

CHATS WITH YOUNG MEN

WELCOME, NEW YEAR
I have written a welcome, a rhythmic welcome. A message glad hearted and true. I want you to read it, perhaps you may need it.

13 I would not speculate, nor gamble, nor go security. I would not use strong drink, profanity, nor tobacco.
14 I would not assume that I was smarter nor stronger nor more clever than other people, nor would I try to answer every witty remark made at my expense.

OUR BOYS AND GIRLS

THE BOYLESS TOWN
A cross old woman of long ago Declared that she hated noise; "The town would be so pleasant, you know, if only there were no boys."
She scolded and fretted about it till Her eyes grew heavy as lead, And then, of a sudden, the town grew still; For all the boys had fled.

GOOD RESOLUTIONS
A good resolution, unless it has been made in a spirit of utter frivolity, is a power for good in a man's life. It has a bracing effect upon the will and acts like a moral tonic. It stiffens our moral backbone and is a source of strength.

IF I WERE TWENTY-ONE
If I were twenty-one years of age and standing at the opening gates of life again, with the morning sunlight in my face, what would I try to do and be?

GIRL IN BUSINESS
The girl who enters business life buoyed up with the idea that her talented or influential friends will assist her, and in a very short space of time place her in an enviable, high salaried position, should immediately root all such notions from her mind.

HABITUAL KINDNESS
Kindness and good will should not be reserved merely for the Christmas season but should be practiced throughout the year. Our matter-of-fact world needs all the kindness that can be put into it.

RELIGION IN THE HEADLINES
An enthusiastic New England clergyman writes that when religion is headlined in the New York press, we may be quite sure that the public is genuinely interested in religion.

RELIGION IN THE HEADLINES (continued)
The public rarely finds orthodoxy interesting. It is a platitude, like the multiplication-table. A gentleman walking down Broadway on his hands, to pay an election bet, will attract a large crowd of reporters and photographers.

15 I would be honest and truthful, exact and precise. The essence of falsehood is the attempt to deceive. I would cultivate sincerity.

16 I would treat all women as I would wish my mother and sisters treated by other men. I would cultivate and enjoy the company of good, intelligent, refined young women of worthy ideals, both for the pleasure and profit of their companionship, and with a view to establishing a home of my own.—Charles Scanlon, in Christian Herald.

HOW TO FEED A GROWING CHILD IN WINTER

To keep growing children well in winter, feed them properly. "Excess Acid" foods are "denatured" white flour, refined cereals, sweets, and meats. These make the blood acid and lower the body vitality of the child.

RELIGION IN THE HEADLINES

An enthusiastic New England clergyman writes that when religion is headlined in the New York press, we may be quite sure that the public is genuinely interested in religion.

RELIGION IN THE HEADLINES (continued)
The public rarely finds orthodoxy interesting. It is a platitude, like the multiplication-table. A gentleman walking down Broadway on his hands, to pay an election bet, will attract a large crowd of reporters and photographers.

RELIGION IN THE HEADLINES (continued)
The real interest in New York is not whether Dr. Manning is preaching the truth or Dr. Parks. It is centered on a group of perhaps a dozen clergymen, some notorious and all well known.

RELIGION IN THE HEADLINES (continued)
Catholics will humbly pray that Almighty God will draw good out of the inability of Protestant teachers to stand forth plainly to vindicate the Divinity of Jesus Christ.

RELIGION IN THE HEADLINES (continued)
Catholics will humbly pray that Almighty God will draw good out of the inability of Protestant teachers to stand forth plainly to vindicate the Divinity of Jesus Christ.

CRIPPLED BY RHEUMATISM

Began to Improve After Taking "Fruit-a-lives"

The Medicine Made From Fruit
You can get rid of Rheumatism. You can be free of pain—of swollen hands and feet—of aching arms, legs and back.

Bethlehem led them from the night of darkness and illusion into the perfect day of truth and peace.—America.

THE LITTLE FLOWER

The London Universe, in A War Echo, narrates an ex-army Chaplain's story of a wonderful deliverance. "The story of how troops belonging to the 17th London Regt. returned without a casualty from a terrible twenty-four hours in the front line, after their chaplain had interceded for them with the 'Little Flower' was told by Father Benedict Williamson at St. Thomas' Church, Royston, Herts."

RELIGION IN THE HEADLINES

An enthusiastic New England clergyman writes that when religion is headlined in the New York press, we may be quite sure that the public is genuinely interested in religion.

RELIGION IN THE HEADLINES (continued)
The public rarely finds orthodoxy interesting. It is a platitude, like the multiplication-table. A gentleman walking down Broadway on his hands, to pay an election bet, will attract a large crowd of reporters and photographers.

RELIGION IN THE HEADLINES (continued)
The real interest in New York is not whether Dr. Manning is preaching the truth or Dr. Parks. It is centered on a group of perhaps a dozen clergymen, some notorious and all well known.

RELIGION IN THE HEADLINES (continued)
Catholics will humbly pray that Almighty God will draw good out of the inability of Protestant teachers to stand forth plainly to vindicate the Divinity of Jesus Christ.

RELIGION IN THE HEADLINES (continued)
Catholics will humbly pray that Almighty God will draw good out of the inability of Protestant teachers to stand forth plainly to vindicate the Divinity of Jesus Christ.

Wonderful Egyptian Remedy "Samaria" Prescription for drunkenness, which science has proved is a disease and not a habit and must be treated as such. Prohibition legislation does not help the unfortunate. "Samaria" may be given in Tea, Coffee, or any liquid food. Send stamp for trial treatment.



SAMARIA REMEDY CO. DEPT. 21 142 MUTUAL STREET, TORONTO, ONT.

TEA - COFFEE
Finest Importations always in stock at lowest market prices. Samples and quotations sent promptly upon application.

Kearney Brothers, Limited
TEA - COFFEE. IMPORTERS and SPECIALISTS
33 St. Peter Street Montreal, Que.

BONDS OF THE HIGHEST GRADE
HARRIS, FORBES & CO. LIMITED
21 ST. JOHN ST. MONTREAL C. P. R. BUILDING TORONTO

Health and Comfort
AS age advances our wants are not as many and with reasonably good health we can enjoy the peaceful period of life in comfort and happiness.



Health and Comfort

AS age advances our wants are not as many and with reasonably good health we can enjoy the peaceful period of life in comfort and happiness. But unfortunately there are certain ills which conspire to destroy the pleasure of this time in life and they are usually of a decidedly painful nature.

Advertisement for Dr. Chase's Kidney-Liver Pills, showing product boxes and pricing: 25 Pills for 25¢, 35 Pills for 35¢.

Poultry & Eggs Wanted
Top Prices Paid
According to Quality
C. A. MANN & CO.
78 King St. London, Ont.

THICK, SWOLLEN GLANDS
that make a horse Wheeze, Roar, have Thick Wind or Choke-down, can be reduced with
ABSORBINE
also other Bunches or Swellings. No blister, no hair gone, and horse kept at work.

\$7,500.00 GIVEN FREE
This amount has been Given Away FREE also hundreds of Merchandise Prizes \$200.00 more IN CASH will be Given Away as follows:

Solve this puzzle and win a CASH PRIZE. There are 6 faces in the picture besides the two Campers. Can you find them? If so mark each one with X, cut out the picture, and write on a separate piece of paper these words: "I have found all the faces and marked them" and mail same to us with your name and address.

CUTICURA HEALS ITCHY PIMPLES

Over Chin and Cheek, Large and Red, Was Discouraged.
"The pimples I suffered from were scattered over my chin and cheek. They were large and red and after a day or two festered over. They itched and when I scratched them the tops would come off and a watery fluid would come from them. The trouble lasted several months and I was awfully discouraged."

When Remitting Send a DOMINION EXPRESS MONEY ORDER
For Sale at C.P.R. STATIONS and DOMINION EXPRESS AGENCIES

SULLIVAN'S REMEDY FOR FITS
PRICE 75¢ PER BOTTLE
T. C. SULLIVAN, CHATHAM, ONT.