DIGEST FOODS

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h your soups, ns, sauces.

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g of the Clerical McVickar House was made the ocnediction of the marks the grave

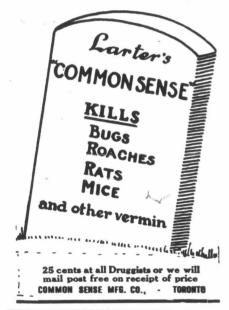


A wise person John's, Selkirk. knows when to use Don't you think it time to get a bottle? THE STRANCE CRAY BIRD. Sold everywhere.

of Bishop McVickar in the St. John's churchyard adjoining. The dedicatory ceremony was performed by the Right Rev. James De Wolfe Perry, D.D., the Bishop of the diocese. The monument is a stately cross of Westerly granite, and bears upon the base on one side a Bishop's mitre and the words "William Neilson McVickar, Sixth Bishop of Rhode Island. Christ's Faithful Soldier and Servant Unto His Life's End." On the revers side, "Born 1843. Died 1910. 1898-1903 Bishop-Coadjutor. 1903-1910 Bishop of Rhode Island."

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The Rev. William Perry, M.A., B.D., rector of St. Andrew's Church, Aberdeen, has been unanimously invited by the Bishops of the Scottish Church to become the Principal of Edinburgh Theological College, and Pantonian Professor of Theology in succession to the new Bishop of Aberdeen and Orkney. Mr. Perry has accepted the appointment, and he will take up his

Greenock; in 1895-97, curate of St. Paul s, Edinburgh; in 1897-99, Vice-Principal of the Theological College, Edinburgh; in 1899-1903, rector of St. John's, Allsa; 1503-4, rector of Holy Trinity, Stirling; 1904-6, abroad from ill-health; and in 1906-10, rector of St.

Children's Pepartment

"May I come up and sit on your piazza?" hesitated a wistful little

"Yes, indeed," answered Mrs. Harmon heartily. "Here is your very own chair waiting for you." Mrs. Harmon and Harry were next neighbors and good friends, and he came quickly up the steps to the low chair Mrs. Harmon always called his.

"But," she said in surprise, thought you had gone to the pond!"

"Papa "cided to take Frankie instead," Harry explained, "and let me go next time," and he smothered a

Frightened and angry cries from a flock of English sparrows in the WHEN THE LUNGS street made him look down.

"Why! that's the largest flock of sparrows ever I saw!" he exclaimed, "And the noisiest," he added. "What is the matter with them?"

"There's a big gray bird there, and they are scolding him and he's scolding back.. Such a funny voice

And then Mr. Harmon came out, evening paper in his hand, to see what it was all about.

"A stranger to me," declared Mr. such a harsh voice—like a parrot's." He and Harry had been tip-toeing toward them inquiringly.

"It has a hooked beak!" creid Mr. Harmon in astonishment. "It must degree. be—yes, it is a young parrot. Let me have your hat, Harry. I think I can catch it."



To every pers n with weak lungs or who has a family history with records of consumption, a cough or cold is a serious matter.

Coughs have a tendency to hang on. They irritate the weakened memhe has! What kind of bird can it branes and prevent healing. There is always the danger that a cold may get a firm foothold and settle on the lungs. It is so easy under these conditions for pneumonia or consumption to develop.

About the surest means of control-Harmon, "gray, and so large, and ling coughs and colds is by the use of Dr. Chase's Syrup of Linseed and the cough, allays the irritation and nearer, and now the sparrows took inflammation and thoroughly overflight, leaving the odd bird alone. It comes the disagreeable symptoms. did not try to fly, but turned its head The success of this medicine has only natural to suppose that the original possesses merit of an unusual

Mr. Harmon. You watch where it in Sunday School Times. Harry took off his broad-brimmed goes, Harry, while I get my longhandled dip-net."

The bird flew back to the ground and began to hunt for something to eat. Mr. Harmon crept noiselessly up and dropped the fishing-net over the bird.

"It's caught! It's caught!" cried Harry, dancing excitedly about.

Classics at Aberdeen in 1892. In 1893- get it, the bird moved out of reach. avoid its beak and claws. "It doesn't a tame bird, and a foreigner from the where did it come from?" he wondered.

> "There was a man with birds just like that this afternoon" volunteered one of the group of boys that always springs up when anything happens. "He had, a lot in cages and was driving round to houses selling them."

out his missing it," said Mr. Har- bowels.

Again and again it escaped him, and mon. "Where is he, so I can return finally flew up into the lower branches his bird?" "He sailed away on a schooner of a tree. But it flew slowly and

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with the ebb tide," told the boy who "It has been a cage bird, and its knew.

"Well, then," Mr. Harmon said, "I guess the parrot belongs to you, Harry. You discovered it."

"Oh!" cried Harry, and could say no more for sheer delight. Then his face clouded. He swallowed a few times so he could speak steadily.

"But you caught it," he said, honestly. "I think it belongs to you most."

"Thank you," said Mr. Harmon. "But I guess you'd better keep it. I can see and hear it whenever I want to at your house."

So they carried the parrot into the woodshed chamber till they could buy a cage, and gave it food and water, and admired the beautiful rose-coloured feathers on its head. And by-Turpentine. This treatment loosens and-by it perched contentedly on a rod they put up and went to sleep.

"I'm so glad now I didn't go to the pond," said Harry, happily, to given rise to many imitations. It is mamma. "Won't Frankie be surprised to find a parrot when he gets home! Too bad he lost the fun of catching it, but he can own half of wings are not used to flying," said the parrot!"-Alice M. Farrington,

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95 he was curate of St. John's,

new duties next October. Mr. Perry hat, and Mr. Harmon drew near the said Mr. Harmon, cautiously lifting graduated with first class honours in parrot. But just as he was going to the parrot, wrapped in the net to of wrong habits of eating and living.



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Appendix

What thousands of people are rush-"And lucky for the bird it is," ed to the hospitals these days with the idea that pruning the appendix will rid them of the cause and effect

We eat too much, take too little know how to take care of itself, being outdoor exercise, breathe impure air, and when the system gets loaded with foul impurities, which irritate tropics at that. If it didn't starve the digestive system and set up innow, it would freeze in winter. But flammation, we are told that the operating table is the only place for

Why not prevent appendicitis, as well as acute indigestion, peritonitis and Bright's disease of the kidneys, by keeping the liver active and the bowels regular. Dr. Chase's Kidney-Liver Pills cleanse the digestive system of foul impurities more quickly than any treatment you can obtain. They awaken the liver and ensure the "This one must have escaped with- healthful action of the kidneys and