service. LEAVES ST. JOHN

LEAVES BOSTON Royal Mail S.S. "Prince Rupert, 1,260 Gross Tonnage; 3,000 Horse Power. ST. JOHN and DICBY.

Trains and Steamers are run on Eastern Standard Time. P. GIFKINS, Kentville, N. S.

# NEWPORT NURSERY COMPANY

Newport, N. S. We desire to call the attention of Fruit Growers to the large stock of Fruit Trees of our own growing. Below are a few of the many testimonials we have received in re-gard to the stock we delivered last Spring: CANNING, N. S., June 14th, 1899 The Newport Nursery Co., Newport, N. S.
Gentlemen,—This spring we received from
you 2,000 Pear Trees. The stock was the finest
we have ever seen, and we are pleased to find a
Nova Scotia firm who are so competent to supbly the growing needs of this country in the

Gentlemen.—The stock sent me was very fine. can procure you a number of orders among ny neighbors. (Signed) HARRY W. O'KEY.

Gentlemen.—This spring I received from you to Apple Trees, and although I have been lanting trees for a number of years, and from idlerent nurseries, your stock was the finest I are ever had. My neighbors, who have seen at trees, say they will place their orders with our for next spring. If you will send me order lanks I can secure you a large number of or ers in this section. (Signed)

W. C. Hamilton.



Monuments, THIRTY YEARS. in Marble, Red Granite, Gray Granite and Freestone,

Tablets, Headstones, &c All orders promptly attended to.

Granville St., Bridgetown, N. S. APPLES A SPECIALTY For Export to English Markets N. MAYNRIGHT-MEYER &

6 and 7 CROSS LANE, LONDON, E. C. accept and finance consignments of APPLES, HAY, BUTTER and CANNED GOODS, tc.
Highest market prices with lowest charges uaranteed. For full information apply to JAMES R. DE WITT, Bridgetown, N. S.

EXECUTORS' NOTICE

Why is it that nearly all

aged persons are thin? And yet, when you think of it, what could you expect? Three score years of wear the digestion weak. Yet the

body must be fed. In Scott's Emulsion, the work is all done; that is, the oil in it is digested, all ready to be taken into the blood. The body rests, while the oil feeds and nourishes, and the hypophosphites makes the nerves steady and strong.

50c. and \$1.00, all druggists.

SCOTT & BOWNE, Chemists, Toronto.

## FALL, -STOVES

STOVES Go to CROWE'S tinshop

to get your Stoves. arge stock and better Bargains this Fall than ever. \$28.00 "Faultless" for

\$14.00

and other Stoves accordingly. Hot Air Furnaces for Coa and Wood at bottom prices.

#Plumbing and Job Work R. ALLEN CROWE

Telephone 21. You Can Buy HORSE BLANKETS, SURCINGLES, HALTERS, CURRY COMBS, BRUSHES,

BITS, TEAM COLLARS, LIGHT COLLARS, COLLAR PADS, LAP ROBES, WHIPS, SLEIGH BELLS, ANKLE BOOTS, AXLE GREASE, HARNESS OIL, HARNESS SOAP, GALL CURE, CONDITION POWDER LRAMING'S ESSENCE.

FRIARS' BALSAM, and everything to make your Horse shine. ALSO Flour, Meal, Feed,

Groceries and Confectionery cheap that it will make you laugh. Because he gives no credit, it will pay you to get prices before purchasing elsewhere.

ALL GOODS FIRST-CLASS. E. YOUNG. Lawrencetown, Nov. 25th, 1898. HANDSOME

RESIDENCE FOR SALE The Homestead of GEORGE B. MUR.

DOCH. Esq., late of Bridgetewn, is now offered for sale. The aforesaid property consists of six acres of land under a high state of cultivation, and has on it about two hundred and twenty-five apple trees, all in bearing and capable of yielding annually two hundred and fifty barries of the best marketable varieties, besides plum, pear and cherry trees, with small fruits.

Thas on it a large and well-built brick than the property trees the state of the control of the state of the control of the state of the control of the state of the sta near and cherry trees, with small fruits.

It has on it a large and well-built brick welling house, containing eleven commodious ooms, besides halls, closets, pantry and orches. Also a large barn, coach-house and ther outbuildings. ther outbuildings.
The property is beautifully situated on the nain street leading out of Bridgetown to Anna olis. It is about sixty rods from the railway tation, and five minutes walk from the post of the post

file and commercial centre—the town.
The property has a broad frontage on the reet, adorned with beautiful shrubbery and mamental shade trees, and is capable of being vided into several building lots if desired. For price and further particulars apply to ALVENIA MURDOCH RECEUTION BESSIE B. MURDOCH,

PALFREY'S CARRIAGE SHOP -AND-REPAIR ROOMS.

Corner Queen and Water Sts. THE subscriber is prepared to furnish the public with all kinds of Carriages and Buggies, Sleighs and Pungs, that may be Buggies, Sleighs and Pungs, that may desired.

Best of Stock used in all classes of work. Painting, Repairing and Vanisning execut in a first-class manner. ARTHUR PALFREY.

WORLD CAME EASTAINE ARCHIBALD'S PAIN BALSAM. but the best hot medicine for COUGHS. COLDS. CRAMPS. CHILLS. CHOLERA, COLIC.

YSTER and LUNCH COUNTER DYSTER STEWS AND LUNCHES

SERVED AT ALL HOURS. Oysters sold by the peck or half peck, or or BREAD, CAKES and BISCUIT fresh from y always on hand. T. J. EAGLESON, QUEEN ST., BRIDGETOWN FOR SALE OR TO LET!

The property situated in Kingston Village and known as the William H. Jackson place, containing 19 acres of land, with a nice young orchard of 100 trees, 60 trees in bearing. Also plum and cherry trees. A nice cottage house containing ten rooms; barn and outbuildings; all in good repair. Immediate possession given. GEORGE I. BALCOM.

NOTICE RSONS indebted to the estate of Milledge Munro, late of Bridgetown, deceased, are by requested to communicate with Mr. E. gles, Solicitor, to whom I have given a r of attorney in this behalf.

Brid getown, March 16th, A. D. 1888-52 tf

Paradise West, Annapolis County.

The Bousehold. -The type of muscular actions for women consists of movements that move the body a great deal, but only the body, and there is no use in women trying to engage in train- died so suddenly the other day in Montreal. ing or athletics that involve raising heavy | The incident occurred during the adminis and tear are enough to make weights. "We are returning now in our exercises," continued Dr. Jacobi, "to the grace without overtaxing the body. The Railway in Mr. Mitchell's constituency (New old fallacy of fifty or one hundred years ago that little girls under ten or twelve years of in so that cattle could not cross it, but the and be taught to sit on the piazza and keep | cow got on the railway track and was killed

> give gymnastic exercise to a girl unless she lives in the country and does not attend school. Any girl who does not have to Mr. Mitchell insisted upon the justice of the sweep a floor and is going to school, must have gymnastics to balance the strain upon nerves and brain. Everything possible should be done to develop a girl's chest, es. ly. pecially."

The most admirable of all exercises is the ne in which the ancient Greeks were so show you that when Peter Mitchell takes proficient, running. This should be done as far as possible in the open air. It expands the chest, draws the air into the lungs and tends to cultivate grace of movement. Jumping ropes, on the other hand, is a bad xercise, as it tends to exhaust the heart without any correlative advantages. Basket ball, rowing, riding on horseback are all de. sirable, and if girls do not indulge in them dollar item for the militia. Mr. Mitchell voluntarily they should be compelled to. All muscular exercise involves the expendi- Minister of Militia, Hon. Mr. Vail, came ture of mechanical force, and this must be met by an abundant supply of force food, such as bread and butter and beefsteak.

name of heaven, what he meant? Were they not good friends? Was he going to The inability of woman to understand the correlation between force and food is sing-

of fifteen should be able to walk ten miles in has proved extremely beneficial to a large | Widow Murphy's cow." number of people who had never learned to disseminates the act of

just what tired, anæmic girls need. "Swimming and horseback riding are also ing his wife left the house for a few hours, and to be commended for growing girls. While his children availed themselves of the opportwist to be commended by the control of the control Women in the country are apt to take less exercise than in the city. A horse and caread. In vain he bade them be quiet, in vain riage stands usually ready, and if they wish he wrestled with his logarithms. Finally to go to the village only a half-mile away he lost patience and rushing from his study, they never think of walking. Sitting still he ordered them all to go to bed. As it was on hotel piszzas and eating three hearty only six o'clock, they naturally remonstrate

to the city border on her return home. tion asked.

Carry out the same rules here that you would her what had occurred, and she at once went in the celebrated baths, and backache and their evils will be effectually disposed of." she came back in a state of great excitement. The sweet pea is a plant that likes to must be crazy. I thought that something ave its roots in a cool, moist soil. And it likes to get a good start early in the season | whipped one of the children, because she efore hot weather sets in. In order to wouldn't go to bed. Now, do you know secure for it these advantages, upon which

mind frosty weather, and it can be planted here." shortly after the snow is gone, and the frost is out of the ground.

As soon as the soil can be worked, make a little V-shaped trench about six inches deep, drawing the soil taken from it on one rich, having an attractive home in London side. Then sow the seed. Sow it thickly.

It ought not to be more than an inch or two den House, in Buckinghamshire. During apart. Then cover to the depth of one inch, pressing the soil down firmly over the seed.

When the young plants are two or three condition of the many villages in her neighinches tall, draw some of the soil taken from | borhood. Neat cottages replace former the trench in about them, and continue to hovels, swamps and unhealthful areas have do this, at intervals, as the plants stretch | been drained, the quality of the drinking upward, until all the soil taken from the | water has been improved, and a rudimentary er we succeed in getting plants whose roots

considerable moisture in quite a dry seaon, and where they will be cool. out they soon succumb to midsummer's heat. the intensely hot weather we are pretty sure | One afternoon she curtsied and said : the intensely hot weather we are process
to have in July and August.

The best support for swent peas is made
by stretching wire netting five or six feet
wide on stout posts. The meshes should be
large ones. On no account use narrow netlarge ones. On no account use narrow netlarge ones. large ones. On no account use narrow netting, for in a good soil—and the soil for other man for the farm?"

sweet peas should be rich-the vines will

and spoil the looks of the row. If netting is not procurable, use brush. The vines will take to this support more readily than to any other, but the effect is not so satisfactory as that of wire. In planting sweet peas, I should strongly advise keeping each variety by itself. A mix-ture of kinds and colors is never satisfactory. The favorite kinds are Apple Blossom, Blanch Ferry and Painted Lady. In purchasing seed, get only the best; cheap seed will produce inferior flowers. To make sure wrists. At the end of a few most of getting the best, buy of dealers of estabished reputation. They have to "live up

to their reputation," and cannot afford, if so inclined, to sell anything in the way inferior. Christmas Table Decorations.

A very pretty decoration for the table at the Christmas dinner is a tiny Christmas. the Christmas dinner is a tiny Christmas tree. Candied fruits and gilded and silvered walnuts make it bright and seasonable, while a little frosting with the powder that comes for the purpose makes it a beautiful object under the glitter of the lights. The tree will be trimmed and prepared for you by any florist and should be planted in a ancy low vase or dish The picturesque dwarf evergreens that come from Japan are most effective when used in this way, and

Joker's Corner.

Widow Murphy's Cow. A good story for years has been associated weights. "We are returning now in our exercises," continued Dr. Jacobi, "to the Greek athletic games, which give agility and farm close to the line of the Intercolonial Brunswick), which was supposed to be fenced age must be restrained from running about, fence got pulled down. Widow Murphy's their dresses clean, is exploded, and in summer hotels now one seldom hears the mother and destroyed part of her crop. Mr. Mitchell telling her girls not to run. Exercise, before eleven, needs little supervision, and after that it should not be checked, but systematized and used to develop special Public Works. The latter was sitting at his muscles. When a girl becomes listless and ar mic and mopes about reading "Munsey" advanced and stated his business. Mr. or Oulda, a mother is apt to think that she Mackenzie said that it seemed to him everyshows remarkable studiousness. This is just the time that it is absolutely necessary to the tracks that they might make claims

case. The Minister said he would not en-

"'You won't,' said Mr. Mitchell, dogged-"'I won't,' said the Minister. " Then I'll take it out of your hide. I'll

up a case he never drops it till he wins his "What happened? Mr. Mitchell blocked the business of the country. He made speeches by the hour. When it came to mmittee of supply he refused to allow the most trifling item to pass. The Ministers were in despair. Then there came the million made an hour's speech against it. The over to the speaker and asked him, in the destroy the militia? Was he going to make ular. As soon as she is tired a woman does know what I'm doing?' Mr. Mitchell asked not want to eat, when that is the time she Oh, no; he knew nothing about the case. Well, it was Widow Murphy's cow. That "A girl in her to eas specially is a mine of cow must be paid for. The session would duplicity, and those in charge of her should bear that in mind, and see that she is cared for. He had promised to take it out of for. The exercise of walking is admirable, Mackenzie's hide, and he rather thought he for. The exercise of waiking is additional to but unless a taste is encouraged in little girls it is a habit that is difficult to acquire later. The daily habit of walking, English ministerial consultation. Mr. Vail returned. girls have is what gives them their lovely complexions. 'How stewed I am,' is their Mr. Mitchell rose to a great height, aneomment when debarred from their usual exercise and kept in the house. Every girl begged to apologiz, for the time he had taken up in the cause of justice. That ended

the country without fatigue. The bicycle | the matter, but 'Hansard' has the record of muscular action all through the body, it fessor appears in the Jugend. An assidue calls into play all the muscles of back and hips, and that is a tremendous tonic, and naturally hates to be disturbed by noisy children. Now, it happened that the other even

meals a day in order to get your money's worth in the summer are the cause of many mysterious cases of typhoid fever that come The one exception was a little girl. She positively refused to go to bed, and the When a woman is out of health the first | worthy professor found it necessary to adnestion she ought to ask herself should be, minister a little corporal punishment, which 'Is it not because I don't take enough of ex- produced the desired effect. The little girl ercise?' while usually that is the last ques- saw that further resistance was useless, and she, too, followed her companions' example. "Carlsbad and the Kneipp cure are all The professor was now able to pursue his right, but there is nothing you caught in Europe that you cannot get in America, saving thereby time, money and energy.

All processor was now sole to pursue his studies in quiet, and nothing disturbed him until his wife returned. Her first question was, "Where are the children?" He told upstairs to look after the flock. Presently

and cried out to her husband : "I think you was wrong when you told me that you what you've done? The child you whipped success largely depends, it is necessary to wasn't ours at all, but Dr. Neimayer's little plant it early. It is a plant that does not girl, who has been spending the evening -Florence Nightingale is still alive and active, although she is close on to the four-

ench has been returned to it. In this man- knowledge of nursing and first aid to the inner we succeed in getting plants are far enough below the surface to be sure
of considerable moisture in quite a dry seaample by nursing an ailing farm laborer who Shallow sown sweet peas make a rapid occasionally worked upon her estate. He rowth at first, before hot weather comes, was past middle age, and his wife, who knew nothing of nursing, took a deep interest in It is not so with plants grown as I have ad- | all that was done. It was not the interest vised. They are able to resist the effect of of affection, but of wonder and bewilderment.

reach a height of five or six feet by July, and the tops if not given something to cling He was the engineer of an ocean liner and prided himself on his knowledge of electric-ity. On one of his brief stays at home he to, will lop over in a very unpleasing fashion, accompanied his wife to a party. The sub-ject of electricity coming up, he indignantly combated the idea that it was possible for two people to produce an electrical cur through the body of a third by simp physical contact. His wife and a friend sa they would prove it, and, leading him to window, told him to pull up his sleeves place both hands flat on the glass. I then, on either side, took a firm grip on wife said :

"Don't you feel a pain, Willy?"

"No!" he replied, and returned

Loyalty. "What did you smash 'im foh ?" "He insulted a frien' er mine." "Go way! What did he say?" "He said dat nex' ter me, my