

OF INTEREST TO WOMEN

Restaurant Patrons nine times out of ten it will be either a party of two or one of two or more couples.

"You will find that all the couples want to sit along the wall or in secluded corners, so we have put all our 'new' tables there. Parties of four rather like to sit out in the centre of the room, for what reason I have never been quite able to figure out, unless it is that the women in the party want to get a good view of the whole dining room.

"In a party of four I can usually tell which of the men will pay the bill. It is the man with the prettiest woman generally. He is usually the one who comes in to make an impression, and that is one of the ways he chooses. A single man will pay his bill

THREE FRENCH SUFFRAGE LEADERS ARE COMING TO LECTURE IN U.S.



Two of the outstanding women leaders of the French suffrage movement are coming to America shortly. Miss Annel, well known novelist and one of the most ardent patrons of the French feminist movement, will lecture in some of the larger cities on French women. Miss. Maria Verone, leader woman lawyer, will attend the conference of the League of Women Voters at Des Moines next month.

PURITY FLOUR

"Pure Bread and Butter, Breads and Buns, Pastry and Cakes."

USE IT IN ALL YOUR BAKING

They Sold Me

I've got to be sold on a thing before I'll sell it. I was sold on the Gilson Pipeless Furnace. I believe it to be the best thing I ever saw. I have looked into the ten points of Gilson construction and know that they will stand up to anything. You should look for it as a high-grade heating plant.

Stop in and see me. There are a lot of points about this Gilson you'll be interested in. I can install it in your house in one day. Guaranteed to heat every room. It's a real heating plant that will save you money on your coal bills.

GILSON PIPELESS FURNACE

"Makes Many Warm Friends"

DEALER: ALEX. DAMBOISE, McDonald Bldg., O'Leary St., Phone 466, Campbellton, N.B.

GILSON MFG. COMPANY, Limited, GUELPH, ONT.

Are You Planning to Buy New Tools For Your Kitchen

Did you ever try buying one kitchen utensil a month, instead of getting one whenever you chanced to be in the household department of your favorite shop? Try it, if your kitchen things are beginning to be old and shabby and you have not quite all that you need.

Sometimes, housekeepers go on for months without some utensil that really would save time and work, because they think they cannot afford it. Any other expert workman would buy a needed tool if he had to sacrifice a meal to do so. But we have all seen housewives who have used coffee-pots with holes or broken covers and broken handles at the constant risk of burning themselves, just because the pot itself was still intact. This is mistaken economy.

With this new plan of buying, you decide what is needed to put your kitchen on an efficient working basis. You begin by buying the most important article first, then one a month until your workshop is complete.

It is difficult to generalize and tell just what each kitchen should contain, as the needs of each family are different. This must not be possible, yet it is true. For instance, when there are children, at least two double-boilers are needed, while in a small family, where there are no children, one will probably be quite sufficient.

Again, closet room must be considered. In a house there is probably sufficient, but in an apartment, closet space is likely to be at a premium.

In a good-sized family, a ham boiler is a great convenience, not only for hams, but Christmas puddings, mince-meat and other bulky things. In summer preserves are made in it by placing a wooden rack on the bottom on which to stand the jars.

Another month, a good casseroles-dish may be bought. It will more than pay for itself in the economical dishes that can be cooked in it. People often speak of a casseroles-dish as something unusual and rather out of the ordinary. It is really in the economy class, for many a tough chicken or piece of meat is rendered soft and palatable by this method of cooking. The glazed casseroles may be served right on the table. Pottery casseroles should be covered with a napkin.

There is in almost every household need for a fish-boiler—a big one, perhaps, but one that will cook a five or six-pound fish without breaking it. This convenient utensil also has other uses. It may be used to boil vegetables in. As it is rectangular, it does not interfere with pot cooking over the other gas-holes. The inset tray or strainer can be removed when other things are cooked in the pot.

An English preserve-kettle is not an everyday utensil, but it is invaluable at preserving and pickling. It is of iron with a heavy porcelain lining and a wide handle. Things will well in the kettle, and with a little care it lasts a long time. Perhaps the outlay is more than seems warranted, yet it is worth every cent of cost when you do need it.

A good stock-pot is a necessity or should be one in every home. A pot of good quality is the only kitchen article that is used every day. One of the very best enameled are in need for all-around use. This method is the best for acquiring the good utensils you need without feeling the outlay.

A married man, trained to watch the pennies, will add his up every time.

"A bachelor will tip the waiter in proportion to his liking for his girl companion. In a married man, the portion to his enjoyment of the meal, and then usually only after he sees his wife first what she thinks would be about right. A man alone, whether single or married, usually leaves more liberal tips than a woman alone.

"About our regular type of customers is the two women friends who come in in the afternoon to tea. They have a pot of tea between them, some toast and a large pot of hot water. By adding hot water to the tea now and then to stay in the pot too long they can string that meal out the whole afternoon. True, they are not much troubled, but all our customers at all times and as long we would never make any money.

"Our best customer, is the man staying downtown for dinner. Usually he has steak or some other of his favorite dishes, and is liberal with both his ordering and his tips.

"The type of customer we have changes considerably from the early morning workmen eager to get to their jobs to the leisurely fur-coated women and their swallows, full of coffee who come in for tea at the theatre supper."

GOT SO WEAK SHE FELL IN TRACKS

Toronto Lady Says Stomach Trouble Couldn't Be Cured. Given Tanlac Full Credit for Recovery.

"I don't believe I'd be alive today to tell of my recovery if I hadn't taken the Tanlac treatment when I did. I feel so thankful that if I could I would go from house to house and tell everybody about this wonderful medicine. This is the grateful statement made the other day by Mrs. J. Josephine Braithwaite, 18 Bright St., Toronto, Ont.

Seven years ago my health began to decline, and to think that I had only taken Tanlac then what world of suffering would have been spared. Broth and toast was about all that I dared eat, gas and pains in my stomach after a meal nearly set me wild, and I would scream with agony. I grew thin, as a rail and at times became so weak and dizzy I actually fell in the street.

"But since taking Tanlac I now enjoy splendid health. My appetite is wonderful, I haven't a sign of my old troubles, and have gained twenty pounds. Tanlac has been an unalloyed blessing to me, and I will always praise it to the skies.

Tanlac is for sale by all good druggists. Accept no substitute. Over 35-million bottles sold.

COMMERCIAL FERTILIZERS

Statement of Analysis Should be Carefully Studied by Purchaser.

Now is the time of the year when the nature and composition of the fertilizers that are likely to be used for next season's crops should be well studied. It is particularly important to understand the composition of the fertilizer for this purpose is entitled "Fertilizers for Field Crops," of which Dr. Frank T. Shutt, Dominion Chemist, and Dr. Leslie Emalie, Soil Fertility Specialist, are the authors and which can be had without charge or application to the Publications Branch, Department of Agriculture, Ottawa. The plan and scope of the bulletin have been suggested by enquiries received and include, among other things, a list of the results from recent field experiments; second, a discussion of the source, nature, function, and value of the various nutrients, fertilizers, and soil amendments; third, an explanation of the formulae and factors involved in the calculation of fertilizers and proportions of home mixtures; and fourth, suggestions for the fertilizer treatment of field crops, etc.

Regarding commercial fertilizers, the Dominion Fertilizers Act provides for the registration of every fertilizer offered for sale as such in Canada. A registration number is given and this number serves as a means of identification for the Act provides that the guarantee of analysis, together with the registration number of the fertilizer, shall be stencilled on each bag or other container or printed legibly thereon, and shall be attached to the bag in connection with this provision of the Act the Bulletin points out that on the market there are numerous, far too numerous, brands of ready-mixed fertilizers that contain varying percentages and proportions of nitrogen, phosphoric acid and potash. Many of these are described by the manufacturer as being specially adapted for the needs of certain crops. The farmer, however, should study the composition, not the name of the fertilizer. Some fertilizer mixtures are called by attractive and often very misleading names. But a name, especially if a misnomer, is a poor basis whereon to build the reputation of a fertilizer. To safeguard farmers against misrepresentation in naming, the present regulations in connection with the Fertilizer Act, do not permit the name of any crop or group of crops as part of the brand name; neither do they permit the use of any name as part of the brand which is the subject of a registered trademark. In the Bulletin is contained misleading information issued by the Director of Publicity, Dominion Department of Agriculture, Ottawa, March 28th, 1923.

THE CONSTRUCTION OF THE HOTBED

(Experimental Farms Note.)

Many of our most popular vegetables such as tomatoes, egg-plants, peppers, celery, and of our best strawberries, are of southern origin and require a longer growing season than this climate permits. By starting such plants in the hotbed from six to eight weeks earlier than it is safe to plant out-doors, and later transplanting to the open, the required growing season may be obtained. Furthermore, by the use of the hotbed such vegetables as radish, lettuce, cabbage and cauliflower may be started early and thus reach development much sooner than if the seed were sown in the open.

The only really satisfactory location for a hotbed is one with a southern exposure, protected from north and west winds, and with a minimum amount of sunlight. It may be made either above or below ground, more manure, the latter more labor to construct. If above ground, the bed should be situated where there is no danger of water standing at any time; if below, the situation should be such that the water will drain off, or drainage should be provided. With this latter type, the soil should be retained in its original position to a depth of about eight inches and the cavity should be at least two feet wide and longer than the frame to be used. This operation should be done before the previous autumn, as it is often quite practical to start a hotbed before the frost is out of the ground to a depth of 18 inches. With the above-ground type, a site merely requires leveling, which may

RED ROSE TEA is one of the first package Teas sold in the Maritime Provinces— for 28 years it has been the foremost.

RED ROSE TEA "is good tea"

RED ROSE COFFEE is as generously good as RED ROSE TEA.

done in the spring as well as at any time.

The frame may be made of inch and a half or two inch lumber. The most convenient size is six feet wide and of the required length to use one or more sash three feet wide. It should be from ten to twelve inches high at the front, and, if six feet wide, sixteen to eighteen at the back. This slope allows rain water to run off easily, and, as the hotbed should face south, a greater degree of sunlight is obtained than if the top were level. The sash must fit snugly and the frames be so constructed that they can be raised or lowered as ventilation is needed.

Fresh horse manure, as free from straw as possible, is the only satisfactory kind for a hotbed, and that from grain fed animals is preferable. For a bed six feet square, one and a half to two tons is required. It should be secured and piled near the front or more before it is to be used, and turned as soon as it begins to heat, thus ensuring even heating

and uniform texture. Four or five days after turning, the manure should be evenly heated and ready for the hotbed.

The bed of manure should be at least one foot wider every way than the frame to be placed upon it. It is laid down evenly in layers about six inches deep and each layer thoroughly tramped. The depth of manure required depends upon when the hotbed is made. If made early, two or two and a half feet are necessary, but if made during the latter part of March, one foot will be found sufficient. After manure has been placed to the proper depth the frame should be put on and more manure hanked around the outside of it to the top and at least one foot wide. The lights should now be placed on the frame and carefully closed so that the heat will be retained and the bed thus brought to a high temperature as soon as possible. After about two days the sash should be removed and the manure tramped thoroughly and watered if necessary. The hotbed is now ready for the soil. This should be of good fertility and of such a texture that it will not bake. If seed is to be sown directly in the hotbed, five or six inches of soil will be required, but if seed flats are to be used, two inches will be sufficient. No seed should be sown until the temperature in the hotbed has fallen to between eighty and ninety degrees Fahrenheit. After sowing, the temperature must be carefully observed, and if it gets too high the lights should be raised to provide ventilation. When the plants appear the frame should be kept aired sufficiently to prevent weak spindly growth, although the plants must not get chilled or be frozen. Water should be applied carefully, as too much will make for damping-off conditions. The soil, however, should be kept damp and this together with sufficient air, light, and proper heat will promote satisfactory growth.

Exide BATTERIES

Give an Exide ordinary care and it will give you extraordinary service.

Look for this Sign:

THERE IS AN EXIDE DEALER NEAR YOU

"My Boy was Starving to Death"

"As He Was Getting No Nourishment He Was Gradually Wasting Away."

"Here's a story which will interest every mother. Before my boy was born, I was in such delicate health that the doctor didn't think I could survive the ordeal. For weeks after she was leading by the hand, I never saw such a change in any child. It was fat and rosy and full of life with a happy smile! 'What on earth have you done to him,' I said. 'Why,' she replied, 'I simply made him live out of doors, gave him good food—and most of all, I made him breathe fresh air.' He was gradually wasting away. Finally, in desperation, we sent for a child specialist and he said that my boy was starving to death. He gave him some medicine and advised a certain diet. The child did improve, but somehow couldn't seem to get strong. This went on for four or five years and the boy still continued weak and puny looking. He could not play like other children without having to lie down and rest. My sister who lives on a farm near the sea, said she could fix him up if I would send him to her. 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