ST. JOHN MAN HAS **GAINED 28 POUNDS**

H. F. Rollings is Surprised by Rapid Improvement-Troubles

"The best proof I can give that Tanlac is the right thing for me is the way it is building me up," said H. F. Rollings, of 62 Flower Hill. St. Johns, Newfoundland, recently. Mr. Rollings has been employed as carpenter by Reeds Newfoundland Railway Campany for ten years.

"At the time I began taking Tanlac," he continued, "I only weighed one hundred and twentytwo pounds, but now I weigh one hundred and fifty pounds-have actually gained twenty-eight pounds-and am picking up, both in weight and strength.

"I had been in the worst kind of a fix for some time and could get nothing to do me much good, if any. My appetite went back on me and my stomach was in such a bad fix that I could not eat meats or any of the more substantial foods at all. I had severe headaches and was so run down and weak that I couldn't do justice to my work. I would get so weak, faint and dizzy that I was actually afraid to mount the scaffolds. I was very nervous and nearly all my strength just missed by his many friends. Be while crossing the railroad track and three daughters. The fucoming on me. I managed to Rey () A Giberson. I felt one of those dizzy spells call for help, but I fainted dead away, and the next thing I knew I was home. I could never get a good night's sleep and that tired, worn out feeling was with me all the time.

"My improvement since I began using Tanlac has certainly surprised me. My appetite returned after the first few dose and by the time my first bottle was gone I could eat and digest anything. Then I commenced to pick up my lost weight and strength and get rid of that tired. worn out feeling. The headaches, dizziness and nervousness have all left me and I sleep so soundly that I have to be woke up in the morning. My appetite is so big that I can hardly get enough to eat and I never have the least trouble with my stomach any more, and when it comes to work I can keep up my end with the best of them. I am convinced may be worth to others."

Tanlac is sold in Hartland by Estey & Curtis Co., in Bristol by Dr. G. W. Somerville, in Centreville by Seevens Bros., in Woodstock by E. W. Mair, in Benton cided to try Dr. Chase's Nerve by W. E. Porter, in River de Chute by Daniel B. Baird, in Florenceville by A. B. Lovely and in Bath by Bath Drug Co.



Somewhere a Voice is Calling and

if you listen, you will find it is calling you to come to our store to see the beautful lights also to hear the Phonographs. We sell the Edison Cylinder Machine, the best on the market for its price, and the unbreakable Cylinder records. Also the Brunswick Phonograph which plays all makes of Disc Records.

Please call at our store and see what we have. Test our phonographs or take one home with you on trial and buy some of our groceries and caudies. White Light Burners, Alladdin lamps and repairs, Hymn Books, ctc. Bring your pictures that you want framed or enlarged and we will do our best for you, both quality and prices.

Henry J. Seeley Hartland Farmer's Tel. 25-22

Open Letter From R. K Tracey

MR EDITOR: In his report of the Farmers Convention the editor of the Sentinel gave the result of the ballot as Smith 71, Burlock 68, Tracey 59. While this was true it placed me in a very unfair position as the vote should have recorded separatelyor they should have had two conservatives and for each liberal to be balloted for. But as it was there were four

conservatives to elect two from, and three liberals to elect one from so you see it gave the conservatives one chance in two and the liberals only one chance in three So you see I should have been credited with 50 per cent more

I trust you understand this and will correct it in your next issue. You can do it as you think best. Yours very truly,

R. K. TRACEY.

Sandford Estabrooks.

Residents of Bristol were shocked to learn of the sudden death of Sanford Estabrooks at his home on Saturday morning, December 5. He was an employee of the Bristol woodworking factory and was about his work as usual the day previous. He was beld in high esteem wherever he was known, and will be greatly sides his wife, be leaves two sons

Tired And Discouraged

Mrs Warren Randles, Rothesay

all tired out and looked on the

gloomy side all the time. 1 de-

Food, and the results were most satisfactory. I feel fine now, and am recommending the Nerve Food

Reception by Woodstock Bride

Mrs. Harry Crossley Boyd held

her first reception since her

from 3 until 6 o'clock at Wood-

white satin with over dress of georgette, wearing a corsage

bouquet of pink and white carna-

tions and was assisted in receiv-

ing by Mrs. Fred M. Boyd gown-

ed in blue taffata and georgette

with embroidery of chenille and beads. The reception rooms were

prettily decorated with potted

plants and ferns. Miss Elva

Vanwart ushered the guests into the tea room where they were

served to a variety of dainty re-

A great chance to make money

How?

Put out a line of rabbit snares and bring your catch to me

WARD GINSON

in your spare moments.

to others.



917 Dorion St., Montreal. "I am writing to tell you that I owe my life to 'Fruit e-times' for this remedy relieved me when I had abandoned all hope of ever recovering my health. I suffered terribly with Dyspepsia. I had it for years and all the me

I took did not do me any good. I read something about 'Fruit-atives' being good for all Stomach Troubles and Disorders of Digestion so I tried them. After finishing a few boxes, I was entirely relieved of the Dyspepsia and my general health was restored.

I thank the great fruit medicine, 'Fruit-a-tives', for this wonderful

Mile ANTOINETTE BOUCHER.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa, Ont.

freshment by Mrs. Cecil E. Stewart, Miss Mary Clarke and Miss Edith Smith, Mrs. Fred C. Squires and Mrs. George W. Gibson in very becoming gowns and picture hats presided at a beautifully appointed table and poured tea. The color scheme in the tea room was pink and white. The door was opened by little Miss Margaret Gibson.

Entertainment at Upper Watervil

At Upper Waterville, on Thursday last a very pleasant evening was spent at the home of Mrs. Clara Porter.

Through the efforts of the eacher, Miss Vida Hamilton, a program of no mean merit was carried out by teacher and anholars.

During the latter part of the evening the ladies opened the dining room door displaying pies and baskets of all kinds which were soon disposed of by the acutioneer, John Prosser.

Just before the crowd dispersed Arthur DeGrass, as chairman. tendered Mrs. Porter a vote of thanks for the use of her commodious home and also for the tea and coffee which were served by the hostess.

The sum of \$71 10 was realized which will be used for school purposes.

Engine Bargains

have on hand and offer at rare bargains one 7 h.p. and one 6 h.p. Kerosene Engine. Two different makes but the best the world has ever produced.

> B 4 U Buy C Me F. Hagerman

Come in and See the New

Curtiss Aeronola

Your Savings

Mean Much

to You

They are as important to you as his

They mean the beginning of your

Then entrust them to a Bank with a reputation

We accept deposits from a Dollar up, and

Bank of Nova Scotia

millions to the millionaire perhaps more

independence, the founding of your

for 87 Years of reliable and courteous service.

pay 3% compounded half-yearly.

ALSO OUR NEW

Standard Pungs, Robes, Harness, Ladies' Muffs, Neck Furs, etc., Ladies' and Men's Fur Coats, Mackinaws, Horse Blankets, Corona Ranges, etc.

SPECIAL: We have a good second-hand Drag Saw Machine for Engine Power on hand which we are offering at a bargain. Call and look it over.

J. Clark & Son, Ltc

H. N. Dickinson, Manager

Dr. W. R. Currie, D. D. S.

Dentistry in all its Branches Hatfield & Scott Co. Building, Hartland, N. B. Office hours: 9 to 12; 1.30to 5

When in Hartland

call at the HARTLAND RESTAURANT

for a good Dinner or Lunch as cheap as is consistent with the present high costs of foodstuffs. We will endeavor to make you feel at home. Open every night except Wednesdays.

M. B. COX, Prop.

For Sale

2 Clydesdale Stallion colts, one con three, one two.

4 Holstein Bulls, 2 mos. to 14 mos.

All prize winning stock:

Clovernook Stock Farm R. E. KIDNEY, Manage

SHORTHORN CATTLE AND BERR SHORTHORN GATTLE AND BERK.
SHIRE SWINE—Males and females, different ages. Several young cows freshening in carly spring, also for sale. In
Berkshires a litter just farjowed. Remember our Berkshires have length, size,
and quality. Intending purchasers please
get in touch with us.

L. M. ANDERSON. Sackville,

P. R. SEMPLE East Florenceville, N. B.

Hardware, Plumbing Tinware, urnaces

The

New Empress Range manufactured by the National Mfg. Co., of Ottawa and Brockville, is the best on the market today. Come and see it. Ask us to prove the assertion

AUTOMOBILES CHEAP!

If you are contemplating buya great bargain on this side the line on used cars in excellant condition. You can get a Ford, Chevrolet, Maxwell, Dodge, Mitchell, Chalmers, Dort, Buick, Overland, Oakland, Paige, Recor Hudson Super-Six. Price \$200 to 965. Write me what make you want and what price you wish to

A Few Bargains Maxwell \$300, Chevrolet \$450, Saxon \$450, Dodge \$600, Paige \$700, Maxwell \$400, Hudson Super-six \$900, and Hudson Super Six \$995. These are all in good condition and well worth the money and must be sold this fall.

F. P. Foster, Fort Fairfield, Me.

M.L. Hayward, B.C.L. F.C.Squires, B.A., LL.B Hayward & Squires

BARRISTERS-AT-LAW Victoria County News Buildin

PERTH, N. B. open Tuesday and Wednesday of

C. S. HALLETT Fine Shoe and Rubber Repairing

Hand-made Boots n guaranteed. Cement block,

MoneytoLoan

F. W. Smith, Prop.

HARTLAND, N. B.

Department of Health, N. B.

VITAL STATISTICS

The service for the collection of Vital Statistics in New Brunswick, which goes into effect on the first day of January 1920, is in consonance, so far as general principles and report-forms are concerned, with these adopted by each of the other provinces of the Dominion.

The object sought to be obtained is that the information relating to births, that Tanlac will help anyone who tries it and I am glad to who tries it and I am glad to have three small children and had make this statement for what it to stay in the house all winter. be transmitted to the Dominion Bureau of statistics, Ottawa, where they will So when spring came I was all be collected, compiled and published. Such co-operation has been under taken at the express request of the Dominion Bureau. looking after the children. I felt

These compilations will be of the greatest value of the public, not only with respect to the public health, but also, the legal, racial and occupational statue of every resident of Canada.

Horses and Stock for Sale

REGISTERED CLYDESDALES: One imported mare in foal to Baron Squires One stallion coming three years old; winner at Fredericton. One stallion coming 2 years old; winner at Fredericton and winner-up for the championship. These are not ordinary Clydesdales, but have won the best in the province. These are not ordinary Clydesdales, but have won the best-in the province.

REGISTERED HOLSTEINS: Bull from 2 mos to 14 mos old from heavy producing record-of-merit dams and granddams. These are the kind to get heavy milking stock. Come and let us tell you about them and get our prices, which are exceptionally low on any of the above. Also Heifers of beautiful conformation from high record dams that high recordidams teat will be fit to show in any company and will make a record for you. marriage on Tuesday afternoon stock. Mrs. Boyd received her guests in her wedding gown of

YRSHIRES: Bull imported from the Experimental Farm at Fredericton registered. One imported cow four years old, due to freshen this month. three years old will freshen in February. Also one yearing heuer.

Clovernook Farm, R. E. Kidney, Mgr

CENTRAL GARAGE

LISTEN! Repairs on Cars, Batteries, Gas Engines and Engines of all kinds

Our motto is: "Please the Public at all times." We are going to carry a full stock of

Goodyear Tires and Tubes. Oils and Accessories or all kinds

Smith Grant, Manager