

Patronize our Advertisers

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TABLE OF  
**WEIGHTS AND MEASURES**

4 tablespoonfuls of liquid.....	½ gill, ¼ cup or 1 wineglassful
A dash of pepper.....	⅛ teaspoonful, or 3 good shakes
2 teaspoonfuls of dry ingredients.....	1 tablespoonful
4 teaspoonfuls of liquid.....	1 tablespoonful
1 tablespoonful of liquid.....	½ ounce
1 pint of liquid.....	1 pound
2 gills of liquid.....	1 cup or ½ pint
1 kitchen cup.....	½ pint
1 heaping quart of sifted flour.....	1 pound
4 cups of flour.....	1 quart or 1 pound
1 rounded tablespoonful of flour.....	½ ounce
3 cups of cornmeal.....	1 pound
1½ pints of cornmeal.....	1 pound
1 cup of butter.....	½ pound
1 pint of butter.....	1 pound
1 tablespoonful of butter.....	1 ounce
Butter the size of an egg.....	2 ounces
Butter the size of a walnut.....	1 ounce
1 solid pint of chopped meat.....	1 pound
10 eggs.....	1 pound
2 cups of granulated sugar.....	1 pound
1 pint of granulated sugar.....	1 pound
1 pint of brown sugar.....	13 ounces
2½ cups of powdered sugar.....	1 pound
An ordinary tumbler.....	½ pint
2 tablespoonfuls.....	1 fluid ounce

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Fraser's Witch Hazel Cream makes the hands white  
and soft.