

has been known and used all over Canada for more than 25 years. It has set and maintained the standard for goods of its class. Its is increasing daily because of 195 strength, purify and universal satisfaction -Pure food insures good health . Magic Baking Powder insures

Lord Cecil's Dilemma

pure food .

CANADIAN MADE

The Picnic Woodall Forest

CHAPTER XVII.

A slight noise at the door attracted the attention of Ebenezer Lupus, and he glided toward it. He could have declared that he had closed the outer Moor, but it was open, and he passed into the clerk's office. He was absent some two or three minutes, and when he returned his manner had undergone a marked change. There was a dark-red spot on both of his sallow, hungry-looking cheek bones, and his eyes were restless and more brilliant than usual.

"Well, Sir Charles," he said, briskly, "I think that I understand what to will begin to work this very day."

"This very hour!" the young man added, vehemently. "You shall have a substantial check to-morrow. Name your own figure."

sufficient to commence with." Lupus said, rubbing his hands.

"It shall reach you by an early post. If you want more, do not hesitate to you! He has become enslaved by a ask for it. Work for me, Lupus. Prove pretty woman's face. He wants to to me that this wretched woman has no claim upon me, and I will make vagaries our hearts play. I cared nothyou a present of five hundred ing for him a week since. I think that

FOR IRON?

Modern Methods of Cooking and Living Have Made An Alarming

Increase in Iron Deficiency in Blood of America Alen and Women

NUXATED IRON

Helps Make Red Bleed The Kind That Puts Roses Into the Cheeks of Women and Force

Cheeks of Women and Force
Strength and Courage Into Veins
of Men.

"Is your blood starving for
want of iron? Iron is red blood
food. If you were to go without
cating until you became weak,
thin and emaciated, you could
not do a more serious harm to yourself than
when you let your blood literally go hungry
for want of iron—iron that gives it strength
and power to change food into living tissue,"
says Dr. James Francis Sullivan, formerly
physician of Bellevue Hospital (Outfloor
Dept.), New York, and the Westchester
County Hospital.

"Modern methods of cooking and the
rapid pace at which people of this country

IS YOUR BLOOD HUNGRY

"Thank you, Sir Charles, thank you will work night and day. I will at once engage the best detective to be and for money, and you may expec my first report within two or three days. Good-day, Sir Charles."

He bowed his client out and watchhe rubbed his hands and chuckled

nake money. So far Caddick's legacy have managed to finance myself so

heard his solitary assistant come in.

om. Show her in to me. In future, e careful not to leave the office door pen when you go out." "A gentleman passed me, and I

thought that you would see to it, sir. Lupus waved him away, and in one minute he reappeared with a lady behind him. She was richly dressed, but lacked the repose and reserve that always distinguish good breeding. She was young, and many would have considered her pretty. She was dark, had small, regular features, and eyes of a peculiar brilliancy. They were now flashing with some inward working of her passions, and but for a warning gesture from Ebenezer Lupus, she would have spoken before the inquisitive office-boy.

The lawyer carefully closed both of the double doors with his own hands, then he seturned to his seat

"I am delighted to meet with you again, Lady Hastings. What a wonderful coincidence that you should have come here to-day! He has never crossed the threshold, until this morning, since the wedding day!"

"It's no coincidence, Mr. Lupus," the lady replied, quickly. "I followed him here! I heard his devout wish that I were dead! I heard you ar-

"Stop, sir. I know nothing of Mr. his revengel" Spiers. I have been abread with my Mr. Ebenezer Lupus jumped to aunt, and have returned to claim my fetch Lady Hastings a glass of water, rightful home—to use the name that Lady Hastings."

"What are you willing to pay, if "Well, a hundred pounds will be play into your hands? It is as well to understand each other at once."

"Not one shilling, sir. This is an insult—a trap to catch me. I defy marry her, but it is strange what I love him now! He is my husband

Who Should Take

Nuxated iron

The Elderly Inactive Man

ed him to the end of the street; then

"At last, Ebenezer, your luck has hanged, At last there is a chance to has been a curse to me. The business of a money-lender, without money to lend! Ha! ha! It is a mystery how I

He retired to his private office again, and, after waiting a short time, He touched a bell, and the boy apeared in answer to the summons.

"John, there is a lady in the deed-

ranging to get me divorced!"

Mr. Lupus smiled.

Hastings, but I am ever ready to sell that Jabez Caddick discovered the myself to the highest bidder. If Mr. whole truth before he died! He left it Spiers has not squandered the whole in writing, to be sent to Sir Charles,



Your Home Can be made more easily comfortable and pleasurable by the of this simple.

of the bother with storm sash. They are cheaper than storm sash; far more effective, and last as long as the build-ing. For both new and old houses

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Eugene H. Thomas. P. O. Box 1251. Phone 757.

and as such I will claim him before the whole world!" She spoke defiantly, and her black

eves flashed.

"One moment, Lady Hastings. annot have my business spoiled by you. Mr. Lupus was still smiling 'And unless you pay me well. I am afraid that I must work solely for Sir Charles. I beg of you hot to get excited. My boy may be listening, and I "He will pay me for what I do, Lady do not wish any living soul to know but it fell into my hands. That was

"Do not trouble," she commanded, her pale lips trembling. "I will be all right in one minute. It is the result of overexertion." .

Mr. Lupus sat down again, and her ladyship whispered:

"I understand you."

"Ah! That is all I want. We need not be enemies, and I can handle Sir Charles in my owa way. I can promise you that it will be effective. What has osophers and seers, and the tinhorn ecome of Spiers?"

"He is dead," she replied, faintly. "You are sure of it?" "I saw his body. He was drowned."

"I am glad to hear it. His appearance would make matters very awkward." They consulted in whispers for a

chuckles. punk detectives who've just found a "My fortune is made! To-morrow, hopeful clew. will prepare a report for Sir Charles that will astonish him."

to his delight in a series of low

In the meantime, the young baronet was on his way home; his mind racked by hopes and fears. He would wait until he knew whether his wife was living or dead before he saw Lady Gladys again. He would then break to her the awful story. He did not think for one moment that she could forgive him. The wrong he had committed was beyond pardon. If his wife still lived, he would bid his love

an eternal farewell. There was nothing on earth that might bridge the gulf that would be between them-nothing! He pictured his life without Gladys, and a grean escaped him. It was too horrible—it was worse than death-it would be a life of lingaring torture. He told himself that he could not live under the weight of his grief—his remorse his despair! But when all seemed blackest, hope came to him; there was that still left until be heard from nezer Lupus there was still the chance that the woman who came be tween him and his love had given up her worthless life. He prayed that she

ere dead, and asked God to forgive aim for so sinful a prayer!

CHAPTER XVIII.

It seemed that there had never be ore been so long a spell of beautiful mmer weather in England. For veeks there had been a succession of glorious sunrises, and the monarch of day climbed the blue walls of the sky, to sail in magnificent state, and disappear in golden grandeur to his ouch of fire in the west. After the heat of the day, the dew fell in soft showers, and moistened the verdure and nature bloomed afresh each morning, and loaded the air with her in

Four days had passed since Sir Charles Hastings had parted from ady Gladys, and promised to return again soon. He had received her fond etter, and had replied to it. The reply was short, and had been hastily written. He was coming to the abbey that day—he was coming to see her ather, and her heart bounded joyously. She-took the little letter from her pocket again, and read the dear writing:

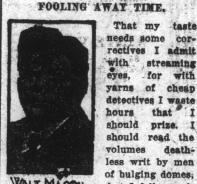
MY DARLING—I am going to see the earl to-morrow. Will you meet me in the park before I see your father? I shall be in the spot that you have so aptly named the Fairy Dell, at eleven o'clock. I have not written to the earl, so that my visit will be somewhat of so that my visit will be somewhat of a surprise to him. Yours in death. CHARLES.

She felt that there was something this letter that was very vague and unsatisfying. What did he mean by "Yours in death?" Why should he finish with these dreadful words?" Her father had recognized the handwriting and the Hastings crest, when he passed the letter to her. (To be continued.)



Burning and Aching Feet. after a hard day's work or a long FOR EACH pattern in silver or ramp and your feet are completely used up, bathe them in hot water then rub them well with MINARD'S LINIMENT. It will relieve you and you will never be without abottle.

FOOLING AWAY TIME.



hours that should prize. I should read the volumes deathless writ by men of bulging domes

WALT MASON but I follow pal and breathless, the exploits of Sherlock Holmes. While my wiser neighbor traces Einstein's theory to its source, I, with Cleek of Forty Faces, mix with sinners vile and coarse. I pass up the stately diction of philsleuths of fiction are my comrade through the years. And my aunts, with eyes accusing, tell me how I'm wasting time, but I find the sleuths amusing, and they're surely not a crime I have found it doesn't matter what a fellow likes to do; some one's bound to rise and splatter burning language over you. If I liked the works of Bacon my fierce aunts would rise and time, and when Lady Hastings went say, "By your reason you're forsaken away, Mr. Ebenezer Lupus gave vent since you read that stuff all day! So, ignoring the objectives of the good and wise and true, I commune with

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Fashion Plates.



CHIC AND CHARMING DESIGN. | color contrasting to that of the go 3801-3793 Here is a very popular With long sleeves one could have this variation of the jumper dress—and a in satin, taffeta or velvet, with trimpretty design to wear with it. As ming of embroidery or jet. ortraved, wool jersey embroidered in loss was used. The guimpe is of Sizes: 34, 36, 38, 40, 42, and 44 inches

pongee with self frills and hemstitchcrepe a trimming of grosgrain ribbon

The guimpe 3801 is cut in 7 Sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust measure. The Dress 3793 is cut in 8 Sises: 34, 36, 38, 40, 42, 44, 46 separate patterns which will be mailand 48 inches bust measure. The ed to any address on receipt of 15c. width at the foot is about 2 yards. FOR EACH pattern in silver or This style is good for slender as well as for mature figures. The dress stamps. front is cut with fulness beneath the yoke extension of the back. To make up this style for a 38 inch size, requires 2% yards of 36 inch material

for the Guimpe, and 3% yards for the pockets are placed under the tab ex-Dress, of 40 inch material. This illustration calls for TWO separate patterns which will be mailed to any address on receipt of 1,c.

A PLEASING DINNER DRESS. 3796-3798 Softness and simplicity That my taste attractive. The roses could be in a receipt of 15c. in silver or stamps.

NEAT AND SERVICEABLE

4030. Percale with facings of linen

s here depicted. Black sateen with

contrasting color or with rack for a

The Pattern is cut in 4 Sizes:

bust measure. A Medium size requires 41/2 yards of 36 inch material.

Pattern mailed to any address on

eceipt of 19c. in silver or stamps.

A GOOD APRON.

Pattern 3324 made the comfortable odel. It is cut in 4 Sizes: Small

APRON.

The Waist Pattern 3796 is cut in 6 bust measure. The Skirt 3798 in 6 ing for trimming. In duvetyn or Sizes: 24, 26, 28, 30, 32, and 34 inches waist measure. The width of the skirt at the foot is about 2 yards. To make the dress for a medium size as illustrated in the large view will require 714 yards of 27 inch material. This illustration calls for TWO

A DAINTY FROCK.

4025. One of the season's pretty models is here portrayed, Convenient tensions of the waist, which has long lines and girdle extensions which close over the back. White linen with frills and bows of organdy would be pleasing. Pongee is a natural shade with pipings of green crepe would be attractive.

The Pattern is cut in 7 Sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust stamps this model as youthful and measure. A 38 inch size will require becoming: Crepe de chine trimmed 416 yards of 40 inch material. The with a picet edge and tiny roses and width at the foot is about 21/4 yards. leaves of chiffon would make it very | Pattern mailed to any address on

BECOMING DRESS FOR WORK

OR PORCH WEAR.

3848. Neatness and utility are ex-

pressed in this model. The closing is

pleasing features. One could have

this in checked gingham, with vest,

collar, belt and cuffs of white repp

nellette and gabardine are recom-

A pattern of this illustration mail-

ed to any address on receipt of 15

cents in silver or stamps.

covered with dust. We are now showing summer shades in light and tropical weights, also a few lines in flannels. John Maunder,

You know how you

feel on a sweltering day

with an overweight suit

on. You have also ex-

perienced the annovance

when your dark suit is

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KINE X SEE X

Are you going to drift along LIFE'S HIGHWAY "FLOT-SAM" or are you going to scale the ladder leading to Success? Let us make you an Electrical, Telephone, Telegraph or Wire-less Engineer ENGINEERING INSTITUTE,

32-34; Medium, 36-38; Large, 40-42; Extra Large, 44-46 inches bust Figured percale in white and black is here filustrated. One could have gham, seersucker, lawn, alpaca frill, or sateen. A Medium size wi equire 4% yards of 36 inch material A pattern of this flustration mail-ed to any address on receipt of 15 nts in silver or stamps.

Forty-Three Years in the Public Service--The Evening Telegram

cretonne would be attractive, as at the centre front, the lines are good, would also crepe with trimming of a and comfortable, and the style has

Small, 34-36; Medium, 38-40; Large, or pique. Other wash fabrics are 42-44; Extra Large, 46-48 inches equally desirable. For warmth, flan-

mended