monopolies, enormas, enslaving trusts, inations of capital upon public and pries, concentrate all hands of a few who known as gold kings, all kings and kings of dustries and mercans they have succeeded g. The policy adopted atte combinations is a misery for the people misery for the people for their rulers, as the he United States re-In these nations, ributed, there is a maladjustment attendsery and penury am-and working classes stifled in the light of eclaring that the y of the inhabitants of s live hard lives of often degrading poverwellbeing of a en, does not consist in of a limited wealthy y the majority of the few millionaires, but distribution of wealth of a country. The naunts the most millione most prosperous and but the one which has

definition of national happiness the nations which are the most at the same time the us and the happiest, nay exist in Protestant his is not due to Proit to very different te, for instance, has th developing a hardy, rprising people, capt endurance, who rosble business qualificand pecuniary gain have ons than have idleness ss squandering of mo-eference for organized stead of individualism, of their affairs is enontributing to their mulating wealth. Finverty of the soil of which has compelled hard to procure the aries of life. -Extract Letter of Apostolic of Manilla, N.Y.,

iers the fewest persons

ircumstances. Accord-

PEAK .- When a minand resist persistentt to be trampled upon y. The quiet and the overcome. Yet, when ef comes, the lazy and who by themselves ave seen peace, object nd the resistance made uous. and ingratitude, call brethren obstreper umbian.

rnal.

fen will tell you they now to pray. Do they love? We love God hearts with which we r; and the language of of three words "I love we say "My God I We need not tell him that and to say it to be perfect. To say azy it with truth, is to ends of life. To say ay it with truth is to and happy hereafter, angels and saints we ermore, Holy, Holy, in one unintercepted of praise.—Rev. I. S.

Fiesole, whenever he n the head of Christ, ded knee.

personate and act a for where truth is not nature will always to return, and will etray herself one time

diding in distant pro-ness lest they be sud-d by the most trivial n. A leaf in the for-enough to conceal a r horizon.

The Resources Of Ireland.

BY "CRUX."

T this particulat stage of Ire-land's affairs, the most cri-tical, perhaps, since the Act of the Union deprived her of a Parliament. It may be of interest to have some idea of the actual industrial resources of the country. I have been taking my time with these articles, picking up along the way, here and there, in-formation from the pens of some of the foremost Irish writers of the last century. Were I to so continue it would take months and months before I would reach the ultimate object in view-a treatment of the present day movements of a rival nature, both regarding the language and the literature of the Old Land. And yet, I do not feel that I losing any time. Suppose I were to go on for a year thus, at all events I would have the satisfaction of participating, in a very of a section of Irish literature. Of course no one is sure of to-morrow; but even were my humble pen to cease in the midst of the work, there are others more able and better informed who would take it up and complete it. Consequently I am in no hurry to reach the end; there is a vast mine of Irish literature front of me, and the more it is ex cavated and the more the preciou ore is brought to the surface the better for the people and their cause Consequently, in the presence of the industrial issues of the hour, I make no excuse for returning to those es says of Davis, and of taking some extracts from one on the "Resource of Ireland." Remember that what follows, after a few more nece explanations, that I have to inter ject, was written in 1843 -- sixty years ago-but that it is all as ap plicable to-day as it was at that

In 1843 Dr. Robert Kane, secretary to the Council of the Royal Irish Academy, Professor of Natural Philosophy to the Royal Dubin So ciety, and of Chemistry to the Apo-thecaries Hall of Ireland, Dublin, published a very instructive book entitled "The Industrial Resources of Ireland." Some time earlier the famous Bishop Berkeley put, as a query, could the Irish live and pres per if a brazen wall surrounded their island? The question had been often and vaguely replied to. Dr. Kane at length answered it, and proved the affirmative. It was in comment ing, in the "Nation," ing, in the "Nation," upon Dr. Kane's work that Davis gave the valuable information contained in the essay from which what follows is taken. Referring to Dr. Kane, he

"Confining himself strictly to the 'land' of our island (for he does not enter on the subjects of fisheries and foreign commerce), he has proved that we possess 'physical' elements for every important art. Not that he sat down to prove this. Taste duty, industry, and genius, prompted and enabled him gradually to acquire a knowledge of the physical products and powers of Ireland, and his mastery of chemical and mechanical science, enabled him to see how these could be used.

"He was as successful as any man lecturing on subjects requiring accurate details could be; and now he has given, in the volume before us, all his lectures, and much more. He, then, is no party pamphleteer, pandwing to the national vanity; but a philosopher, who garnered up his knowledge soberly and surely, and now gives us the result of his studies. There was, undoubtedly, a good deal of information on the subjects treated of by Dr. Kane acattered through our topographical works and parliamentary reports, but that information is, for the most part vague, unapplied, and not tested by science. Dr. Kane's work is full, clear, scientific, axact in places, extent, prices, and every other working detail, and is a manual of the whole subject.

"In such interlaced subjects as industrial resources we must be contast with practical classification. Dr. Kane proceeds in the following other: First, he considers the mechanical powers of the country — viz., is its liad and its water powers. Secondly, its mineral resources — its ton, copper, lead, supplur, marble, site, etc. Thirdly, the agriculture of the country in its first unction curate details could be; and now he has given, in the volume before us, all his lectures, and much more. He,

stacking. Fourthly, agriculture in its secondary use, as furnishing staples for the manufacture of wollens, linens, starch, sugar, spirits, etc. Fifthly, the modes of carrying internal trade by roads, canals, and rallways. Sixthly, the cost and condition of skilled and unskilled labor in Ireland. Seventhly, our state as to capital. And he closes by some earnest and profound thoughts on the need of industrial education in Ireland.

"For the present, we shall confine ourselves to the subjects of the mechanical powers and minerals of

"The first difference between manufactures now and in any former time, is the substitution of machines for the hands of man. It may, incrowds; of destroying small and pampering large capitalists, of les-sening the distribution of wealth even by the very means which increase its production.

manufactures; we would prefer one house-wife skilled in the distaff and the dairy-home-bred, and hometaught, and home-faithful-to a factory full of creatures who live amid the eternal roll, and clash, and glimmer of spindles and rollers. watching with aching eyes the thousand twirls, and capable of but one act—tying the broken threads. We abhor that state; we prefer the life of the old times, or of modern Nor- ity, and caprice, were the weak-

"But situated as we are, so rear a strong antagonist, and in the new highway from Europe to America, it may be doubted whether we can retain our simple domestic life.
There is but one chance for it If the Prussian, Tenure Code be introduced. there is much, perhaps every hope of retaining or regaining our homestead habits, and such a population need fear no enemy.

"If this do not come to pass," (as it has not) "we must make the best of our state, join our chief towns with railways, put quays to our harbors, mills on our rivers, turbines on our coasts, and under restrictions and with guarantees set the steam-

"The two great mechanical powers are fire and water. Ireland is notly endowed with both. "We do not possess as ample fields

of flaming coal as Britain; but even of that we have large quantities, which can be raised at about the same rate at which English coal can be landed on our coast.

"The chief sects of flaming coal in Ireland are to the west of Lough Allen, in Connaught, and around Dungannon, in Tyrone. There is a small district of it in Antrim.

"The stone coal, or anthracite, which having light gas, does not blaze, and having much sulphur is disagreeable in a room, is found, first, in the Kilkenny district, between the Nore and the Barro secondly, from Freshford to Cashel, and thirdly, in the great Munster coal country, cropping up in every barony of Clare, Limerick, Cork and

"Our bogs have not received jusstate turns it into an inferior fuel. Dried under cover, it is more economical, because far more efficient. It is used now in the Shannon steam-

"Dr. Kane proves that the cost of fuel, even if greater in Ireland by no means precludes us from competing with England.

"In water-power we are still better off. Dr. Kane calculates the rain which falls on Ireland in a year at over 100 billion rubic yards; and of this he supposes two-thirds to pass off in evaporation, leaving one-third, equal to near a million and a half horse-power, to reach the sca. His calculations of the water-power of the Shannon and other rivers are most interesting. The elements, of course, are the observed fall of rain by the gauge in the district, and the area of the catchment (or drainage) basins of each river and its tributaries. The chief objection to water-power is its irregularity. To remedy this he proposes to do what has increased the water-power on the Bann five-fold, and has made the

concerning the relative merits of relatives, overshot, breast and, turbine wheels, and pass on to the consideration of the mineral resources. But we would draw attention to the fact that the writer of these dutains and the student of these subjects is the same Davis the poet—the author of the stirring ballads, and of the historic essays. What a versatile general subject is the same Davis the poet—the author of the stirring ballads, and of the historic essays. What a versatile general subject is the same Davis the poet—the author of the stirring ballads, and of the historic essays. What a versatile general subject is the same Davis the poet—the author of the stirring ballads, and of the historic essays.

we have at Avigna in hexhaust-ible supply of the richest iron ore, with coals to smelt it, lime to flux it, and infusible sand-stone and fire-clay to make furnaces of one the spot. Yet not a pig or bar is made there now. There are the copper mines of Wicklow, Knockmuhon and This section is now selected for there now. There are the copper the reason that it applies in a particular manner to the issues of the Allihies; the lead, gold and sulphur

deed, be questioned whether the increased strength over matter thus given to man compensates for the ill have quoted every officer who compensates for the i telet, etc., to prove the physical strength of our people. He might and endurance. Their soil is ductive-the rivers and harbors good -their fishing opportunities great so is their means of making internal communications across their great "We sincerely lament, with Lord central plains. We have immens Wharncliffe, the loss of domestic water, and considerable fire power and, besides the minerals necessary for the arts of peace, we are better supplied than almost any country with the finer sorts of iron, charcoa and sulphur, wherewith war is now carried on. Why is it, with these means of amassing and guarding wealth, that we are so poor? The remote causes were repeated foreign invasion, forfeiture, and bad laws. Disunion, self-distrust, quick credulengendered in us by misfor tune and misgovernment; and they were the allies of oppression; for had we been willing, we had ago been rich and free. Knowledge is now within our reach; if we work steadily; and strength of character will grow upon us, by every month of perseverance and steading politics, trade and literature.

Enough for the present of this analysis of Ireland's resources. Nefit week we must go a step farther-and to do so we must go away back in order to rush ahead-by taking up, in a brief and concise manner, Commercial History of Ireland, or rather the History of Irish Commerce and Trade. The retrospect engine to work at our flax, wool and will merely serve as a guiding ctar for the future.

SPBING AILMENTS.

The Blood Needs Attention at this Season-Purgatives Should Be Avoided.

Spring is the season when your system needs toning up. In spring you must have new blood, just as the trees must have new sap With new blood you will feel sprightly, happy and healthy. Many people take purgatives in spring, but this is a serious mistake, as the tendency of all purgatives is to further weak en the system. The one and only sure way to get new blood and new strength is to take Dr. Williams' Pink Pills. They actually make new, rich, red blood-they are the greaty.

ur bogs have not received justified the use of turf in a damp turns it into an inferior fuel.

The use of turf in a damp all spring ailments. Miss Bell Cohoon, White Rock Mills, N.S., says: "I have found Dr. Williams' Pink Pills a splendid spring medicine. is used now in the Shannon steamers, and its use is increasing in mills.

For some purposes it is peculiarly good—thus, for the finer iron works, turf, and turf-charcoal, are even better than wood, and Dr. Kane shows of Dr. Williams' Pink Pills, there of Dr. Williams' Pink Pills, there as sneedy change for the better, and the passions, of a privation for and the passions, of a privation for the passions, of a privation for and the passions, of a privation for the same trial point of view, from the religion. Merely considered from the material point of view, from the standpoint of view, from the standpoint of health, of the Young Irishmen's Literary and Benefit Association, whose name was of well known integrity and has the courage of his convictions so characteristic of every true Catholic Irishman, and the passions, of a privation for the passions of trust from that of the passions of trust from that of the passions of the passions of the passions of the passions of trust from that of the passions of the passions of the passions of trust from that of the passions of the passions of trust from that of the passions of trust from t of Dr. Williams' Pink Pills, there was a speedy change for the better, and after taking a few boxes, I felt stronger than I had done for years."

You can get Dr. Williams' Pil. Pills from any dealer in medicine, or by mail post paid, at 50 cents a box, or six boxes for \$2.50, by written direct to the Dr. Williams' Madibox, or six boxes for \$2.50, by writing direct to the Dr. Williams' Medicine Co., Brockville, Ont. Do not let any dealer persuade you to take a substitute. Substitutes never cured anyone—the genuine pills have cured hundreds of thousands in all parts of the world.

Social Democrat.

"No man can be a Catholic and a Social Democrat." So said Archishop Quigley during his episcopate in Buffalo. He sayd that he will repeat the statement in Chicago. And

Observations.

(By An Occasional Contributor.)

"Harper's Weekly," which is never to be accused of harboring an idea favorable to Catholicity, has published some remarke comments the subject of "Keeping of Lent," in the United States. It is not that the article contains anything new that we refer to it, but simply to draw our own conclusions therefrom. Remember it is a strictly Protestant organ that gives expression to these views, and that they are written out for Protestants, in a Protestant country. We simply wish that our readers will remark how, apart from the religious aspect of the subject, there is a wisdom in the Lenten principle, which even the greatest opponents of the Catholic Church are bound to admit-and they admit it by their practice. The article says:-

"Our generation is not irreligious, but the prevailing tendency is to be more concerned about the conduct of life than about salvation. Perhaps we are rashly and ill-advisedly calm about salvation, but our interest in it tends to be indirect. We incline to the feeling that our immediate concern is to make the most and the best of our lives, and that if we do that, whatever follows will take care of itself. Our use of Lent is determined by this general sentiment. We don't so much try to square accounts and make direct and special progress towards Heaven, as to fit ourselves for the recurring duties of earth. And, of course, Lent gets observance chiefly from women. Our leisure class is nine-tenths women, and even the business women are better able to adapt to their daily tasks the Lenten duties they undertake than most men are. Business does not stop for Lent, though when old Trinity calls Wall street prayers, many a man lays down his uck-rake, and heeds the invitation to his soul. The usual concerns of life go on, the children go forth to school, the bread-winner goes to his desk or his bench, the bread-maker to his dough. The fixed employments and engagements do budge, but the mistress of the house and the grown-up daughters can adapt their occupations somewhat to the season. When a Lenten service s in the morning, they can get to it if they choose, and when Irofessor Darley lectures on the Outlook for Civililation, their morning engagements can be arranged to include him also. Reading clubs are particularly active in Lent. So are all other women's clubs, and what with the increased diffusion of ideas and the moderate slackening of the social pace that gives more time for

be exceptionally remunerative. If all this does not seem like very strict Lent-keeping, it must be 1emembered that this is in the main a Protestant country, and that not more than one-fifth of our popula tion belongs to either of the two churches that recognize Lent as season which brings religious oblig-Lenten observances are a matter of taste, to be taken for what they are worth, and borrowed or declined, as convenience dictates."

sleep and reflection, such social in-

tercourse as is left is not unlikely to

We are not now dealing, any more

keener enjoyment. Viewed thus, we see the wisdom of the Lenten obligations; and thus do we perceive in a fresh instance the wisdom of the Church in establishing such an institution. So very important, so transcendantly so are the spiritual needs and eternal interests or man, that the Church's solicitude for our souls makes us often overlook the fact she is a good mother, in every sense, and is just as solicitous for our temporal welfare as our human happiness. If we go over the long list of all the Church's precepts we

LEADERS IN IRISH NATIONAL SOCIETIES.



The present occupant of the presi- mise, enterprising, studious, honest men's Literary and Benefit Association, Mr. J. P. Cunningham, has trial sphere. been a member of that organization since 1891. He has neld the offices of collecting-treasurer and honorary treasurer, served as a member of the Advisory Board, and on two ocasions has been honored by being elected by acclamation to the important office which he now occupies. Mr. Cunningham is a young man, whose prospects are full of pro- body.

dential chair in the Young Irish- and of kindly disposition he is certain to make his mark in the indus-

During the term of his office Mr. Cunningham has initiated 150 new members, and the Association has held some of its most successful public performances, notably that of St. Patrick's Day celebration at Proctor's Theatre which, it is said, is the banner event in the long record of this progressive and patriotic



Mr. Joseph O'Brien, one of the a member of the old Committee of sturdy veterans—still in harness, for Management to the honored and

And Comments.

THE MISSIONARY. - Ever since our Saviour instructed his apostles to go forth into all nations baptizing them in the name of the Father and of the Son and of the Holy Ghost, the spirit and the activity of

truth, and do not abide by it. A heathen converted once usually abides by his instructions and faithful to the obligations he takes. A man who has had all the advan-tages of a Christian mother and a Christian education, seemingly begins to think that such great blessings are his by right, that he al-ways has religion at his command, that he may take off or put on, like a suit of clothes. He is a nominal Catholic; and in this advanced century where rationalism and material-ism undermine religious instincts, a nominal Catholic is in as great need of a missionary as was ever the Cathayan or the North American In-