She Did Not Heed the Danger Signals

BUT DODDS' KIDNEY PILLS CURED HER DIABETES.

Mrs. McDonald Might Have Saved Herself Months of Pain, Sleeplessness and Anxiety by Using Dodd's Kidney Pills Earlier.

Grand Narrows, Victoria Co., N. S., May 8.—(Special.)—That Dodd's Kidney Pills will cure kidney disease in its worst form is evidenced by the case of Mrs. Roderick McDonald, an estimable resident of this place. Mrs. McDonald suffered from diabetes for two years, and found her first relief in Dodd's Kidney Pills.

"I am sure I would be in my grave to-day but for Dodd's Kidney Pills," Mrs. McDonald states. "The doctor attended me for five months for diabetes, but I was worse when I stopped taking his medicine than when I started. I could not get a wink of sleep.

"As soon as I started taking Dodd's Kidney Pills I fell into a solid sleep for one hour, and soon I got so that I could sleep fine.

"Dodd's Kidney Pills have done so much for me that I feel like recommending them to everybody."

Mrs. McDonald states that her earlier symptoms were shortness of breath, dizziness, backache and a bitter taste in her mooth in the morning. All these are symptoms of kidney trouble—danger signals that no one can afford to neglect. Had she heeded them and taken Dodd's Kidney Pills she would have saved herself months of pain and anxiety.

Spring.

When is it spring? When spirits rise,
Pure crocus-birds, where the snow dies;
When children play outdoors till dark;
When the sap trickles up the bark;
When bits of blue sky flit and sing,
Playing at birds—then is it spring!

When is it spring? When the bee hums;
When through the open window comes
The breeze, and summer license claims
To swing and toss the picture frames;
When the walk dries; the robins call;
The brown hens doze by the sunny wall,
One foot drawn up to warm, or sing,
With half-filmed eyes—then is it spring!

Nay, each night prove a treacherous sign;
But when old waters seem new wine;
When all our mates are half divine;
When love comes easier than hate;
When we have no more shrugs at Fate,
But think sometimes of God, and late
Our swiftest serving seems to be;
When bright ways numberless we see,
And thoughs spring up, and hopes run free,
And wild new dreams are all on wing,
Till we must either fly or sing
With riotous life—be sure 'tis spring.
—Edward Rowland Sill in Philadelphia Record.

Minard's Liniment used by Physicians

THE FUTILITY OF KNOWLEDGE.
(Judge)

"You can't make me believe a college education gits you anything," says the young man who had won two medals for fox-trotting.

"Still I always thought college fellows was awful swell," replied the girl.

"Nothin' doin'! We got one of them in our office that always says 'whom' and 'notwithstanding', and say, I heard the boss 'callin' him down to-day the worst I ever seen. What's the use knowin' them kind of words if you can't talk back?"

Ask for Minard's and take no other.

Cleanliness in Persia.

The Persian spends hours in the "hammams" (Turkish baths), which are very handsome buildings decorated with tiles and embellished with numerous exhortations as to the value of cleanliness. The smallest village in Persia has its hammam, and bathing is almost a religious function. When the hot room and massage are finished the Persian is shaved, and the whole top of his head is likewise shaved, though the hair over the ear is left and allowed to grow down to the neck. This strange coiffure has a religious meaning, for the two locks are meant for the angel of death to hold when he carries the believer to paradise.

ANTIQUES

CHINA
POTTERY
GLASSWARE
ANTIQUE FURNITURE

CORRESPONDENCE REQUESTED WITH VIEW TO
SALE OR PURCHASE

ROBERT JUNOR
62 King St. East
HAMILTON, - - - ONT.

Knew What He Was Doing.

At the time of the great disaster in Martinique the Italian bark Orsolina was taking on a cargo of sugar there. Her captain was accustomed to volcanoes, and he did not like the appearance of Mont Pelee. Not half his cargo was on board, but he decided to sail for home.

"The volcano is all right," argued the shippers. "Finish your loading."

"I don't know anything about Mont Pelee," said the captain, "but if Vesuvius looked that way I'd get out of Naples, and I'm going to get right out of here."

The shippers threatened him with arrest. They sent customs officers to detain him, but the captain persisted in leaving. Twenty-four hours later the shippers and the customs officers lay dead in the ruins of St. Pierre.

Blessed are the peacemakers, but just at present they seem to be out of a job.

ANTIQUES

The word "Nankin" is a name so long associated with pottery ware that it may justly be claimed as an antique. To many the name would have significance only in regard to color, the Nankin blue of the Oriental potter, the "tender azure of a sky just washed by gentle April rains," as Longfellow so beautifully describes it; to others it would mean the rice-bowls, the ginger-jars, and the miscellanea of the Celestial home.

Nankin porcelain, and Nankin blue have been names to conjure with in the centuries from the tenth onward, not only so long as they remained exclusively Oriental products, but long afterwards, when the Delft wares of Holland were made in such vast quantities as reproductions. The large trade in porcelain between China and Europe was first begun in Holland. Patterns of the blue-willow, blue Nankin and the blue onion—later called the "Danish"—were the order of the day, in its first period of its introduction, and it is worthy of note that these same designs are popular decorations to this day.

About the middle of the seventeeth century the Chinese were rigorously pushing their trade with Europe, and had then realized the necessity of providing articles and forms appropriate to the manners and customs of western life. Prior to this time, plates were made like saucers and cups were without handles, and such articles as tureens, vegetable dishes, sauce boats, rim plates and handled teacups were unknown to the Oriental, and must of necessity be provided if the volume of trade was to be increased, and the hold upon European markets maintained.

Applied embossments, to serve as handles and knobs, took a definite form; tureens were fitted with masks and grotesque heads of animals for these purposes; cups, jugs, etc., received handles formed like twisted branches, springing from the body and continuing in foliated sprays over the surface, forming more or less ornamental designs, sometimes to be carried further by other methods of decoration.

The Nankin porcelain originated in the town of King-te-Chin, in the Province of Keang-Su, and obtained its name from the fact that the shipping port of this district was Nanking.

King-te-Chin had been the chief centre of the porcelain trade for many years. The importance of the city and the extent of its porcelain industry may be guessed from the fact of about one million people being employed, and three thousand firing kilns being operated. Longfellow thus writes of it in his "Keramos":

"And, bird-like, poised on balanced wing,
Above the town of King-te-tching,
A burning town, or seeming so,
Three thousand furnaces that glow
Incessantly, and fill the air
With smoke uprising gyre on gyre,
And painted by the lurid glare
Of jets and flashes of red fire."

At the Yarmouth Y. M. C. A. Boys' Camp, held at Tusket Falls in August, I found MINARD'S LINIMENT most beneficial for sunburn, an immediate relief for colic and toothache.

ALFRED STOKES,
General Secretary.

Fangs of a Snake.

Examine the finest cambric needle under a high power microscope and its point will look rough and blunt. A snake's fang similarly inspected appears perfectly smooth and sharp. In each fang is a groove which connects by a tube with a sort of bag—the poison gland—just beneath the eye. When the snake strikes a muscular contraction simultaneously forces the venom out of the bag through the tube and along the groove into the flesh of the person attacked. Snake poison, generally speaking, has two distinct effects. It destroys in some mysterious way the fibrin of the blood, thereby causing the latter to behave as if diluted and to filter through the walls of the veins and arteries. In addition, it paralyzes the nerve centres and so affects the heart, sometimes bringing death by suffocation.

Minard's Liniment, Lumberman's Friend.

THE SHORTEST DAY.
(Ottawa Citizen)

Der Tag seems to be the shortest day in the Teuton calendar. It lasted only twenty minutes on this last occasion.

THE CONGESTION FROM A BAD COLD LOOSENED UP IN ONE HOUR

If Rubbed on at Night You're Well Next Morning.

Nerviline Never Fails

When that cold comes, how is it to be cured? This method is simplicity itself. Rub the chest and throat vigorously with "Nerviline." Rub it in good and deep. Lots of rubbing can't do any harm. Then put some Nerviline in the water and use it as a gargle; this will ease the cough, cut out the phlegm, assist in breaking up the cold quickly.

There is no telling how quickly Nerviline breaks up a hard racking cough, eases a tight chest, relieves a pleuritic pain. Why there isn't another liniment with half the power, the penetrative qualities, the honest merit that has made Nerviline the most popular American household liniment.

A large 50c bottle of Nerviline cures ills of the whole family, and makes doctor's bill small. Get it to-day. The large large size is more economical than the 25c trial size. Sold by dealers everywhere, or direct from the Catarrhozone Co., Kingston, Canada.

Could Lift a Ton and a Half.

A Scotchman, said to be the last of the Stuarts, was possessed with an extraordinary strength, from which circumstance he got the byname of Jemmy Strength. Among other feats, he could carry a twenty-four pounder cannon and had been known to lift a cartload of hay weighing a ton and a half upon his back. Many a time he took up a jackass and carrying it on his shoulders, walked through the tollgate.

NEW STRENGTH IN THE SPRING

Nature Needs Aid in Making New Health-Giving Blood.

In the spring the system needs a tonic. To be healthy you must have new blood, just as the trees must have new sap to renew their vitality. Nature demands it, and without this new blood you will feel weak and languid. You may have twinges of rheumatism or the sharp stabbing pains of neuralgia. Often there are disfiguring pimples or eruptions on the skin. In other cases there is merely a feeling of tiredness and a variable appetite. Any of these are signs that the blood is out of order—that the indoor life of winter has lessened your vitality. What you need in spring is a tonic medicine to put you right, and in all the world of medicine there is no tonic can equal Dr. Williams' Pink Pills. These pills actually make new, rich, red blood—your greatest need in spring. This new blood drives out the seeds of disease and makes easily tired men, women and children bright, active and strong. Mrs. Eugene Cadarette, Amherstburg, Ont., says: "I suffered for a long time from dizziness, pain in the back and sick headache, and nothing I took did me any good until I began Dr. Williams Pink Pills. These cured me after taking six boxes and I now feel better than I ever did in my life. I had fallen off in weight to 82 pounds, and after taking the Pills I had increased to 100 pounds."

These Pills are sold by all medicine dealers, or can be had by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Coating Steel With Zinc.

A new process of coating structural steel or any other exposed metal with zinc is just being introduced to those who are interested in such matters, and it is attracting considerable attention because of the ease and thoroughness with which the operation is performed, even after the metal has been put in place. Powdered zinc, compressed air and heat are the three elements which are used in the process, and the zinc is driven through a gas burner by the air, where it is instantly reduced to a liquid state, and as it strikes any surface capable of sustaining the force, it adheres and cools at once.

WEAR FLEET FOOT

SHOES
FOR EVERY SPORT AND RECREATION
Sold by all good Shoe Dealers
Worn by every member of the family
102

IF THEY DON'T DISAGREE.
(St. Louis Post Dispatch.)

"It takes two to make a quarrel."

"Yes, and very often it takes a jury to settle it."

EYES OF THE DEER.

An Incident That Spoiled a Hunter's Pleasure in the Chase.

A Canadian hunter tells this incident of how he once came face to face with his quarry and hadn't the heart to fire: "It was a case of 'buck fever,' such as a novice might experience, for I had been a hunter for many years and had killed a good many deer.

"This was a particularly fine buck that I had followed for three days. A strong man can run any deer to earth in time, and at last I had my prey out. From the top of a hill I sighted him a few miles away. He had given up the fight and had stretched himself out in the snow. As I stalked him he changed his position and took shelter behind a bowlder, and, using the same bowlder for a shelter, I came suddenly face to face with him. He didn't attempt to run away, but stood there looking at me with the most piteous pair of eyes I ever saw.

"Shot? I could no more have shot him than I could have shot a child. Had the chance come from a distance of a hundred yards I would have shot him down and carried his antlers home in triumph, but once having looked into those eyes it would have been nothing less than murder. I have hunted deer since then but I find the sport affords me little pleasure. Whenever I draw a bead the picture of those mute, appealing eyes comes before me, and though it has not prevented me from pulling the trigger, I have always felt glad somehow when my bullet failed to find its mark."

Keep Minard's Liniment in the house.

Cape of Good Hope.

Due to the cowardice of his crew and his own somewhat timid nature, Bartholomew Diaz discovered the Cape of Good Hope while seeking a passage for India. In 1487 he rounded the Cape, but did not know it at the time, being too far out to sea. When the crew discovered they were on the wrong side of the mainland they became panic-stricken and insisted on returning at once. Fearing mutiny, Diaz turned back and soon caught sight of the cape. Thus did he discover Good Hope while on his way homeward.

Corns Cured Quick Applied in 5 Seconds

Sore, blistering feet from corn-pinched toes can be cured by Putnam's Extractor in 24 hours. "Putnam's" soothes away that drawing pain, eases instantly, makes the feet feel good at once. Get a 25c bottle of "Putnam's" to-day.

LEMBERG RICH IN NAMES.

It Has Had Twenty-Seven Different Ones in Its Career.

Many cities are known by more than one name, but it is given to few to rejoice in more than half a dozen distinctive cognomens. But the historic Galician City of Lemberg has been known at one time or another by no less than twenty-seven different appellations.

According to the Polish Bulletin, the ancient Ruthenian names for Lwoff were Lwow, Lwiw, Lwihrad, Lwihorod, Ilwiw; the Germans called it Lemborg, Lemberg, Lemburg, Loewenburg; the Latin and pseudo Latin names include Lebburga, Lamburga, Leontopolis, Leone, Livivia, Leopolya; in the thirteenth century it was known to the Greeks as Lithon and Lifbada.

The patriarchs of Constantinople, Alexandria and Jerusalem referred to it as Leovios and Leonopolis; the Turks call it in their books Illi, Ilbo, Ilbot, Ilibow, Ilbadir; the Armenians gave to it the name of Ilof; the Russions have lately baptized it Lwoff.

The real name of the city, it is asserted, is the Polish one of Lwow, which literally translated means Lion City.

Origin of the Clearing House.

In 1775 the bankers of London rented a house in Lombard street and fitted it with tables and desks for the use of their clerks as a place where bills, notes, drafts and other commercial paper might be exchanged without the trouble of personal visits of employees to all the metropolitan banks. Transfer tickets were used, and by means of this simple plan transactions involving many millions were settled without a penny changing hands. The Bank of England and all other important banks in London are members of the Clearing House Association. The first clearing house in the United States was established by the associated banks of New York in 1853.

Better Than Spanking

Spanking does not cure children of bed-wetting. There is a constitutional cause for this trouble. Mrs. M. Summers, Box W. 3, Windsor, Ont., will send free to any mother her successful home treatment, with full instructions. Send no money but write her to-day if your children trouble you in this way. Don't blame the child, the chances are it can't help it. This treatment also cures adults and aged people troubled with urine difficulties by day or night.

In Your Medicine Cabinet.

Keep first aids.
One sharp knife.
One pair scissors.
Alcohol, two ounces.
One tin, talcum powder.
One box corn plasters.
One box tooth plasters.
Pins, common and safety.
One clinical thermometer.
Boracic acid, one ounce.
Syrup of ipecac, two ounces.
Syrup of ginger, two ounces.
Seidlitz powder, 12 in box.
Carbolated petrolatum, one tube.
Two Red Cross first-aid outfits.
One small package antiseptic gauze.
One-quarter pound absorbent cotton.
Castor oil, two ounces, two bottles.
One bottle soda mint tablets, 50 in bottle.
One dram bottle oil of cloves, labeled poison.
Chlorate of potash tablets, 25 in bottle.
Six gauze roller bandages, three large, three small.
Five-grain roller bandages, three large, three small.
Five-grain bismuth subnitrate tablets, 50 in bottle.

IS YOUR WAGON LOPSIDED?

Have worn axles made the wheels all out of gear? You could have prevented that condition—and you can still help it with

MICA AXLE GREASE

The mica does it. It fills the worn pores of the axle. Won't gum. Kills friction.

At Dealers Everywhere
The Imperial Oil Company Limited
BRANCHES IN ALL CITIES

THE CURIOUS BANANA TREE.

A Plant That Will Practically Grow While You Wait.

If a good sized, healthy banana tree is cut off a few feet above the ground during the wet season the trees will not die, but nine times out of ten will send up a new shoot from the centre of the trunk and will grow fast enough to make up for lost time, for within forty-eight hours it will rear waving green leaves triumphantly above the severed trunk.

The secret lies in the fact that the trunk of the banana tree is not hard and woody like other trees, but is really composed of undeveloped leaves wrapped tightly together in a spiral form. When the tree grows these rolled up leaves push upward and merely unroll. Thus no time is lost in forming buds and growing leaves as to ordinary trees. When the trunk is cut off it doesn't interfere with the growth of the leaves, because they are always pushing up from the centre of the stalk. If you will roll a sheet of paper tightly and push against one end you will see exactly how the leaves are pushed up from the trunk of the banana tree, and if you cut the roll in two you will find that it doesn't prevent you from pushing out the centre of the roll as before.

Although the banana tree repairs an injury so rapidly and well, the shoot formed from the cut stalk seldom bears fruit or flowers. As these shoots are taller and stronger than the original trees, however, they are much better adapted to withstand wind and storms, and the natives frequently cut the banana trees in order to force them to produce the strong, fruitless growth and to serve as windbreaks for other crops.

It doesn't take the movies to prove that life is a fleeting show.

ISSUE NO. 19 1916

HELP WANTED

WANTED—COMPETENT MAID-GENERAL. Family of three. Good wages. State age and experience. Address, P. O. Box 65, Hamilton, Ont.

GIRLS WILLING TO WORK ON British Army Orders, knitted underwear. Seamers, plain stitchers and learners. Bright, healthy employment. Good wages. Zimmerman Mfg. Co., Ltd., Aberdeen and Garth streets, Hamilton, Ont.

MALE HELP WANTED.

BOX RIPPERS WANTED IMMEDIATELY. Good wages for good men. Firstbrook Bros., Penetang, Ont.

FOR SALE.

FOR SALE—RUFUS RED BELGIAN Hares and Gray Flemish Giants; fully pedigreed. D. C. Waters, 175 Jackson street west, Hamilton, Ont.

FOR SALE—FANCY PIGEONS AND flying homers; prices reasonable. L. J. Holton, 62 Caroline street south, Hamilton, Ont.

MISCELLANEOUS.

GO ON THE STAGE—WILL TELL you how. Write for descriptive circular—it's free. Address, M. Fahey, 982 Bathurst street, Toronto, Ont.

WANTED—GIRLS OF GOOD EDUCATION to train for nurses. Apply, Wellandra Hospital, St. Catharines, Ont.

HAVE YOU A BAD SORE?

If so, remember those facts—Zam-Buk is by far the most widely used balm in Canada! Why has it become so popular? Because it heals sores, cures skin diseases, and does what is claimed for it. Why not let it heal your sore?

Remember that Zam-Buk is altogether different to the ordinary ointments. Most of these consist of animal fats. Zam-Buk contains no trace of any animal fat, or any mineral matter. It is absolutely herbal.

Remember that Zam-Buk is at the same time healing, soothing, and antiseptic. Kills poison instantly, and all harmful germs. It is suitable alike for recent injuries and diseases, and for chronic sores, ulcers, etc. Test how different and superior Zam-Buk really is. All druggists and stores at 50c. box. Use also Zam-Buk Soap. Relieves sunburn and prevents freckles. Best for baby's bath. 25c. tablet.

Life Struggle of the Trees.

An interesting light is thrown on the longevity of the trees that grow along the timber line of the Rocky Mountains by Mr. Enos A. Mills in his Rocky Mountain Wonderland. He says:

A few timber line trees live a thousand years, but half that time is a ripe old age for most of the timber line veterans. The age of these trees cannot be judged by their size or by their general appearance. There may be centuries of difference in the ages of two arm in arm trees of similar size. I examined two trees that were growing within a few yards of each other in the shelter of a crag. One was fourteen feet high and sixteen inches in diameter and had 327 annual rings. The other was seven feet high and five inches in diameter, and had lived 492 years.

One day by the sunny and sheltered side of a bowlder I found a tiny seed bearer of an altitude of 11,800 feet. How splendidly unconscious it was of its size and its utterly wild surroundings! This brave pine bore a dainty cone, yet a drinking glass would have completely housed both the tree and its fruit

Discontented Wife—Several of the men whom I refused when I married you are richer than you are now. Husband—That's why.—Boston Transcript.

What Does Your Food Cost? You could easily spend two dollars for a meal and not get as much real, body-building nutriment as you get in two **Shredded Wheat Biscuits,** the food that contains all the muscle-making material in the whole wheat grain prepared in a digestible form. Two Shredded Wheat Biscuits with milk or cream will make a complete, perfect meal at a cost of not over five cents. A food for youngsters and grown-ups. Eat it for breakfast with milk or cream; eat it for luncheon with fresh berries or other fruits; a perfect meal for the Spring days.

Made in Canada.

2 in 1
SHOE POLISHES
BLACK • WHITE • TAN
KEEP YOUR SHOES NEAT
10c F. F. Dalley Co. of Canada Ltd., Hamilton, Canada 10c