

LUMBAGO

If you feel a touch of lumbago, you can ward off the evils of recurrent attacks, by taking Glin Pills without delay. Learn a lesson from the experience of Mr. H. A. Jukes. After suffering with lumbago for years, and being confined to the house at times, Mr. Jukes began to take Glin Pills. His letter to us reads, in part: "and much to my surprise, at once felt a change for the better. I have been taking them at intervals, and, up to date, have had no recurrence of my old trouble; in fact, I have not felt better for years."

Don't delay. Buy a box on our money-back guarantee, or write for a free sample. National Drug & Chemical Co. of Canada, Limited, Toronto, Ont. U.S. residents should address: Na-Dru-Co., Inc., 86-88 Exchange St., Buffalo, N.Y.

Eases Kitchen Work

To Women Who Do Their Own Work: Suppose you could save six minutes every day in washing pots and pans—two minutes after every meal. In a month, this would amount to a saving of three hours of this disagreeable but necessary work. This saving can be made by using **SMP** enameled kitchen utensils, as their smooth sanitary surface will not absorb dirt or grease. No scrubbing, scouring or polishing is needed when you use Diamond or Pearl Ware. Soap, water and a dish towel is all you need. Ask for

SMP or Pearl WARE

Diamond Ware is a three-coated enameled steel, sky blue and white outside with a snowy white lining. Pearl Ware is enameled steel with two coats of pearl grey enamel, inside and out.

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All druggists sell Bayer Tablets of Aspirin in handy tin boxes of 12 tablets, and in bottles of 24 and 100. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monacensisdorf of Salicylicacid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

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Naming the Montclare



At the Naming Ceremony of the New Canadian Pacific Steamer "Montclare" by Lady McLaren Brown
From left to right: Sir Thomas Fisher, Sir Charles Ellis, Lady McLaren Brown, Lady Gracies, Sir George McLaren Brown, Mr. Kenneth MacKenzie, Sir Thomas Bell and Captain Morris.

WHY SHIPS AS "SHE"?

Inspecting the "model" room before the luncheon, Lady Brown remarked how strange it was that since first they sailed the main ships had always been spoken of as "she." "I suppose," she added, "they made her a woman because they found out that, loved and humoured, she is an angel, but driven—well, she isn't." She thought it was Kipling who said that ships were like women in that they had many secret hopes and dreams. However that might be, her ladyship trusted that the good ship "Montclare," the new C. P. R. liner, would prove to be what all women hoped and dreamt of—the beautiful, the strong, and the true.

One of the raciest speeches ever heard at a Clyde launch was that by Lady McLaren Brown, following the luncheon at Messrs. Brown's Yard, December 16. While the new Canadian Pacific liner was not put into the water, her ladyship christened the vessel, and as a souvenir she received a beautiful brooch which the recipient declared would give a fresh lease of life to her dress and thereby gratify her husband.

The new Canadian Pacific Steamer "Montclare" 16,000 tons, as she appeared before launching at the Yards of Messrs. John Brown & Co., Clydebank, Scotland. The speaker was the wife of Sir George McLaren Brown, the European Manager of the C. P. R., who, with a distinguished party, travelled from London to Liverpool for the launch.

stantial taken of their regard and esteem in the form of a nice silk umbrella. The gift was in honor of his birthday, and was accompanied by a short address to which Mr. Grant replied in a few well chosen words.

SAVED HER FROM AN OPERATION

So Thanks Mrs. Tracey of Ontario, Regarding Lydia E. Pinkham's Vegetable Compound

Knightington, Ontario.—"I took Lydia E. Pinkham's Vegetable Compound at the change of life for troubles that women often have at that time. I had not been well for a year and was not really able to do my work. A friend who had taken the Vegetable Compound herself recommended it to me and I think it has saved me from an operation. I highly recommend it to all women who have troubles like mine, and am willing for you to use my testimonial."—MRS. DANIEL J. THACKER, Knightington, Ontario.

Some female troubles may through neglect reach a stage when an operation is necessary. But the more serious ailments are not the surgical ones; they are not caused by serious displacements, tumors or growths, although the symptoms may appear the same. When disturbing symptoms first appear take Lydia E. Pinkham's Vegetable Compound to relieve the present distress and prevent more serious troubles.

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