



Parcel Post and Cost of Living

Readers of the newspapers may peraps notice the increasing frequency of news items telling of the parcel post preparations in the local post-offices. nterest in the coming service is not confined to the mercantile classes. It is and by the housekeeper. Not an ot them have grasped what a cheap parcel onveniences of communication, but ers a strong public expectation of

g benefits. The tremendous success of the United States parent pos. " been well advertised in Canada. Its widespread usefulness to all classes of the community-except of course, the express interests-has led Canadians to look forward with eagerness to the ime when their new service goes into peration.

If a cheap parcel post were chiefly of value in lowering transportation costs to the merchants there, would not be so much pleasurable anticipation by the mmunity in general. The lowering of freight rates would have a secondary interest, personally, for the masses. It is because the new postal service should help to make a straight, direct cut at the cost of living, particularly at the cost of farm products to the city consumer, that the community interest is so warm. The people are keen enough to see that while tariffs have some relation falling and scalp from itching, or money arrangements for getting foodstuffs from the farmers to the city consumers. Canada is producing enough food for its own people, except in a few lines, and the problem of reducing the cost is more a matter of quick and direct movenent from producer to consumer than of rushing in foreign supplies. If it could be shown that the Canadian armers are getting too much for what they produce there would be every reason for trying to get foreign foodstuffs heaper to keep down the cost. But who says the farmer is getting too nuch? Is not the question rather one of simplifying the distribution of food-

Paying the Men.

An insovation has been introduced by the G.T.R. in their method of paying the met. Instantian a pay car going over the asystem, be cheques are to be forwarded to the Divisional office, where the men will call for their wages. The pay of the asystem men and others of the shared by the workingman, by the farmer Pay of the section men and others employed at distant points, will be handed to the bosses of the different gangs, them have grasped what a cheap parcel who will in return hand it to the men. post may portent in the way of reducing who will in return hand it to the men. This is the system which has been in operation m C P R 1

Hair Hints Worthy the Attention of People Who Wish to Preserve The Hair.

Always have your own brush and comb at home or at h ir d esse

Nev ruse a brush or comb found in public places, they are usually covered with dandruff germs. Wash your hair brush weckly with

soap and warm water to which may be added an antiseptic. Shampoo the hair every week or so

with pure soap and water. Use ParisianSage every day, subbing

thoroughly into the scalp. Parisian Sage, which comes in a large

50 cent bottle bottle, is guaranteed by

To put life and beauty into dull-dry or faded hair and make it soft and fluffy surely use Parisian Sage-it is one of the quickest acting hair tonics known.

