

W. C. T. U. Notes.

Woman's Christian Temperance Union first organized in 1874.
 AIM.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.
 Motto—For God and home and Native Land.
 Badge—A knot of White Ribbon.
 Watchword—Agitate, educate, organize.
 Let us not therefore judge one another any more, but judge this rather, that no man put a stumbling block or an occasion to fall in his brother's way. Rm. 14:81.
 Business meeting of the W. C. T. U. the last Monday of every month.
OFFICERS OF WOLFVILLE UNION.
 President—Mrs. B. O. Davidson.
 1st Vice President—Mrs. G. W. Miller.
 2nd Vice President—Mrs. J. C. Elderkin.
 Recording Sec'y—Mrs. Ernest Redden.
 Cor. Secretary—Mrs. W. O. Taylor.
 Treasurer—Mrs. H. Pinedo.
SUPERINTENDENTS.
 Evangelistic—Mrs. J. G. Elderkin.
 Parlor Meetings—Mrs. D. G. Widden.
 Labrador Work—Mrs. J. W. Vaughan.
 Fisherman and Lumbermen—Mrs. W. E. Fielding.
 Loyal Temperance Legion—Mrs. W. O. Taylor.
 Flower, Fruit and Delicacies—Mrs. A. W. Bleakney.
 Press and Willard Hall—Mrs. M. P. Freeman.
 White Ribbon Bulletin—Mrs. Hutchinson.
 Temperance in Sabbath-schools—Mr. C. A. Patriquin.

Dark Walls Waste Light

The colour selected for walls and ceilings has a decided effect upon the lighting of rooms and upon our light bills. Even where the darker shades are used for artistic or other reasons, information as to the exact value of each color to reflect light is useful.
 The illumination required in a room depends largely upon the amount of light absorbed by the walls and other surfaces. Dark surfaces absorb light, while light surfaces reflect a good proportion of the light back into a room. If the source of light is not changed, the effective illumination will vary

with the reflection factors of the surfaces in the room. If, on the other hand, it is desired to maintain a fixed intensity of illumination, then the amount of light reflected by the walls on which the different colours are used will be in the following percentages of the light used: Enameloid, white, 80; flat tone, white, 79; flat tone, cream, 71; enameloid, ivory, 64; flat tone, buff, 59; enameloid, pink, 51; flat tone, tan, 37; enameloid, tan, 27; enameloid, sky blue, 31; enameloid, cardinal red, 27; flat tone, forest green, 21; enameloid, wine, 12; enameloid, grass green, 10.—L. G. Denis.

Constipated Children

Children who suffer from constipation, indigestion or any of the other ailments due to a clogged condition of the bowels will find prompt relief through the use of Baby's Own Tablets. The Tablets are a mild but thorough laxative which can always be depended upon to regulate the bowels and sweeten the stomach. They are absolutely safe and are sold under a guarantee to be entirely free from opiates or other injurious drugs. Concerning them Mrs. Thomas A. Boutot, Lake Baker, N. B., writes: "I am pleased to state that Baby's Own Tablets were of great help to me when my baby was suffering from constipation." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Willinms Medicine Co., Brockville, Ont.

The tax which a man pays on his income in Great Britain is seven or eight times as much as a man pays in Canada.

They say that the only thing which has not gone up since the war is the Sunday morning church collection.

Town Manager a Success

The town of Woodstock is well satisfied with the town manager of government. Noting the fact that Chatham has been discussing this plan, the Woodstock Press says:
 "As the first town in Canada to put the scheme in force, Woodstock is in a position to give good advice to the north shore town. There is only one way to successfully conduct the business of a town and that is by the town management scheme. If the right man is engaged, any town will be pleased with the system. Woodstock did not take up that movement hastily. It was considered, talked about, written about and agitated for years; experts were consulted, and finally the town manager of a leading city near Boston was brought to Woodstock and explained the movement to the citizens at a public meeting. There is no question as to the success of the scheme in this town. The few who scoffed at the movement at its inception now cannot give it too much praise. Why is it that the tax rate in Woodstock is only \$1.90 on the \$100, probably the lowest taxed town of its size in the Maritime Provinces? Because the taxes are collected at the right time; no part of the taxes are written off, everybody pays, and under the present system, there are no leakages."

What's in a Name?

The following is a story of an incident that is said to have actually transpired in the early days of the war.
 Officer (to recruit brought in by sergeant)—What's your name?
 Recruit—Watt, sir.
 Officer (impatiently)—What's your name?
 Recruit—My name is Watt, sir.
 W-A-T-T.
 Officer—Humph! Where do you come from?
 Recruit—Ware, sir.
 Officer—Yes, where do you come from?
 Recruit—I come from the town of Ware, sir.
 Officer—That'll do. (Turning to the next one). What's your

name?
 Recruit—Mee, sir.
 Officer—Yes, you; what's your name?
 Recruit—Mee, sir.
 Officer (by this time fairly out of temper and evidently thinking the man was working a joke)—Will you give me your name?
 Recruit—My name is John Mee, sir.
 Officer—Humph! Where do you come from?
 Recruit—Hoo, sir.
 Officer—Confound it, sir, where do you come from?
 Recruit—Hoo, sir.
 Officer—Well, if ever—
 Sergeant (interposing)—He comes from the village of Hoo, near Chatham, sir.

Minard's Liniment used by Physicians

REGAL
 The Big Value
in FLOUR
 for Bread, Cakes & Pastry
 The St. Lawrence Flour Mills Co.
 Montreal, P.Q. Halifax, N.S.

After Sickness
 when the body is weakened, the best restorative is an easily assimilated tonic-food.
Scott's Emulsion
 is the favorite nutrient recommended by physicians as a means of re-establishing strength. Scott's always nourishes and vitalizes.
 Scott & Bowne, Toronto, Ont.

THE
Yarmouth Beauty Cigar
 Is Used by all Refined Smokers
 There's a Reason. Quality Counts.

ANITA STEWART

Star of "A MIDNIGHT ROMANCE"

---IN---

"VIRTUOUS WIVES"

OWEN JOHNSON'S COSMOPOLITAN NOVEL

WITH A 5 STAR CAST

LADIES!

WHAT IS HUBBY'S CHIEF FAULT?

Does he forget to kiss you when he leaves in the morning? Does he neglect to tell you occasionally that he still loves you? Does he fail to compliment you on a made-over hat or dress? Has he reached the point of just taking you for granted—like his breakfast or monthly bills?

Then take our advice and bring him to see "VIRTUOUS WIVES"—a WONDERFUL combination. A story of real married life in New York.

A Beautiful Star, and----a revelation for Husbands.

A First National Half Million Dollar Production!

THE CAST:

ANITA STEWART, as the Young Society Wife who learns Sorrow
 EDWIN ARDEN, as the Oldish Husband who learns Hate
 CONWAY TEARLE, as the Husband who Trusted
 MRS. DeWOLF HOPPER, as the Wife with Experience
 WILLIAM BOYD, as the Man who Wanted Another's Wife

One Performance Each Night at 8. Prices: 25c, and 35c. Plus Tax

Come Early and Avoid the Rush!

Opera House :: Friday & Saturday, June 11-12