WORD CONTEST

3. P. F. Ewan, 189 Dupont St.
Toronto, Ont.
4. James E. Woods, 58 Maple
ave., Quebec, Que.
5. Catharine M. Secord, St.
Thomas, Ont.
6. Etta Bartlett, 494 English ave.,
London, Ont.
7. Mrs. C. L. Taylor, Inwood,
Ont.
8. Florence H. Ransford, Clinton, Ont.
9. A. L. Mc-achlan, Carman,
Man.

& ZAM-BUK S HEALING POWER

Will'em Sherring, of Hamilton. Canada's hero, the

winner of the Marathon Race, trained on Zam-But

HOUSEHOLD HINTS FOR WOMEN

A Column Specially Prepared By The Planet For

The Busy Housewives of Chatham and Vicinity.

SEASONABLE RECEIPTS.

Roast Chicken Dressing.

For dressing take one quart of grated bread crumbs, season with sait, pepper and sage, four table-spoonfuls of butter; pour over this one-half cupful of boiling water. Have chicken ready and fill with dressing. Take a clean cloth and dry the publication of the property of the public in over and bown one-half cupful, of Doning
Have chicken ready and fill with
dressing. Take a clean cloth and dry
it weil, then place in oven and brown
nicely all over. This closes the pores
and keeps the meat from becoming
dry. Have the liver, heart, gizzard
and neck stewed till tender in water
enough to make about a cupful of
broth when done. Make a sauce as
foilows: Three tablespoonfuls of butter, three tablespoonfuls of flour, salt
and pepper to taste, mix well and
pour in gradually two cupfuls of
where, the cupful of broth, with the
liver, heart and gizzard minced and
one cupful of milk. Basic the chicken often with this sauce, using a cupful at a time till all is used, and
when the chicken is done the gravy
is made and ready to serve.

Chicken Turnovers.

Chop cold roast chicken and season
with salt and pepper. Roll rich bismore types for the propose of the University of
Havana, he declared his mission here
starred;
All painful anxiety melted away—
word was the sunlight's bright
ray.

The Spirit said "Sng," and I sang—
My voice seemed so weak as I
thought;

The words in the song were so sweet,
words in the song were so sweet,
My singing I counted for naught;
The words in the song were so sweet,
words in the song were so sweet,
words in the song were so sweet,
My singing I counted for naught;
The words in the song were so sweet,
words in the song were so sweet,
My voice seemed so weak as I
thought;
The weary one listened, curaptured to hear,
And whispered, "The angels seem
near."

The Spirit said "Play," and I played—
The Spirit

Chop cold roast chicken and season with sait and pepper. Roll rich biscuit crust very thin and cut into pieces; inclose in each piece some of the prepared chicken, fold one edge of the paste over like a turnover; bake in a very hot oven to a very light brown. This is a very good breakfast or luncheon dish.

Delicious Cabbage.

And whispered, "The angels near."

The Spirit said "Play," and I played—
"Twas only a simple refrain; No classical music so grand—
A ballad exceedingly plain;
The listener remarked with her face all aglow, "My love played that song long ago."

That the food value of the cabbage is low and that it is not readily digested by delicate people is undoubtedly true, but a nicely prepared dish often serves a good purpose by merely stimulating the appetite and affording a change of diet. Boil a small cabbage, and the next day, when the last trace of the odor has fied, chop it in small pieces. Salt and pepper, and add a tablespoonful of melted butter. When this has been stirred in put over the fire with half a cupful of milk or cream. When hot stir in two well beaten eggs and immediately turn into a hot buttered frying pan. Stir with a fork until brown, and then heap like an omelet, brown, and then heap like an omelet,

and when the under surface is well browned serve on a hot dish with minced parsiey.

THE SPIRIT'S PROMPTINGS.

The Spirit said "Write," and I wrote

few minutes without lessen-

Pure, cold air is drawn

ing the heat one iota.

An Aerated Oven into the aerated flue and

heated to the exact temperature of the oven before

This Aerated Oven can only be had on the

The ventilating principle of other ranges simply

SOUVENIR RANGE

draws in cold air direct to the oven, heats it and

allows it to escape. Suppose you have a pan of

biscuits or a sponge cake in the oven, and a gust

AMERICANS

Anti-American Demonstration Fails To Arouse Enthusiasm

\$ ----- CUBAN ACADEMY BOYS

Havana, Oct. 2.—The first anti-American demonstration occurred in Havana last evening at 7 o'clock, when 150 academy students, shouting "Viva the Cuban Republic," "Down with American control." This demonstration was not treated seriously. The crowd received few accessions.

The Spirit said "Write," and I wrote
A letter consoling and kind;
I sent it regretfully forth,
But, borne on the wings of the
wind,
It reached a sad home and it gladdened a soul

Was not the accessions.

received few accessions.

Governor Taft's action yesterday have gone far to win him a warm place
in the hearts of the people, whose destinies temporarily have been place in
his bands.

10. Mrs. Stephen Moore, 36 Bannerman avenue, Winnipeg,
Man.

11. W H. Shrapnell, Watford,
Ont.

12. L. Bohema, Inkster P.O., Kildonan West, Man.

13. Arthur Davis, Room 34, 27
Wellington st. east, Toronto,
Ont.

14. Albert E. Hill, Missisquoi Co.,
Durham P. O., Quebec, P.Q.

15. Miss Frances Nisbot, 143 Hunter st. east, Hamilton, Ont.,
16. Miss G Thomas, 4168 Dorchester st., Westmount, Que,
17. Miss Helen A. Browne, Missisquoi Co., Durham P.O., Que,
18. Dr. H. H. Way, St. Thomas,
Ont.

19. Amasa Ryder, Penobsquis,
King's Country, New Brunswick

King's Country, New Brunswick
20. John R. Whetstone, Port Hope,
Ont.
21. Wilbert H. Eby, Paquette Station, Ont.
22. Sonhie C. Wood, 44 Henry st.,
Victoria, B. C.
23. Miss E. Thomas, care of M.
Hopewell, 85 Youville Square,
Montreal
24. A. E. Garliner, Kimberley,
Ont.

Didn't Belong to Colorado. In the early days of Leadville there was a singular character living by the name of Major Martin McGinnis The major was the important man of the camp, and when any distinguished parties came to the city they were received by Major Martin McGinnis and presented with the freedom of the camp on a gold plate. The French government sent three mining engineers over to examine and to report upon the mineral deposits of this lo-cality. They were received by Major Martin McGinnis, who put them in car riages and took them around the camp. As they were going up California guich the Frenchmen suddenly jumped out of the carriage and commenced to hammer and chisel upon a large black bowlder that lay alongside the road. The major watched them ges-

road. The major watched them ges-ticulating to one another, and he final-ly said to the interpreter: "What do they mean? What are they talking about?" The interpreter said, "They The Aerated Oven about?" The interpreter said, "They say that rock don't belong here." The of the Souvenir completely major said: "The deuce it don't! You say to those foreigners that I won't changes the air therein every stand for them coming over here and running down our country. Tell them that they can find anything anywhere

> The Frenchmen were right, however, for this black rock was a meteor and had fallen from the skies.

The First Bathing Machine. There does not seem to be much doubt that the first bathing machine was seen at Margate and that it was the invention of a worthy Quaker named Beale, who placed his hopeful invention on the Margate beach in 1750. "The public are obliged to Benjamin Beale, one of the people called Quakers, for the invention," writes the author of "A Short Description of the Isle of Thanet," published in 1796. But it was the old story, the public became grateful after the inventor had been ruined by his enterprise. His successors had reaped the harvest. Old Benjamin Beale's widow could remember in her last days the first family that ever resorted to Margate for the purpose of bathing being carried into the sea in a covered cart. In 1803 were one stitutions of Margate. It was alarmingly claimed for them that "they may be driven to any depth into the sea by careful guides."—T. P.'s London Week-

The Busiest Street In the World. West street in New York presents a network of piers and docks for its whole length. Most of the great steamship and railway transportation companies have their pier terminals there, and other steamship companies have built their terminals on the New Jersey shore opposite, so that all trans-atlantic and a large share of the continental travelers must cross West street in coming to or leaving the city. When one considers the great number of short trip travelers, including commuters, who daily make their way in and out of the metropolis across this busy thoroughfare a faint idea of its importance may be gained. Manhattan Island has thirty-two miles of water front.-John P. Fritts in Leslie's

. This Was In 1824.

the extract from the correspondent of John Whishaw:

"You must have read some things since in the papers of a few young 'fashionables,' Mr. Stanley (Lord Derby's grandson), Messrs. Wortley and Denison, ministerial members, and Labouchere, a nephew of Mr. Baring, having sailed for New York with the intention of making a tour of the United States. The scheme was thought very wild and much disapproved of by the west end of the town, and disappointment and disgust were universally predicted."

ARMOUR'S EXTRACT OF BEEF LIGHT ON LUMBER DEAL

Mann And Shaughnessy 5.00 Were Both Good To Syndicate

5.00 INSIDE INFORMATION

Toronto, Oct. 2.—Before the Insur-

nection with the Okanagon Lumber Co.
A resolution was passed at a meeting of the directors in May, 1904, giving George W. Fowler power of attorney to the property of the Okanagon Lumber Co. The same day the Okanagon Co. gave Fowler an option on the timber limits, the mill and plant, and 11 town lots, for \$175,000, Fowler to pay \$1 down. Witness had no knowledge of the agreement.
Got \$6,000 For His Interest.
The logs were a separate deal, for

2.00 were kept, the purchase of the limits etc., for \$177,855.58, and the purchase closed July 31, but the large number of lists entered and care required to check them thoroughly made it impossible to announce the winners at an earlier date. Prizes will be distributed immediately. There were several thousand lists submitted in this competition, and, apart from its educational value, the interest shown demonstrates that ARMOUR'S SOI ID EXTRACT OF BEEF is now generally and favorably known all over Canada as being superior and more economical than Fluid Beef Extracts. etc., for \$177,855.58, and the purchase of the logs, the amounts corresponding to the cheques. When asked regarding sale, witness said that he had been told by William Irwin and Fowler and McCormack that the members of the company would get \$2 for \$1 for their investments. He did not know the real price was \$175,000, plus \$24,000. All he got out of the deal was \$6,000 (Mr. Fowler's cheque on the Bank of Nova Scotla).

Fowler and myself decided we would buy a certain number of acres from the C. P. R. On our return here Mr. Pope and Fowler got an option on the lands from the C. P. R. We took up the lands and Mr Pope and Fowler tried to negotiate the sale and were introduced to people here in Toronto. We gave them an option. The lands were eventually taken up. I don't think I knew then by whom this was, but they developed into the New Ontario Town. Sites Co. The C. P. R. accepted them instead of us as purchasers. We bought the land at \$3.50 per acre and sold them at \$4.50 per acre, to which I was opposed at the time."

Mr. Shepley did not think the story was full enough. He cross-examined the witness at length.

In 1992 R. L. Borden made a political trip through the west. Rufus Pope.

In 1902 R. L. Borden made a political trip through the west. Rufus Pope, W. H. Bennett, Ed. W. Fowler and the witness, all members of Parliament, discussed the scheme of buying land in the west, and mention was made that Mr. Borden might come in the deal. Ten were to be in the game, but no more. The four talked of securing 100,000 acres at least, and later witness paid \$200 towards prelater witness paid \$200 towards pre-

Ilminary expenses.

Got It From Dan Mann. In the meantime Fowler and Pope had seen Dan Mann, and he had given them a tip on the route of the Canadian Northern, so they could get the valuable lands.

"Who came in after Pope, yourself, Fowler and Bennett?" asked Mr. Shep-

"These were the four that formed the syndicate,"
"Was your going ahead dependent

on ten coming in?"

"Oh, no."

Mr. Shepley read from papers regarding the suit brought by Mr. Lefurgey against Pope and Fowler."

"On that occasion Mr. Borden expressed a willingness to join us, and it was intimated to me during the trip

was intimated to me during the trip that he would possibly come in."
"You don't modify that statement now?"
"Oh, no, but I don't think I spoke to Borden myself."
The next time Mr. Lefurgey heard about the matter was in a telegram asking him to go west and select the lands. A short time afterward he was drawn on for \$200 for preliminary expenses. There was considerable correspondence with Fowler.

Struck a Pretty Good Thing. The witness had presumed that Mr. The witness had presumed that Mr. Borden had come into the transaction. Fowler had also stated in a letter to him that he expected to interest a wealthy Englishman called Lister, and also Mr. Psuchen, the head of the Canada Chemical Co., and Sir Henry Pellatt, in the scheme. It was then decided to raise the scope of the deal to 200,000 acres.

Mr. Fowler wrote again on Jan. 1, 1903, in which Fowler said: "Well, old man, I think we have struck a pretty good thing, and you people

old man, I think we have stick a pretty good thing, and you people ought to erect a monument to Pope and myself on account of what we have done for you—"
"I suppose you are measuring the marble now?" asked Mr. Shepley.
If the land could not be sold en blc.

frowler continued, they would incorporate a company, and sell stock at \$5 a share.
"The intention was to sell the land at \$5 per acre?"

"While training for my great run from Marathon to Athens, a distance of 26 miles, I used Zam-Buk and it proved a great boon to me. I have used it both as an embrocation and as a salve for chafing sores, bruises caused by stepping on to stones while running in light shoes, and other bruises and have found it the best salve and ointment I have ever tried. Its healing powers are exceptional, and for general household use it should be a wonderfully fine curative. I have pleasure in expressing my appreciation of its value." Zam-Buk is a heating balm composed of the finest known medicinal herbal extracts. It acts as a skin food, and rejuvenates all diseased or injured tissus—rebuilds unsound skin, etc., just as a builder rebuilds a damaged building. The most delicate skin—the skin of young babies can be still be a second of the skin of young babies can be seen that the skin of young babies can be seen the skin of young babies are

and has proved its merits. He says:

A CERTAIN CURE FOR eczema, skin diseases

The Planet, Oct 3, '06

FREE BOX

also getting anxious, but no informa-Borden Did Not Go In.

At the session of the House at Outawa, in 1903, Mr. Lefurgey got no further information as to Mr. Peuchen or Mr. Lister, but was informed that Mr. Borden had not gone on with

that Mr. Borden had not golde which the matter. In fact, he believed then there were only the "original four" in the deal. Then Fowler wired: "Must have four thousand from you for western deal. Wire me at Windsor where to make draft.

make draft."

"Please explain that," said Mr.
Shepley.

"Well, I knew the others were only asked to put up \$2,000 and I thought I must be asked to take double shares.

Mr. Bennett told me he was putting

Mr. Bennett told me he was putting up \$2,000 only."

The witness was not clear in his mind, but had a vague idea there were ten in the syndicate, and he was being allotted two-tenths. He put up \$2,000, being \$2,200 he had put up. Bennett did the same and he supposed Pope and Fowler were making good also. He thought his money was for a first payment to the C. P. R. on the land.

"You were quite in the dark as to the way it was being financed?"

"Yes."

the way it was being much amount of "Yes."

"You did not know the amount of the first payment?"

"No, not for long afterwards."

"When I saw Fowler and asked him why he called on him for \$4,000 Fowler said he thought I could have another share; someone else was dropped out."

Attended No Meetings. Attended No Meetings.

The Commission were fifty minutes late in starting in the afternoon.

Mr. Lefurgey took the box and produced the papers he had promised to bring for the use of the Commission. Witness had never attended any of the directors' meetings of the Great West Land Co. He had not exchanged his stock in the Hammond Town Sites

nis stock in the Hammond Town Sites Co. for stock in the Great West Land "Mr. Peuchen introduced us to the cople we sold to," volunteered the

"Why do you say that?" asked

ounsel.
"Because Peuchen says so himself."
"Who do you mean by the people
ou sold to?"

Mr. Foster's Interest.

"The Farm and Town Sites Co., a man called Mr. Day and George E. Foster."
Witness understood when the matter

was talked over that the sale was to be made at \$4.50 an acre to a party who

Witness admitted this, but supposed he would be on the same footing as Pope, Fowler, and Bennett and Peuchen if he should come in. At this time Mr. Lefurgey did not know of the option given to Pope and Fowler by the C. P. R., nor did he know about the agreement of the directors of the Farm and Town Sites Co.. and Wilson, Mc-Gillivray and Foster.

Was to Have Profited.

"Did you clearly understand that the syndicate that bought from you were going to turn it over to the new company at a profit?"

"Certainly. I was to get \$5,000 of it."

pany at a profit?"
"Certainly. I was to get \$5,000 of it."
"Who was financing the situation?"
"I do not know."
"These people had to pay you all you paid to the C. P. R.; pay the C. P. R. and \$200,000 besides?" asked

C. P. R. and \$200,000 besides?" asked Mr. Shepley.

"Yes."

"Were you curious to know hew this money was being raised?"

"No, I thought we were dealing with men who had the money to put up. Fowler never mentioned the Union Trust Co., but Foster attended one of the meetings, and I guessed he had something to do with the syndicate. I don't think I associated Foster in connection with the Union Trust Co."

Feeling Was Becoming Strenuous. Feeling Was Becoming Strenuous.

"Or, at least, Fowler was keeping you quiet by telling you that," commented Mr. Shepley.

Witness had wanted a meeting of the syndicate all along, and Bennett was

was becoming strenuous between Pope was becoming strenuous between 1 bye and Fowler on the one side and him-self, Peuchen and Bennett on the oth-ed. He had received \$6.000 from Pope and Fowler, the total money he had put up. When the cheque on account of profits came along a year or so af-

put up. When the cheque on account of profits came along a year or so afterwards an epoch was marked in the game. This cheque was overdue. There also a statement which witness was asked to produce.

The particular part of this report was that there was \$20,000 charged by Pope and Fowler for commission. Witness was given one-tenth interest. The profit sum was about \$50,000, including two payments on profits.

Would Not Stand For It.

Would Not Stand For It.

Would Not Stand For It.

"What did you do?"

"I saw Fowler and Pope and said
I would not stand for it. I told them
I wanted an account, but I did not
get it. I threatened suit. There was
one other term of profits after that.
Pope and Fowler have always made
the distribution, and I received mine
on the one-tenth basis."

"How much did you get altogether?"

"About \$11,000 or \$12,000."

"How many shares have you to
Great West Lands Co.?"

"Fifty-five shares."

The suit was brought, and has not
been settled. Mr. Lefurgey was under settled. Mr. Lefurgey was under

the impression that Pope and Fowler received 7-10 of the stock and 7-10 of the cash when the deal was put through.

Circus Gossip.

The Tiger—I hear the elephant can't leave with the show.
The Bear—Why not?

Tiger-They are holding his trunk for his board,-Lippincott's Mag-

They're Always There. "How is it when parades go by,"
Complained the little runt,
"The tallest men about you then
Must always stand in front?"

His Finish. "He was born with a silver spoon in "Yes; but he met a chap who was raised with four aces in his hand."

A troubled conscience is a most turing bedfellow.

Puck.

would form a new company, and resell to the new company at a raise of fifty cents an acre.

"You did not seem to know much about it?" hinted Mr. Shepley.

Witness admitted this, but supposed would be on the same footing as SECURITY.

> Cenuino Carter's Little Liver Pills.

> > Must Bear Signature of Breutsood

Very small and as easy

to take as sugar. CARTER'S FOR HEADACHE,

FOR BILIOUSNESS. FOR TORPID LIVER. FOR CONSTIPATION FOR SALLOW SKIN.
FOR THE COMPLEXIO Price Purely Vegetable.

OURE SICK HEADACHE.

++++++++++++++++++++++++++++++ **AUNT MARY'S**

HOME-MADE BREAD

of cold air strikes them-

they fall flat at once and

the whole baking is spoiled.

Every Souvenir is absolutely guaranteed by the makers.

The GURNEY-TILDEN CO.,

Hamilton, Winnipeg, Montreal

and Vancouver.

Aunt Mary's excellent Bread Is the best that can be made, There is no better formula Known to the baking trade.

Aunt Mary's bread is in demand, She makes more every day, Give me Aunt Mary's Home-Made Bread Is what the people say. The best material we can buy Is used in Aunt Mary's Home-Made, That is why Aunt Mary's bread Is getting so much trade. Don't be afraid to get a loaf Of Aunt Mary's fine Home-Made, Every loaf that you do buy Is a help to Aunt Mary's trade.

Jos. Waterhouse *****

mmmmy CALLING Cards, Invita-tions, Wedding Announcements and Envelopes to match, Programs, Pencils Etc., can always be obtained at The Planet Office.

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of distention, fermentation and irritation that accompany digestive troubles. Next important is to know how promptly Nerviline cures. Quick as wink it relieves bloating and feeling of fullness, puts the entire digestive apparatus in perfect order, makes you feel fit and fine all lover. For internal pain Polson's Nerviline surpasses every known remedy. Keep it in the house always, it's a source of comfort in the hour of emergency. Large bottles for 25c. at all dealers.

Minard's Liniment Cures Diph-

IS YOUR TROUBLE INDIGESTION Then probably you know the evils of distention, fermentation and irri-

Those who possess the greatest virtue and purest morals are gener-ally the first to pardon the trans-

Bath Bags.

The invaluable bath bags are made by filling a thick muslin or thin calico bag with two-thirds of bran or oatmeal, bits of soap and orris root, just to give a sweet savor. Let this soak water before entering the bath, and make a splendid lather all over the skin. If you use this only two or three times a week it will make the body smooth. But each bag is good only

**AVentilated** Oven GEO. STEPHENS & CO., Agents

twice using. Once sour it does more harm than good.

Weekly. English opinion of the United States in 1824, from the standpoint of the fashionable London set, is shown in

"You must have read some time

Ont.

25. Elmer D. Nelson, 194 Albert st., London, Ont.

26. Mr. Hugh A. Cant, West Main st., Galt, Ont.

27. Miss M. A. Mason, P. O. Box 255 Victoria, B. C.

28. Lionel Profe 322 Wellesley st.

A Patented Plant.

"One plant at least has been pateited," said an inventor. "It is the Abrus precatorius, alias paternoster pea, alias weather plant. John Nowack took out the patent. The weather plant is still pelieved by many persons to foretell the weather, John Nowack was sure it did so, and he put it on the market did so, and he put it on the market along with an indicating apparatus, guaranteeing it to foretell for fortyeight hours in advance and for fifty miles around fog, rain, snow, hall, earthquake and depressions likely to cause explosions of fire damp. Alas for poor Nowack! The experts of the bureau of agriculture took up his patented plant. They proved that the movements of the leaves—to the right foretelling rain, to the left foretelling drought—were not caused by the weather, but by the light. And they proved that the plant's famous downward movement, which was supposed to foretell earthquake, was caused by an insect that punctured the stem, causing the leaf, naturally, to droop. That is the only patented plant I

Poor Fool?
The masher's daft who fondly hopes
With girls to have his filing.
Though he may think he knows the copes,
They'll get him on a string.

know of, and Nowack lost money on

On One Point. "Do you and your wife agree on any "Yes. Each of us believes that on of us is very poorly mated."-Judge.

Woman's Trials.

Woman's Trials.

The bitter trail in a woman's life is to be childless. Who can tell how hard the struggle may have been ere she learnt to resign herself to her lonely lot? The absence of this link to bind marital life together, the absence of this one pledge to mutual affection is a common disappointment. Many unfortunate couples become estranged thereby. Even if they do not drift apart, one may read the whole extent of their disappointment in the eyes of such a childless couple when they rest on the children of others. To them the largest family does not seem too numerous. In many cases of barrenness or child-lessness the obstacle to child-bearing is easily removed by the cure of weakness on the part of the woman. Dr. Pierce's Favorite Prescription has been the means of restoring health and fruitfulness to many a barren woman, to the great joy of the household. In other, but rare cases, the obstruction to the bearing of children has been found to be of a surgical character, but easily removable by paniness operative treatment at the Invalids' Hotel and Surgical Institute, Buffalo, N. V., over which Dr. Pierce of the "Favorite Prescription" fame presides. In all cases where children are desired and are absent, an effort should be made to find out the real cause, since it is generally so easily removed by proper treatment.

In all the various weaknesses, displacements, prolapsus, inflammation and debilitating, catarrial drains and in all cases of nervousness and debility, Dr. Pierce's Favorite Prescription is the most efficient remedy that can possibly be used. It has to its credit hundreds of thousands of cures—more in fact than any other remedy put up for sale through druggists, especially for woman's use. The ingredients of which the "Favorite Prescription" is composed have received the most positive endorsement from the leading medical writers on Materia Medica of all the several schools of practice. All the ingredients are printed in Plain English on the wrapper enclosing the bottle, so that any. Woman mak