

mal water this increase of perspiration might be expected to lessen the amount of urine, but the reverse is the case, the elimination being increased for some days after each hot-air bath. 2. In rheumatism he has had no chance of trying the effect of this bath in an acute attack, but should have no hesitation in doing so, and should expect good results would follow. In chronic rheumatism, undoubtedly, good results after a time have followed its employment, both in the articular and muscular forms. 3. In chronic phlebitis some of the most satisfactory results have been obtained, even in old-standing cases, where swelling was a source of great inconvenience. A marked diminution in the size of the limb resulted from one bath, and, after a further course, the swelling became permanently less or entirely subsided. 4. In sciatica and other nerve pains the results were conflicting; all persons experienced relief while in the hot air, some cases rapidly improved, while others, starting in a chronic stage, seem to have taken on more acute systems. 5. In rheumatoid arthritis the hot-air baths proved more markedly beneficial than any other treatment. In the early and more acute stages the tender and enlarged joints have rapidly improved and the general condition has been decidedly benefited, most patients gaining weight during the course. In the latter chronic stage, where all inflammation has left the joints, but deformity and fixation remain, little or no benefit resulted from the hot-air treatment alone. In those cases, however, where the joint condition warranted forcible movement under an anesthetic, it was his practice to give a hot-air bath as soon as the effects of the anesthesia passed off, with the result that the swelling and pain were greatly reduced, and subsequent baths greatly hastened recovery of function. 6. In most organic heart cases one would naturally hesitate to use so powerful a form of treatment. In several patients undergoing a Nauheim course, where cold feet and hands were a marked distress, he had excellent results from a few hot-air baths given during the treatment. 7. In general debility and anemia, where there was no contraindication to their employment, good results came from the whole body baths. Even delicate patients, once they get over their first nervousness, bear the baths well; in no single instance did bad results follow their use. 8. In surgical affections of the joints, especially those of stiffening, following the application of splints, the local baths are most valuable, and greatly hasten recovery, the increased circulation also promotes the development of the muscular tissue. To sum up: The hot-air treatment will prove a useful addition to our power of treating certain selected cases. We cannot expect impossibilities from it, and should be careful not to be misled by exaggerated trade advertisements; nothing but discredit can result from its too promiscuous use in unsuitable cases. —*Jour. Amer. Med. Ass'n.*